



PROKNEE OA

OSTEOARTHRITIS



INDICATIONS

For osteoarthritis and other knee conditions which may benefit from unloading and/or compression, such as:

- Medial or lateral knee pain
- Early or mild unicompartmental osteoarthritis of the knee
- Symptomatic, unicompartmental meniscus degeneration

KNEE OA TREATMENT GOALS: CONTROL PAIN & DELAY PROGRESSION

Knee OA has commonly been regarded as a condition affecting the elderly. However, it can start developing quite early. Preventive care should be considered at an early stage for individuals who are at risk, and for patients already presenting signs of minor impairment¹.

Various methods can be used in an effort to delay OA progression, such as neuromuscular or proprioceptive training, body weight optimization, education and biomechanical interventions.^{1,2}



DRIVERS OF KNEE OA

INDIVIDUAL RISK FACTORS

- Genetics & gender
- Age
- Inactivity

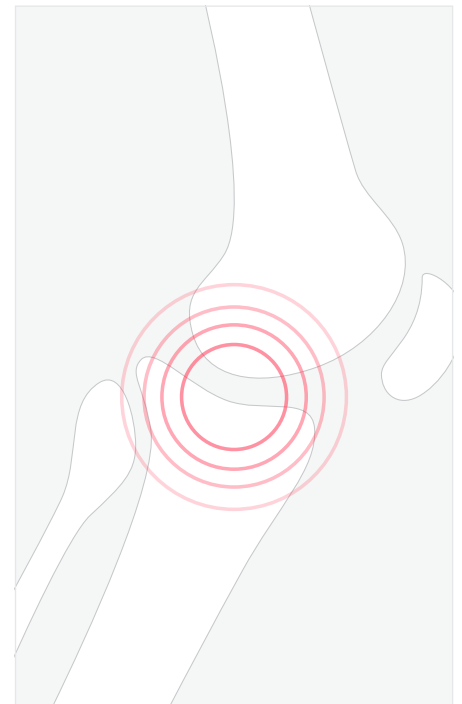
MECHANICAL RISK FACTORS

- Joint loading
- Alignment
- Muscular weakness & Injury

WHO IS AT RISK?

PATIENTS WITH

- Previous trauma
- Impaired muscle function
- Meniscal injury / degeneration
- Obesity



TREATMENT GOALS

- Improve alignment
 - optimize joint load
- Keep patients active without knee pain
 - Strengthen muscles
 - Control body-weight



MAINTAIN ACTIVITY

FORMFIT PRO KNEE OA DESIGNED TO MAINTAIN ACTIVITY



FOLDLOCK
Patented FoldLock™ System

- Fold Edge
- Grip Pattern
- Pull Loop

COOLVENT
CoolVent™ Technology
Superior breathability

STAYBILIZER
Sports compatible EVA upright⁴
Integrated into sleeve

MOTIONTECH
3D Knitted Sleeve Design

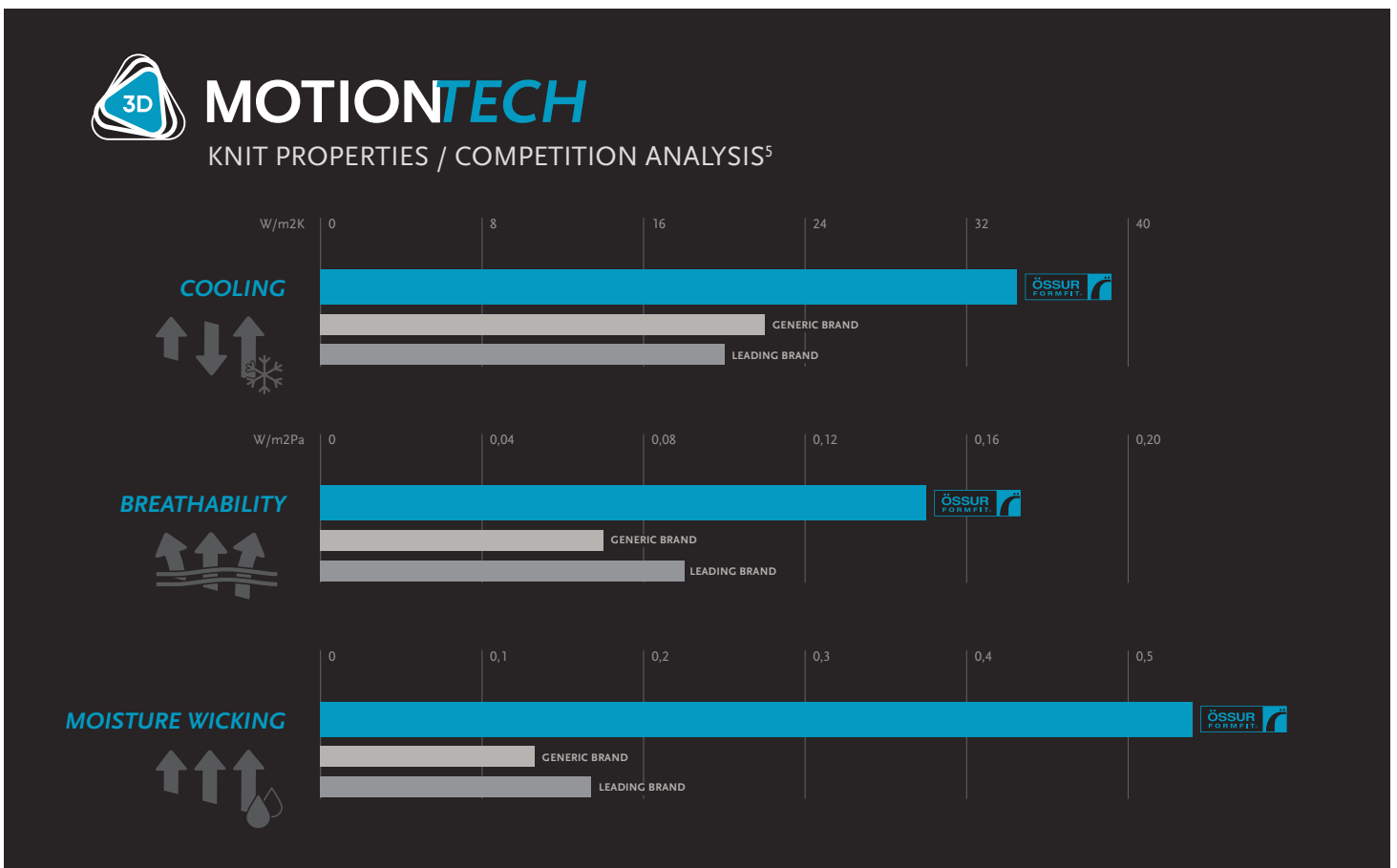
**CERTIFIED MEDICAL GRADE
COMPRESSION** 20-30 mmHg

**ENHANCED
PROPRIOCEPTION**

**BIOMECHANICAL PROVEN
UNLOADING³**
powered by double DFS straps

OA DFSSTRAP
OSTEOARTHRITIS Unloads the knee compartment

Also available in comfort sizes



ÖSSUR FORMFIT PRO KNEE OA

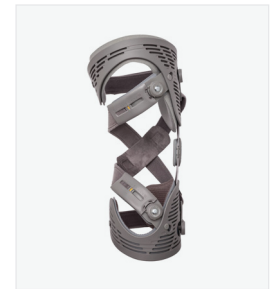
FROM THE GLOBAL LEADER IN OA BRACING

PROKNEE OA

OA WRAPAROUND

UNLOADER ONE^{LITE}

UNLOADER ONE^{*}



INDICATIONS

For unicompartmental knee osteoarthritis (OA) and other knee conditions that may benefit from unloading

OA STAGE

Mild

Mild – moderate

Mild – moderate

Moderate – severe

PAIN

Pain during activities

Pain when resting and during activities

TREATMENT - GOAL

Maintain activity

Restore activities

PRODUCT FEATURES

Clinically proven DFS technology

Double DFS strap

Single DFS strap

Double DFS Strap

EVA stay - sports compatible

Wrap around design

SmartDosing[®] dial system

Medical grade compression
20-30 mmHg

Integrated Lycra[®] sleeve

Sensil[®] liner

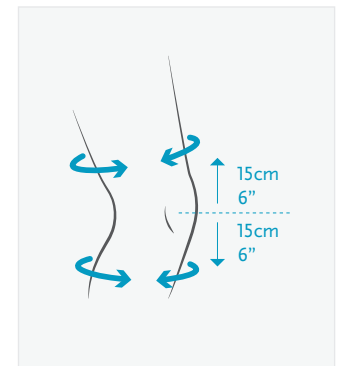
ORDERING INFORMATION ÖSSUR FORMFIT PRO KNEE OA

Size	Thigh Circumference		Calf Circumference		Right Lateral / Left Medial	Right Medial / Left Lateral
	cm	in	cm	in		
Extra Small	36 - 41 cm	14¼ - 16¼ in	26 - 31 cm	10¼ - 12¼ in	FP110301	FP110401
Small	41 - 46 cm	16¼ - 18 in	31 - 36 cm	12¼ - 14¼ in	FP110302	FP110402
Medium	46 - 51 cm	18 - 20 in	36 - 41 cm	14¼ - 16¼ in	FP110303	FP110403
Large	51 - 56 cm	20 - 22 in	41 - 46 cm	16¼ - 18 in	FP110304	FP110404
Extra Large	56 - 60 cm	22 - 23½ in	46 - 50 cm	18 - 19¾ in	FP110305	FP110405
Medium Comfort	51 - 56 cm	20 - 22 in	36 - 41 cm	14¼ - 16¼ in	FP110313	FP110413
Large Comfort	56 - 60 cm	22 - 23½ in	41 - 46 cm	16¼ - 18 in	FP110314	FP110414
X-Large Comfort	60 - 64 cm	23½ - 25¼ in	46 - 50 cm	18 - 19¾ in	FP110315	FP110415

MEASUREMENTS

Thigh Measure: 15cm / 6" from mid-patella

Calf Measure: 15cm / 6" from mid-patella



REFERENCES

¹Roos and Arden (2016) Strategies for the prevention of knee osteoarthritis; Nat Rev Rheumatol. 2016 Feb;12(2):92-101. doi: 10.1038/nrrheum.2015.135

²Mc Alindon et al. (2014) ICRS OARSI guidelines for the non-surgical management of knee osteoarthritis Osteoarthritis Cartilage. 2014 Mar;22(3):363-88. doi: 10.1016/j.joca.2014.01.003.

³Össur data on file ⁴International Handball Federation; Rules of the game; 1016 edition ⁵Hohenstein Institute Analyses 2017 & 2018