



⊗ HAND EMBROIDERY  
SKILL LEVEL: **EASY**

### **ABBREVIATIONS**

**Sst** = Satin Stitch

**Bst** = Back Stitch

**Ost** = Outline Stitch

**Fknots** = French Knots

### **MEASUREMENT**

Finished design area is approx 5½" x 5½" (14cm x 14cm) inches.

### **INSTRUCTIONS**

**Note:** All the elements use less than the full 6 strands of thread so you will need to split your length of thread before beginning each element.

1. Begin with the Monstera Leaves using 1044 / 3 strands / Sst. We found it easier to start at the edge of the leaf, to the middle.
2. Next using 1044 and 3 strands, do an Ost to create the stems.
3. The main color of the plant pot is 0001 and is created using horizontal Sst / 3 strands.
4. Next stitch the plant pot legs/frame. The legs are a 0360 vertical Sst / 3 strands, and the frame is an angled Sst / 3 strands (See the picture).
5. The soil is created using 0358 / 3 strands / Fknots (twice around the needle).
6. There is no need to count how many you have done – just stop when you're happy with how it looks.
7. Finally, outline the plant pot and frame (including legs) with 0403 / Bst / 1 Strand.

**Featuring Anchor® Embroidery Floss spools**  
Lustrous green leaves in a mid-century modern planter are beautiful in this Anchor® Embroidery design.

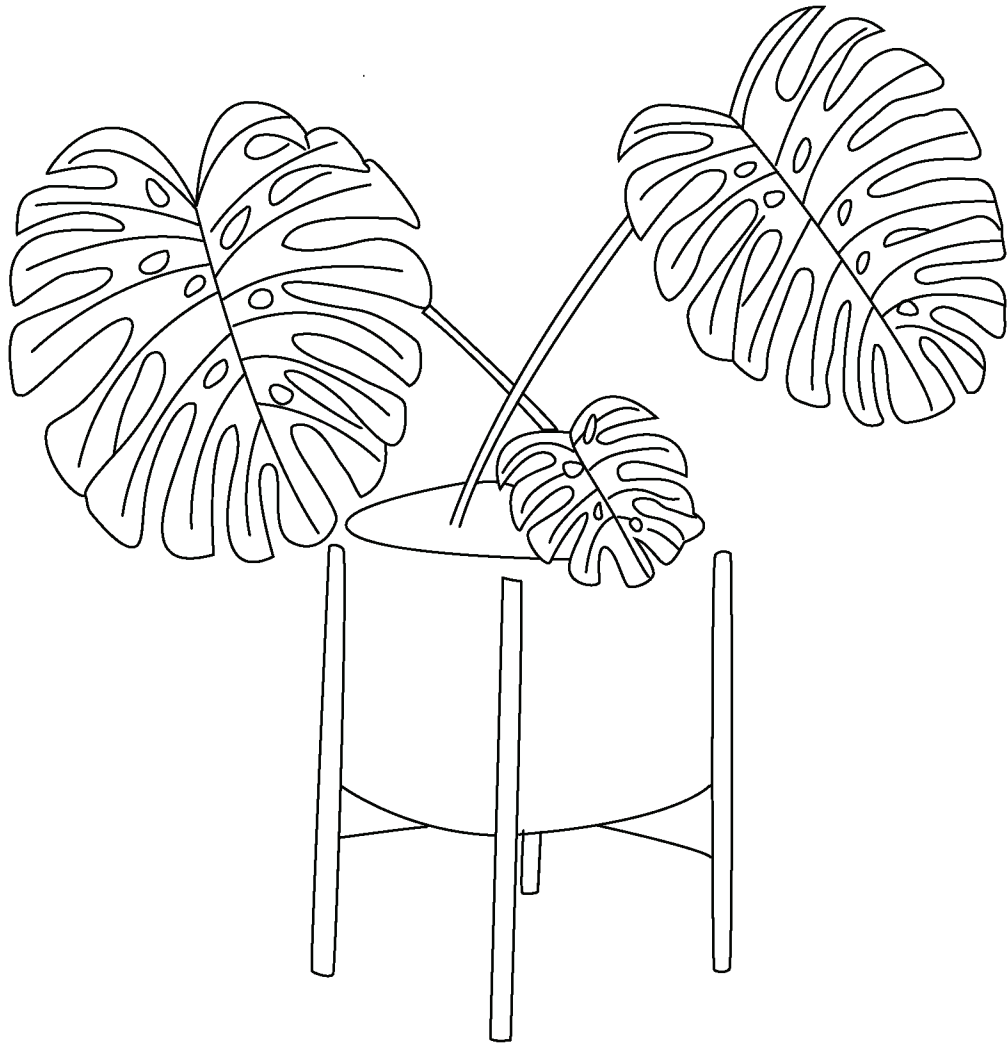
#### **MATERIALS**

**Anchor® Embroidery Floss Spools:** 1 of each color



**1044    0001    0360    0358    0403**

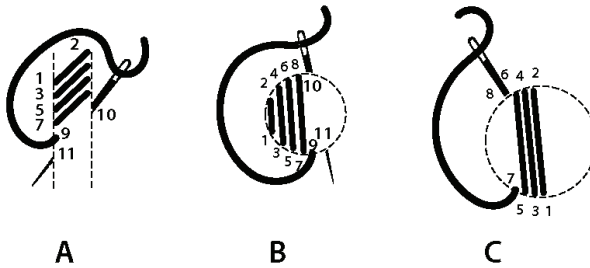
Anchor® Embroidery Hoop. Medium weight, close weave cotton fabric. Embroidery/Crewel needle, Size 7 or 8. Fabric pen for transferring design.



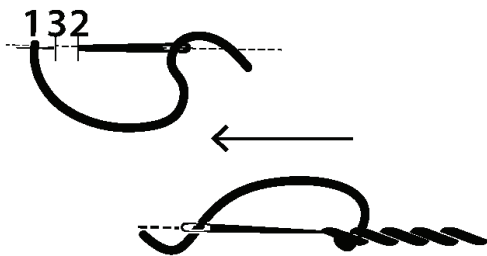
## STITCHES

**TIP:** To separate the floss into strands, cut an 18" length. Hold one end and run the finger of your opposite hand between the strands allowing them to untwist. Thread the needle.

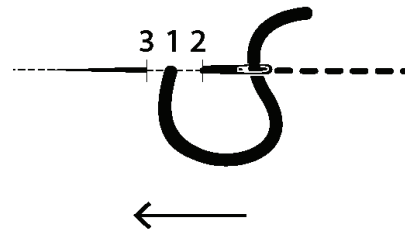
### SATIN STITCH



### OUTLINE STITCH



### BACK STITCH



### FRENCH KNOT

