

### RESULTS ON A CLINICAL STUDY ON GAIAME HYDRASKIN TREATMENT

#### Skin care results from an oral supplementation with a patented active ingredient Lipowheat™

- Amongst nutriments, vitamins and polyphenols present in various plants, some specific lipids play an important biological role in skin physiology and hydration. LipWowheat™ in Hydraskin is part of them.
- Lipowheat™ administered to 350mg/day stimulate the biosynthesis of collagen and ceramides in order to restore hydration and collagen fibers.
- Gaiame Hydraskin in & out beauty treatment is made by Lipowheat™ with organic oils, good for your health your mind and your body (high in essential fatty acids including omega 3).
- Lipowheat™ extraction process and the applications in cosmetics, dietary supplements and functional foods, have been subjects of two patents, a French one and a world one.

### I. CLINICAL STUDY

#### • PROTOCOL

Trial type : Double blind placebo-controlled study

Timing : 3 months treatment

Dosage : 350mg / day

Subject : Women from 25 to 60.

#### • RESULTS

##### Synthesis :

Lipowheat™ was significantly more efficient than placebo on

1. skin hydration - from 4 weeks with corneometry.
2. wrinkle reduction - from 8 weeks with Lempere scale.
3. skin radiance, roughness and dryness -from 8 weeks - dermatological scoring.
4. subjects reported Lipowheat™ as more efficient than placebo - self-assessment.

Moreover, long lasting effects were measured 4 and 8 weeks after the end of the supplementation.

Lipowheat™ was very well tolerated - No drop out, no adverse effect.

### II. CONCLUSION

This study has demonstrated the statistically significant

- Hydrating effect from 4 weeks
- Visible wrinkle reduction from 8 weeks
- Excellent perception of the effects by the subjects on - hydration, wrinkle, radiance
- Long-lasting effects - results on wrinkles and hydration are still visible and still perceived 8 weeks after the end of the supplementation

### III. REFERENCES

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