

# ALLMAX<sup>®</sup>

PROFESSIONAL GRADE SUPPLEMENTS

# PRODUCT CATALOG 2024



# ALLMAX®



## RIGOROUS QUALITY STANDARDS YIELD POWERFUL RESULTS!

We believe in dedicating ourselves to strict policies of quality in manufacturing. We maintain the absolute highest grade of manufacturing for all our products – pharmaceutical grade cGMP, government-inspected facilities featuring state-of-the-art conditions with sealed air-pressurized chambers.



## A HEALTHY OBSESSION WITH PURITY, POTENCY AND EFFECTIVE FORMULAS

We are obsessive about testing and analyzing each and every batch of our products. We go well beyond the call of duty to ensure that what we put on the label is actually in the product and in the required amounts and concentrations. We laboratory test every lot and every ingredient to ensure 100% validity. There are cheaper and easier ways to create the supplements you consume, but we do not believe in anything less, nor will we settle for it.



## PROFESSIONAL GRADE PRODUCTS PROVIDE THE BEST RESULTS!

Customers have had a healthy obsession with ALLMAX for over 20 years because they get results. They understand the importance of following a solid diet and training hard in combination with our professional grade products. We understand that our customers demand more, which is why we consistently supply cutting-edge supplements to help them achieve their goals as quickly and efficiently as possible.



## THE ALLMAX NUTRITION BRAND STANDS FOR SCIENCE, INNOVATION, QUALITY AND RESULTS.

We continue to quietly grow through word-of-mouth recommendation, as satisfied athletes and trainers continue to tell others about their impressive results.

**DEMAND MORE. GET ALLMAX.**

**CLEAN**  
FOR ATHLETES



These products contain no WADA banned ingredients. This is validated by in-market random testing managed by an independent 3rd party – Informed Choice. Test result details can be viewed at [www.CleanForAthletes.com](http://www.CleanForAthletes.com).

**BANNED SUBSTANCE TESTED**



## UNSURPASSED: THE ALLMAX® QUALITY GUARANTEE

Look for this logo that ensures every ingredient added and every lot produced is laboratory-tested for purity and potency to ensure consistent product quality and integrity every time, guaranteed. Test our product; we guarantee it passes every time or we pay for your testing and refund your purchase. You won't find anyone else willing to stand behind their product with this guarantee.

# CONTENTS

## PERFORMANCE PROTEINS

- 6 ISOFLEX® Whey Protein Isolate
- 7 GOLD ALLWHEY®
- 8 CLASSIC ALLWHEY®
- 9 CASEIN-FX™
- 10 HEXAPRO™
- 11 HEXAPRO™ Protein Bar
- 12 QUICKMASS®

## PERFORMANCE PRE/INTRA/POST

- 14 AMINOCORE™ BCAA
- 15 IMPACT Igniter™
- 16 IMPACT Pump™
- 17 A:CUTS™
- 18 KETOCUTS™
- 19 CARBION+™
- 20 C:VOL™

## PERFORMANCE SPECIALTY

- 21 TESTOFX™
- 22-23 VITAFORM™ Men/Women
- 24 VITASTACK® Pills
- 25 VITASTACK® Drink Mix
- 26 RAPIDCUTS® SHREDDED
- 27 HYDRADRY™
- 28 LIVER D-TOX™
- 29 LIGHTSOUT SLEEP™
- 30 ALLFLEX®

## ALLMAX SPORT

- 32 TESTOFX™ SPORT
- 33 IGNITER Pre-workout
- 34 ALLMASS Muscle Gainer

## ALLMAX ESSENTIALS

- 35-39 ESSENTIALS Series

## ALLMAX NATURALS

- 40 ISOTRU™ Grass Fed Protein
- 41 ISONATURAL™
- 42 CYTOGREENS®
- 43 COLLAGEN
- 44 SPIRULINA

## OTHER

- 45-47 Recipes
- 48 Certification Comparison Chart
- 49 Stacks

ALLMAXNUTRITION.COM



@allmaxnutrition  
@allmaxtraining



@teamallmax  
@allmaxnaturals  
@allmaxtraining



@allmax

UN6016

# THERE ARE HEROES AND THEN THERE ARE LEGENDS

**90%  
PROTEIN  
YIELD**

**0g  
SUGARS**

**120  
CALORIES**



Nutrition Facts	
Servings Per Container	30
Serving Size	1 Scoop (30g)*
<b>Amount per Serving</b>	
<b>Calories</b>	<b>120</b>
% Daily Value*	
<b>Total Fat</b> 0.5g	<b>&lt;1%</b>
<b>Saturated Fat</b> 0g	<b>0%</b>
<b>Trans Fat</b> 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 60mg	<b>3%</b>
<b>Total Carbohydrate</b> 2g	<b>&lt;1%</b>
Dietary Fiber <1g	<b>3%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 27g	<b>54%</b>
Vitamin D 0mcg	<b>0%</b>
Calcium 120mg	<b>9%</b>
Iron 0.9mg	<b>5%</b>
Potassium 240mg	<b>5%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** HYBRID-RATIO ION-FILTERED WHEY PROTEIN ISOLATE (Cross-Flow, Ultra-Filtered) Whey Protein Isolate, Ion-Charged Particle-Filtered Whey Protein Isolate, Alpha-Lactalbumin-Rich Whey Protein Isolate, Dutch Process Cocoa, Natural and Artificial Flavors, Guar Gum, Lecithin (Sunflower), Acesulfame Potassium, Sucralose.

Chocolate US1029-A

## ISO FLEX® WHEY PROTEIN ISOLATE

ISO FLEX® has taken whey protein isolate (WPI) technology to a whole new level of measurable superiority. ISO FLEX® is significantly lower in lactose, fat, sugar and carbs, compared to regular WPIs. If you're looking for the highest quality, most premium and fastest absorbing protein, then look no further than ISO FLEX®; a Truly Superior Whey Protein Isolate.

- A 100% Whey Protein Isolate Source
- Native & Intact, Non-Denatured Whey Protein Fractions
- Laboratory-Tested, Certified & Approved
- 27 g Pure Protein In Every Serving



### Available Flavors

CHOCOLATE	CHOCOLATE MINT	STRAWBERRY	BANANA	BLUEBERRY MUFFIN
VANILLA	CARAMEL MACCHIATO	COOKIES & CREAM	BIRTHDAY CAKE	PEPPERMINT BARK
CHOCOLATE PEANUT BUTTER	PINEAPPLE COCONUT	ORANGE DREAMSCICLE	CITRUS PEACH SENSATION	LUCKY JACKED CEREAL

Available Sizes	425g	2 lbs.	5 lbs.
Servings	14	30	75



Values may vary by flavor. Servings per container vary by size and country.

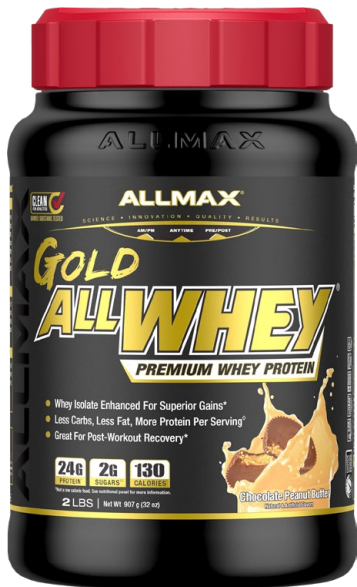


# PREMIUM PROTEIN AMAZING TASTE

**75%  
PROTEIN  
YIELD**

**2g  
SUGARS**

**130  
CALORIES**



Nutrition Facts	
~28 servings per container	
<b>Serving size 1 scoop (32g)</b>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>130</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 65mg	<b>22%</b>
<b>Sodium</b> 130mg	<b>6%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 24g	
Vitamin D 0mcg	<b>0%</b>
Calcium 127mg	<b>10%</b>
Iron 1mg	<b>6%</b>
Potassium 208mg	<b>4%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** PURE WHEY PROTEIN BLEND (Cross-Flow Ultra-Filtered Whey Protein Concentrate, Cross-Flow Micro-Filtered Whey Protein Isolate), Cocoa Powder, Peanut Flour, Natural and Artificial Flavors, Gum Blend (Cellulose, Xanthan), Sea Salt, Sucralose, Acesulfame Potassium, Lecithin (Soy).

Chocolate Peanut Butter US 1028

## 100% PREMIUM WHEY PROTEIN

GOLD ALLWHEY® is an ultra-premium 100% whey protein source with 24g of Protein in every 32g serving; that's an 75% yield! GOLD ALLWHEY® digests rapidly, is low in carbs and has only 1g of naturally-occurring sugar per serving. Delivering clean, complete and whole protein, sourced from 100% whey protein with zero non-protein amino acids added.

### What does this mean to you?

- Whey Isolate Enhanced For Superior Gains
- Less Carbs, Less Fat, More Protein Per Serving
- Laboratory-Tested, Certified & Approved
- Great For Post-Workout Recovery



### Available Flavors



Available Sizes	2 lbs.	5 lbs.
Servings	28	71

Values may vary by flavor. Servings per container vary by size and country.

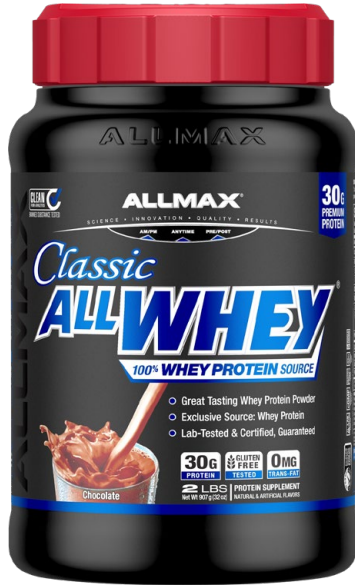


# BECAUSE RESULTS MATTER

**65%  
PROTEIN  
YIELD**

**ZERO  
GLUTEN**

**ZERO  
TRANS FAT**



## Supplement Facts

Serving Size 1 Scoop (46 g)  
Servings Per Container - 20

Amount Per Serving	% Daily Value
<b>Calories</b>	<b>190</b>
<b>Total Fat</b>	<b>3 g 4%<sup>Δ</sup></b>
<b>Saturated Fat</b>	<b>2 g 10%<sup>Δ</sup></b>
<i>Trans</i> Fat	0 g †
<b>Cholesterol</b>	<b>55 mg 18%<sup>Δ</sup></b>
<b>Total Carbohydrate</b>	<b>11 g 4%<sup>Δ</sup></b>
Dietary Fiber	1 g 4% <sup>Δ</sup>
Total Sugars	4 g †
Includes <1g Added Sugars	1% <sup>Δ</sup>
<b>Protein</b>	<b>30 g</b>
<b>Calcium</b>	<b>160 mg 12%<sup>Δ</sup></b>
<b>Iron</b>	<b>1.1 mg 6%<sup>Δ</sup></b>
<b>Sodium</b>	<b>175 mg 8%<sup>Δ</sup></b>
<b>Potassium</b>	<b>360 mg 8%<sup>Δ</sup></b>

<sup>Δ</sup> Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**INGREDIENTS:** PURE WHEY PROTEIN BLEND (Cross-Flow Micro-Filtered Whey Protein Concentrate, Cross-Flow Ultra-Filtered Whey Protein Isolate, Maltodextrin, Cocoa (processed with Alkali), Natural and Artificial Flavors, Coconut Creamer (Coconut Oil, Soluble Corn Fiber, Sodium Caseinate, Sunflower Lecithin, Silicon Dioxide), Soy Lecithin, Sea Salt, Gum Blend (Cellulose Gum, Xanthan Gum), Acesulfame Potassium, Sucralose.

Chocolate US1025

## 100% WHEY PROTEIN SOURCE

CLASSIC ALLWHEY® is a premium Whey Protein Concentrate blended with Whey Protein Isolate delivering 30 g Protein in a 46 g serving, that's a 65% yield; tested and guaranteed! CLASSIC ALLWHEY™ delivers a clean, complete and whole protein made from the best source; 100% Whey Protein!

### What does this mean to you?

- 100% ALL Whey
- Zero non-protein Aminos & No Fillers
- Superior Value
- All protein, All whey, No compromises, Pure results



### Available Flavors



Available Sizes	2 lbs.	5 lbs.
Servings	20	49



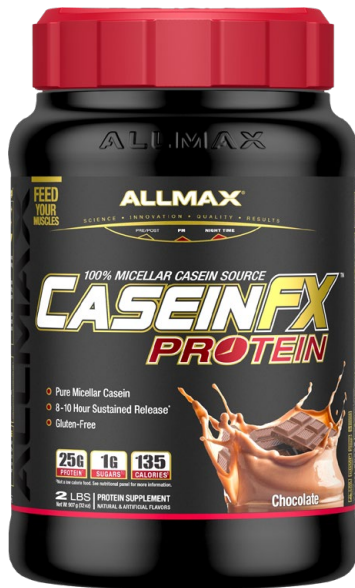
Values may vary by flavor. Servings per container vary by size and country.

# BUILD MUSCLE AROUND THE CLOCK

**76%  
PROTEIN  
YIELD**

**1g  
SUGARS**

**135  
CALORIES**



## Supplement Facts

Serving Size 1 Scoop (33 g)  
Servings Per Container ~ 27

Amount Per Serving	% Daily Value
Calories	135
Total Fat	2.5 g 3% <sup>a</sup>
Saturated Fat	2 g 10% <sup>a</sup>
Trans Fat	0 g †
Cholesterol	17 mg 6%
Total Carbohydrate	3 g 1% <sup>a</sup>
Dietary Fiber	1 g 4% <sup>a</sup>
Total Sugars	1 g †
Includes 0g Added Sugars	0% <sup>a</sup>
Protein	25 g
Calcium	600 mg 46%
Iron	1 mg 6%
Phosphorus	280 mg 22%
Magnesium	20 mg 5%
Sodium	30 mg 1%
Potassium	150 mg 3%

**INGREDIENTS:** Micellar Casein, Cocoa Powder, Coconut Oil, Coconut Powder, Natural and Artificial Flavors, Inulin (derived from Chicory Root), Soluble Corn Fiber, Sodium Caseinate (a milk derivative), Lecithin (from Sunflower), Silicon Dioxide, Sucralose, Acesulfame Potassium.

Chocolate US 1010

## ULTRA-SLOW RELEASE PROTEIN

CASEIN-FX™ is a revolutionary approach to keeping your system fueled with a constant flow of muscle-building protein.

Micellar Casein is unique in that it dramatically slows down digestion, providing a trickle feeding effect of amino acids over a sustained 8-10 hour period of release.

### What does this mean to you?

- 25 g Slow-Release Protein per Serving
- Zero Non-Protein Aminos
- Next Level Night Time Supplementation



### Available Flavors



Available Sizes	2 lbs.
Servings	24



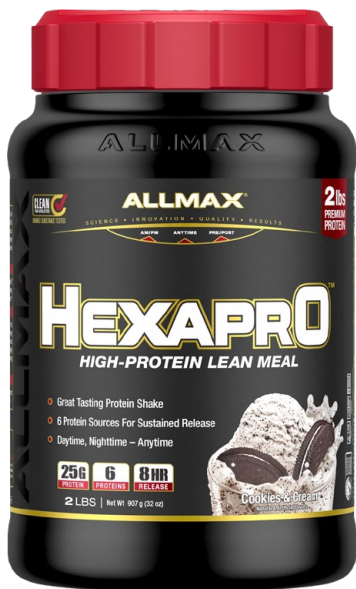
Values may vary by flavor. Servings per container vary by size and country.

# HIGH PROTEIN LEAN MEAL

**57%  
PROTEIN  
YIELD**

**6  
PROTEINS**

**8HR  
RELEASE**



## Nutrition Facts

~21 servings per container  
**Serving size 1 scoop (44g)**

Amount per serving		
<b>Calories</b>		<b>170</b>
		% Daily Value*
<b>Total Fat</b> 2.5g		<b>3%</b>
Saturated Fat 1.5g		<b>8%</b>
<b>Trans Fat</b> 0g		
<b>Cholesterol</b> 40mg		<b>13%</b>
<b>Sodium</b> 230mg		<b>10%</b>
<b>Total Carbohydrate</b> 12g		<b>4%</b>
Dietary Fiber 1g		<b>4%</b>
Total Sugars 4g		
Includes 1g Added Sugars		<b>2%</b>
<b>Protein</b> 25g		
Vitamin D 0mcg		<b>0%</b>
Calcium 200mg		<b>15%</b>
Iron 0.4mg		<b>2%</b>
Potassium 120mg		<b>3%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** HEXAPRO™ 6-Protein Matrix (Whey Protein Concentrate, Milk Protein Concentrate, Milk Protein Isolate, Whey Protein Isolate, Micellar Casein, Whey Protein Hydrolysate), Maltodextrin, Natural & Artificial Flavors, Cookie Crumbs (Sugar, Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), High Oleic Canola and/or Palm Oil, Cocoa with Alkali, High Fructose Corn Syrup, Leavening (Baking Soda and/or Calcium Phosphate), Corn Starch, Salt, Soy Lecithin, Vanillin, Chocolate), Soluble Corn Fiber (Fibered™™), Coconut Creamer (Coconut Oil, Soluble Corn Fiber, Sodium Caseinate (a milk derivative), Sunflower Lecithin, Silicon Dioxide), Gum Blend (Cellulose, Xanthan), Cocoa Powder with alkali, Sea Salt, Sunflower & Soy Lecithin, Sucralose, Acesulfame Potassium.

Cookies & Cream US10Z7

## 6 PROTEIN SOURCES

HEXAPRO™ is a high protein, lean meal solution to the protein timing issue. It's formulated with 6 superior proteins to continuously feed your muscles with clean, whole protein at a steady, sustained rate. With its thick, milkshake-like texture, you won't believe that you're getting 25 g of pure protein with zero added sugar.

### What does this mean to you?

- Great Tasting, Healthy Protein Shake
- 6 Protein Sources for Sustained Release
- Daytime, Nighttime - Anytime
- Rich, Thick Milkshake - Worthy Taste



### Available Flavors



Available Sizes	2 lbs.	5 lbs.
Servings	21	52



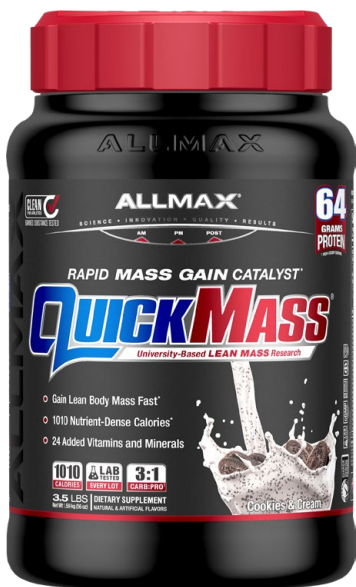
Values may vary by flavor. Servings per container vary by size and country.

# CLEAN BULKING

**64g**  
PROTEIN

**3:1**  
CARB  
RATIO

**1010**  
CALORIES



## RAPID MASS GAIN CATALYST

Simply put, if you're not consuming more calories than your body is burning, you will not gain mass – you can't argue with this fact! QUICKMASS® works by providing a precise 1010 calories per serving (four scoops) with custom engineered nutrient matrices that set the gold-standard in mass gainers.

What does this mean to you?

- Proven 3:1 Carb to Protein Ratio
- 100% Whole Protein Source
- Zero Non-Protein Amino Acids

### Available Flavors

CHOCOLATE	STRAWBERRY-BANANA	VANILLA
CHOCOLATE PEANUT BUTTER	COOKIES & CREAM	
Available Sizes	3.5 lbs.	10 lbs.
Servings	6	17



### Supplement Facts

Serving Size:	Per 4 Scoops (265 g) <sup>1</sup>	Per Scoop (65 g) <sup>1</sup>		
Servings:	Per Container - 6	Per Container - 24		
	Amount	% Daily Value		
<b>Calories</b>	<b>1010</b>	<b>10%</b> <sup>2</sup>		
<b>Total Fat</b>	<b>8 g</b>	<b>16%</b> <sup>2</sup>		
Saturated Fat	5 g	25% <sup>2</sup>		
<b>Cholesterol</b>	<b>180 mg</b>	<b>60%</b>		
<b>Total Carbohydrate</b>	<b>172 g</b>	<b>63%</b> <sup>2</sup>		
Dietary Fiber	4 g	11% <sup>2</sup>		
Total Sugars	12 g	2 <sup>2</sup>		
Added Sugars	8 g <sup>2</sup>	16% <sup>2</sup>		
<b>Protein</b>	<b>64 g</b>	<b>16 g</b>		
Vitamin A (as Vitamin A Palmitate)	350 mcgRAE	40%	50 mcgRAE	10%
Vitamin C (as Ascorbic Acid)	100 mg	111%	25 mg	28%
Vitamin E (as D-Alpha-Tocopherol)	10 mg	20%	2.5 mg	5%
Vitamin K (as K1 Phylloquinone)	10 mcg	20%	2.5 mcg	5%
Vitamin B1 (as Thiamine Hydrochloride)	1.6 mg	132%	0.4 mg	31%
Vitamin B2 (as Riboflavin)	1.6 mg	132%	0.4 mg	31%
Vitamin B3 (as Nicotinamide)	92 mg	184%	23 mg	47%
Vitamin B6 (as Pyridoxine HCl)	2 mg	118%	0.5 mg	26%
Vitamin B12 (as Methylcobalamin)	432 mcgDLE	108%	108 mcgDLE	27%
Vitamin D (as Vitamin D3)	8.8 mcg	297%	2.2 mcg	76%
Strain (as Beta)	60 mg	167%	15 mg	42%
1-Phenylethyl Acid (as Calcium D-Pantothinate)	40 mg	100%	10 mg	25%
Calcium (as Tricalcium Phosphate)	556 mg	43%	140 mg	11%
Iron (as Ferrous Gluconate)	6 mg	120%	1.5 mg	30%
Phosphorus (as Triethylamine Phosphate)	360 mg	36%	90 mg	9%
Inulin (as Polydextrose Inulin)	16 mg	31%	4 mg	18%
Magnesium (as Magnesium Oxide)	100 mg	20%	25 mg	5%
Zinc (as Zinc Oxide)	10 mg	88%	2.5 mg	24%
Selenium (as Selenium Selenide)	48 mcg	87%	12 mcg	24%
Copper (as Copper Gluconate)	1.6 mg	178%	0.4 mg	44%
Manganese (as Manganese Gluconate)	2 mg	88%	0.5 mg	25%
Chromium (as Chromium Picolinate)	32 mcg	51%	8 mcg	24%
Vanillin (as Vanillin Acetic Acid Oxalate)	78 mg	100%	19 mg	26%
Sodium	240 mg	10%	60 mg	2%
Potassium	860 mg	12%	215 mg	3%

<sup>1</sup> Percent Daily Values are based on a diet of other people's secrets.

**INGREDIENTS:** MASS COMPLEX (Medium & Long Chain Maltodextrin Complex, Cyclic D<sup>2</sup> (Highly Branched Cyclic Dextrin), Waxy Maize Starch, Sweet Potato Powder, Cell Fiber, Quinoa Flour), PROTEIN BLEND (Whey Protein Concentrate, Milk Protein Isolate, Whey Protein Isolate), PREBIOTIC (Soluble Corn Fiber), SWEETENER BLEND (Purified, Blended), Cookie Crumbs (Enriched Flour (Wheat Flour, Bleach, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Cocoa processed with Alkali, Soybean and/or Palm Oil, High Fructose Corn Syrup, Chocolate Liquid, Salt, Corn Flour, Dextrose, Sodium Bicarbonate, Soy Lecithin), Coconut Creamer (Coconut Oil, Soluble Gum Fiber, Sodium Caseinate, Sunflower Lecithin, Silicon Dioxide), Natural and Artificial Flavors, Soy Lecithin, Silicon Dioxide, Sucralose, Coconut Milk Powder.

Cookies & Cream US3001

Values may vary by flavor. Servings per container vary by size and country.



# TRULY. SATISFYING. CRUNCH.

**20g**  
PROTEIN

**1g**  
FIBER

**240**  
CALORIES



## A DELICIOUS PROTEIN PACKED BAR

Introducing the best tasting Protein Bar on the planet... the Hexapro Protein Bar! Sink your teeth into our newest addition to our Hexapro family. This crisp, creamy layered Protein Bar is packed with 20 grams of protein and just 4 grams of sugar\*, making it easy to get a high-quality Protein snack post-workout or to battle hunger between meals. Discover your new favorite anytime snack! We guarantee it will be one of the most satisfying Protein Bars you have ever tasted!

\*4 grams in Chocolate Chip Cookie Dough, 5 grams in Chocolate Peanut Butter Cup

### What does this mean to you?

- Convenient Protein Source
- 20G Protein Per Bar
- Delicious On-The-Go Snack

### Available Flavors

CHOCOLATE FUDGE BROWNIE	CHOCOLATE CHIP COOKIE DOUGH
CHOCOLATE PEANUT BUTTER CUP	
<b>Available Size</b>	<b>Box (648 g)</b>
<b>Servings</b>	<b>12 Bars</b>

Chocolate Chip Cookie Dough US1001

Nutrition Facts	Amount per serving	% Daily Value <sup>1</sup>	Amount per serving	% Daily Value <sup>1</sup>
	<b>Total Fat</b> 10g		<b>13%</b>	<b>Total Carbohydrate</b> 18g
	Saturated Fat 8g	<b>40%</b>	Dietary Fiber 1g	<b>4%</b>
	Monounsaturated Fat 1g		Sugar 4g	
	Trans Fat 0g		Sugar Alcohol 10g	
<b>Calories per serving</b> <b>240</b>			Includes 4g Added Sugar	<b>8%</b>
	<b>Cholesterol</b> 15mg	<b>5%</b>	<b>Protein</b> 20g	<b>40%</b>
	<b>Sodium</b> 170mg	<b>7%</b>		
	Vitamin D 0mg 0%		Iron 2mg 10%	Potassium 150mg 4%
	Calcium 80mg 6%			

INGREDIENTS: Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Palm Kernel Oil, Collagen (bovine), Vegetable Glycerin, Sugar, Pea Protein, Sorbitol, Pea Crisps (Pea Protein Concentrate and Tapioca Starch), Maltitol, Palm Oil, Cocoa (processed) with shell, Water. Contains less than 2% of Beta-Carotene (for colour), Mono & Diglycerides, Natural Flavour, Potassium Sorbate (preservative), Salt, Soy Lecithin, Soybean Oil, Sucralose, Sunflower Lecithin, Vitamin A Palmitate, Whey, Almond and Peanut.

<sup>1</sup>The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# GET THE ANABOLIC EDGE

**8g**  
BCAAs

**0g**  
SUGAR

**0g**  
CARBS



Supplement Facts	
Serving Size 1 scoop (10.5 g) Servings Per Container 30 <sup>1</sup>	
Amount Per Serving	% Daily Value
Calories	15
Total Carbohydrate	0 g 0%
Sugars	0 g <sup>1</sup>
Niacin	20 mg 125%
Vitamin B6	2 mg 118%
Folate	666 mcg DFE 167%
<small>(as Pyridoxine HCl &amp; Pyridoxal-5'-Phosphate (P5P))</small>	
Vitamin B12	6 mcg 250%
<small>(as Methylcobalamin)</small>	
<b>AMINOCORE™ BCAAs (9:6:5)</b>	<b>8,180 mg <sup>1</sup></b>
L-LEUCINE (45%)	3,681 mg
L-VALINE (30%)	2,454 mg
L-ISOLEUCINE (25%)	2,045 mg

<sup>1</sup> Percent Daily Value based on a 2,000 calorie diet <sup>2</sup> Daily Value not established

**OTHER INGREDIENTS:** Citric Acid, Malic Acid, Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, Lecithin (Sunflower), Calcium Silicate.

Fruit Punch US (1015)

## INSTANTIZED BCAA MUSCLE SUPPORT

AMINOCORE™ has a whopping 8,180 mg of BCAAs! That's right, over 8 grams of BCAAs in a single serving. Perfect for consumption during your workout to drive up anabolic impact, or away from the gym when you can't get your protein in and you need to prevent the catabolic breakdown of muscle tissue and increase protein synthesis.

### What does this mean to you?

- Supports increases in lean muscle
- No Fillers, Zero Non-BCAA Aminos & Sugar-Free
- Highly Bioavailable B-Vitamins
- Absolutely incredible taste

### Available Flavors



Available Sizes	315 g	945 g
Servings	30	90



Values may vary by flavor. Servings per container vary by size and country.

# MORE MUSCLE MORE STRENGTH

**10g**  
EAAs

**550mg**  
NOOTROPIC  
BLEND

**13g**  
TOTAL AMINO  
ACIDS



## HIGHLY ANABOLIC EAA

MUSCLEAA™ XTREME contains clinical dosages of essential and branch chain amino acids to maximize protein synthesis, nootropics to help you to stay focused and motivated throughout your workout, carnitine to improve endurance, glutamine to enhance recovery, and hydration from trace minerals and electrolytes. MUSCLEAA™ XTREME; prepare for some of the best workouts of your life!

### What does this mean to you?

- Nootropics for Greater Focus
- Carnitine for Improved Endurance
- Glutamine for Enhanced Recovery
- Electrolytes for Hydration

### Available Flavors

CHERRY LIMEADE	PINA COLADA
Available Sizes	532 g
Servings	30



Supplement Facts	
Serving Size 1 Scoop	17.73g
Servings Per Container	~30
Amount Per Serving	% DV*
Calories	80
Total Carbohydrate	< 1g <1%
Calcium	30mg 2%
<b>B-Vitamins Blend</b>	
B6 - (as Pyridoxine Hydrochloride)	1.5mg 88%
B12 - (as Cyanocobalamin)	25mcg 1,042%
B7 - Biotin (as d-Biotin)	125mcg 417%
<b>Hydration Blend</b>	
Magnesium (from Magnesium Bisglycinate)	1mg <1%
Potassium (from Potassium Citrate)	1.15mg <1%
Sodium Chloride (from Himalayan Pink Salt providing 7 mg Sodium)	20mg <1%
<b>Essential Amino Acid (EAA) Blend</b>	
<b>BCAA</b>	5,300mg †
L-Leucine Vegan	3,400mg †
L-Isoleucine	950mg †
L-Valine	950mg †
L-Lysine (from Lysine HCl)	2,100mg †
L-Threonine	1,400mg †
L-Histidine (from L-Histidine HCl)	200mg †
L-Methionine	300mg †
L-Tryptophan	100mg †
L-Phenylalanine	600mg †
<b>Nootropic Blend</b>	
Lion's Mane Extract (Fruiting body, 30% Polysaccharides)	350mg †
Alpha GPC / L-Alpha Glycerylphosphorylcholine	200mg †
<b>Endurance Blend</b>	
L-Glutamine	2,000mg †
L-Carnitine (from L-Carnitine and L-Carnitine L-Tartrate)	1000mg †

† Percent Daily Value (DV) based on a 2,000 calorie diet  
\* Daily Value not established

OTHER INGREDIENTS: Citric Acid, Natural & Artificial Flavor, DL-Malic Acid, Calcium Silicate, Sucralose, Sunflower Lecithin, Acesulfame Potassium, FD&C Red #40.

# EXPLOSIVE HIGH-STIM PRE-WORKOUT

**6g**  
CITRULLINE  
MALATE

**3.2g**  
BETA  
ALANINE

**300mg**  
LION'S  
MANE



## EXTREME WORKOUTS. SUPERIOR RESULTS.

IMPACT IGNITER XTREME™ represents over 5 years of scientific advancement and is our strongest pre-workout ever! Each serving is packed with 17 lab-tested ingredients proven to maximize athletic performance and muscle pumps including Citrulline Malate, Beta Alanine, and 2.5 g of Betaine Anhydrous.

Fuel the most extreme workouts of your life with ALLMAX IMPACT IGNITER XTREME! Each serving provides unstoppable energy, intense power, unmatched pump, insane mental focus, and whole-body thermogenesis!\*

### What does this mean to you?

- Increases in strength, reps and recovery
- Muscle swelling pump activation you can FEEL
- Amplified metabolism to incinerate fat while you train

### Available Flavors



Available Sizes	360 g
Servings	40

### Supplement Facts

Serving Size: Servings Per Container:	Per 1 Scoop (9g) -40		Per 2 Scoops (18g) -20	
	Amount	%DV*	Amount	%DV*
Calories	15		30	
Total Carbohydrate	1g	<1%*	2g	<1%*
Calcium	25 mg	2%	50 mg	4%
Sodium	25 mg	1%	45 mg	2%
<b>PUMP &amp; ENDURANCE</b>				
L-Citrulline Malate (2:1) (67% L-Citrulline)	3g	†	6g	†
Beta-Alanine	1.6g	†	3.2g	†
Betaine Anhydrous	1.5g	†	2.5g	†
Taurine	250 mg	†	500 mg	†
<b>THERMO ENERGY</b>				
Coffeine (Coffea canephora and Theobroma cacao, seed)	200 mg	†	400 mg	†
Dynamine™ (Std. to 40%, yielding 25 mg per scoop Methylxanthine)	62.5 mg	†	125 mg	†
TeaCina™ (Std. to 40%, yielding 20 mg per scoop Theacrine)	50 mg	†	100 mg	†
Calcabure® (Strain of Psyllium (Afghanistan psyllium) seed) extract (7:20:1)	15 mg	†	30 mg	†
Theacrine™ (Coclea (Theobroma cacao, seed))	5 mg	†	10 mg	†
<b>ADVANCED FOCUS</b>				
L-Tyrosine	250 mg	†	500 mg	†
Lion's Mane Mushroom (Hericium erinaceus, fruiting body)	150 mg	†	300 mg	†
(Lion's Mane extract (Std. to 30% Polysaccharides) (10:1))	(OCE 1932 mg)	†	(OCE 2794 mg)	†
(Lion's Mane extract (4:1))	(182 mg (OCE 1820 mg))	†	(984 mg (OCE 9840 mg))	†
(Lion's Mane extract (4:1))	(18 mg (OCE 182 mg))	†	(90 mg (OCE 900 mg))	†
Alpha GPC (Std. to 50% Alpha Glycerol-Phosphoryl-Choline)	50 mg	†	100 mg	†
Mango (Mangifera indica, fruit)	25 mg	†	50 mg	†
Huperzine-A (Club Moss (Huperzia serrata, whole))	25 mcg	†	50 mcg	†
<b>HYDRATION</b>				
Coconut Water (Cocos nucifera, fruit)	250 mg	†	500 mg	†
<b>ABSORPTION</b>				
BioPerine® (Black Pepper (Piper nigrum, fruit) extract (Std. min. 95% Piperine))	2.5 mg	†	5 mg	†

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
† Daily Values not established.

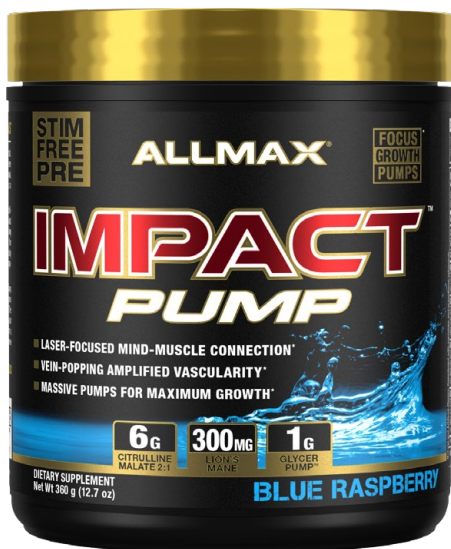
OTHER INGREDIENTS: Natural & Artificial Flavor, Silica, Sucralose, Calcium Silicate, Salt, DL-Malic Acid, Acacia Gum, Medium Chain Triglycerides (MCTs), Dicalcium Phosphate, FD&C Yellow #5, FD&C Yellow #6.

# STIM-FREE VEIN POPPING VASCULARITY

**6g**  
CITRULLINE MALATE

**1g**  
GLYCER PUMP

**300mg**  
LION'S MANE



## POWER YOUR PUMP, AMPLIFY YOUR GAINS!

Get everyone's favourite extreme pre-workout, IMPACT IGNITER™, in a stim-free, pump focused version, IMPACT PUMP™! An ultra-premium fully dosed pre-workout, IMPACT PUMP™ delivers the extreme focus and power you need when training for RESULTS, without the stims.

We created IMPACT PUMP™ to deliver exactly what you need to achieve that envy-inducing next level pump every time you train. This formula delivers only the best, cutting-edge, scientifically validated ingredients to achieve MASSIVE Pumps for MAXIMUM Growth.

### What does this mean to you?

- Solid ingredient dosages that produce results
- Fortified with GlycerPump Glycerol Powder
- Laser-sharp mind to muscle focus

### Available Flavors

BLUE RASPBERRY    PINEAPPLE MANGO    UNFLAVORED

Available Sizes    360 g  
Servings    30



### Supplement Facts

Serving Size 1 Scoop (12 g)		Amount Per Serving		% DV
Servings Per Container 30				
Calories	30			
Total Carbohydrate	1 g	<1%		
Calcium (as Calcium Silicate & Dicalcium Phosphate)	100 mg	8%		
<b>NITRIC OXIDE VASCULARITY MATRIX</b>				
L-Citrulline Malate 2:1	6000 mg	†		
Agasure™ Agmatine Sulfate	1000 mg	†		
<b>GROWTH STIMULATING PUMP ACTIVATOR</b>				
GlycerPump™ (85% Glycerol Powder)	1000 mg	†		
Taurine	1000 mg	†		
N-Acetyl-L-Cysteine	500 mg	†		
<b>ALPHAMIND ADVANCED FOCUS</b>				
Lionize™ (Lion's Mane Mushroom [ <i>Hericium erinaceus</i> ] Mycelium Extract)	300 mg	†		
Alpha GPC (Std. to 50% Alpha-Glycerolphosphorylcholine)	150 mg	†		
<b>ADVANCED ABSORPTION BLEND</b>				
Cinnulin PF® (Cinnamon [ <i>Cinnamomum cassia</i> & <i>Cinnamomum burmannii</i> ] Bark Extract)	10 mg	†		
BioPerine® (Black Pepper [ <i>Piper nigrum</i> ] Fruit Extract, Std. min. 95% Piperine)	5 mg	†		

† Percent Daily Value (DV) based on a 2,000 calorie diet. † Daily Value not established. OTHER INGREDIENTS: Natural & Artificial Flavor, Silica, Sucralose, Acesulfame Potassium, FD&C Blue #1.

Blue Raspberry US (001)

Values may vary by flavor. Servings per container vary by size and country.

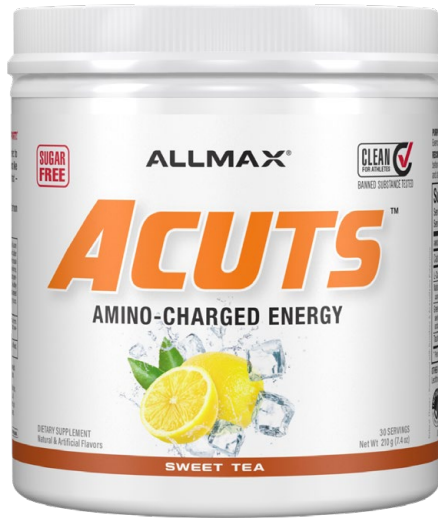


# ENERGY TO TRAIN, AMINOS TO MAINTAIN & DIET SUPPORT

**4.2g**  
AMINOS

**500mg**  
L-CARNITINE  
L-TARTRATE

**127mg**  
NATURAL  
CAFFEINE



## AMINO-CHARGED ENERGY DRINK

AMINOCUTS™ (A:CUTS™) could be the most delicious drink mix we've ever made. Perfect to enjoy anytime, easy-to-mix, full of Aminos and loaded with diet-friendly ingredients like natural-source caffeine (127mg). Taurine, L-carnitine L-tartrate and green coffee extract – AMINOCUTS™ is ideal anytime you need an energy boost!

A:CUTS™ is the ideal combination of ingredients designed to provide energy for training while maintaining muscle mass, all while supporting a fat burning diet.

### What does this mean to you?

- 4.2g Amino Acids
- Sugar-Free and Only 5 Calories
- Green Coffee Extract & L-Carnitine
- Natural-Source Caffeine

Available Sizes	210 g	252 g (Canada only)
Servings	30	36

### Available Flavors



Sweet Tea US1018

### Supplement Facts

Serving Size 1 Scoop (7 g) Servings Per Container 30		AMOUNT PER SERVING	% DV**
		<b>ACUTS BCAAs (9:6:5)</b>	725 mg
		L-Leucine (45%)	326 mg †
		L-Valine (30%)	218 mg †
		L-Isoleucine (25%)	181 mg †
<b>AMOUNT PER SERVING</b>		<b>% DV**</b>	
Calories	10		
L-Carnitine L-Tartrate	500 mg †	L-Alanine	500 mg †
Natural Caffeine (Coffea canephora, seed) 98% caffeine, 124.5 mg)	127 mg †	L-Glycine	345 mg †
Green Coffee (Coffea canephora, seed) extract (std. to 50% Chlorogenic acids; 2% caffeine)	125 mg †	L-Lysine HCl	300 mg †
		L-Glutamine	250 mg †
		L-Phenylalanine	50 mg †
		L-Histidine HCl	62 mg †
		L-Threonine	50 mg †
Taurine	2 g †		

\*\*Percent Daily Value (DV) based on a 2,000 calorie diet.

† Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Natural Flavors, Sucralose, Calcium Silicate, Silica, Acesulfame Potassium, Lecithin (from Sunflower).



Values may vary by flavor. Servings per container vary by size and country.

# THE KETOGENIC KICKSTARTER

**2.9g**  
AMINOS

**2g**  
BHB's

**750mg**  
MCT's



## KETOGENIC ENERGY DRINK

The perfect addition to any keto or low-carb diet, KETOCUTS™ is formulated for the ketogenic athlete to help kick-start ketosis and provide energy. KETOCUTS™ includes everything a ketogenic dieter wants from effective BHB exogenous ketones to quality MCTs, this ketogenic energy drink will increase your ketone levels, boost your energy and help support body fat reduction.

KETOCUTS™ also contains L-carnitine L-tartrate to support body fat reduction, and amino acids for maintaining lean muscle gains.

### What does this mean to you?

- Zero Carbs, Sugar-Free and Stim-Free
- Refreshing, Delicious and Easy-to-Mix
- C8 and C10 MCTs
- Aminos and BCAAs

### Available Flavors



Available Sizes	240 g
Servings	30



Supplement Facts	
Serving Size 1 Scoop (8 g)	
Servings Per Container ~30	
Amount Per Serving	% DV
Calories	20
Total Fat	0.5 g <1% <sup>a</sup>
Saturated Fat	0.5 g 3% <sup>a</sup>
Total Carbohydrate	0 mg 0% <sup>a</sup>
Calcium (as Calcium Silicate)	24 mg 2%
Magnesium	85 mg 20%
Sodium	190 mg 8%
<b>Exogenous Ketone Blend</b>	<b>2000 mg</b> †
Sodium Beta-Hydroxybutyrate	
Magnesium Beta-Hydroxybutyrate	
<b>Amino Blend</b>	<b>1670 mg</b> †
L-Glutamine, L-Alanine, L-Lysine HCl,	
L-Histidine HCl, L-Phenylalanine, L-Threonine	
<b>MCT Energy Blend (std. to 70%)</b>	<b>750 mg</b> †
C8 Medium Chain Triglycerides	
C10 Medium Chain Triglycerides	
<b>BCAA (9:6:5) Blend</b>	<b>750 mg</b> †
L-Leucine, L-Valine, L-Isoleucine	
<b>L-Carnitine L-Tartrate</b>	<b>500 mg</b> †

**OTHER INGREDIENTS:** Citric Acid, Malic Acid, Natural and Artificial Flavors, Sodium Caseinate (Milk), Sucralose, Acesulfame Potassium, Silica, Lecithin (from Sunflower), Natural Color [Red Beet (*Beta vulgaris* root powder)].

KETOCUTS-WM-1J51003

Values may vary by flavor.

# HYDRATION, ENDURANCE & RECOVERY

25g  
CARBS

12g  
CYCLO-D

0g  
SUGARS



## Supplement Facts

Serving Size ½ Scoop (29 g)  
Servings Per Container ~25

Amount Per Serving	% DV
<b>Calories</b>	<b>100</b>
<b>Total Carbohydrates</b>	<b>25 g 9%<sup>a</sup></b>
<b>Sugars</b>	<b>0 g †</b>
<b>PHASED-DELIVERY ENERGY BLEND</b>	
PERFORM™ 4-Form Phased Release Dextrin Polysaccharide	11.5 g †
ANIM2300™ Ultra-High Molecular Weight Maize (Zea mays, seed)	1000 mg †
CocoH2™ Concentrated Coconut Water (Cocos nucifera, fruit)	400 mg †
<b>ABSORPTION BLEND<sup>†</sup></b>	
Prickly Pear Cactus (Opuntia ficus-indica, fruit) (4:1) extract	100 mg †
Bitter Melon (Momordica charantia, fruit) (10:1) extract	50 mg †
Cissalia PP™ Cinnamon (Cinnamomum burmanni, Bark Extract) (20:1)	15 mg †
<b>ELECTROLYTE HYDRATION BLEND<sup>†</sup></b>	
Sodium (as Sodium Bicarbonate, Sodium Citrate, Sodium Chloride)	100 mg 8%
Potassium (as Potassium Bicarbonate, Potassium Citrate)	100 mg 2%
Magnesium (as Magnesium Citrate, Magnesium Oxide)	60 mg 14%
Calcium (as Calcium Citrate, Calcium Lactate Pentahydrate)	30 mg 2%

<sup>a</sup> Percent Daily Value based on a 2,000 calorie diet    † Daily Value (DV) not established

OTHER INGREDIENTS: Citric Acid, Natural & Artificial Flavors, Sucralose, FD&C Yellow #5, FD&C Blue #1.

## HIGH PERFORMANCE TRAINING FUEL

CARBION+™ has taken hydration to a whole new level. You need carbohydrates to fuel your muscles and delay the onset of fatigue. The phased carbs in CARBION+™ will maintain your blood glucose levels longer so you don't crash and you can keep going longer and harder at a higher level of performance.

When you sweat, you lose electrolytes as well as water. Increased levels of highly absorbable electrolytes in new CARBION+™ will ensure you stay hydrated so you can retain and utilize the fluids you are consuming. Additionally, the absorption blend in CARBION+™ helps to initiate the uptake of blood glucose into cells, meaning more actual fuel in the muscle.

### What does this mean to you?

- More Refreshing & Better Hydration
- Fuels Improved Performance & Faster Recovery

### Available Flavors

BLUE ICE

PINEAPPLE MANGO

LEMON LIME

UNFLAVORED

Available Sizes

700 g  
Unflavored Only

725 g

Servings

25

25



Values may vary by flavor. Servings per container vary by size and country.

# ADVANCED GRADE PRE-WORKOUT



## DECIMATE YOUR LIMITS

- 1) ENERGY - STIMPHASE™ 4 unique forms of caffeine for extreme, sustained energy that will last for your entire workout.
- 2) MENTAL FOCUS - NEUROSTIM™ Neuro-cognitive enhancing choline and Alpha GPC for laser focus.
- 3) PUMP - NITROSTIM™ A more potent form of Citrulline Malate (2 to 1) than other pre-workouts for increased blood volume and insane veins that turn heads in the gym.
- 4) MUSCLE POWER - ACTISYN™ More effective than standard protein because all 9 essential (and 4 conditionally essential) amino acids are dosed in a specific ratio designed for your body to build muscle.

### What does this mean to you?

- 4 Stage Stimulant Matrix\*
- Neurogenic Mental Focus\*
- Explosive Pump Activator\*

### Available Flavors

WHITE RASPBERRY	
Available Sizes	266 g
Servings	50

Supplement Facts		
Serving Size / Portion: (1 scoop)	5.32 g	
Servings Per Container:	50	
<b>Amount</b>	<b>% DV*</b>	
Vitamin B6 (as Pyridoxyl-5'-Phosphate)	600 mcg 35%	<b>ACTISYN™ Perfected-Ratio Essential Amino Matrix</b> 2,181 mg †
Vitamin B12 (as Methylcobalamin)	10 mcg 417%	BCAAs (L-Leucine, L-Valine, L-Isoleucine), EAAs (L-Lysine HCl, L-Histidine HCl, L-Methionine, N-Acetyl-Cysteine, L-Phenylalanine, L-Threonine, L-Tryptophan), Conditionally EAAs (L-Tyrosine, L-Arginine, L-Glutamine)
		<b>NITROSTIM™ Nitric Oxide Pump Matrix</b> 1,810 mg †
		Citrulline Malate 2:1 (1,500 mg), Taurine [330 mg], Raw Cocoa Extract (Theobroma Cacao seed) Std. to 20% Theobromine [80 mg]
		<b>NEUROSTIM™ Neurogenic Matrix</b> 225 mg †
		Choline Bitartrate [150 mg], L-Theanine [50 mg], α-GPC (Std. to 50% Alpha-Glycerophosphorylcholine) [25 mg]
		<b>STIMPHASE™ Phased Stimulant Matrix</b> 178 mg †
		Natural Caffeine (Coffea robusta, bean extract) Std. to 98% Caffeine [65 mg], Di-caffeine Malate [40 mg], Caffeine Citrate [30 mg], Black Tea (Camellia sinensis, leaf extract) Std. to 95% Caffeine [25 mg], Naringin (Citrus paradisi, fruit extract) [18 mg]
*Percent Daily Values (DV) are based on a 2,000 calorie diet		
†Daily Values not established		
*Due to natural variations in product density, resulting from settling and/or humidity, the values are approximate. Product is sold by weight. Each Serving contains 133.2 mg of Caffeine.		

**OTHER INGREDIENTS:** Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, Silicon Dioxide, Citric Acid.  
**ALLERGEN WARNING:** Produced in a facility that also handles Milk, Soy, Egg, Peanut, Tree Nut, Sesame, Fish, Crustaceans and Shellfish products.



# MUSCLE RECOVERY POST-WORKOUT COMPLEX

**5g**  
CREATINE  
COMPLEX

**2.5g**  
TAURINE

**1g**  
BETAINE



## BUILD YOUR GAINS FASTER

CVOL™ is a sugar-free post-workout recovery drink designed to deliver increases in muscle strength & volume. CVOL™ has been formulated with 5 g of a Creatine Chelate Complex including creatine magnesium chelate. CVOL™ also contains 2.5 g taurine, 1 g L-carnitine L-tartrate, 1 g betaine and 800 mg beta-alanine; a rock-star list of the “go-to” ingredients, dosed at effective levels for rapid recovery from intense training.

CVOL™ fits your workout. It's absolutely delicious, and 100% sugar-free. Creatine increases muscular explosiveness, beta-alanine improves stamina, carnitine shields muscles from post-workout trauma and taurine improves lean body mass, boosts energy levels and increases muscle volume.

### What does this mean to you?

- Get Stronger Every Time you Train
- Complete Muscle Growth Formula
- Delicious, Refreshing and Sugar-Free

### Available Flavors

COCONUT LIME MOJITO      RASPBERRY KIWI  
KANIKAZE

Available Sizes      375 g  
Servings      30



Coconut Lime US1008

Supplement Facts		Amount Per Serving	% Daily Value
Serving Size 1 scoop (12.5g) Servings Per Container 30		<b>Strength &amp; Muscle-Volume Matrix*</b>	
<b>Amount Per Serving</b>		<b>Taurine</b>	2,500 mg †
<b>Calories</b>	5	L-Carnitine L-Tartrate (LCLT)	1,000 mg †
<b>Total Carbohydrate</b>	1 g <1%	Betaine (TMG)	1,000 mg †
Calcium (as Calcium Silicate)	12 mg 2%	Beta-Alanine (BetaSynth™)	800 mg †
Magnesium	156 mg 37%	<b>Creatine Absorption Complex*</b>	
(as Creatine Magnesium Chelate)		Bitter Melon extract (Momordica charantia, fruit)	41 mg †
<b>Creatine Chelate Complex*</b>		CinnulinPF® extract (Cinnamomum burmannii, bark)	30 mg †
CreaSyn™ Creatine (Highly-Pure, Bonded-Form)	2,600 mg †	† Percent Daily Value based on a 2,000 calorie diet	
Creatine MagnaPower® (Ionicallly-Bound Creatine Magnesium Chelate)	1,950 mg †	* Daily Value (DV) not established	
Creatine Anhydrous	450 mg †		

**OTHER INGREDIENTS:** Citric Acid, Natural & Artificial Flavors, Sucralose, Acesulfame Potassium, Natural Colors [Turmeric powder (*Curcuma longa*), thizone], Spirulina powder (*Spirulina platensis*).



# AMPLIFY TESTOSTERONE NATURALLY

**500mg**  
TESTOSURGE

**250mg**  
SENSORIL®

**200mg**  
NOVALDIM



## INCREASE BIO-AVAILABLE TESTOSTERONE

TESTOFOX™ is our researched-based, scientifically-validated testosterone amplifier. TESTOFOX™ is a natural, clinical strength formula, complete with the full dosage of active ingredients as indicated to be effective by research. This formula addresses all of the key factors that maximize the effect and impact of testosterone in the body.

TESTOFOX™ works with your body to optimize the production of testosterone naturally. TESTOFOX™ is guaranteed to help your test production and better control estrogen in your body.

### What does this mean to you?

- Block Test-Limiting Cortisol
- Increase Free Testosterone
- Inhibit Estrogen Build Up
- Enhance Receptor Sites
- DHT & Cortisol Blocker

Available Sizes	90 Capsules
Servings	1 Month Cycle



### Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 30

AMOUNT PER SERVING	%DV
<b>TESTOSURGE</b> ® † Fenugreek ( <i>Trigonella foenum-graecum</i> , seed) extract (25:1, std. to 80% Glycosides)	500 mg †
<b>SENSORIL</b> ® Ashwagandha ( <i>Withania somnifera</i> , root) extract, (5:1, std. to 10-20% Withanolide Glycosides, 0.05-0.5% Withaferin-A, 32-45% Withania Oligosaccharides)	250 mg †
<b>TRIBIX90</b> ® ( <i>Tribulus terrestris</i> , fruit) extract, (20:1, std. to 90% Saponins)	240 mg †
Alpha Lipoic Acid	200 mg †
<b>NOVALDIM</b> ™ 3-3-diindolyl-methane (DIM)	200 mg †
Saw Palmetto ( <i>Serenoa repens</i> , fruit) extract, (5-8:1, std. to 45% Fatty Acids)	100 mg †
Malaysian Tongkat Ali ( <i>Eurycoma longifolia</i> , root) extract (100:1)	100 mg †
Inositol	50 mg †
Resveratrol (Japanese Knotweed ( <i>Reynoutria japonica</i> , root); 98% Resveratrol)	50 mg †
Black Pepper ( <i>Piper nigrum</i> , fruit; 95% Piperine)	10 mg †

† Daily Value (DV) not established.

OTHER INGREDIENTS: Gelatin (Bovine), Microcrystalline Cellulose, Silicon Dioxide, Vegetable Magnesium Stearate.

# PUTS GLUCOSE WHERE IT BELONGS... IN THE MUSCLE

**100mg**  
CHROMIUM

**100mg**  
SUPER  
BERBERINE

**100mg**  
BANABA



## GLUCOSE DISPOSAL AGENT

GLUCO FX Helps Accelerate Fat Loss and Enhance Muscle Gains!  
Introducing a superior way to improve training success and maximize muscle gains: The Revolutionary GLUCO FX (Glucose Disposal Agent). Until now, one of the biggest dilemmas facing bodybuilders has been the effective use of carbohydrates.

Hard-earned gains in the gym have often been buried by unsightly body fat caused by excessive or poorly timed carbohydrate consumption. But not anymore. Introducing GLUCO FX.

### What does this mean to you?

- Supports Metabolism
- Source of Antioxidants
- Nutrient Partitioning

Available Sizes	75 Capsules
Servings	75

## Supplement Facts

Serving Size (Capsule)	1	3
Servings Per Container	75	25
<b>Amount Per Serving</b>		
		<b>%DV</b>
Chromium (as Picolinate)	100 mcg 286%	300 mcg 857%
<b>Super Berberine</b>		
(Berberine-Cyclodextrin Complex)	100 mg †	300 mg †
( <i>Phellodendron amurense</i> , Bark)		
Banaba ( <i>Lagerflora speciosa</i> , Leaf Extract (1% Corosolic Acid)(12:1)	100 mg †	300 mg †
Loquat ( <i>Eriobotrya japonica</i> , Leaf) Extract (1% Maslinic Acid)(10:1)	100 mg †	300 mg †
Gymnema ( <i>Gymnema sylvestre</i> , Leaf) Extract (75% Gymnemic Acids)(20:1)	100 mg †	300 mg †
Glucosannan ( <i>Amarophallous</i> Konjac, Tuber)	100 mg †	300 mg †
Pomegranate ( <i>Punica granatum</i> , Fruit) Powder	100 mg †	300 mg †
Maqui Berry ( <i>Aristotelia chilensis</i> , Fruit) Powder	30 mg †	90 mg †

† Daily Value (DV) not established.

**OTHER INGREDIENTS:** Gelatin, Dicalcium Phosphate, Magnesium Stearate, Microcrystalline Cellulose, Maltodextrin.

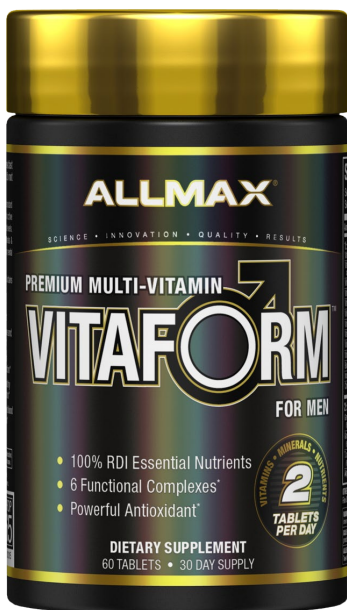


# PREMIUM PERFORMANCE MEN'S MULTI-VITAMIN

200%  
VITAMIN B12

6  
COMPLEXES

300%  
VITAMIN C



## 2 TABLETS PER DAY MULTI FOR HIM

VITAFORM™ has everything men need to perform at the highest level. VITAFORM™ gives you all of the essential vitamins you need and with key nutrients in 6 functional core blends.

What does this mean to you?

- 100% RDI Essential Nutrients
- 6 Functional Complexes
- Powerful Antioxidant



Available Sizes	60 Tablets
Servings	30 Day Supply

### Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 30

Amount Per Serving	% DV
<b>1: VITAPLEX - Essential Vitamin Complex*</b>	
Vitamin A (as Palmitate) 1500 mcg RAE (3000 IU)	167%
Vitamin C (as Calcium Ascorbate and Ascorbic Acid)	180 mg 200%
Vitamin E (as d-Alpha Tocopheryl Acetate)	13.5 mg (30IU) 90%
Vitamin B1 (as Thiamine HCl)	1.5 mg 125%
Vitamin B2 (as Riboflavin)	1.7 mg 131%
Vitamin B3 (as Niacinamide & Niacin)	20 mg 125%
Vitamin B5 (as d-Calcium Pantothenate)	10 mg 200%
Vitamin B6 (as Pyridoxine HCl)	2 mg 118%
Vitamin B9 (as Folic Acid) 400 mcg (668 mcg DFE)	167%
Vitamin B12 (as Methylcobalamin)	12 mcg 500%
Biotin	500 mcg 1667%
Inositol Granular	25 mg †
Choline (Bitartrate)	24 mg †
<b>2: POWER - Anti-Oxidant Blend*</b>	
Green Tea (Camellia sinensis, leaf) extract (95% Polyphenols, 48 mg, 45% EGCG, 23 mg)	50 mg †
Grape Seed (Vitis vinifera, seed) extract (95% Proanthocyanidins, 24 mg)	25 mg †
Turmeric (Curcumin longa, rhizome) extract (95% Curcuminoids, 24 mg)	25 mg †
Alpha Lipoic Acid	20 mg †

### 3: COGNIFORCE - Mental Focus & Support\*

Asian Ginseng ( <i>Panax ginseng</i> , root) extract	45 mg †
L-Theanine	30 mg †
Ginkgo Biloba ( <i>Ginkgo biloba</i> , leaf) extract (24% Gycosaponins, 6 mg, 6% Terpenes, 2 mg)	25 mg †

### 4: VIRIMAX™ - Male Support Complex

Zinc (as Amino Acid Chelate & Citrate)	30 mg 273%
Selenium (as Sodium Selenate)	130 mcg 236%
American Ginseng ( <i>Panax quinquefolius</i> , root) extract	100 mg †
Saw Palmetto ( <i>Serenoa repens</i> , fruit) powder	40 mg †
Pomegranate ( <i>Punica granatum</i> , fruit) extract	20 mg †
Boron (as Boron Citrate)	20 mcg †

### 5: MULTIFLEX - Bone & Joint Health\*

Vitamin D3 (as Cholecalciferol)	20 mcg (800 IU) 100%
Vitamin K1 (as Phyltonadione)	80 mcg 67%
Calcium (as Calcium Carbonate, Calcium Ascorbate and Calcium Amino Acid Chelate)	250 mg 19%
MSM (Methylsulfonylmethane)	150 mg †
Glucosamine HCl (sourced from Shellfish)	75 mg †
Chondroitin Sulfate (sourced from Bovine)	75 mg †

### 6: ELECTROMAX - Mineral & Electrolyte Matrix

Chromium (as Polynicotinate)	120 mcg 343%
Copper (as Amino Acid Chelate)	2 mg 222%
Manganese (as Amino Acid Chelate)	2 mg 87%
Magnesium (as Oxide)	150 mg 36%
Iodine (as Potassium Iodide)	150 mcg 100%
Molybdenum (as Amino Acid Chelate)	75 mcg 167%

† Daily Value (DV) not established.

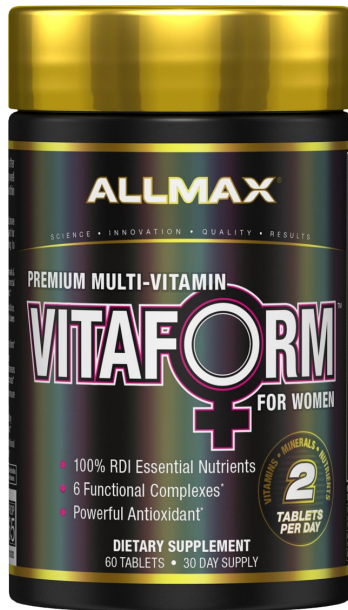
**OTHER INGREDIENTS:** Microcrystalline Cellulose, Crosscarmellose Sodium, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Film Coating [Hydroxypropyl Cellulose, Titanium Dioxide, Polyethylene Glycol, Riboflavin (Color), Caramel (Color)].

# PREMIUM PERFORMANCE WOMEN'S MULTI-VITAMIN

**500mg  
CALCIUM**

**FOR  
ACTIVE  
WOMEN**

**150%  
VITAMIN C**



## 2 TABLETS PER DAY MULTI FOR HER

VITAFORM™ Women's Multivitamin, a cut above the standard multivitamin and designed for the needs of active women looking to perform at the highest levels.

What does this mean to you?

- 100% RDI Essential Nutrients
- 6 Functional Complexes
- Powerful Antioxidant



Available Sizes	60 Tablets
Servings	30 Day Supply

### Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 30

Amount Per Serving	% DV
Vitamin A (as palmitate)	1500 mcg RAE (6000 IU) 167%
Vitamin C (as ascorbic acid & calcium ascorbate)	90 mg 100%
Vitamin D (as cholecalciferol) (800 IU)	20 mcg 100%
Vitamin E (as d-alpha tocopheryl acetate) (30IU)	13.5 mg 90%
Vitamin K (as phytonadione)	80 mcg 67%
Thiamine (Vitamin B1) (as thiamine HCl)	1.5 mg 125%
Riboflavin (as Vitamin B2)	1.7 mg 131%
Niacin (as niacin & niacinamide)	20 mg 125%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg 118%
Folate	668 mcg DFE (400 mcg folic acid) 167%
Vitamin B12 (as methylcobalamin)	6 mcg 250%
Biotin	300 mcg 1000%
Pantothenic acid (as d-calcium pantothenate)	10 mg 200%
Calcium (as calcium carbonate, calcium HVP chelate & calcium ascorbate)	500 mg 98%
Iodine (as potassium iodide)	150 mcg 100%
Zinc (as zinc HVP chelate)	15 mg 136%
Copper (as copper amino acid chelate)	2 mg 222%
Manganese (as manganese amino acid chelate)	2 mg 87%
Chromium (as chromium polynicotinate)	120 mcg 343%
Molybdenum (as molybdenum amino acid chelate)	75 mcg 167%

<b>1: FEMESSENCE:</b> Femme Essential Complex	Inositol	25 mg	†
	Choline (as choline bitartrate)	24 mg	†
<b>2: AGENTACT:</b> Femme Anti-Aging Blend*	Green tea leaf extract (standardized to 89% polyphenols, 75% catechins, & 43% EGCG)	50 mg	†
	Grape seed extract (standardized to 95% proanthocyanidins)	25 mg	†
	Pomegranate extract ( <i>Punica granatum</i> , fruit)	22 mg	†
	Red wine extract ( <i>Vitis vinifera</i> , fruit)	15 mg	†
	Citrus bioflavonoids	12 mg	†
<b>3: COGNISENSE:</b> Femme Active Mind Support*	Panax ginseng extract	45 mg	†
	L-Theanine	30 mg	†
	Ginkgo biloba extract (standardized to 24% flavone glycosides & 6% terpene lactones)	25 mg	†
<b>4: METAFEMME:</b> Femme Metabolism Support*	Alpha lipoic acid	20 mg	†
<b>5: IMMUBOOST:</b> Femme Immune Support*	Ginseng extract ( <i>Eleutherococcus senticosus</i> ) (standardized to 0.8% eleutherosides)	100 mg	†
	Echinacea powder ( <i>Echinacea purpurea</i> , root)	50 mg	†
	Olive powder ( <i>Olea europaea</i> , leaf)	25 mg	†
<b>6: LIBRAFLEX:</b> Femme Joint Support*	Methylsulfonylmethane (MSM)	150 mg	†
	Glucosamine HCl (shellfish)	75 mg	†
	Chondroitin sulfate (bovine)	75 mg	†

† Daily Value (DV) not established.

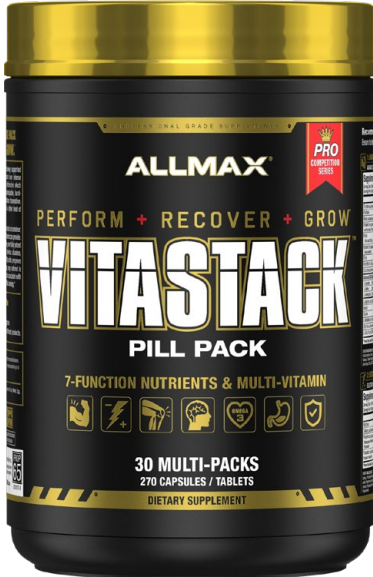
**OTHER INGREDIENTS:** Microcrystalline Cellulose, Croscarmellose Sodium, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Silicon Dioxide, White Film Coating (Polyvinyl Alcohol, Titanium Dioxide, Polyethylene Glycol, Talc.)

# PERFORMANCE, RECOVERY & GROWTH

9  
PILLS

7  
FUNCTIONS

30  
PACKETS



## PRO-LEVEL VITAMIN & NUTRIENT MULTI-PACKS

VITASTACK® is your nutrient foundation. VITASTACK® gives you every essential nutrient in dosages hard training athletes and bodybuilders need to accommodate their excessive physical demands. Engineered for extreme and intense training.

### 1: ANABOLINEX

ANABOLIC SUPPORT COMPLEX*	
Supplement Facts	
Serving Size 2 Tablets	
Servings Per Container 30	
Thiamine (as Thiamine Hydrochloride)	15 mg 120%
Riboflavin	2.5 mg 192%
Niacin (as Nicotinamide and Nicotinic Acid)	45 mg 281%
Vitamin B6 (as Pyridoxine Hydrochloride and Pridoxal 5-Phosphate)	2.5 mg 147%
Folate (Folic Acid 800 mcg)	1336 mcg DFE 334%
Vitamin B12 (as Methylcobalamin and Cyanocobalamin)	27 mcg 1125%
Biotin	30 mcg 100%
Pantothenic Acid (as D-Calcin Panthothenate)	10 mg 200%
Calcium (as Dicalcium Phosphate)	65 mg 5%
Advanced BCAA Matrix (as L-Alanine)	400 mg *
L-Leucine (45%)(189 mg)	
L-Isoleucine (25%)(105 mg)	
L-Valine (30%)(120 mg)	
L-Arginine (as L-Arginine HCl)	87 mg *
Inositol	75 mg *
Glycine	50 mg *
L-Histidine (as L-Histidine HCl)	21 mg *
Choline (as Choline Bitartrate)	20 mg *
L-Citrulline (as Citrulline Malate)	20 mg *

\*Percent Daily Values (DV) are based on a 2,000 calorie diet. †DV not established.

### 2: ELECTROLYSE

ELECTROLYTIC SUPPORT	
Supplement Facts	
Serving Size 1 Tablet	
Servings Per Container 30	
Riboflavin	2.7 mg 209%
Calcium (as Dicalcium Phosphate)	200 mg 15%
Phosphorus (as Dicalcium Phosphate)	220 mg 18%
Potassium Phosphate & Sodium Phosphate	83 mg †

\*Percent Daily Values (DV) are based on a 2,000 calorie diet. †DV not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Polyethylene Glycol, Sodium Citrate, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Tablet Coating (Polyvinyl Alcohol, Polyethylene Glycol, FD&C Yellow #1, Polyethylene).

### 3: SKELETOCORE

NUTRITIONAL BONE / CARTILAGE SUPPORT*	
Supplement Facts	
Serving Size 1 Tablet	
Servings Per Container 30	
Vitamin C (as Calcium Ascorbate, Ascorbic Acid and Sodium Ascorbate)	375 mg 41%
Vitamin D3 (as Cholecalciferol) (400 IU)	12 mcg 60%
Calcium (as Dicalcium Phosphate, Calcium Ascorbate and Calcium Glubionate)	160 mg 12%
Phosphorus (as Dicalcium Phosphate)	100 mg 8%
Magnesium (as Magnesium Oxide & Magnesium Aspartate)	50 mg 12%
Copper (as Copper Glycinate)	0.2 mg 22%
Manganese (as Manganese Amino Acid Chelate)	9 mg 391%
Potassium (as Potassium Citrate)	27 mg <1%
Methylsulfonylmethane (MSM) (as Dimethylsulfone)	100 mg *
Glucosamine HCl (from shellfish)	79 mg *
Glucosamine Sulfate (as HCl from shellfish)	59.25 mg *
Chondroitin Sulfate (from shark)	42 mg *
Boron (as Boron Glycinate)	700 mg *

\*Percent Daily Values (DV) are based on a 2,000 calorie diet. †DV not established.

### 4: ENERGOFORCE

NEUTROTROPIC MENTAL FOCUS COMPOUND*	
Supplement Facts	
Serving Size 1 Tablet	
Servings Per Container 30	
Calcium (as Dicalcium Phosphate)	30 mg 2%
Phosphorus (as Dicalcium Phosphate)	30 mg 2%
Taurine	200 mg *
L-Tyrosine	200 mg *
D-Glucuronolactone	100 mg *
Guarana (Guarana extract, seed) (95% (95:10 mg) (2x Caffeine)	10 mg *
Sinigrin (Black Onions extract, leaf) (5:1) (5:1) (5:1) (5:1)	60 mg *
5-HTP (5-HTP) (5-HTP) (5-HTP) (5-HTP)	10 mg *

\*Percent Daily Values (DV) are based on a 2,000 calorie diet. †DV not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Stearic Acid, Sodium Citrate, Croscarmellose Sodium, Silicon Dioxide, Magnesium Stearate, Tablet Coating (Polyvinyl Alcohol, Polyethylene Glycol, FD&C Red #2, FD&C Yellow #6, Titanium Dioxide).

### 5: CARDIOPLUS

SOURCE OF OMEGA 3 FATTY ACIDS*	
Supplement Facts	
Serving Size 1 Softgel	
Servings Per Container: 30	
Ultra-Pure Cold Water Fish Oil Concentrate	1000 mg *
(EPA/DHA) (EPA/DHA) (EPA/DHA) (EPA/DHA)	
Docosahexaenoic Acid (DHA) (100 mg)	

\*Percent Daily Values (DV) are based on a 2,000 calorie diet. †DV not established.

### 6: METABOCORE

DIGESTIVE AID / ANABOLIC NUTRIENT SUPPORT*	
Supplement Facts	
Serving Size 1 Tablet	
Servings Per Container 30	
Calcium (as Dicalcium Phosphate)	46 mg 4%
Phosphorus (as Dicalcium Phosphate)	36 mg 3%
Chromium (as Chromium (III) Nicotinate)	120 mcg 24,3%
Lipase (Rhopus oryzae, whole) (73.7 FCCU)	59 mg *
Alpha-Amylase (Aspergillus niger) (500 FCCU)	52 mg *
Bacterial Proteinase (Bacillus subtilis, whole cell) (500 FCCU)	45 mg *
Biotin (as Biotinyl Trihydrate)	30 mg *
Fruit Enzymes (Shimada extract) (0.0002 FCCU)	20 mg *
Papain (from Carica papaya, fruit) (4,000 FCCU)	2 mg *
Papain (from Carica papaya, fruit) (4,000 FCCU)	2 mg *

\*Percent Daily Values (DV) are based on a 2,000 calorie diet. †DV not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Tablet Coating (Polyvinyl Alcohol, Polyethylene Glycol, FD&C Yellow #6, FD&C Yellow #1).

### 7: IMMUNOCHARGE

ANTIOXIDANT IMMUNE SUPPORT*	
Supplement Facts	
Serving Size 2 Tablets	
Servings Per Container 30	
Vitamin A (as Beta-Carotene) (10,000 IU)	1500 mcg RAE 167%
Vitamin C (as Calcium Ascorbate and Ascorbic Acid)	350 mg 389%
Vitamin E (as Alpha Tocopheryl Succinate) (65 IU)	64 mg AT 424%
Calcium (as Dicalcium Phosphate & Dicalcium Phosphate)	350 mg 27%
Zinc (as Zinc Aspartate)	10 mg 91%
Selenium (Selenium hexafluoride vegetable base) (95% elemental)	30 mcg 55%
L-Cysteamine	100 mg *
DL-Alpha-Lipoic Acid	25 mg *
American Ginseng (Panax quinquefolius root) 25 mg †	
Extract (1:1) (1:1) (1:1) (1:1) (1:1) (1:1)	
Milk Thistle (Silybum marianum seed) 25 mg †	
Extract (1:1) (1:1) (1:1) (1:1) (1:1) (1:1)	
Milk Thistle (Silybum marianum seed) Extract 18.75 mg †	
(1:1) (1:1) (1:1) (1:1) (1:1) (1:1)	
Korean Ginseng (Panax ginseng root) Extract 13.8 mg †	
(1:1) (1:1) (1:1) (1:1) (1:1) (1:1)	
Coenzyme Q10	10 mg *
Grape Seed (Vitis vinifera seed) Extract 10 mg †	
(1:1) (1:1) (1:1) (1:1) (1:1) (1:1)	
Curcuminoids (Curcuma longa root) 9.5 mg †	
Pomegranate (Punica granatum fruit) Extract 5.6 mg †	
(1:1) (1:1) (1:1) (1:1) (1:1) (1:1)	
Pomegranate (Punica granatum fruit) Extract 5 mg †	
(1:1) (1:1) (1:1) (1:1) (1:1) (1:1)	
Grape Seed (Vitis vinifera seed) Extract at 1:1 (5 mg, 3.75 mg) *	

\*Percent Daily Values (DV) are based on a 2,000 calorie diet. †DV not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Tablet Coating (Polyvinyl Alcohol, Polyethylene Glycol, FD&C Yellow #6, FD&C Yellow #1).

Available Sizes  
Serving Size 2 Tablets

30 Multi-Packs  
30 Day Supply

US1019



# PERFORMANCE, RECOVERY & GROWTH IN A REFRESHING DRINK

EASY TO DRINK

6 FUNCTIONS

30 SERVINGS



## PRO-LEVEL VITAMIN & NUTRIENT DRINK MIX

VITASTACK® the vitamin formula you trust, is now available in a convenient and refreshing drink mix. VITASTACK® gives you every essential nutrient in dosages hard training athletes and bodybuilders need to accommodate their excessive physical demands. Engineered for extreme and intense training.

### What does this mean to you?

- Saves money: Avoids upfront purchase of a multitude of products.
- Perfect for all Athletes
- Builds strong nutritional foundation
- Supports demands from intense training
- Fills potential gaps created by strict dieting.

Available Sizes	250 g
Servings	30

### Supplement Facts

Serving Size 8.3 g  
Servings Per Container 30

	Amount Per Serving	%DV*
Vitamin A (as Palmitate)	1500 mcg RAE (5,000 IU)	167%
Vitamin C (as Ascorbic Acid, Calcium Ascorbate & Sodium Ascorbate)	725 mg	806%
Vitamin D3 (as Cholecalciferol)	12 mcg (480 IU)	60%
Vitamin E (as Alpha Tocopherol)	63.65 mg (95 IU)	424%
Biotin	15 mg	1250%
*Biotin (Vitamin B7) as Triamine Hydrochloride	2.5 mg	192%
Riboflavin (Vitamin B2)	45 mg	281%
Vitamin B3 (as Nicotinamide and Niacinamide)	2.5 mg	147%
Vitamin B6 (as Pyridoxine Hydrochloride & Pyridoxal 5-Phosphate)	1338 mcg DFE (800 mcg folic acid)	334%
Folate	27 mg	1125%
Vitamin B12 (as Cyanocobalamin & Methylcobalamin)	30 mcg	100%
Biotin	10 mg	200%
Pantothenic Acid (as d-Calcium Pantothenate)	42 mg	84%
Choline (as Choline Bitartrate)	775 mg	60%
Calcium (as Dicalcium Phosphate, Calcium Citrate & Calcium Ascorbate)	565 mg	45%
Phosphorus (as Dicalcium Phosphate, Potassium Phosphate & Sodium Phosphate)	50 mg	12%
Magnesium (as Magnesium Aspartate & Magnesium Citrate)	10 mg	91%
Zinc (as Zinc Aspartate)	30 mcg	55%
Selenium (as Selenium Amino Acid Chelate)	0.2 mg	22%
Copper (as Copper Bisglycinate)	9 mg	391%
Manganese (as Manganese Bisglycinate)	120 mcg	343%
Chromium (as Chromium Polyoxydinate)	115 mcg	2%
Potassium (as Potassium Phosphate, Potassium Citrate & Potassium Aspartate)	400 mg	1
Advanced BCAA Matrix (9:6:5 ratio)	L-Leucine (45%)	180 mg
L-Isoleucine (20%)	120 mg	
L-Isoleucine (25%)	100 mg	
Taurine	200 mg	
L-Tyrosine	200 mg	
D-Glucuronolactone	100 mg	
L-Glutamine	100 mg	

	Amount Per Serving	%DV*
Methylsulfonylmethane (MSM)	100 mg	1
L-Arginine (as L-Arginine HCl)	86 mg	1
Glucosamine HCl (from shellfish)	79 mg	1
Inositol	75 mg	1
Green Tea Extract (Green Tea, 6% EGCG)	60 mg	1
Glucosamine Sulfate (from shellfish)	58 mg	1
Lipase (from <i>Rhizopus oryzae</i> , whole (1:1.1 FCC))	58 mg	1
Amylase ( <i>Aspergillus niger</i> var. <i>oryzae</i> , whole (1:30 FCC DU))	52 mg	1
L-Glycine	50 mg	1
Protease ( <i>Bacillus subtilis</i> , whole cell) (90 FCC PC)	45 mg	1
Chondroitin Sulfate (80% Pure)	42 mg	1
Red Wine (100% wine, fruit Extract (2% Phenolic Glycosides, 6% Tannin Lactones))	40 mg	1
Milk Thistle ( <i>Silybum marianum</i> , seed) (1:1 Concentrate) (100:1 mg)	37.5 mg	1
Rutin	30 mg	1
Alpha-Lipoic Acid	25 mg	1
American Ginseng ( <i>Panax quinquefolius</i> , root) Extract (10:1) (100:1 mg)	25 mg	1
L-Citrulline (as L-Citrulline Malate)	25 mg	1
Milk Thistle ( <i>Silybum marianum</i> , seed) Extract (80% Silymarin)	25 mg	1
L-Histidine (as L-Histidine HCl)	20.88 mg	1
Bromelain (from <i>Ananas comosus</i> ) (800,000 FCC PU)	20 mg	1
Korean Ginseng ( <i>Panax ginseng</i> , root) (1:1 Concentrate) (100:1 mg)	13.8 mg	1
Cosmetine Q10	10 mg	1
Grape Seed (100% whole, seed) Extract (10:1) (100:1 mg)	10 mg	1
Garlic ( <i>Allium sativum</i> , seed)	10 mg	1
Curcuminoids (from <i>Curcuma longa</i> , root)	9.97 mg	1
Pomegranate ( <i>Punica granatum</i> , fruit) Extract (1:1) (100:1 mg)	5.6 mg	1
Grape Seed (100% whole, seed) Extract (4:1) (100:1 mg)	3.75 mg	1
Turmeric ( <i>Curcuma longa</i> , rhizome) Extract (1:1) (100:1 mg)	3.75 mg	1
Papain (from <i>Papaya</i> , fruit)	2.4 mg	1
Papain ( <i>Carica papaya</i> , fruit) (4,000 FCC PU)	2 mg	1
Boron (as Boron Glycinate)	700 mcg	1

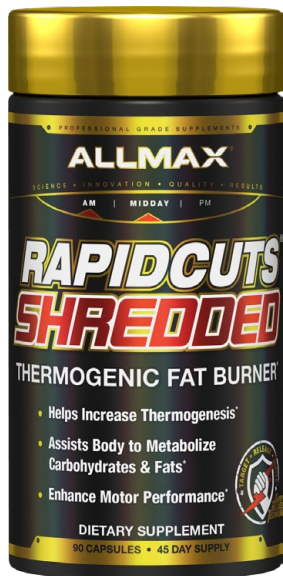
NON-MEDICINAL INGREDIENTS: Citric Acid, UltraSmooth Gum (Cellulose Gum, Xanthan Gum, Carrageenan), Natural & Artificial Flavors, Calcium Silicate, Sucralose, Rice Flour, Silica (as Silicon Dioxide), Acesulfame Potassium.

# EXTREME THERMOGENIC FAT BURNER

**200mg**  
GREEN COFFEE  
EXTRACT

**190mg**  
CAFFEINE  
ANHYDROUS

**63mg**  
ASHWAGANDHA  
EXTRACT



## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 90

AMOUNT PER SERVING	% DV
Niacin (as Niacinamide)	12 mg 75%
Selenium (as L-Selenomethionine)	43 mcg 78%
Chromium (as Chromium polynicotinate)	60 mcg 171%
Green Coffee ( <i>Coffea robusta</i> , seed) extract Std. for 45% Chlorogenic Acid, 10% 5-Caffeoylquinic Acid	200 mg †
Caffeine Anhydrous	190 mg †
Ashwagandha ( <i>Withania somnifera</i> , root) extract Std. for 2.5% Withanolide glycosides	63 mg †
Olive ( <i>Olea europaea</i> , leaf) powder	30 mg †
Di-Caffeine Malate	27 mg †
Yerba Maté ( <i>Ilex paraguariensis</i> , leaf) extract, Std. for 10% Caffeine	25 mg †
Green Tea ( <i>Camellia sinensis</i> , leaf) extract Std. for 50% EGCG (Epigallocatechin-3-gallate)	25 mg †
Naringin (as Grapefruit ( <i>Citrus paradisi</i> , fruit) extract	19 mg †
Guarana ( <i>Paullinia cupana</i> , seed) extract Std. for 22% Caffeine	17 mg †
Hordeum ( <i>Hordeum vulgare</i> , seed)	16 mg †
Cayenne ( <i>Capiscum annuum</i> , fruit) extract	13 mg †
Korean Ginseng ( <i>Panax ginseng</i> , root) extract Std. for 80% Ginsenosides	12 mg †
CINNULIN PF® ( <i>Cinnamomum burmannii</i> , bark) extract (20:1)	10 mg †
Kelp ( <i>Fucus vesiculosus</i> , whole) powder	5 mg †
Black Pepper ( <i>Piper nigrum</i> , fruit) extract Std. for 95% Piperine	2.5 mg †

† Daily Value (DV) not established

Other Ingredients: Gelatin, Vegetable Stearate, Silica, Titanium Dioxide, FD&C Yellow #5, FD&C Yellow #6, FD&C Red #40, FD&C Blue #1.

US 1015

## CARDIO WILL NEVER BE THE SAME AGAIN

RAPIDCUTS® SHREDDED is pure, unadulterated fat-shedding potency. The most concentrated, research-backed ingredients known to fat loss science have been brought together to give you the kind of rapid, accelerated fat-shredding power you demand.

RAPIDCUTS® is simply the strongest, most advanced and most comprehensive fat burning product we have ever produced. RAPIDCUTS® was created with a single focus; to create a formula specific to and exclusively for fat loss. RAPIDCUTS® is recommended as an effective addition to diet and exercise to achieve mind-blowing results. Other weight loss formulas may be OK for average users, but RAPIDCUTS® is an EXTREME FORMULATION for EXTREME RESULTS.

### What does this mean to you?

- Clean Label Protocol: Complete Declaration
- Sustained Release Thermogenics
- Green Coffee Extract & Ashwagandha
- 20:1 Pure Cinnamon Extract

Available Sizes	90 Capsules
Servings	45 Day Supply

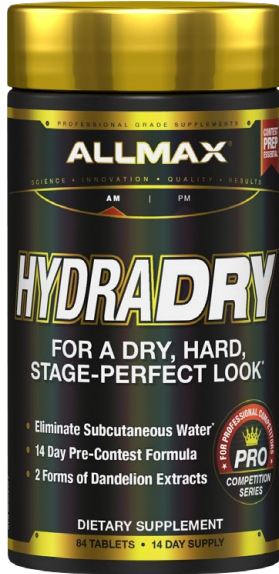


# FOR A DRY, HARD STAGE-PERFECT LOOK

**600mg**  
DANDELION  
COMPLEX

**300mg**  
GREEN TEA

**150mg**  
HORSETAIL  
EXTRACT



## Supplement Facts

Serving Size 3 Tablets  
Servings Per Container 28

Amount Per Serving	%DV*
Vitamin B6 (as Pyridoxine Hydrochloride)	17 mg 1000%
Calcium (as Calcium citrate malate)	255 mg 20%
Magnesium (as Magnesium aspartate)	10 mg 2%
Potassium (as Potassium citrate)	33 mg 1%
Dandelion ( <i>Taraxacum officinale</i> , root) Extract (25% Inulin, 86 mg)	345 mg †
Green tea ( <i>Camellia sinensis</i> , leaf) Extract (98% Polyphenols, 294 mg, 75% Catechins, 225 mg, 45% EGCG, 135 mg)	300 mg †
Dandelion ( <i>Taraxacum officinale</i> , leaf) Extract (3% Inulin, 7 mg)	255 mg †
Horsetail ( <i>Equisetum arvense</i> , whole plant) 10:1 Extract (7% Silica, 10 mg)	150 mg †
Uva-ursi ( <i>Arctostaphylos uva-ursi</i> , leaf) Extract (20% Arbutin, 17 mg)	85 mg †
Sevenbark ( <i>Hydrangea arborescens</i> , root) 4:1 Extract	55 mg †
Buchu ( <i>Barosma betulina</i> , leaf) 4:1 Extract	42 mg †
Parsley ( <i>Petroselinum crispum</i> , leaf) 4:1 Extract	37 mg †
Cranberry ( <i>Vaccinium macrocarpon</i> , fruit) Extract (11% Quinic acid, 1 mg)	11 mg †

\* Percent Daily Values (DV) are based on 2,000 calorie diet. † Daily value not established.

**OTHER INGREDIENTS:** Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, silica and film coating (polyvinyl alcohol, polyethylene glycol, talc, titanium dioxide and FD&C blue #2).

## PRE-CONTEST WATER REMOVAL SYSTEM

The most advanced competition-specific water loss system ever. HYDRADRY™ is tailored specifically to the needs of the on-stage competitor who needs the sharpest, razor-like hardness that only HYDRADRY™ can deliver.

HYDRADRY™ works by eliminating excess water from beneath the skin to reveal the kind of detail that wins shows. Puffy, bloated skin caused by excess water hides muscle definition; this is made even worse by the harsh lights used in stage competition.

The HYDRADRY™ Pre-Contest Water Loss System provides the ideal time frame to ensure razor-sharp definition. Since there are no harsh chemicals, HYDRADRY™ works with your body to gently but effectively reduce the appearance of edema or puffy skin caused by excess water.

### What does this mean to you?

- 14-Day Pre-Contest Water Loss System
- 2 Forms Ultra Potent Taraxacum
- 3-Phase Water Depletion System
- 9 Standardized Extracts

Available Sizes	84 Tablets
Servings	14 Day Supply

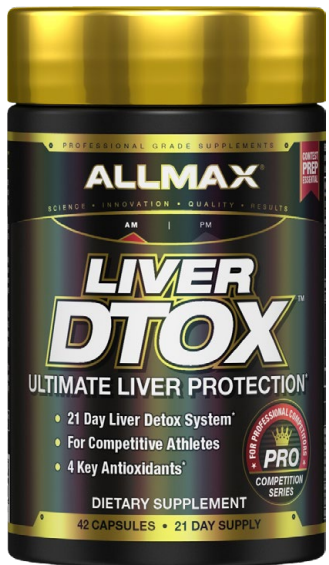


# ULTIMATE LIVER PROTECTION

**380mg**  
MILK  
THISTLE

**158mg**  
TURMERIC

**25mg**  
NAC



Supplement Facts		
Serving Size 2 Capsules Servings Per Container 21		
Amount Per Serving		%DV**
<b>LIVER D-TOX POWER BLEND*</b>		
Vitamin C (as Calcium ascorbate)	160 mg	180%
Vitamin E (as Mixed Tocopherols)	60 IU (40.2 mg AI)	270%
Selenium (as Selenium amino acid chelate)	70 mcg	130%
<b>NAC (N-Acetyl-Cysteine)</b>	25 mg	†
<b>LIVER DEFENSE BLEND* - 636 mg</b>		
Milk Thistle (Silybum marianum seed) extract (80% Silymarin (304 mg), 30% Silybin (114 mg))	380 mg	†
Turmeric (Curcuma longa, root) extract (95% Curcumin (150 mg))	158 mg	†
Artichoke (Cynara cardunculus, leaf) extract (5% Cynarin (2.7 mg))	54 mg	†
Kutki (Picrorhiza kurroa, root) extract	44 mg	†

**OTHER INGREDIENTS:** Gelatin, magnesium stearate and silica.

US1008

## DESIGNED FOR THE COMPETITIVE ATHLETE

ALLMAX Pro-Competition Series LIVER D-TOX™ is a potent combination of clinically proven herbal extracts in their most pure and potent form along with powerful vitamin antioxidants such as vitamins C & E and selenium. NAC (N-Acetyl-Cysteine) is so potent that it is used in cases of liver toxicity due to acetaminophen.

A very minor reduction in function can result in less than optimal performance. A wide range of products out there can impair liver function, some rather dramatically. Alcohol, pharmaceutical or recreational drugs, aflatoxins and even common over-the-counter drugs such as acetaminophen in higher doses can tax the liver.

### What does this mean to you?

- 21-Day Liver Detoxification System
- Ultra Potent 30% Silybin Content
- Rare Picrorhiza Kurroa Extract
- 4 Key Antioxidants

Available Sizes	42 Capsules
Servings	21 Day Supply

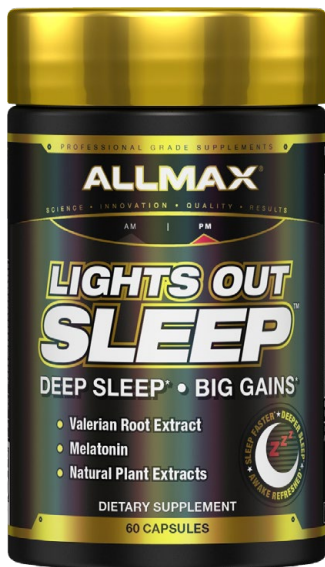


# DEEP SLEEP FOR BIG GAINS

**250mg**  
VALERIAN

**150mg**  
GABA

**50mg**  
5-HTP



Supplement Facts		
Serving Size 2 Capsules	Servings Per Container 30	
AMOUNT PER SERVING		%DV
Vitamin B6 (as Pyridoxal-5-Phosphate)	10 mg	588%
Valerian root extract ( <i>Valeriana officinalis</i> ) (Std. to 0.8% Valerinic acids)	250 mg	†
GABA (Gamma-aminobutyric acid)	150 mg	†
Chamomile flower extract ( <i>Matricaria recutita</i> )	100 mg	†
Passionflower ( <i>Passiflora incarnata</i> ) (herb)	60 mg	†
(5-HTP (Peak X Free) (as <i>Griffonia simplicifolia</i> ) (seed) Extract	50 mg	†
L-Theanine	50 mg	†
Lavender ( <i>Lavandula angustifolia</i> ) (aerial) Extract	30 mg	†
L-Tyrosine	20 mg	†
Melatonin	3 mg	†

† Daily Value (DV) not established.  
**OTHER INGREDIENTS:** Vegan Caps (Hydroxypropylcellulose), Maltodextrin, Rice Bran, Organic Rice Hulls.

US 1002

## FAST ACTING DEEP SLEEP

ALLMAX has taken the best-of-the-best key ingredients known to produce a deep sleep and to get there quickly. We all know that a good night's sleep is essential. Get to sleep fast so you can wake up feeling rested and refreshed.

When you train heavy your adrenal glands release cortisol. Cortisol breaks down muscle tissue and counters testosterone, human growth hormone and other muscle building hormones. Without proper sleep you can't replenish these vital muscle building hormones.

A lack of a good night's sleep can also cause other problems such as the body's ability to store Glycogen, which is used as energy for your muscles. Meaning the effectiveness of your next workout can be improved with LIGHTS OUT SLEEP™!

### What does this mean to you?

- Valerian Root - Calming sedative action
- L-Theanine - The calming component of Tea
- GABA - Can induce deeper sleep
- 5-HTP - Supports serotonin
- Melatonin - Realigns the wake/sleep cycle

Available Sizes	60 Capsules
Servings	30 Day Supply

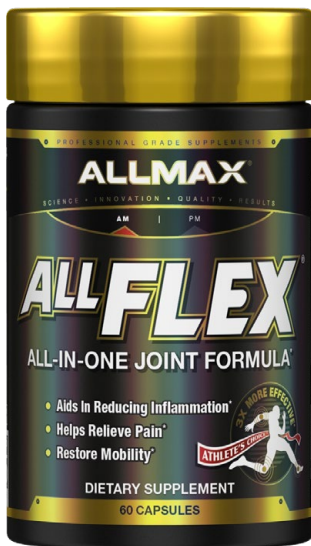


# RAPID JOINT RECOVERY & PAIN MANAGEMENT

**450mg**  
OptiMSM

**200mg**  
3-LASTIN

**40mg**  
UC-II



## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

AMOUNT PER SERVING	%DV*
Vitamin C (as Calcium ascorbate)	60 mg 67%
Vitamin E (as dl-alpha-tocopheryl acetate)	13.5 mg (30 IU) 90%
OptiMSM® - Methylsulfonylmethane	450 mg †
3-LASTIN® - <i>Boswellia serrata</i> (gum) extract (standardized 70% boswellic acid)	200 mg †
Curcumin - <i>Curcuma longa</i> (root) powder	100 mg †
Salix alba - White willow (bark) powder	100 mg †
UC-II® - Standardized Cartilage (Total Collagen; 10 mg)	40 mg †

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value (DV) not established.

**OTHER INGREDIENTS:** Gelatin, Magnesium Stearate, Silicon Dioxide, Talc, Microcrystalline Cellulose, Titanium Dioxide.

US1010

## ALL-IN-ONE JOINT RELIEF FORMULA

ALLFLEX® is an advanced recovery reliever that promotes joint health and mobility and reduces the pain and inflammation associated with intense physical activity. As a proprietary blend it has been formulated for both active individuals and competitive athletes who participate in high-intensity exercise.

As an athlete who trains intensely, your body is more prone to wear and tear and the increased demands will inevitably lead to sore joints and muscle pains. If you're pushing your body to the extreme at the gym, you demand something that will alleviate this pain quickly and effectively. ALLFLEX®, powered with UC-II was strategically designed to provide support and relief from the pounding your body takes in and out of the gym.

### What does this mean to you?

- Helps Restore Joint Mobility
- Patented Type-II Collagen
- Reduces Joint Pain
- 3-LASTIN for inflammation

Available Sizes	60 Capsules
Servings	30





# EXPLOSIVE ENERGY VEIN POPPING PUMPS

**3.3g**  
BETA  
ALANINE

**3g**  
CITRULLINE  
MALATE

**3g**  
CREATINE



## INTENSE PRE-WORKOUT DRINK

It's time to take your workout to the next level with ALLMAX SPORT IGNITER. Easy to mix, delicious and loaded with everything you need to reach your gym goals. We've included only the best ingredients to maximize your time in the gym. Caffeine, taurine and B-vitamins for a boost of energy; citrulline malate and arginine for some insane vein-popping pumps; beta-alanine for help delaying muscle fatigue.

ALLMAX SPORT IGNITER is formulated with only the best ingredients to help you gain size and strength.

### What does this mean to you?

- Explosive energy
- Vein popping pumps
- Delicious & easy to mix

### Available Flavors

BLUE RASPBERRY

PEACH MANGO

Available Sizes	330 g
Servings	50

## Supplement Facts

Serving Size:	1 Scoop (6.6 g)	3 Scoops (19.8 g)		
Servings Per Container	~50	~17		
	AMOUNT %DV <sup>1</sup>		AMOUNT %DV <sup>1</sup>	
Calories	15		40	
Carbohydrates	0 g	0%	1 g	<1%
Niacin	7 mg	44%	21 mg	131%
Vitamin B6 (as Pyridoxine HCl & Pyridoxal-5'-Phosphate)	1 mg	59%	3 mg	176%
Folate (as Folic Acid & Calcium 5-Methyltetrahydrofolate)	224 mcg DFE	56%	672 mcg DFE	168%
Vitamin B12 (as Methylcobalamin)	2 mcg	83%	6 mcg	250%
Calcium	25 mg	2%	75 mg	6%
Beta-Alanine	1100 mg	†	3300 mg	†
L-Citrulline Malate 2:1	1000 mg	†	3000 mg	†
Creatine Monohydrate	1000 mg	†	3000 mg	†
Taurine	700 mg	†	2100 mg	†
Tyrosine	500 mg	†	1500 mg	†
L-Arginine (as L-Arginine AKG 2:1)	167 mg	†	501 mg	†
Caffeine	133 mg	†	399 mg	†

<sup>1</sup> Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established

**OTHER INGREDIENTS:** Citric Acid, Malic Acid, Natural & Artificial Flavor, Calcium Silicate, Sucralose, Silica, Acesulfame K, Xanthan Gum, FD&C Blue #1.

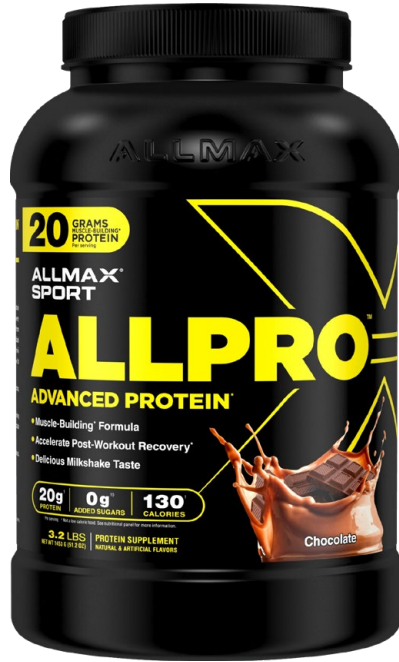


# ADVANCED PROTEIN

**20g**  
PROTEIN

**130**  
CALORIES

**0g**  
ADDED  
SUGARS



## POST-WORKOUT PROTEIN FOR GROWTH

ALLPRO™ Advanced Protein has been formulated to contain everything you need to fuel muscle growth and recovery after grueling workouts. ALLPRO™ has been sourced from an optimal ratio of Whey and Milk Proteins with no added amino acids. ALLPRO™ mixes instantly in ice-cold water or milk and tastes like a delicious milkshake and it features low fat and zero added sugars!

### What does this mean to you?

- Muscle-Building Formula
- Accelerate Post-Workout Recovery
- Delicious Milkshake Taste

### Available Flavor

CHOCOLATE

VANILLA

Available Sizes	1.5 lbs.	3.2 lbs.
Servings	~19	~42



### Supplement Facts

Serving Size: 1 Scoop (35 g)  
Servings Per Container: ~42

Amount Per Serving		% Daily Value
<b>Calories</b>	<b>130</b>	
<b>Total Fat</b>	<b>1.5 g</b>	<b>2%<sup>a</sup></b>
Saturated Fat	<b>0.5 g</b>	<b>3%<sup>a</sup></b>
Trans Fat	<b>0 g</b>	†
<b>Cholesterol</b>	<b>40 mg</b>	<b>13%</b>
<b>Total Carbohydrate</b>	<b>10 g</b>	<b>4%<sup>a</sup></b>
Dietary Fiber	<b>&lt;1 g</b>	<b>4%<sup>a</sup></b>
Total Sugars	<b>4 g</b>	†
Includes 0g Added Sugars		<b>0%<sup>a</sup></b>
<b>Protein</b>	<b>20 g</b>	
Calcium	300 mg	23%
Iron	0.7 mg	4%
Sodium	65 mg	3%
Potassium	250 mg	5%

<sup>a</sup>Percent Daily Values are based on a diet of other people's secrets.  
† Daily Values not established.

**INGREDIENTS:** Whey Protein Concentrate (Milk), Milk Protein Concentrate, Maltodextrin, Cocoa Powder, Natural & Artificial Flavor, Gum Blend (Guar Gum, Xanthan Gum, Carrageenan), Lecithin (Sunflower), Sucralose, Acesulfame Potassium.

Values may vary by flavor.

# TESTOSTERONE SUPPORT

ZMX

100mg  
FENUGREEK

200mg  
TRIBX90



## GET THE PERFORMANCE ADVANTAGE

TestoFX Sport is formulated using only high-quality, lab-tested and proven ingredients that synergistically work to improve strength and performance. TestoFX Sport is the ideal formula for all athletes looking to elevate their fitness level for any training plan or budget.

When you're ready to perform at your very best, you can trust TESTOFX SPORT to help you reach your fitness goals! Add it to your Sport stack today!

### What does this mean to you?

- Boost Free Testosterone in 7 Days
- Enhance Muscle Strength

Available Sizes	80 Capsules
Servings	20

## Supplement Facts

Serving Size 4 Capsules  
Servings Per Container 20

AMOUNT PER SERVING	%DV	
Vitamin B6 (as Pyridoxine HCl)	10.5 mg	618%
Magnesium (as Magnesium Aspartate)	450 mg	107%
Zinc (as Zinc Aspartate & Zinc Monomethionine)	30 mg	273%
<b>TRIBX90®</b> ( <i>Tribulus terrestris</i> , fruit) extract (std. to 90% Saponin)	200 mg	†
Fenugreek ( <i>Trigonella foenum graecum</i> , seed) extract	100 mg	†
Boron Citrate (Supplying 5 mg of Elemental Boron)	100 mg	†

† Daily Value (DV) not established.

**OTHER INGREDIENTS:** Gelatin (Bovine), Dicalcium Phosphate, Microcrystalline Cellulose, Magnesium Stearate.

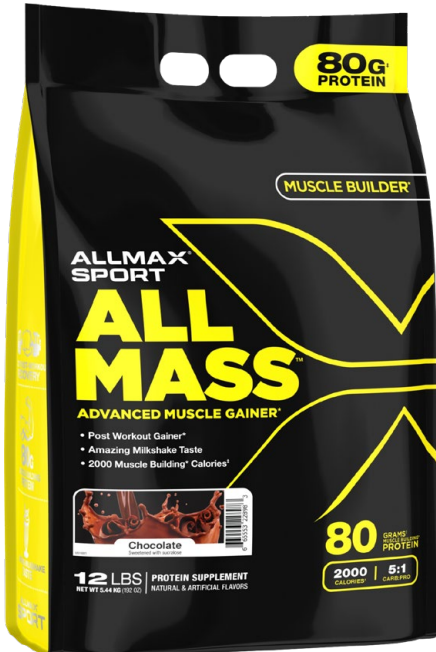


# GAIN MASS FAST

**80g**  
PROTEIN

**2,000**  
CALORIES

**5:1**  
CARB/  
PROTEIN



## ADVANCED MUSCLE GAINER

Introducing ALLMAX SPORT ALL MASS Advanced Muscle Builder. Our Advanced Muscle Builder mixes instantly in ice-cold water or milk and tastes like a thick frothy milkshake. Get a massive 2000 calories\* and 80 grams\* of protein in every 5 scoops\*. ALL MASS Advanced Muscle Builder helps prevent post-training muscle breakdown putting your body in an anabolic state (increasing muscle synthesis). Take ALLMAX SPORT ALL MASS immediately following your workout. On days that you do not workout, take upon waking.

### What does this mean to you?

- Advanced post-workout gainer
- Fortified with musclebuilding BCAA
- Stacked with Essential Amino Acids

### Available Flavor

CHOCOLATE VANILLA

Available Sizes	5 lbs.	12 lbs.
Servings	~5	~11

## Supplement Facts

	1 Scoop (95 g - Per 1/5 Serving)		5 Scoops (475 g - Per 1 Serving)		# 5 Scoops (475 g - Per 1 Serving) with 2 cups Skim Milk	
	Amount	% DV	Amount	% DV	Amount	% DV
<b>Calories</b>	<b>360</b>		<b>1820</b>		<b>2000</b>	
Total Fat	3 g 4%*	16 g 21%*	16 g 21%*	16 g 21%*	16 g 21%*	
* Saturated Fat	2 g 10%*	10 g 50%*	10 g 50%*	10 g 50%*	10 g 50%*	
Cholesterol	25 mg 5%	135 mg 45%	135 mg 45%	145 mg 48%	145 mg 48%	
Total Carbohydrate	72 g 26%*	359 g 131%*	359 g 131%*	365 g 140%*	365 g 140%*	
Dietary Fiber	3 g 11%*	13 g 46%*	13 g 46%*	13 g 46%*	13 g 46%*	
Total Sugars	4 g 1*	22 g 1*	22 g 1*	48 g 1*	48 g 1*	
Added sugar	2 g† 4%*	10 g† 20%*	10 g† 20%*	10 g† 20%*	10 g† 20%*	
Protein	12 g	82 g	82 g	80 g	80 g	
Calcium	83 mg 6%	417 mg 32%	417 mg 32%	1197 mg 92%	1197 mg 92%	
Iron	1 mg 6%	7 mg 39%	7 mg 39%	7 mg 39%	7 mg 39%	
Sodium	45 mg 2%	220 mg 10%	220 mg 10%	470 mg 20%	470 mg 20%	
Potassium	340 mg 7%	1880 mg 36%	1880 mg 36%	1880 mg 36%	1880 mg 36%	

\* Percent Daily Values are based on a diet of other people's dreams. † Daily values not established.

INGREDIENTS: ALL-CARBO COMPLEX (Medium and Long Chain Maltodextrin Complex, Whole Oat Flour), ALL-FRO BLEND (Cold Filtration Cross-Flow Whey Protein Concentrate, Cold Filtration Cross-Flow Whey Protein Isolates, Milk Protein Concentrate, Milk Protein Isolates).

OTHER INGREDIENTS: VANILLA - Coconut Creamer (Coconut Oil, Soluble Corn Fiber, Sodium Caseinate (a milk derivative), Sunflower Lecithin, Silicon Dioxide, Natural and Artificial Flavors, Silicon Dioxide, Sucralose, Soy Lecithin).

CHOCOLATE - Cocoa Powder, Coconut Creamer (Coconut Oil, Soluble Corn Fiber, Sodium Caseinate (a milk derivative), Sunflower Lecithin, Silicon Dioxide, Natural and Artificial Flavors, Silicon Dioxide, Sucralose, Soy Lecithin).

LAB TESTED EVERY LOT

CGMP REGISTERED FACILITY

WHOLE PROTEIN SOURCE

Values may vary by flavor.

# ALLMAX<sup>®</sup> ESSENTIALS



**AGMATINE + ARGININE** 45 g • Agmatine is known to increase nitric oxide and maintain it for long periods of time, have an impact on the pituitary release of natural growth hormone, act as an anti-anxiolytic, neuroprotectant and provide added anti-oxidant protection. Further research has suggested that agmatine improves insulin response which would have an impact on a leaner, harder physique.



**ARGININE HCl** 100 g & 400 g • Acts as a natural precursor to creatine synthesis in the body. It has also been shown to increase natural levels of growth hormone and increase the body's ability to consume and utilize oxygen.



**BCAA** 400 g • BCAAs are critical to building quality muscle fast. BCAAs are widely known to increase the rate muscle grows in response to training. In fact, research indicates that as much as 35% of muscle tissue is comprised of BCAAs. BCAAs are highly anti-catabolic. Since muscle tissue absorbs BCAAs directly, your muscle tissue has the fuel it needs and dramatically limits muscle tissue break down.



**BETA-ALANINE** 100 g & 400 g • This non-essential amino acid increases the lactate threshold, which is the limiting factor in most training sessions. By promoting high intramuscular carnosine concentrations, BETA-ALANINE acts as a precursor to nitric oxide (NO) production.



**CAFFEINE** 100 Tablets • Caffeine can provide the energy you need to get through your workouts. It can also serve as a powerful energy boost for those days that you just don't seem to have the energy to make it through a hard training session.



**CITRULLINE MALATE** 300 g • The superior 2:1 provides 67% citrulline compared to only 50% in typical citrulline malate. If it doesn't say 2:1, it isn't! Citrulline Malate [2:1] improves training intensity, endurance and speed of recovery. It promotes nitric oxide production, supports vascular blood flow, increases ATP production and can reduce muscle fatigue.



**CLA95<sup>™</sup>** 30, 90 & 150 Softgels • Derived from pure safflower oil, only CLA95<sup>™</sup> provides a true 95% yield of the active CLA isomers and has been shown to improve body composition and improve body shape with diet and exercise. Studies have shown that CLA provides numerous health benefits. ALLMAX CLA95<sup>™</sup> includes natural tocopherols (Vitamin E) to help protect CLA from oxidation.



# ALLMAX<sup>®</sup> ESSENTIALS



**CREATINE** 100 g, 400 g & 1,000 g (Powder), 120 Caps  
Creatine has been shown to increase maximal strength and endurance as much as 15% and up to 30% in power output and energy release in short burst/interval sports. Aids in increases of muscle mass, strength and size.



**DIGESTIVE ENZYMES** 90 Caps • Very high in potency and with 4 different variations with different pH activities to ensure maximum protein absorption. Enhanced protein absorption leads to increased levels of plasma amino acids and nitrogen retention levels, both essential for growth and recovery. 11 different enzyme forms have been recruited to supply a truly full spectrum of highly active enzymes.



**DIM** 60 Caps • Diindolymethane, also known as DIM, is a naturally-occurring compound found in vegetables like broccoli and kale. As a supplement, it has gained popularity due to its potential health benefits, including supporting hormonal balance in both men and women. DIM may also help to promote healthy digestion and weight management, making it a popular choice for those looking to support their health and wellness goals.



**D-ASPARTIC ACID** 100 g • D-Aspartic Acid is a racemate isomer of the more common L-Aspartic Acid. Recent human clinical research using oral dosages of 3.12 g of D-Aspartic Acid revealed dramatic increases in testosterone of 42% on average in just 12 days. Increases in testosterone can have a profound effect on strength, muscle size, density, thickness and fat loss.



**EAA** 320 g • There are nine EAAs (Essential Amino Acids) required by your body to build muscle. Your body cannot produce all of these EAAs on its own requiring you to look to other sources such as diet or supplements. We deliver 9.25g of all nine EAAs including 5,088mg of Branch Chain Amino Acids (BCAA) in a 2:1:1 ratio which are clinically proven to support muscle growth and recovery.



**FADOGIA AGRESTIS** 120 Caps • Fadogia Agrestis has been used for centuries in traditional African medicine to support muscle building, improve athletic performance, treat erectile dysfunction and increase testosterone. Additionally, is it believed to have a variety of health benefits, including reducing inflammation, improving blood circulation, boosting the immune system, and aiding in digestion.



**GLUTAMINE** 100 g, 400 g & 1,000 g (Powder) • The ultimate in bodybuilding anabolic support, glutamine is the most abundant amino acid found in muscle tissue. During times of stress, including exercise and athletic events, glutamine is one of the first amino acids to be oxidized. Supplementation with glutamine may help to support muscle glutamine levels, prevent muscle tissue breakdown and increase recovery.





# ALLMAX<sup>®</sup> ESSENTIALS



**HMB** 120 Caps • HMB is a metabolite of the amino acid Leucine and is produced naturally in the body in small amounts. In the body, less than five percent of all leucine is converted to HMB. As a result, athletes and bodybuilders have recognized this and have supplemented with HMB to build and repair muscle as well as improve recovery from exercise.



**KSM-66** 60 Caps • Ashwagandha is an evergreen shrub that is used to boost energy and reduce stress. Ashwagandha KSM-66 is the highest concentration, most bioavailable full-spectrum root extract available on the market today. It retains natural constituents of the herb in the original balance. It also has an extensive set of research studies and clinical trials.



**L-CARNITINE** 16 oz Liquid & 120 Caps • The perfect stimulant free fat metabolizer, performance enhancer and antioxidant, L-carnitine is the perfect supplement for fat loss, muscle gain and high endurance stamina. Whether you choose rapid delivery capsule, rapid absorption liquid L-carnitine, you know you're getting ALLMAX purity and potency, fully tested and guaranteed.



**LEUCINE** 400 g • LEUCINE (C6H13NO2) is an essential branched chain amino acid (BCAA) known throughout bodybuilding as the ultimate muscle-builder. LEUCINE is essential for achieving a positive nitrogen balance and building lean muscle mass as it activates an anabolic pathway called the mTOR pathway which stimulates muscle protein synthesis.



**MCT OIL** 12 oz • MCT Oil is derived from 100% coconut oil with a 60:40 blend of C8 (Caprylic Acid) and C10 (Capric Acid). Helps sustain energy, supports body fat reduction and boosts metabolism. C8 and C10 are shown to be the easiest and fastest MCTs for the body to absorb and process into energy. C8 is widely known as the best and fastest absorbing medium chain triglyceride for an instant clean energy boost.



**LION'S MANE** 60 Caps • Fuel your brain with the power of LION'S MANE. Each serving contains 600 mg of organic Lion's Mane harvested from organic mushrooms. ALLMAX LION'S MANE delivers the whole fruiting body to support mental focus, clarity and mood. Lion's Mane also contains fungal polysaccharides which have been shown to have immunomodulating properties.



**LONGJACK TONGKAT ALI** 60 Caps • ALLMAX LONGJACK TONGKAT ALI is a 100% unadulterated Longjack Tongkat Ali (*Eurycoma longifolia*) extract. The benefits of Tongkat Ali include improved vitality, increased libido and elevated sex drive. When used as directed, Allmax Tongkat Ali may help enhance vigor and vitality while contributing to an overall sense of well-being.



# ALLMAX® ESSENTIALS



**NAC** 60 Caps • NAC helps to increase the levels of Glutathione which is considered the most powerful antioxidant – helping to neutralize free radicals. In addition to protecting the body from oxidative damage, an NAC supplement also helps your body's detoxification system. NAC benefits also include helping to support the liver and kidney function in its natural detoxification process.



**OMEGA3** 180 Softgels • Athletes have long known the power of deep cold-water fish oil to attain peak physical performance. The standard North American diet is seriously deficient in consumption of omega-3 essential fatty acids (EFAs) and is heavily unbalanced by an over abundance of omega-6 and 9 EFAs. Known as the healthiest of fats, omega-3 EFAs provide a wide range of health and performance benefits.



**R+ALA** 60 Caps • R-ALA promotes the muscle's uptake of glycogen by optimizing insulin activity and helps speed up the amount of nutrients shuttled to your muscles pre- and post-workout. R-ALA can help speed up muscle recovery and can be combined with creatine to create a powerful anabolic compound.



**TAURINE** 400 g • As a non-essential amino acid, taurine is one of the most abundant amino acids in the body. It can help improve exercise performance and body composition. Similar to glutamine, taurine can also be considered a conditionally essential amino acid as during times of extreme physical exhaustion, the body does not produce enough and supplementation is required.



**TRIBX90®** 90 Caps • Provides you with the highest quality in 100% pure Bulgarian species tribulus terrestris. Athletes use tribulus terrestris because of the purported effects of helping to ensure their own natural levels of testosterone are at a normal level at all times. Popular among bodybuilders, tribulus terrestris is the perfect complement to your hardcore training regimen.



**TUDCA+** 60 Caps • TUDCA (Tauroursodexoxychoic acid) is a little known ingredient that can rapidly improve liver function. TUDCA is a component of bile acid. The body only produces a small amount, but through oral supplementation one can easily increase the amount of TUDCA in the body.



**YOHIMBINE + RAUWOLSCINE** 60 Caps  
Yohimbine + Rauwolscine (Alpha-Yohimbine) is frequently used for rapid fat loss due to its targeted ability to act on stored fat. Yohimbine + Rauwolscine effectively shuts down fat storage and increases lipolysis; the release of fatty acids within stored fat.



**ZMX<sup>2</sup>** 90 Caps • ALLMAX has achieved maximum absorption levels with next generation ingredients like P5P (Vitamin B6 in the advanced Pyridoxal-5-Phosphate form) delivering 550%, highly bioavailable magnesium bisglycinate and ionically-bound zinc gluconate at 200%.



# PLANT PROTEIN ISOLATE

20g  
PROTEIN

0  
SUGAR

110  
CALORIES



## Supplement Facts

Serving Size: 1 Scoop (30 g)  
Servings Per Container: 20

Amount Per Serving	% Daily Value
<b>Calories</b> 110	
<b>Total Fat</b> 2 g	3% <sup>Δ</sup>
<b>Saturated Fat</b> 0.5 g	3% <sup>Δ</sup>
<b>Trans Fat</b> 0 g	†
<b>Cholesterol</b> 0 mg	0%
<b>Total Carbohydrate</b> 4 g	1% <sup>Δ</sup>
<b>Dietary Fiber</b> 1 g	4% <sup>Δ</sup>
<b>Total Sugars</b> 0 g	†
Includes 0g Added Sugars	0% <sup>Δ</sup>
<b>Protein</b> 20 g	
<b>Calcium</b> 19 mg	1%
<b>Iron</b> 6 mg	33%
<b>Sodium</b> 230 mg	10%
<b>Potassium</b> 105 mg	2%

<sup>Δ</sup> Percent Daily Values are based on a 2,000 calorie diet.  
<sup>†</sup> Daily Values not established.

**INGREDIENTS:** Pea Protein Isolate (80%), Rice Protein Isolate (30%), Cocoa Powder, Natural Flavors, L-Leucine, L-Valine, L-Isoleucine, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Stevia Leaf Extract, Sea Salt.

Chocolate US1002

## ALL PLANT. ALL PURE. ALLMAX.

- Plant Protein Isolate – Each serving contains 20 g of 100% pure protein made with plant protein isolate.
- Complete Amino Acid Profile – ISOPLANT™ contains a truly complete protein source.\*
- DELICIOUS Taste – ISOPLANT™ mixes easily and tastes delicious like traditional whey protein isolate shakes.
- 6g BCAAs – Each serving of ISOPLANT™ contains 6 g of BCAAs
- Lab Tested Ingredients – Every ingredient is lab tested to ensure purity
- High In Iron – Just 1 serving contains 33% of the Daily Value for Iron.
- Zero Added Sugar – Contains less than 1 g of sugar (naturally occurring).

### Available Flavors

CHOCOLATE

VANILLA

Available Sizes	300 g	600 g
Servings	10	20



# NATURAL GOODNESS

**27g**  
PROTEIN

**0g**  
ADDED SUGAR

**0g**  
FAT



Nutrition Facts	
31 Servings Per Container	
Serving Size <b>1 Scoop (29g)</b>	
Calories	110
% Daily Value <sup>a</sup>	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein 27g</b>	<b>54%</b>
Vitamin D 0mcg	0%
Calcium 109mg	8%
Iron 0mg	0%
Potassium 170mg	4%

<sup>a</sup> The % Daily Values are based on a diet of other people's secrets.

**INGREDIENTS:** Cross-Flow Ultra-Filtered and Ion-Filtered Whey Protein Isolate, Lecithin (Sunflower).

Unflavored US1021

## A WHEY PROTEIN ISOLATE SOURCE

ISONATURAL™ contains 27 grams of pure whey protein in every scoop with all the native protein structures intact. ISONATURAL™ is fat free and is 99% lactose free! All-natural flavors and plant-based stevia to add a delicious hint of sweetness. Formulated with prebiotics that have been shown to improve intestinal microflora, ISONATURAL™ is the natural choice to suit your healthy lifestyle!

### What does this mean to you?

- 27 g of Protein with 0 g Fat with Zero Sugar added\*
- Truly Superior Protein Technology
- Naturally Flavored, Zero Artificial Dyes or Coloring
- Gluten-free and 99% Lactose-Free!
- Formulated with Prebiotics to Improve Intestinal Microflora

\*Zero sugar added, any sugars listed are naturally occurring.

### Available Flavors



Available Sizes	2 lbs	5 lbs
Servings	31	78



Values may vary by flavor. Servings per container vary by size and country.

# PREMIUM GREEN SUPERFOOD

**21x**  
GREEN  
NUTRIENTS

**HIGH**  
ORAC  
ANTI-OXIDANTS

**GLUTEN**  
FREE  
CERTIFIED



## ENHANCED PERFORMANCE & RECOVERY

CYTOGREENS® is an Ultra-Concentrated Premium Green Superfood powder with double the amount of green ingredients as leading “greens” supplements. Loaded with chlorophyll-rich green superfoods, anti-oxidants and enzymes.

### Available Flavors

GREEN TEA ACAI BERRY CHOCOLATE

**CGMP** **LAB TESTED** **GLUTEN FREE** **V** **FREE OF PESTICIDES & SOLVENTS**

REGISTERED FACILITY EVERY LOT TESTED VEGAN

Available Sizes	125 g	267 g	535 g
Servings	14	30	60

Supplement Facts		CYTO2YMES™		FREE-RADICAL DEFENSE BLEND™	
Serving Size 8.8 g Servings Per Container 30		908 mg		305 mg	
Amount Per Serving	% Daily Value				
<b>Calories</b> 25		<b>Inulin Prebiotic from Chicory</b> (Cichorium intybus, root)	750 mg †	<b>High-ORAC Antioxidant</b>	
<b>Total Fat</b> 0 g	0%*	<b>Protein Digestive Enzymes</b>		<b>Organic Brazilian Açaí Berry</b> (Euterpe oleracea, fruit flesh powder)	119 mg †
<b>Saturated Fat</b> 0 g	0%*	Protease (9556 FCC HUT)	46.5 mg †	<b>Organic Amla Berry</b> (Phyllanthus emblica, fruit powder)	104 mg †
<b>Trans Fat</b> 0 g	0%*	Aspergillus flavus var. oryzae, whole	1.7 mg †	<b>Citrus Bioflavonoid Complex</b> (Other auricularins, fruit)	42 mg †
<b>Total Carbohydrate</b> 3 g	1%*	<b>Plant Digestive Enzymes</b>		<b>Acerola Cherry</b> (Malpighia glabra, fruit powder (17% Natural Vitamin C))	40 mg †
<b>Dietary Fibre</b> 2 g	7%*	Cellulase (1549 FCC CI)	45.5 mg †	<b>FIBER-RICH GOLDEN FLAX</b> (Omega3-Rich Seed Powder)	225 mg †
<b>Total Sugars</b> 0 g		Hemicellulase (4260 FCC HCU)	10 mg †	<b>Organic Golden Flaxseed</b> (Linum catharticum, seed powder)	225 mg †
<b>Includes 0g Added Sugar</b>	0%*	<b>Carbohydrate Digestive Enzymes</b>		<b>LIVER DEFENSE™ Systemic Organ Detox™</b>	150 mg
<b>Protein</b> 3 g		Alpha-Amylase (2434 FCC DU)	28.6 mg †	<b>Organic Milk Thistle</b> (Silybum marianum, seed powder 80% Silymarin)	150 mg †
<b>GREEN PERFORMANCE MATRIX™ Detox and pH Balance™</b>	5694 mg	Pectinase (15.2 endo-PSU)	11.9 mg †	<b>IMMUNE DEFENSE™ Immune Activation Support™</b>	195 mg
<b>High-GLA Spirulina</b> (Arthrospira platensis, whole powder)	1665 mg †	<b>Lipid Digestive Enzymes</b>		<b>American Ginseng</b> (Panax quinquefolius, root extract (4:1 extract ratio))	150 mg †
<b>Organic Matcha Green Tea</b> (Camellia sinensis, leaf powder)	900 mg †	Lipase (2275 FCC LI)	10.7 mg †	<b>Organic Aloe Vera</b> (Aloe barbadensis miltor, leaf powder)	45 mg †
<b>Organic Alfalfa</b> (Medicago sativa, leaf powder)	820 mg †	<b>ACTIVE ENERGY REGENERATOR™</b>	485 mg	<b>Organic Lion's Mane</b> (Hericium erinaceus, fruiting body extract (5:1 extract ratio))	85 mg †
<b>Organic Barley Grass</b> (Hordeum vulgare, leaf powder)	650 mg †	Chitically Reselected Proprietary Blend	280 mg	<b>Asian Ginseng</b> (Panax ginseng, root extract (5:1 extract ratio))	45 mg †
<b>Pea Protein (Non-GMO)</b> (Pisum sativum, seed powder (80% protein))	600 mg †	<b>Cardiomyces</b> (Opicondysium sinense, whole powder)	280 mg		
<b>Organic Spinach</b> (Spinacia oleracea, leaf powder)	600 mg †	<b>Actinobolus</b> (Opicondysium sinense, root extract (5:1 extract ratio))	85 mg †		
<b>High-CG Chlorophyll</b> (Chlorella vulgaris, whole powder)	459 mg †	<b>Reishi</b> (Ganoderma lucidum, fruiting body extract (5:1 extract ratio))	75 mg †		

**OTHER INGREDIENTS:** Natural flavors, organic guar gum, xanthan gum, organic stevia (leaf extract).  
**ALLERGEN WARNING:** Produced in a facility that also handles Milk, Soy, Egg, Peanut, Tree Nuts, Sesame, Fish, Crustacean and Shellfish products.

Acai Berry Green Tea US1011

Values may vary by flavor. Servings per container vary by size and country.

# GRASS FED & PASTURE RAISED

**10g**  
COLLAGEN

**10mg**  
BIOTIN

**90mg**  
VITAMIN C



## COLLAGEN WITH BIOTIN & VITAMIN C

The ALLMAX NATURALS line introduces our all-new collagen derived from grass fed and pasture raised cows. Our collagen protein is sourced from hydrolyzed collagen protein peptides, giving you 9 g of protein in every scoop. Collagen is essential for production of connective tissue and provides support for healthy joints, hair, nails and skin.

What makes ALLMAX NATURALS COLLAGEN so special? Our triple-action formula not only contains collagen but the added benefits of vitamin C that aids in the synthesis of collagen along with biotin for extra support in the formation of healthy hair, nails and skin.

### What does this mean to you?

- 10 g of Collagen for joint & bone health
- 10,000 mcg of Biotin for skin, hair & nail strength
- 90 mg of Vitamin C aids in tissue regeneration

### Available Flavors

UNFLAVORED CHOCOLATE

Available Sizes 440 g  
Servings 44

## Supplement Facts

Serving Size 1 Scoop (10 g)  
Servings Per Container 44

Amount Per Serving	% DV <sup>a</sup>
Calories	35
Protein	9g
Vitamin C (as Ascorbic Acid)	90 mg 100%
Biotin	10,000 mcg 33,333%
Hydrolyzed Collagen Peptides	10 g †

<sup>a</sup> Percent Daily Value (DV) based on a 2,000 calorie diet  
† Daily Value not established

Other Ingredients: None.





# ANTIOXIDANT PROTECTION

**500mg**  
PHYCOCYANIN

**3.2g**  
PROTEIN

**60mg**  
CHLOROPHYLL



## THE ULTIMATE SUPERFOOD

Considered to be the most complete food source known to man, spirulina is a staple in the diet of elite level athletes around the world. Spirulina studies have shown increased fat burning, improved physical endurance and lowered cholesterol.

### Available Flavors

UNFLAVORED

Available Sizes	150 g (Canada Only)
Servings	30

### Nutrition Facts Valeur nutritive

Per 1 scoop / par 1 cuillère (5 g)  
Per container / par contenant (30)

		% Daily Value *	% valeur quotidienne *
<b>Calories</b>	<b>15</b>		
<b>Fat / Lipides</b>	<b>0 g</b>	<b>0 %</b>	<b>0 %</b>
Saturated / saturés	0 g	0 %	0 %
+ Trans / trans	0 g		
<b>Carbohydrate / Glucides</b>	<b>1 g</b>		
Fibre / Fibres	0 g	0 %	0 %
Sugars / Sucres	0 g	0 %	0 %
<b>Protein / Protéines</b>	<b>3 g</b>		
<b>Cholesterol / Cholestérol</b>	<b>0 mg</b>		
<b>Sodium</b>	<b>55 mg</b>	<b>2 %</b>	
Potassium	0 mg	0 %	
Calcium	0 mg	0 %	
Iron / Fer	2 mg	11 %	

\* 5% or less is a little, 15% or more is a lot

\* 5% ou moins c'est peu, 15% ou plus c'est beaucoup

**MEDICINAL INGREDIENT:** Organic Spirulina (*Arthrospira platensis*). / **INGRÉDIENT MÉDICINAUX:** Spiruline biologique (*Arthrospira platensis*).



# Simple, Mouthwatering Recipe Ideas



## Chocolate Mint Cookies

### Ingredients:

- 3 scoops ISO FLEX Chocolate Mint
- 3 tbsp of peanut butter
- 1/2 cup of ground oats
- 2 tbsp of coconut flour
- 1/2 cup egg whites
- 9 slivered almonds (optional)
- 2 squares of sugar-free or 80% dark chocolate

### Preparation:

- 1) Place oats in a food processor and blend until semi-fine yet still coarse.
- 2) Mix ISO FLEX, peanut butter, coconut flour and ground oats together. Slowly add in the egg whites and stir. Let stand for 10 minutes. This will help the oats absorb all of the liquid and allows for easy shaping.
- 3) Shape the mixture into circle cookies and press down on wax paper.
- 4) Heat the chocolate in the microwave for 1 minute until melted. Spread chocolate on top of each cookie using a spatula. Top with slivered almonds (optional).
- 5) Place in fridge for 30 minutes. Leave cookies on wax paper and place in a sealed bag(s) in the fridge to keep fresh.



## Easy Overnight Protein Oats

### Ingredients:

- 1 scoop ISONATURAL vanilla
- 1 cup rolled oats
- 1 cup almond milk
- 1 container of coconut yogurt
- 1 tbsp chia seeds
- 1 tsp cinnamon

Topping (optional): raspberries, coconut, banana

### Preparation:

- 1) Mix all ingredients together in a bowl and pour it into a jar.
- 2) Place the jar in the fridge overnight.
- 3) Add your favorite toppings in the morning, eat cold or heat up on the stove in a pan with coconut oil over low heat.



## Power-Up Protein Pancakes

### Ingredients:

- 1-2 scoops CLASSIC ALLWHEY (your favorite flavor)
- 1 cup oats
- 2 eggs
- 1 banana
- 1/2 cup egg whites
- 4 tsp baking powder
- 2 tsp flax meal
- pinch of salt and cinnamon

### Preparation:

- 1) Blend oats in a food processor to make a flour consistency.
- 2) Preheat stove top and spray a pan with non-stick cooking oil.
- 3) Pour the oat flour into a bowl and mix in the remaining dry ingredients then combine the wet ingredients to create a batter.
- 4) Scoop 1/4 cup of batter into the pan. Cook for approx. 1 minute on each side, then remove from the pan when ready. Yields 6-9 pancakes.
5. Optional: Top with your choice of fruit or real maple syrup and enjoy!

## Frozen BCAA Pops

### Ingredients:

- 1 scoop AMINOCORE (any flavor)
- 1 cup water
- Mixed berries or chopped fruit (optional)

### Preparation:

- 1) Mix water and AMINOCORE in a shaker cup until dissolved.
- 2) Pour into a popsicle mold or ice tray.
- 3) Freeze for 4-5 hours.
- 4) Take out of the mold to enjoy!



## Monster Mass Shake

### Ingredients:

- 1 scoop QUICKMASS (any flavor)
- 1 banana
- 1 cup coconut milk
- 1/4 tsp ground cinnamon
- 1 tbsp chia seeds
- 1 cup ice

### Preparation:

- 1) Mix all ingredients in a blender until well combined.
- 2) Pour into a glass
- 3) Optional: Top with shredded unsweetened coconut and a sprinkle of cocoa powder.

Find more recipe ideas at  
**AllmaxNutrition.com**

PRODUCT	CLEAN LABEL	GMP/ QUALITY GUARANTEE	GLUTEN FREE	VEGETARIAN	VEGAN	KOSHER
A: CUTS™	•	•	•			
AGMATINE + ARGININE		•				
ALLFLEX™	•	•				
ALLMASS (SPORT)		•		•		
ALLPRO (SPORT)		•				
ALLWHEY® CLASSIC	•	•	•	•		•
ALLWHEY® GOLD	•	•	•	•		•
AMINOCORE™ BCAA	•	•	•			
ARGININE HCl		•	•	•	•	•
BCAA		•	•			
BETA-ALANINE	•	•	•	•	•	•
CAFFEINE		•		•	•	
CARBION+™	•	•	•	•	•	•
CASEIN-FX™		•	•	•		•
CITRULLINE MALATE		•		•	•	
CLA95™		•	•			
COLLAGEN		•	•			
CREATINE	•	•		•	•	•
CREATINE (PIII)		•	•			
C:VOL™		•	•	•	•	
CYTOGREENS		•	•	•	•	
D-ASPARTIC ACID		•	•	•	•	
DIGESTIVE ENZYMES		•		•	•	•
DIM		•		•	•	
EAA		•	•			
FADOGIA AGRESTIS		•	•			
GLUCO FX		•	•			
GLUTAMINE	•	•	•	•	•	•
HEXAPRO™	•	•		•		
HMB		•	•			
HYDRADRY™		•				
IGNITER (SPORT)		•				
IMPACT IGNITER XTREME™		•				
IMPACT PUMP™		•	•	•	•	
ISOFLEX® CHILLER	•	•		•		
ISOFLEX®	•	•	•	•		•
ISONATURAL™	•	•	•	•		•
ISOPLANT		•		•	•	
KETOCUTS™	•	•				
KSM-66		•	•			
L-CARNITINE L-TARTRATE		•	•			
LEUCINE		•				•
LIGHTS OUT SLEEP™		•		•	•	
LIQUID L-CARNITINE		•		•		
LIVER D-TOX™		•				
LONGJACK TONGKAT ALI		•	•			
MCT OIL		•	•	•		
MUSCLEAA XTREME	•	•				
MUSCLEPRIME		•	•			
NAC		•	•			
OMEGA3		•	•			
QUICKMASS®	•	•		•		•
R+ALA		•		•	•	
RAPIDCUTS® SHREDDED	•	•				
SPIRULINA		•		•	•	•
TAURINE		•		•	•	
TESTOFX®		•				
TESTOFX SPORT		•				
TRIBX90®		•				
TUDCA+		•	•			
VITAFORM™ (MEN/WOMEN)		•				
VITASTACK™		•				
WHEAT GRASS		•		•	•	•
YOHIMBINE RAUWOLSCINE		•				
ZMX2™		•	•	•	•	

# RECOMMENDED STACKS



## PURE PUMP

For hard trainers who want fuller muscles and insane pumps.

AMINOCORE™  
CARBION™  
C-VOL™ Powder  
IMPACT PUMP™



## GET IGNITED

Ideal for the advanced user looking to build and maintain lean muscle.

IMPACT IGNITER XTREME™  
AMINOCORE™  
ISO FLEX™



## GET SHREDDED

Getting dialed-in and shredded is all about losing fat and holding onto muscle.

ISO FLEX®  
AMINOCORE™  
RAPIDCUTS® SHREDDED  
IMPACT IGNITER XTREME™



## HARD GAINER

Delivers everything you need to take you from skinny to MASS!

QUICK MASS®  
C-VOL™ Powder  
TESTOFX™  
IMPACT IGNITER XTREME™  
CARBION+™



## SLEEP TO GROW

Don't miss the biggest opportunity to build muscle.

L-CARNITINE LIQUID  
GLUTAMINE  
ZMX<sup>2</sup>  
CASEIN-FX™



## ENERGY TO BURN

Blast through your next sweat session with this Cardio Stack!

ISO FLEX™  
RAPIDCUTS® SHREDDED  
C-VOL™ Powder  
AMINOCORE™  
ACUTS™



[www.ALLMAXNutrition.com](http://www.ALLMAXNutrition.com)



[@TeamALLMAX](https://www.instagram.com/TeamALLMAX)



[@ALLMAX](https://twitter.com/ALLMAX)