

Yarnspirations™
BERNAT®

MAKE THIS

DO THE TWIST CROCHET HEADBAND



CROCHET | SKILL LEVEL: **BEGINNER**



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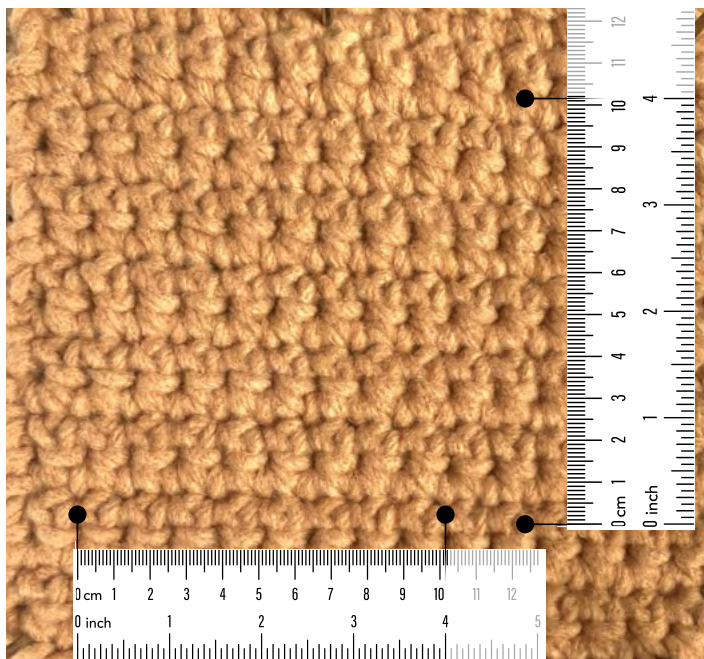
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WHAT YOU'LL NEED



GAUGE

8 sc and 9 rows = 4" [10 cm].



YARN

- **Bernat® Forever Fleece™**
(9.9 oz/280 g; 177 yds/194 m)

COLORS

Quantity

- **Bergamot (61009) or Coal (61025)**
1 ball or 40 yds/36.5 m

TOOLS

- Size U.S. M/13 (9 mm) Susan Bates® Silvalume® crochet hook **or size needed to obtain gauge.**
- Susan Bates® yarn needle.
- Tape measure.

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ABBREVIATIONS

Approx =	RS = Right side
Approximately	Sc = Single crochet
Beg = Beginning	St(s) = Stitch(es)
Ch = Chain(s)	Tog = Together
Rep = Repeat	

INSTRUCTIONS

USING THIS GUIDE

Click on the underlined words throughout the pattern to access our library of helpful tools.

SIZE

One size to fit Adult.
Approx 4" [10 cm] wide.



Bergamot



Coal

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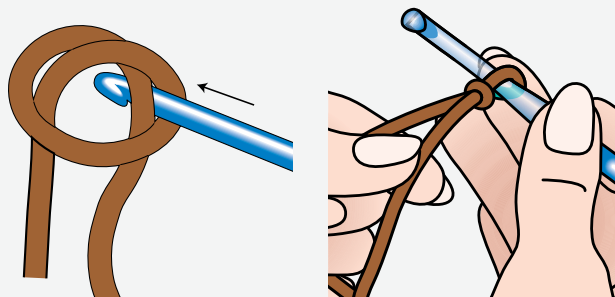
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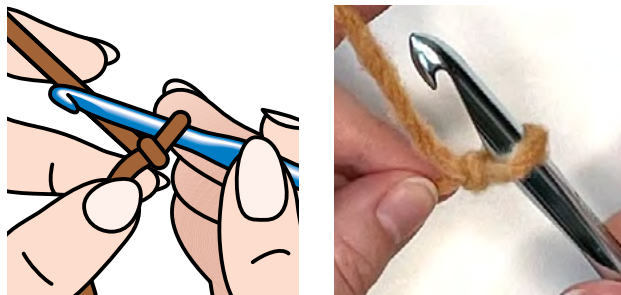
INSTRUCTIONS

Make a slip knot and place on hook.

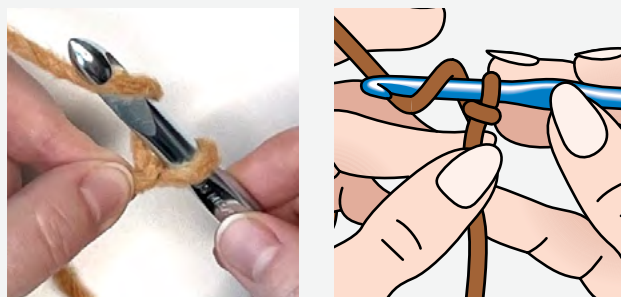
Slip Knot: *Make a loop with yarn and fold it on itself to make a pretzel shape. Then pull through to make slip knot.*



Chain:



Yarn over hook.



Pull yarn through loop on hook - Chain made.

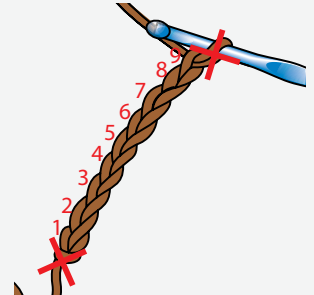


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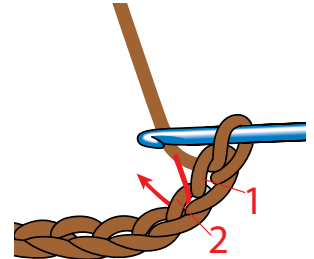
INSTRUCTIONS

Continue until 9 chains have been made.

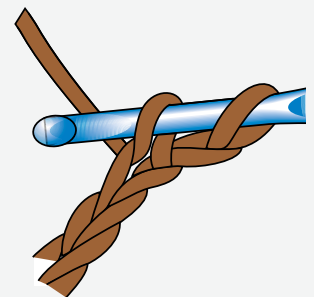


1st row: 1 single crochet (sc) in 2nd ch from hook.

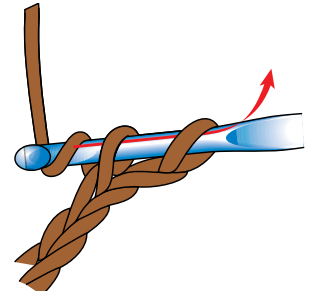
Single crochet:
Insert hook in second chain from hook.



Yarn over hook. Draw yarn through chain. 2 loops now on hook.



Yarn over hook.



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INSTRUCTIONS

Draw yarn through both loops on hook -
Single crochet made.



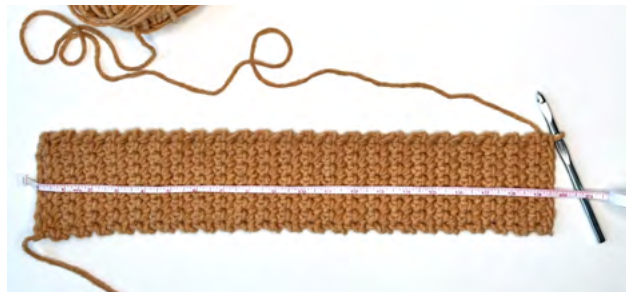
1 sc in each ch to end of chain. Turn.
8 stitches (sts).



2nd row: Ch 1. 1 sc in each sc to end of
row. Turn.

Repeat (Rep) 2nd row until work from
beginning (beg) measures 19½"
[49.5 cm]. **Fasten off.**

Lay work on a flat surface to measure.



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Finishing

Lay Headband on flat surface with Right Side (RS) facing up. Bring up each short edge to meet in middle.



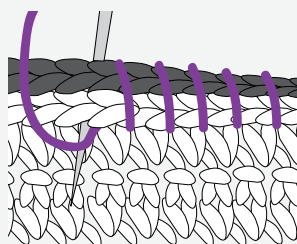
Fold one short edge to form a "C" shape and the other short edge to form a backwards "C" shape, and interlock as shown in Diagram.



Fold Diagram



Sew ends tog (together) using whipstitch.



Whipstitch

Whipstitch

With WS together, sew through both pieces to secure the beg of seam, leaving an end to weave in later. Insert needle from **back to front** through 2 strands on each piece. Bring needle around and insert it from **back to front** through next strands on both pieces. Rep along edge.

We love seeing your makes! Share your photos using #YARNSPO and tag us @yarnspirations on Instagram or find us on Facebook.