## Bublet Co

## Essentials for all Occasions

## Shops, coffee, indoor activities

-3 or 4 Nappies
-Wet Wipes
-Nappy rash cream
-Change mat

-Burp cloths and/or Face washers x2 (wiping spills and accidents)
-Muslin Wraps (swaddling, covering up pram)

-Change of baby clothes (consider warm clothes if there will be a cold airconditioner

-Dummy x2 (if using)

-If breastfeeding- breast pads, nipple cream and nipple shields
-If formula feeding, bottles with boiled water and formula container

(no need to take the large tub- handy pre-measured
dispensers available in most baby supply stores)

-If baby on solids- Food, snacks, spoon, and sippy cup with water, as well as bibs x2

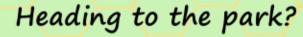
Small reusable and/or plastic bags (for soiled nappies or clothes)

-Hand Sanitiser

-Water bottle for mum

-Phone, wallet, lip balm, keys e/under pram- Blanket and stroller clip

-Inside/under pram- Blanket and stroller clips, and a couple of toys/comforters



-Hat
-Sensitive or baby sunscreen
-Insect repellant
-Sunglasses (If using)
Under the pram- picnic blanket, and
if there's still room, perhaps a small cushion
for yourself to sit on to take pressure
off your lower back!

## Heading to the beach?

-Hat
-Sensitive or baby sunscreen
-Swimmers
-Sunglasses (If using)
Under pram- Some towels and shade for baby if no trees



