



PRISM LIGHT PAD

Prism Light Pad

User
Manual

Prism Light Pad

Welcome to Prism Light Pad!

Congratulations, you've purchased the industry's most-adaptive, portable and effective whole-body red light therapy pad that is ideal for helping you, your family, and your clients stimulate cellular healing. Our unique, portable pad administering non-invasive natural light waves into the skin penetrating muscles, deep tissues, joints, and the bodies' cells on a molecular level.

The Prism Light Pad delivers 2,200 660nm red and 850nm near-infrared LEDs during each 30-minute session to promote regenerative wellness. Prism Light Pad sessions accelerates the recovery process up to 5 times, without you having to become or hire a red-light therapy/ photobiomodulation expert.

Our Prism Light Pad can aid in:

- Speeds Sports Rehab and Recovery: lessening inflammation from sore muscles, sprains, strains, bone bruises and post-surgical procedures
- Reducing Chronic Pain & Disorders: including auto-immune conditions, neuropathy & fibromyalgia
- Soothing Arthritis and Joint Pains: including Rheumatoid & Osteoarthritis, disc-degeneration
- Reversing effects of ED: improves virility and sex drive
- Skin Conditioning and Anti-Aging: improves and reduces Psoriasis, Acne, Eczema, Dermatitis, scar tissue, and wrinkles by stimulating collagen production
- Weight Loss: lose inches by shrinking unwanted fat cells

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Pad Technical Information

- The Prism Light Pad is modular and portable. It rolls up like a yoga mat for ease of storage and mobility.
- The dimensions are 72 inches by 36 inches.
- Standard 110V power connection with a standard 3-prong connector into a 15-amp outlet for North America included.
- The light pad has a removable plastic cover for easy cleaning and disinfecting and stores easily within the carrying case.
- Power supply supports standard international 220/240V, simply plug in the correct international electrical adapter for global use (adapter not included).



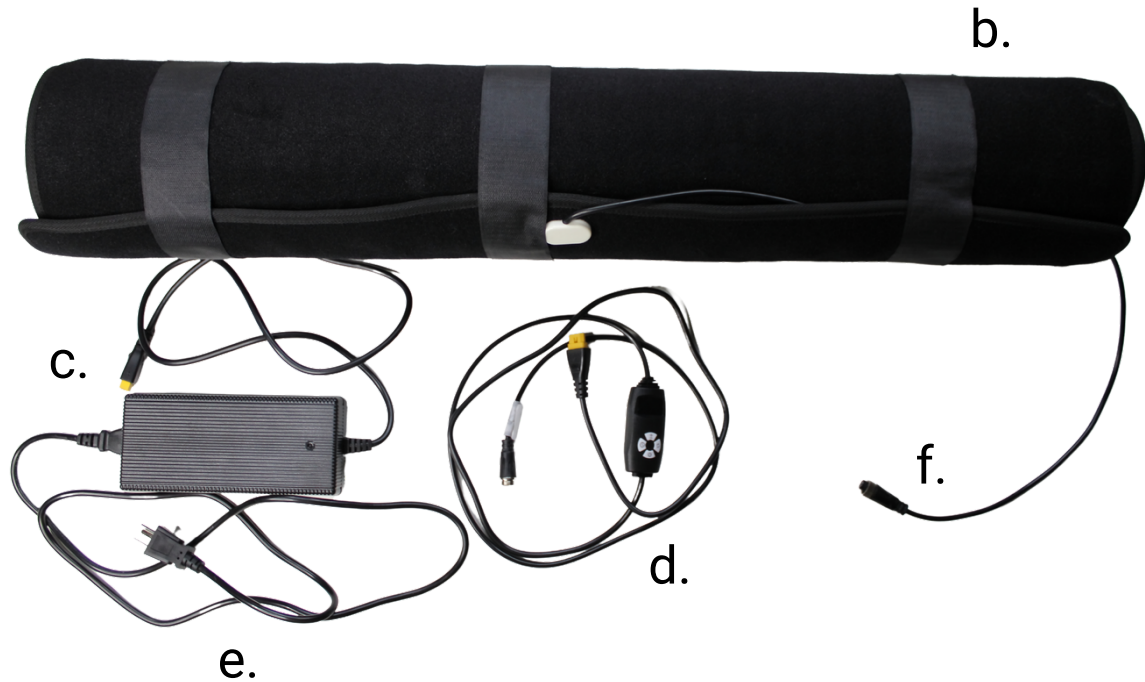
Recommended Use:

Lay on the pad on a flat surface such as your bed or massage table or you can cover your body with the pad for an automated 30-minute session on each side. If you purchase two, it's the most affordable and effective 360 degree whole-body red light pad in the industry. Maximum weight laying on the pad is 220 lbs.

Automated sessions are 30 minutes per side daily or every other day for best results. Pad needs to be turned off for 5-10 minutes in between sessions to cool down for maximum lifespan.

Store the pad in the carrying bag in room temperature

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Set-up

There are six components to the Prism Light Pad

a) Black carrying case with storage compartment for the power supply and cords (not pictured)

b) Prism Light Pad enclosed within the clear plastic wrap

c) 110V/240V universal power supply

d) Controller & cord

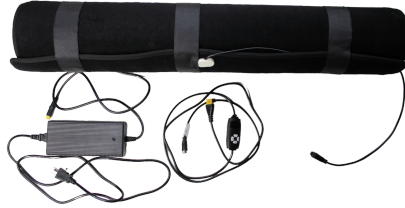
e) Power cord and 3-prong outlet

f) Connector cord from the light pad to the controller

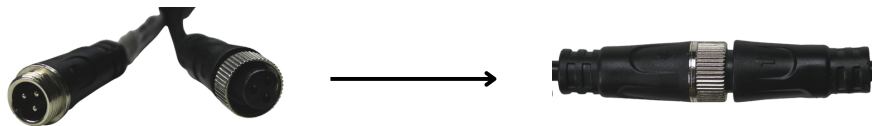
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Assembling The Light Pad

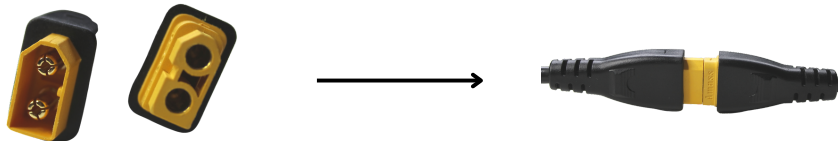
Step 1: Take each of the components out of the carry bag and untie the 3 cords.



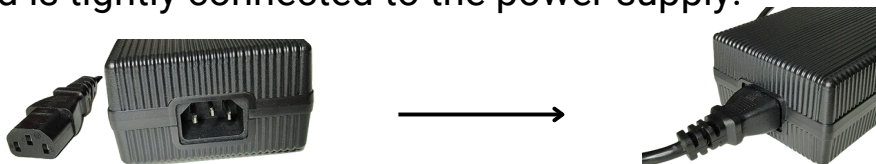
Step 2: Connect the cable from the Prism Light Pad to the console cord by matching the threads and turn the round connector until it is secured firmly (do not overturn the connector ring).



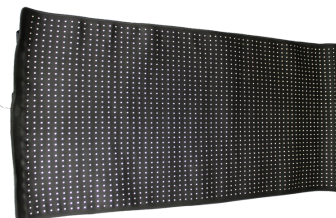
Step 3: Connect the console cord to the cable by matching the orange connectors and gently pushing them together.



Step 4: Firmly push the power cord into power supply. Ensure that the power cord is tightly connected to the power supply.

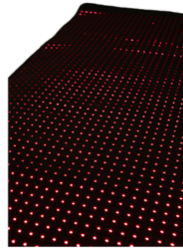


Step 5: Remove the three velcro straps and gently unroll the pad. Do not remove it from the plastic cove. Put the telco strips on the back of the pad, so they are not misplaced when using the pad

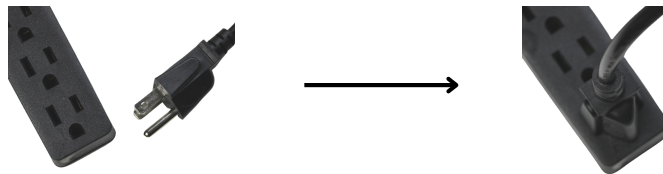


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Step 6: Lay the pad onto your bed or a lounge chair. Ensure it can be fully extended and is not on a hard, solid surface. Pad should be on a flat surface to lay on. Avoid any sharp objects on the pad. Do not bend nor fold the pad. Be careful not to lay on nor stretch the wires and connections, leave plenty of slack. Do not lay on the pad in a chair with sharp angles and handles that may damage the pad and void the warranty



Step 7: Plug in the 3-prong electrical connector into a standard electrical outlet.



Turning The Pad On

- Once plugged in completely the pad should turn on and your set-up is successful!
- The power supply's green light indicator will turn on when it's plugged in properly. If the green light indicator is not on, ensure the power cord connector is pushed tightly into the power supply.
- The controller screen will be illuminated in red indicating "Off". Now you're ready to move on and use your pad!



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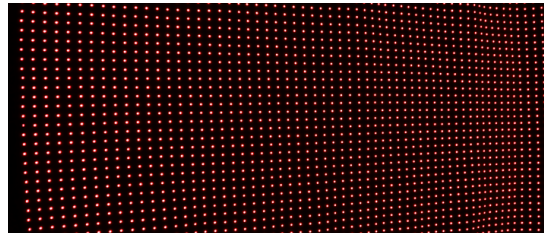
Operational Settings

The Prism Light Pad is fully automated. Both the red 660nm and near infrared 850nm LEDs turn on together. The controller has four buttons: Top, Bottom, Left and Right.



Using The Pad:

Step 1: Turn on the device by clicking the bottom button once. All LEDs should turn on.



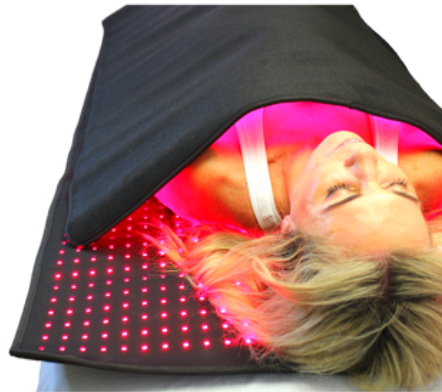
Step 2: Click the left button onto the 30-minute self-timed session. The pad will shut off after 30-minutes. If you do not set the timer, the pad LEDs will stay on indefinitely. We HIGHLY recommend that you use the 30-minute timer.



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Step 3: Place the light pad on top of your body or lay on it on top of a mattress or massage table. DO NOT place the pad on a hard surface floor and lay on it. It will risk damaging the LEDs.

If you lay on top of the pad, consider placing a bedsheet over your body to cover the exposed LEDs. Otherwise, the pad will be very bright, lighting up the room and potentially disturbing others around you.



Step 4: When your 30-minute session is complete, the pad will turn off, and the controller will read "Off". When you are done with your session, wipe down the pad, disinfect the pad with a disinfectant wipe or spray, and simply unplug the power cord, disconnect the cables and controller cords from the pad. Do Not use harsh chemicals to clean the pad cover. Carefully roll-up the pad, reapply the Velcro straps, and place everything easily back into the storage bag.



Placeholder
for Person Carrying Pad Pic

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Contraindications:

While the Prism Light Pad does not use harmful UV Rays, nor infrared heat-based light waves, we do NOT suggest use by pregnant women, nor babies, nor children under the age of 10 years old. Buyers must be 18 years or older, minors need parental consent. If you have health conditions, please consult your physician prior to using the Prism Light Pad. We recommend using the pad 3-4 times a week, daily use is permitted, but not more than one 30 minute session per day. Your body need to digest and process the red light therapy. Please drink lots of water to stay hydrated.

Disclaimer:

Prism Light Pod does not provide medical advice, treatment plans, or guaranteed results. The contents of this manual, Prism Light Pod's site, provided information, and affiliated media is for general informational purposes only. The content and information provided is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Reliance on any information provided by Prism Light Pod is solely at your own risk. Individual medical needs vary, you should not assume that the information concerning certain courses of treatment or outcomes will apply to you. Rather, you should evaluate your medical and wellness needs and make treatment decisions based upon consultation with your physician or wellness and service provider.

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Warranty:

The Prism Light Pad includes a one-year return to factory replacement limited warranty. Each pad has a unique serial number.

For technical support & repair inquiries contact
support@prismlightpod.com



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