

# soothe

Soothe is composed of a unique blend of omega 3-6-7-9 essential fatty acids (EFAs). EFAs may very well be the single most important dietary supplement for promoting optimal health, as they support heart health, normal cholesterol and triglyceride levels, immune system function, brain health, joint mobility, beautiful skin and hair, and a healthy modulation of the inflammatory response.\*

The omega-3 fatty acids in this product are derived from fish oils in their natural triglyceride (TG) form - the same way they naturally occur in fish. Most mass-marketed fish oil supplements come in the ethyl ester (EE) form. Compared to the TG form, the EE form is less expensive and more convenient to produce, but is not as readily recognized, digested and assimilated by the body. In order to receive the maximum benefits from omega-3 fish oil supplementation, it is critical that these fats are provided to the body in the same form that they are found naturally in fish. It is only when consumed in this natural TG form that they are most easily digested and available for the body to use. This TG advantage is especially effective at promoting healthy omega-3 levels in the body.

This unique, synergistic formula provides not only the beneficial omega-3s EPA and DHA, but a blend of other EFAs including gamma linoleic acid, stearidonic acid, and oleic acid for a spectrum of high-quality, health-promoting fatty acids.



#### Recommended Use:

As a dietary supplement, take two softgels per day with meals, or as directed by your health care practitioner.

#### Additional Benefits of Soothe\*

- Lipase – enzyme for enhanced digestion and absorption of fish oils
- Vitamin E (mixed tocopherols) to protect the stability of the fish oils
- Fish oils are molecularly distilled and filtered to ensure purity and to maximize the removal of metals, pesticides, PCBs and other contaminants

#### This omega 3-6-7-9 formulation consists of:

- Omega-3 Fatty Acids
- Eicosapentaenoic Acid (EPA) – beneficial for supporting a healthy brain, balanced emotions, skin health, normal cholesterol levels, and a proper inflammatory response\*
- Docosahexaenoic Acid (DHA) – supports proper brain development and function, visual acuity, maintenance of normal triglyceride levels and blood pressure, eye development and a healthy pregnancy for expectant mothers\*
- Omega-6 Fatty Acids
- Gamma Linolenic Acid (GLA) from the oil of borage seeds – essential for smooth and healthy skin, and female hormonal balance\*
- Omega-7 and Omega-9 Fatty Acids
- Stearidonic Acid and Oleic Acid from organic virgin macadamia nut oil – these oils are touted for their ability to support healthy hair, skin and nails, as well as a healthy immune system and balanced blood sugar levels\*

ageless  
by Dr. Rani

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Consult with your health-care practitioner about your specific circumstances and any questions you may have.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.