



⊗ HAND EMBROIDERY  
SKILL LEVEL: **EASY**

### **MEASUREMENT**

Finished design is approximately 6" (15cm) in diameter.

### **INSTRUCTIONS**

**Note:** All elements use 2 strands of Anchor Floss unless otherwise noted.

1. Transfer the design on page 4 to fabric.
2. Using the stitches indicated, embroider the designs.

## Featuring Anchor® Embroidery Floss Spools

Stitch this saying for someone who enjoys hiking using Anchor® Embroidery Floss on spools.

### MATERIALS

**Anchor® Embroidery Floss Spools:** 1 of each color



5975    0403    0028    0851    0268

Anchor® Embroidery Hoop. Embroidery or Crewel needle, size 7 or 8. Cotton or Linen fabric. Fabric marker for transferring design.

## COLOR KEY



Back stitch - 2 strands

— 0268

- - - - 0851

Running stitch - 3 strands

- - - 5975

Straight stitch

— 0403 3 strands

— 0268 2 strands

Chain stitch - 2 strands

— 0403

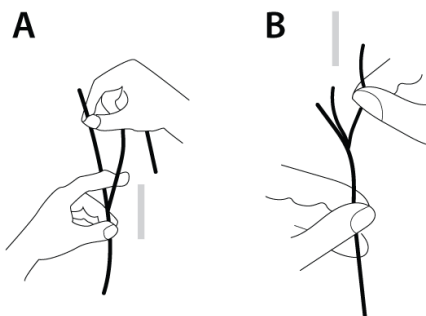
— 0851

— 0268

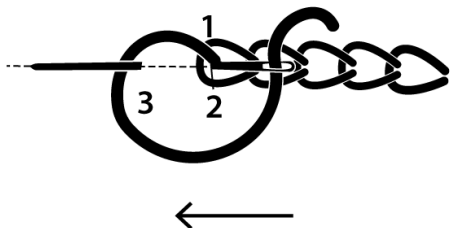
## STITCHES

**TIP:** To separate the floss into strands, cut an 18" length. Hold one end and run the finger of your opposite hand between the strands allowing them to untwist. Thread the needle.

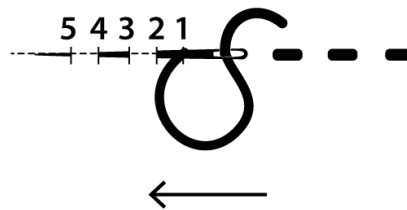
### SEPARATING THE FLOSS STRANDS



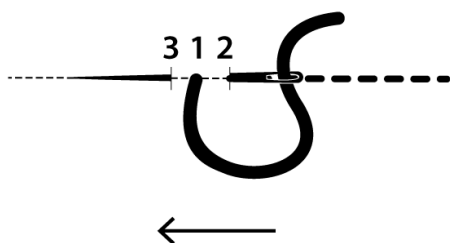
### CHAIN STITCH



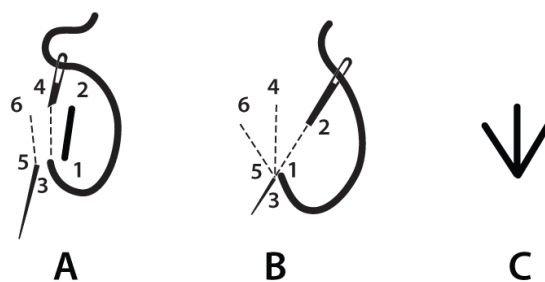
### RUNNING STITCH



### BACK STITCH



### STRAIGHT STITCH (Spoke Stitch)



## TEMPLATE

