



⊗ HAND EMBROIDERY
SKILL LEVEL: **INTERMEDIATE**

ABBREVIATIONS

Sst = Satin stitch
Bst = Back stitch
Rst = Running stitch
Fknots = French knots
Lhk = Larks head knot

MEASUREMENT

Finished design area is approximately 5½" (14cm) in diameter.

INSTRUCTIONS

1. Secure the fabric in the embroidery hoop.
2. Cut out the circle template and place it behind the fabric so you can trace the design onto the fabric using the embroidery pen. Just draw the basic shape as shown on the picture.
3. All the elements use less than the full 6 strands of thread so you will need to split your length of thread before beginning each element.

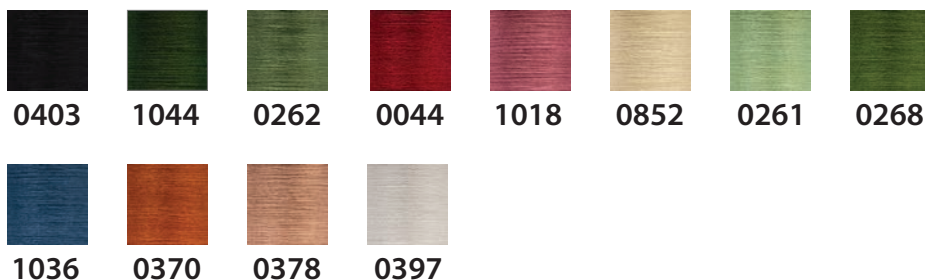
Featuring Anchor® Embroidery Floss pools

Create this home office scene complete with a macramé wall hanging.

MATERIALS

Anchor® Tapestry Wool: color 8000

Anchor® Embroidery Floss Pools: 1 of each color



Anchor® Embroidery Hoop. White cotton fabric. Embroidery/Crewel needle, Size 7 or 8. Fabric pen for transferring design. Small twig from garden.

TALL CACTUS

1. Using 3 strands of 1044 and Sst embroider the basic shape of the cactus.
2. Then use 2 strands of 0262 to give the cactus more definition, you'll only need to embroidery about 3 lines of this colour using Bst.
3. For the plant pot use 3 strands of 1018 Sst to begin with, then alternate with 0852, 3 strands. Repeat twice, to achieve the pattern on the pot.



4. Create blooms, using 3 strands/0044/Fknots (twice around the needle).
5. Outline with 2 strands of 0403 (black)

SHORT CACTUS

1. Starting with 0268, use 3 strands and start a slightly angled Sst to give the appearance of a curve. Each block of Sst only needs to be about 2/3 lines.
2. Next, fill in the gaps with 0261 to complete the spherical shape.
3. To add the 'spikes' of the cactus, use 0403, 1 strand, single stitches in a V shape.
4. For the plant pot, use 3 strands of 1036 Sst and outline with 2 strands of 0403 (black)

DESK

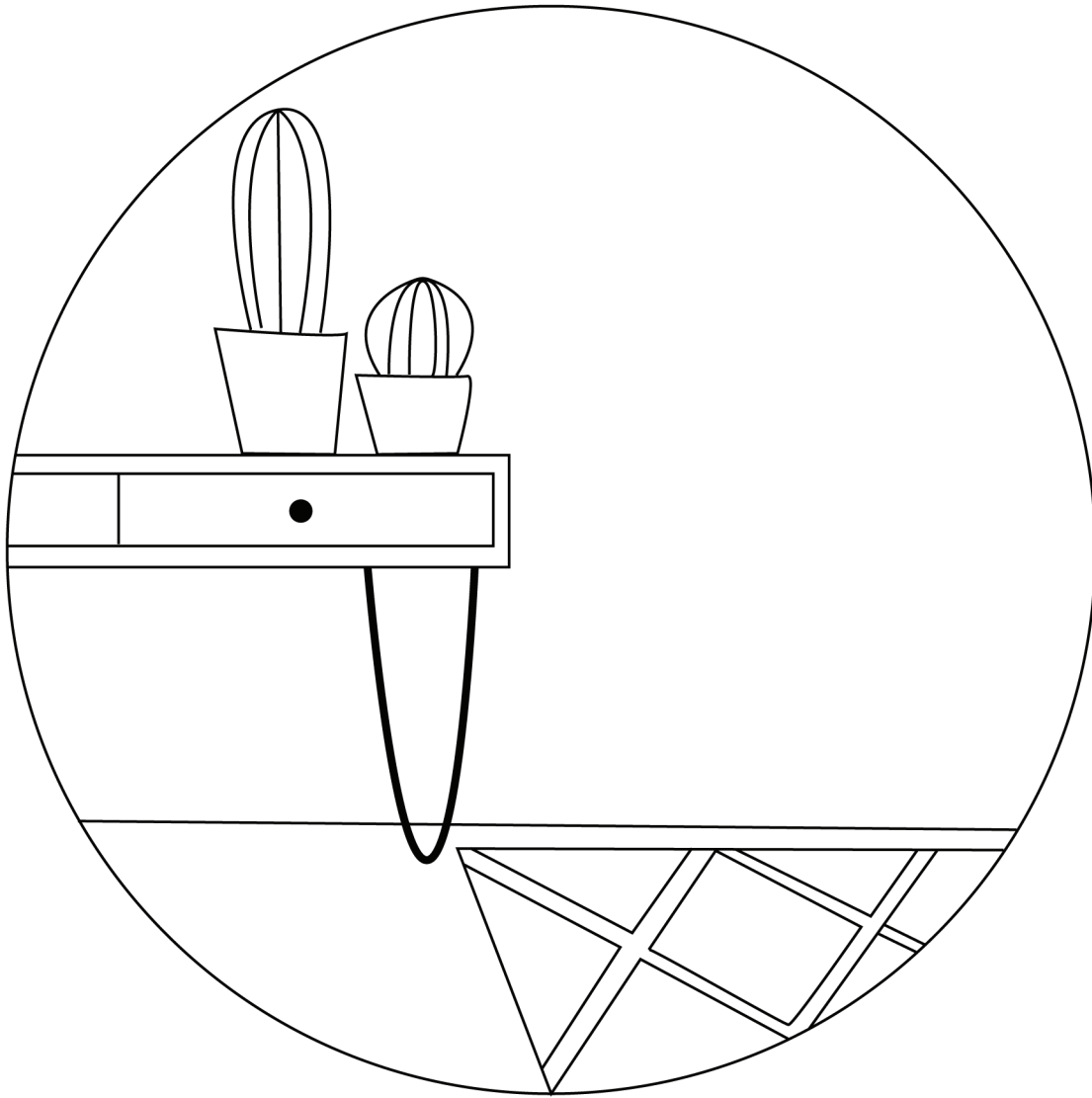
1. Using 0370 begin Sst in 3 strands. Then using 0403 2 strands (black) Outline the desk and the drawer detailing. Use 3 strands of 0403 for the desk leg.

RUG

1. This element uses Fknot stitch repeated in order to create the pattern. Begin with 0397 and follow the lines you have drawn with your fabric pen.
2. Next use 0378 for the larger areas. Repeat Fknot stitch until there are no gaps and you have created the shape of the rug.

MACRAMÉ

1. Cut the yarn 12 8-inch (20cm) lengths
2. Collect 3 of the strands together and create a Lhk that goes around the twig/dowel. Pull tight.
3. Repeat this until you have used all your lengths of cord – you should have 4 Lhk's made up of 3 strands each.
4. Position your macramé piece on your hoop and cut the cord at 2 diagonals (see photo for reference) creating a downward arrow shape.
5. Using your stranded cotton from earlier (in your desired color) tie a knot and wrap it around the twig and back through to the other side to secure it to the fabric.
6. Repeat this to both ends of the stick and your macramé piece is complete.
7. To finish the back of your embroidery hoop, use any stranded cotton and a Rst to gather the fabric behind your hoop.
8. You can then either leave it like this or sew a felt circle onto it for a more polished look.

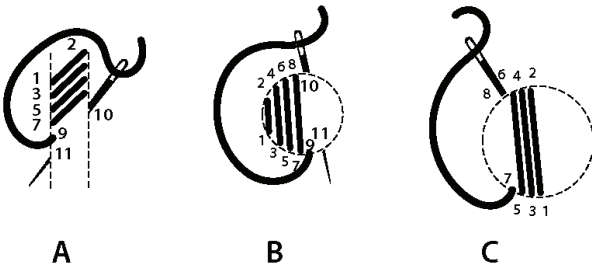




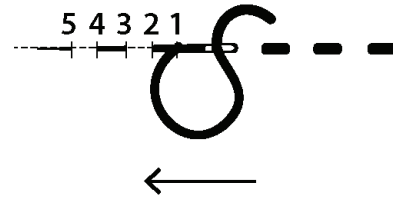
STITCHES

TIP: To separate the floss into strands, cut an 18" length. Hold one end and run the finger of your opposite hand between the strands allowing them to untwist. Thread the needle.

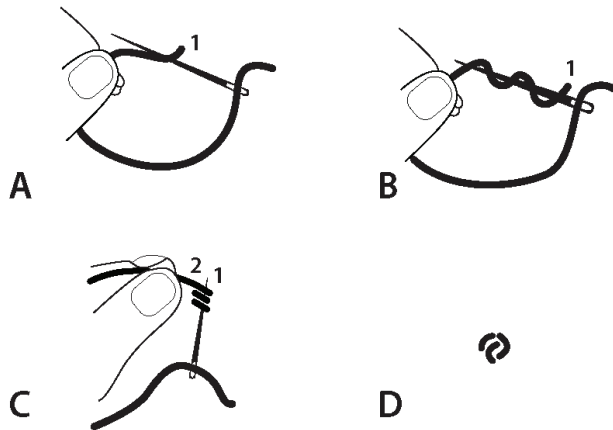
SATIN STITCH



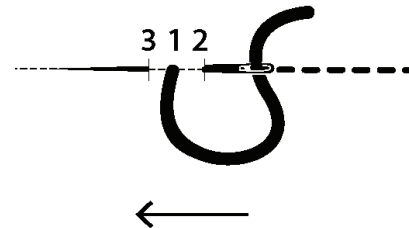
RUNNING STITCH



FRENCH KNOT



BACK STITCH



LARKS HEAD

