

30 cm

Sizing Template



### Directions:

1. **FIRST!** Check the scale below against an actual ruler.

2. Place this on a flat hard surface.

3. Step on the sizing template with your foot centered on the shape.

4. **Determine your size.**

You don't want a lot of room in front of your toes or behind your heel.



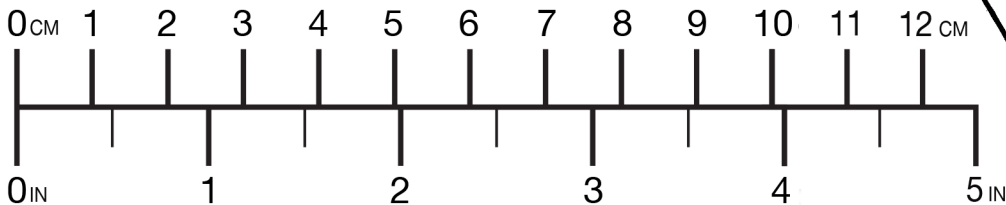
#### Sizing:

- *Snug fit*: allows you to wear your laces looser
- *Loose fit*: requires you to wear your laces tighter

\* Sizing template indicates the tabi insole shape

Print at 100% scale. If this scale doesn't match your ruler re-print this template and be sure to set your computer's printing setup to 100% or 'actual size'. Be sure 'scale to fit' is not selected.

For expert help, take a couple photos of your foot on this template at similar angles as the diagram and email us at:



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