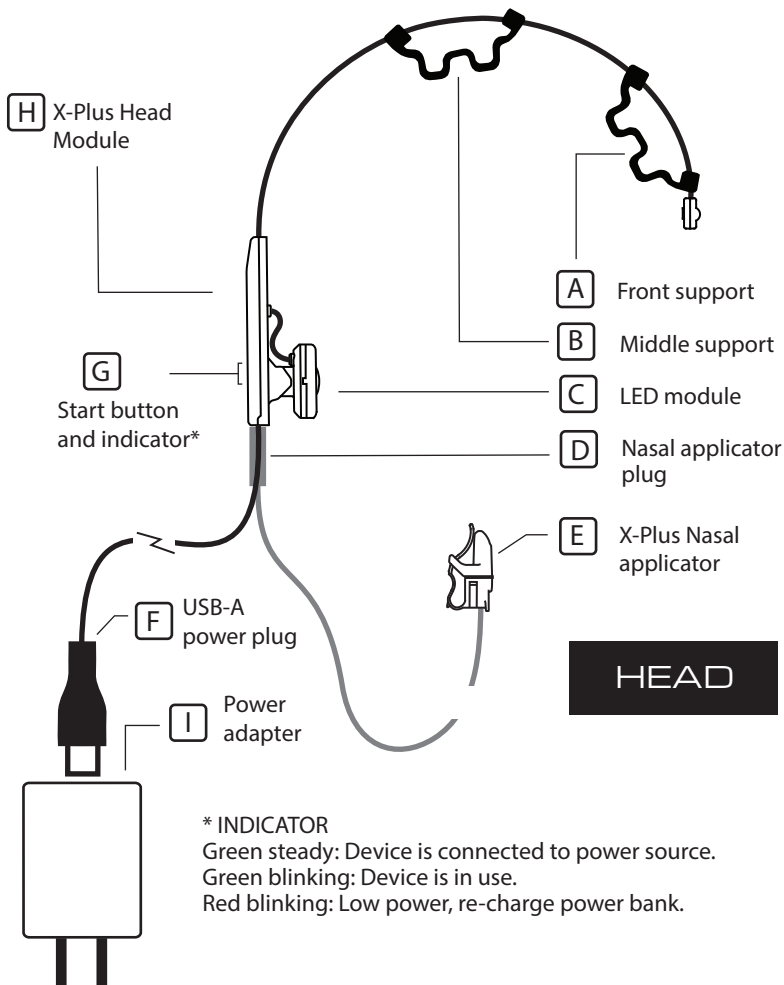


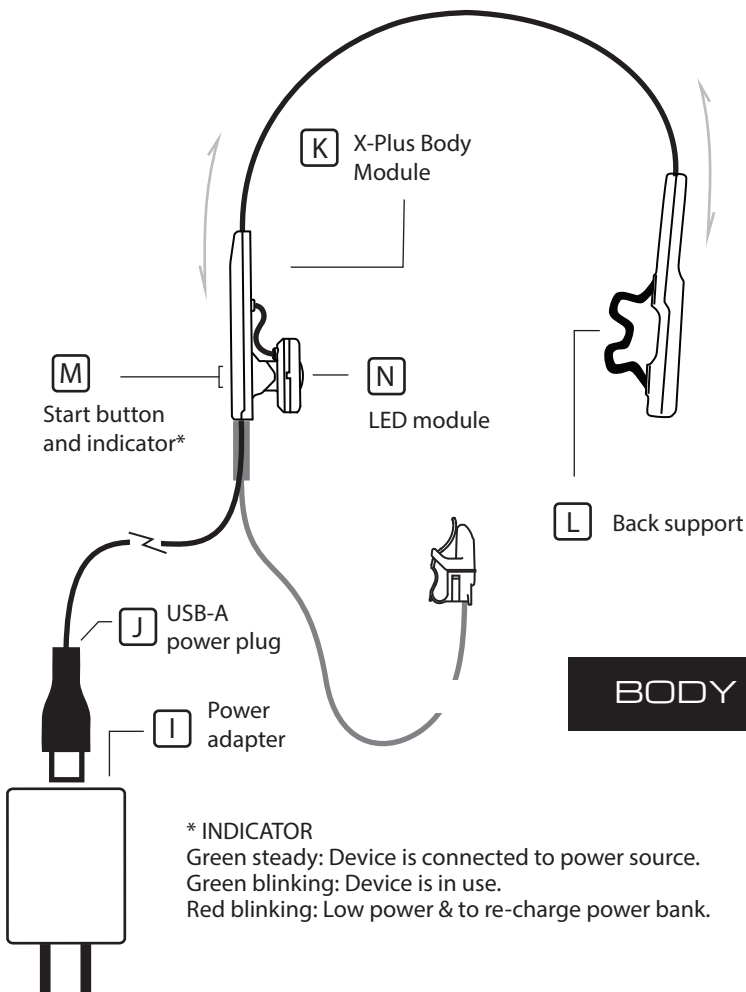
XPLUS

HEAD / BODY

V3

USER GUIDE





USING THE X-PLUS HEAD ON THE CEREBELLUM

- 1 Insert the nasal applicator plug [D] into the socket on the X-Plus Head Module [H]. Connect the power plug [F] to the Vielight power adapter [I]. Connect the power adapter to an electrical outlet.
- 2 Press the start button [G] to begin a session. The unit switches off automatically after about 20 minutes.
- 3 Place the X-Plus head LED module [C] on the head as shown in the diagram below.
- 4 Insert nasal applicator [E] into either the right or the left nostril with the clip on the outside and the lens in the nostril.

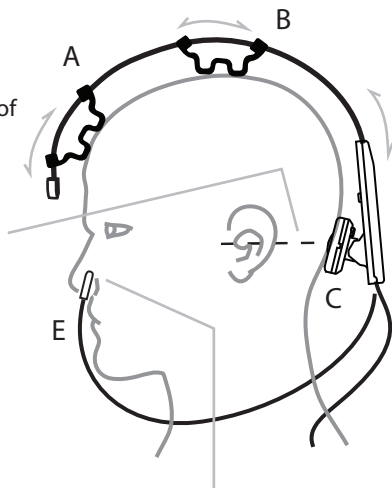
Positioning

The X-Plus can be used on various parts of the body, such as, on the head, thymus gland and gut.

Position the LED module [C] aligned with the middle of the ear.

Adjust the supports [A] and [B] by sliding them along the steel band for best stability/fit.

The length of the band can be shortened or lengthened by pushing or pulling the metal band in or out of the Head module [H].



Insert the X-Plus nasal applicator [E] into either the left or right nostril.

RECOMMENDED USAGE

For cerebellum: Use once every two days.

USING THE X-PLUS BODY ON THE THYMUS OR THE GUT

1

Insert the nasal applicator plug [D] into the socket on the X-Plus Head Module [K]. Connect power plug [J] to the Vielight power adapter [I].

2

Place the X-Plus body LED module [N] on the chest or gut, as shown in the diagram below.

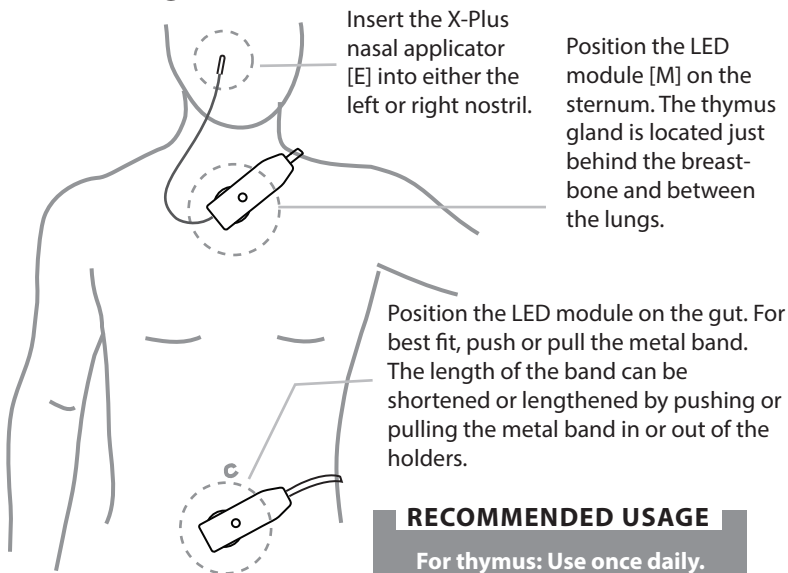
3

Insert the nasal applicator [E] into either the right or the left nostril with the clip on the outside and the lens in the nostril.

4

Press the start button [M] to begin a session. The unit switches off automatically after about 20 minutes.

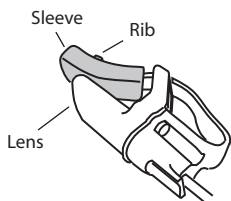
Positioning



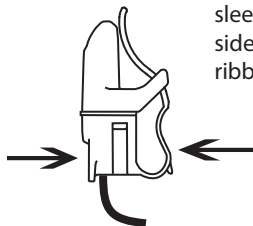
RECOMMENDED USAGE

For thymus: Use once daily.
For gut: Use once daily.

USING THE NASAL APPLICATOR



If the applicator does not stay on the nose, use the blue silicone sleeve. The sleeve has a smooth side and a ribbed side. Use the ribbed side for a stronger grip.



NOTE

When using the Vielight X-Plus, users should not experience any adverse physical sensation. If you experience discomfort, contact Vielight at +1 877 355 8012 (North America), info@vielight.com, or chat at www.vielight.com.

CARE AND CLEANING



1. To clean the Nasal Applicator, wipe gently with 70% alcohol or antiseptic wipes, clean gently with soap and water, or sanitized with a UV lamp.
2. Use a soft, dry cloth to clean the other surfaces. Do not use abrasive cleaners.
3. Do not submerge any of the components on the headset in liquid or cover with other material during use.
4. Store in a dry and dust-free location at temperatures between 10° C to 40° C, away from direct sunlight.
5. We do not recommend sharing devices and nasal applicators as this increases the risk of spreading infectious diseases.

SAFETY ADVICE - LIGHT SOURCE

Nasal applicator



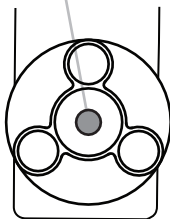
When powered on, a bright red light is emitted.

When powered on, invisible infrared light and a faint red light is emitted from the diodes of the LED module.



Caution: Do not stare at the lights.

LED module



Most people do not experience physical discomfort while using the X-Plus, although some feeling of warmth is expected.

SPECIFICATIONS

LED Specifications:

Light source, LED module: 810 nm LED, 20 mW (for application to head)

Light source, LED module: 810 nm LED, 50 mW (for application to body)

Light source, nasal applicator: 633 nm LED (6.5 mW)

General Specifications:

Treatment duration: Automatic shut-off at 20 +/- 0.1 minutes

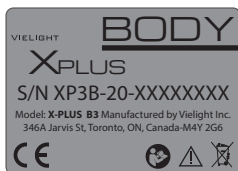
Low power indicator: < 4.2 V

Power adapter: AC Input: 100-240 V, 0.5 A, 50/60 Hz

DC Output: 5 V, 2.0 A



Label for X-Plus Head



Label for X-Plus Body



Read this guide thoroughly before use.



IR emitted from this product may cause eye irritation. Do not stare at operating diodes for an extended amount of time.

WARNING!

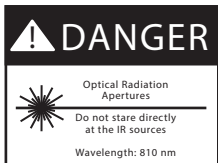


Interference may occur in the vicinity of known radio frequency (RF) transmitting devices and equipment marked with the following symbol.

CAUTION!



Do not drop or physically alter the device or provided components.



Danger: Device emits optical radiation.



Caution: Optical radiation aperture

IR emitted from this device may cause eye irritation. Do not stare directly at the IR sources.



Caution: This device operates using repeated exposure to near infrared radiation (NIR).



Follow the instructions in the user guide.

REF X-Plus



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ON M4Y 2G8
Canada



CISPR 32:2012/
EN 55032:2012
CISPR 24:2012/
EN 55024:2010



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info@vielight.com



LIMITED TWO - YEAR WARRANTY

Your Vielight X-Plus V3 is warranted to be free of defect in material and workmanship under normal use.

This warranty is limited to a period of two years from the purchase date. Within this period, repairs or exchange of parts that are deemed necessary by the company will be made free of charge.

This warranty does not cover damage by the following;

- a. Misuse, abuse or alteration to the product.
- b. Damage caused by accident or neglect.
- c. Service or repairs made by unauthorized persons.

WE SHALL NOT BE RESPONSIBLE FOR ANY INCIDENTAL, SPECIAL, OR
CONSEQUENTIAL DAMAGES RESULTING FROM THE USE OF THIS PRODUCT.


VIELIGHT
The Life Light®