



**magnético sleep pads**  
more than just a good night's sleep



**Sleep Well**

**Live Well**



*Author and alternative medicine advocate Kevin Trudeau lists Magnetico Sleep Pads as the #1 Healing Tool in his book "More Natural Cures Revealed".*

# magnetico sleep pads est. 1990

## EXPERIENCE THE BENEFITS OF A MAGNETICO SLEEP PAD!

### Everyone can benefit from using a Magnetico Sleep Pad.

People leading active, healthy lives have invested in a Magnetico Sleep Pad because it helps them to:

- proactively promote long-term health and wellness
- get a better night's sleep
- enhance their energy level and reduce stress
- augment detoxification efforts
- improve their athletic performance
- aid in the healing of overworked or injured muscles, ligaments and bones
- improve their immune system
- lessen the effects of aging



Magnetico Sleep Pads are also recommended by doctors and health-care workers because of the proven healing and pain relief their patented design provides. Magnetico Sleep Pad customers have experienced relief from the symptoms of the following conditions:

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li>• arthritis</li> <li>• fibromyalgia</li> <li>• chronic fatigue syndrome</li> <li>• back problems</li> <li>• migraines or headaches</li> <li>• multiple sclerosis</li> <li>• allergy symptoms</li> <li>• PMS symptoms</li> <li>• sore, tight muscles</li> <li>• low bone density</li> </ul> | <ul style="list-style-type: none"> <li>• poor circulation</li> <li>• low energy</li> <li>• high blood pressure</li> <li>• post-polio syndrome</li> <li>• lupus</li> <li>• emphysema</li> <li>• insomnia</li> <li>• post-surgery discomfort</li> <li>• ... and many more!</li> </ul> |
|---|---|

### Not just for adults...

Children from preemie to adolescents can benefit from sleeping on a Magnetico Sleep Pad. Magnetic supplementation is instrumental in early childhood developmental stages. Parents report improved sleep patterns in infants and young children, and school-age children awaken more refreshed and alert, with better mental focus throughout the day. The Magnetico Sleep Pad can help to increase stamina for extracurricular activities, and speed recovery from sports injuries and fatigue. Our pads can also benefit children with:

- autism
- ADD/ADHD
- asthma
- allergies
- weakened immune system
- growing pains

*Our sleep pads are even good for pets!*



*Discover the benefits of a Magnetico Sleep Pad for yourself...*

# MAGNETISM & YOUR BODY

People have been using magnets for their healing and therapeutic properties since 2000BC. However, it wasn't until the 1950's that scientists began to study, understand and **prove** the powerful effects of magnetism on health.

## What we know now...

All living cells are electromagnetic by nature and need magnetism to survive. There are only **two** natural sources of magnetism available to you:

1. **Your Brain** - Eighty percent of the human brain is composed of astrocyte cells. These cells generate electricity and produce a pulsed, electromagnetic field with efficiency.
2. **The Earth** - It provides a supportive, steady state, negative magnetic field that your body depends on to enhance molecular reactions in your body.



During sleep the Earth's magnetic field and your brain work together to accomplish magnetic resonance. This occurs when the brain's pulsed magnetic frequency matches the frequencies of various tissues and organs. Magnetic resonance dramatically enhances the chemical reactions of the body, helps to repair damaged cells, produces enzymes, and strengthens immunity. This restorative process is essential to your health, growth, and longevity.<sup>4,5</sup>

## Why do we need to supplement naturally occurring magnetism?

There are two major factors adversely affecting the magnetic resonance in our bodies:

1. The Earth has lost an estimated 70 - 80% of its magnetic field over the last 4000 years.<sup>7,8,9,10</sup> It is little known that magnetism is as essential to life as air, water and food. The depleted magnetic field has caused the atoms in our bodies to be in a lower energy state. Therefore, it is more difficult for magnetic resonance to restore and rejuvenate body organs and tissues.<sup>6</sup>
2. In this technological age, the outside electromagnetic frequencies your body is exposed to are higher and stronger than ever before. These frequencies override the vital brain function of magnetic resonance with your organs and tissues. This interference promotes a fatigued state that can contribute to the long-term development of chronic ailments.<sup>11</sup>

## How can you restore the magnetic field your body needs?

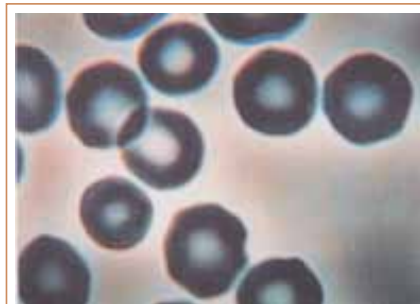
The Magnetico Sleep Pad is the only patented design proven to generate the correct magnetic environment your body needs to improve restoration and rejuvenation.

*Stress, health problems and fatigue can cause red blood cells to clump together (left). This is due to a loss of magnetic charge on the blood cells. Exposure to an increased negative magnetic field enhances the body's natural chemical reactions, building up the charge on the blood cell walls and causing the cells to repel each other. End result: increased oxygen-carrying capacity leading to improved energy and healing.*

BEFORE



AFTER



MAGNETISM & YOUR BODY

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# BIOMAGNETIC THEORY

## Magnetic resonance

80% of your brain cells are astrocyte cells. These cells have the function of producing electricity (vitality) for the body. They generate a pulsed electromagnetic field with efficiency.

Magnetic resonance occurs when the brain's pulsed magnetic frequency matches the frequencies of your various tissues and organs.<sup>4</sup> When they are in resonance, there is an enhancement of molecular action, which is a catalyst to the chemical actions in the tissue in that area. Resonance is desired because it helps repair damage done to cells, makes enzymes, and enhances immunity.<sup>4,5</sup> Typically, resonance is accomplished in 90-100 minute cycles (approximately), which occur mostly while sleeping. It can last anywhere from a few seconds to a few minutes on a given frequency, depending on the urgency of repair or restoration needed.



## There are two major factors adversely affecting magnetic resonance:

1. A gradual cyclic decline in our geomagnetic field has left the atoms of our bodies in a lower energy state, thus making it more difficult for magnetic resonance to occur.<sup>6</sup> It is estimated that we have lost 70-80% of our magnetic field in the last 4000 years.<sup>7,8,9,10</sup>
2. Outside electromagnetic frequencies that are higher and stronger than those of the brain override the frequencies that resonate with our organs and tissues.<sup>11</sup>

These two conditions hinder the process of magnetic resonance. This leaves us in a fatigued state, which extended over time can often see chronic problems develop basically due to lack of restoring resonance.<sup>11</sup>

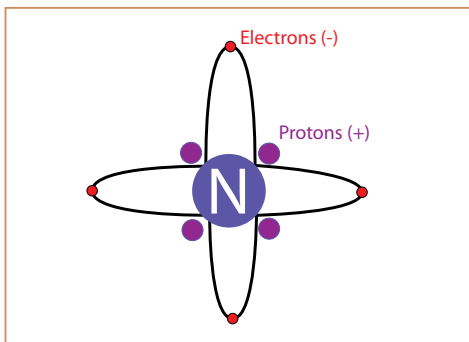
These deficiency states can be overcome by providing an enhanced steady-state, magnetic field (like the Earth's) to the body during sleep. When the magnetic field is increased, it enhances the function of the astrocyte cells in the brain. This enables them to put out more voltage and amperage, which in turn improves magnetic resonance, even to the point where a person can feel it. In North America, the magnetic field must be pure negative and completely pass through the body to complement the negative field of the Northern Hemisphere.<sup>11</sup>

## How does magnetism affect your atoms?

Let's start at the very beginning - the atoms of the body. Atoms are composed of even smaller particles, the largest of which are neutrons, protons, and electrons (Fig. 1).

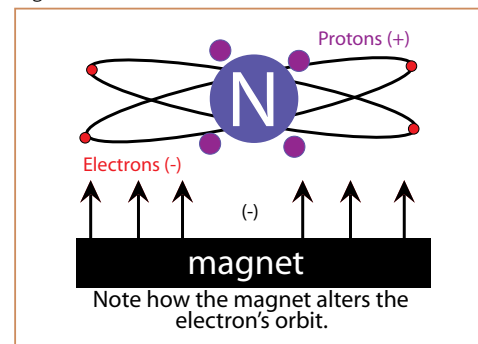
It is a principle of physics that if a magnetic field in which an atom exists is increased, the velocity of the electrons and protons will increase or decrease, depending on the direction of the magnetic field and the orbits of the particles (Fig. 2).<sup>12</sup> The outermost unpaired (valence) electrons are the ones that are shared to form molecules, which make up the cells that compose the tissues of our bodies.

Figure 1



ATOM IN EARTH'S MAGNETIC FIELD

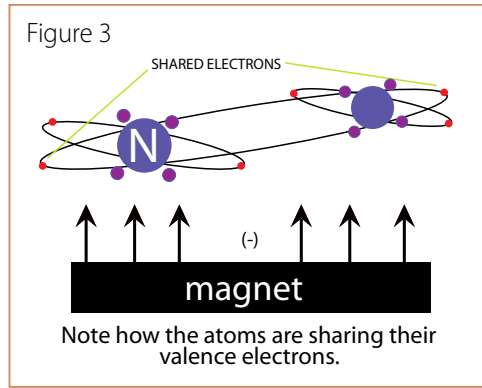
Figure 2



ATOM IN **ENHANCED** MAGNETIC FIELD



When the magnetic field passes through the atoms in the correct direction, it will increase their velocity and hence their energy state which in turn enhances the sharing of electrons (Fig. 3).<sup>12</sup> Also involved is the increase in precession or wobble activity of some electrons depending on the relationship of their orbits to the magnetic field direction. This increased action is a catalyst to the chemical reactions in the body. A good example is cellular detoxification. A clinical study showed significantly increased toxin excretion with Magnetico supplementation. See the page on Detoxification for details.



ATOMS IN **ENHANCED**  
MAGNETIC FIELD

The key to this activity is the direction of magnetic field. If you are in the northern hemisphere, the Earth's magnetic field is negative (-); in the southern hemisphere it's positive (+). In either location, the Earth's field will pass right through your body in one direction.

Most cell division occurs during the first two hours of sleep, as that is when the brain produces most of its human growth hormone. The valence electrons (the critical ones) of the atoms of these new cells will orient their direction of orbit depending on the direction of magnetic field in which they divide. This will be whatever polarity is occurring naturally from the earth where you live.

## The Bi-Polar Theory

The second way that magnetism can affect the body is through the use of alternating fields, in other words, exposing the body to positive (+) and negative (-) fields. Any magnetic pad placed on top of the mattress will subject the body to both the negative (-) and the returning positive (+) field around each magnet (Fig. 4). The positive field elicits an emergency response from the brain. This is because the other half of the magnetic field is slowing down the electrons and protons, which signals a potential problem that the body responds to as an emergency. It accomplishes this by sending more electromagnetic energy from the brain and more blood flow to the whole area where the magnetic stimulus is applied. See the "Why Magnetico" section for more information (page 5).

**Many people mistakenly believe that if they place the negative side of a magnet to their body, they are only getting that one polarity. The nature of the magnet is that it must have both polarities, so there is always a return field (the opposite polarity) around that magnet's surface.**

## The similarity between bi-polar magnetism & acupuncture

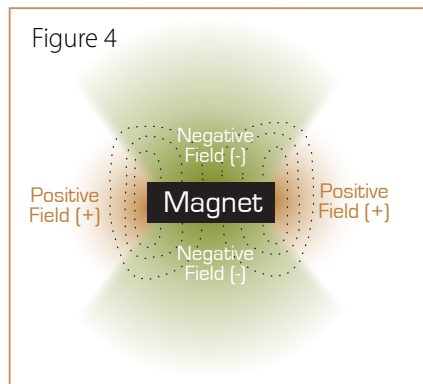
Dr. Saul Liss proved that the response of the body to electro-acupuncture and a magnet placed on the acupuncture point were almost identical. There was an increase in blood levels of serotonin (24%), beta endorphins (45%), and ACTh (15%), along with a reduction in cortisol (12%). This change in blood chemistry is evidence of the body's emergency response to magnetism and acupuncture.

The result of the acupuncture technique is a net beneficial effect to the intended area. The drawback to this type of treatment is that it is dependent upon a person's vitality level.

People with high vitality will typically experience a good response, people with low vitality will experience a poor response. Too long or too large a stimulus may deplete overall vitality, thus leaving depleted areas more vulnerable to problems or disease.

## Conclusion

Bi-polar magnetic fields and acupuncture are appropriate for short term treatments. For whole body magnetic supplementation, one should correctly restore with a natural, earth-type magnetic field, strong enough to pass completely through the body. Meeting these criteria are essential to support and enhance body performance for life.



*Dr. Dean Bonlie has researched and engineered the Magnetico Sleep Pad precisely to meet these criteria. Since 1990 this unique product has been helping people achieve a better quality of life.*



BIOMAGNETIC  
THEORY

## SCIENTIFIC VALIDATION

Magneto is active in participating in and collecting research information. As the past President of the North American Academy of Magnetic Therapy and with his ongoing commitment to work and research in the biomagnetic industry, Dr. Bonlie is a sought after lecturer and guest speaker at conferences and medical schools. He has contact with many medical and scientific research professionals who are studying the effects of magnetism and its health benefits.

### North American studies on magnetism and health

A study conducted by Dr. Vallbona at Baylor University found that pain from Post Polio Syndrome was significantly reduced in a placebo controlled, double-blind study using small bipolar magnets. The effect was temporary and was probably of the stimulatory type, but the study proves that there is an effect.<sup>14</sup>

More recently, Dr. Weintraub, a neurologist at New York Medical College, completed and published a study using magnetic insoles in the reduction of pain from diabetic neuropathy. This also was a placebo controlled, double-blind study which showed significant reduction in pain in the feet on a temporary basis.<sup>15</sup>

An interesting study paper was presented at the 1999 North American Academy of Magnetic Therapy conference by Dr. Bonlie. Six mice (6 months of age) were placed in a special cage designed to block out all but one-tenth of the present value of geomagnetic field and given food and water, for a 4-month period. By observation, they visibly went into slow motion within a few hours. One mouse died in the first 24 hours. The others began compensating by eating voraciously up to 2X their normal amount, and became very obese while their activity levels slowed down by about 80%. This is a definite indication of the importance of environmental magnetism on living organisms.

Dr. Gumiel DSc, a researcher working on project Genesis for The World Development Organization, studied longevity in enhanced magnetic fields. In testing 23 different species of insects, he found he could increase their life span five times on average, as opposed to the control group. He was also able to increase the life span of human tissue cells by 2.5 times.<sup>17</sup>

Dr. G. Lewis MD, conducted a double blind study with 29 of his patients. Twenty used the Magneto pad and nine used placebo pads, and all were on standard fibromyalgia treatment. At the end of a six-month period, the patients using the Magneto pads showed an average of 2.4 times the improvement, which included pain reduction, better sleep, less fatigue, and the ability to do more hours of work. This study was presented to the North American Academy of Magnetic Therapy in January 1996.

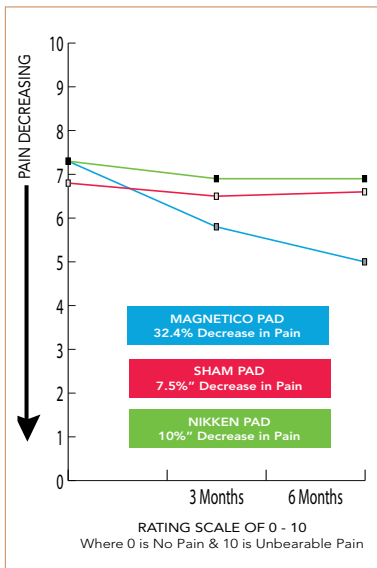
Dr. C. DeMarco MD, of Toronto, conducted a small pilot study on six of her worst chronic fatigue patients using the Magneto mattress and headboard. At the end of six months, all patients showed improvement in three out of five dysfunctions including one patient that improved in all categories. The categories were: sleep, sense of well being, hours of work, fatigue after exercise, and cognitive ability. Three out of six people were able to return to work. Dr. Bonlie presented this study to the North American Academy of Magnetic Therapy.

## FIBROMYALGIA STUDY

University of Virginia Doctors Alfano and Taylor have completed a larger study treating fibromyalgia patients with magnetic pads. They tested both the bipolar type and the unipolar (Magneto) type for their effectiveness in the reduction of pain and enhancement of function. This was also a randomized, placebo controlled study which showed an improvement in function and reduction of pain. Only the Magneto pad showed a significant reduction in pain and increase in function as compared to the placebo pads.<sup>16</sup>

### Overall pain rating

This graph charts the progress of 111 patients in the University of Virginia's study on fibromyalgia. 37 people had Magneto Sleep Pads, 30 people had Nikken pads, and 44 people had sham (placebo) pads. The pads were used consistently over a six-month period. As you can see, the patients on the Magneto Sleep Pads had a higher reduction in pain than the patients on the sham or the Nikken pads. It should be noted that the Nikken pad was not effective in reducing tender point pain on the front of patients, only their back.

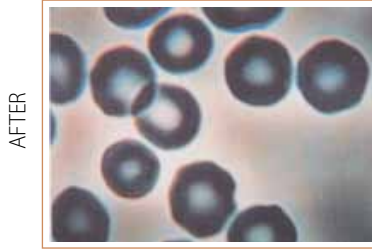


## RED BLOOD CELL STUDIES

In a study of 120 participants, it was found that all had a reduction in red blood cell clumping after a 20 minute treatment with the Magnetico Sleep Pad.



**Before:** Note the clumped appearance of the red blood cells. This formation is typical in people with stress, health problems, or fatigue. Most people experience fatigue at the end of the day, this results in a loss of charge on blood cells causing them to stick to each other.



**After:** Twenty minutes of exposure to an increased negative magnetic field enhances chemical reactions, which builds up the charge on cell walls. The cells will then repel each other, eliminating the clumping. With more surface area available, the oxygen carrying capacity of the cells is greatly increased. Pulse oximeter tests confirm these substantial increases in oxygen saturation levels in the blood of individuals who had 20-minute sessions on the Magnetico Sleep Pad.<sup>13</sup>

## ARTERIAL PLAQUE REMOVAL STUDY

In a recent independently conducted pilot study, six out of six participants showed significant (up to 80%) plaque removal. Subjects were sleeping on a 20-gauss Magnetico pad and taking a chelation agent. They had all been chelated previously without success. Their angina problems were either eliminated or greatly reduced in the six-month trial period. Independent testing was conducted to evaluate results.

## DETOXIFICATION BENEFITS

Detoxification is among the multiple benefits associated with Magnetico Sleep Pads. Through our years of research and experience, we have found that the increased negative magnetic field produced by a Magnetico Sleep Pad assists your body in expelling environmental toxins. You will be amazed at the renewed energy and symptom relief you will experience once your body is free of this environmental "sludge".

### How do Magnetico Sleep Pads detoxify?

Most toxins have a positive (+) charge. The increased negative (-) energy from the Magnetico Sleep Pad, which supplements the Earth's depleted field, passes through all the cells of your body. More specifically, the higher amount of negative (-) magnetic energy enhances the efficiency of the mitochondria, which produces ATP, the vital element for charging up the cell walls. When sufficiently charged, the cell will then expel toxins and waste products more efficiently.

### How do you know it's working?

In order for your body to expel these toxins, they must be filtered through your lymphatic system, passed through your liver and kidneys, and finally excreted in your urine. Body aches, headache, fatigue, brain fog, and sciatic nerve sensitivity may accompany detoxification. These symptoms can be an indication that the Magnetico Sleep Pad is working! Detoxification symptoms will vary due to the health condition and toxicity of each individual. Typically, symptoms will be significantly diminished in the first two weeks, as the toxic load is lightened. It is important to note that the majority of people may not notice any significant detoxification symptoms, although some detoxification is occurring.

### Who benefits from detoxification?

You may not think you fall into a toxic category, but a 2006 study of four "healthy" Canadian Government leaders who volunteered to be tested, revealed surprising results. The following toxins were found:

- 54 carcinogens
- 37 hormone disruptors
- 16 respiratory toxins
- 54 reproductive or developmental toxins
- 33 neurotoxins



## Detoxification Benefits...

### So, who needs to detoxify?

Everyone! If you use the test results for toxins present in the blood of these “healthy” Canadian leaders as an indication, we all need to detoxify!

#### The following health conditions may also indicate a higher likelihood of toxicity:

- Parkinson’s Disease
- Multiple Sclerosis
- Alzheimer’s Disease
- Lyme’s Disease
- Fibromyalgia and Chronic Fatigue
- Autism
- People whose dental history involves more than five silver amalgam fillings on chewing surfaces.

### Study validates increased detoxification with Magnetico Sleep Pad

A clinical pilot study of 13 healthy subjects was conducted by an independent private physician. The study supports the increased detoxification capability associated with the Magnetico Sleep Pad, Super Model (20 gauss). The study involved three urine challenge tests, all analyzed by an independent lab:

- **Test 1** - baseline levels, taken three days before any treatment.
- **Test 2** - after one night on the Magnetico Sleep Pad.
- **Test 3** - after the second night on the Magnetico Sleep Pad plus taking one 500 mg DMSA capsule.

#### Test 2 Results

Increased excretion levels of toxic metals after **one night** on the Magnetico Sleep Pad compared to baseline levels:

Arsenic	+ 31.66%
Lead	+ 22.18%
Mercury	+ 28%
Nickel	- 6.6%
Tin	+ 10.44%

#### Test 3 Results

Increased excretion levels of toxic metals after a **second night** on a Magnetico Sleep Pad and 500 mg of DMSA taken at bedtime, compared to baseline levels:

Arsenic	+ 16.7%
Lead	+ 80.58%
Mercury	+ 45.6%
Nickel	- 4.15%
Tin	+ 57.72%

*Percentages are based on the average of all subjects' test results.*

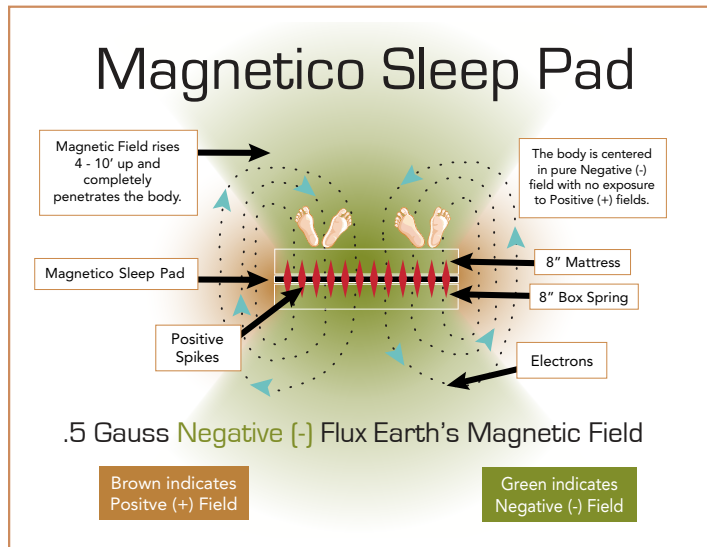
Excretion levels are much higher with individuals experiencing symptoms of heavy metal toxicity. A specific binding agent is often needed to facilitate this process. DMSA in capsule form is a good general chelator that has been used for 50 years. It has an affinity for lead, mercury, cadmium and arsenic. It does require a prescription. There are also other types of chelating agents available such as chorella products. Call our Customer Service at 1-800-265-1119 for more information.

**THINK ABOUT IT.  
WHAT A SIMPLE WAY TO SUPPORT YOUR DETOXIFICATION EFFORTS  
...IT'S AS EASY AS GOING TO BED!**



## WHY MAGNETICO IS THE BEST...

Magnetico Sleep Pads are the only patented design that correctly restores our depleted geomagnetic field. Based on the scientific research of Dr. Dean Bonlie, D.D.S., they are specifically engineered to deliver a pure negative magnetic field when correctly placed beneath a mattress.



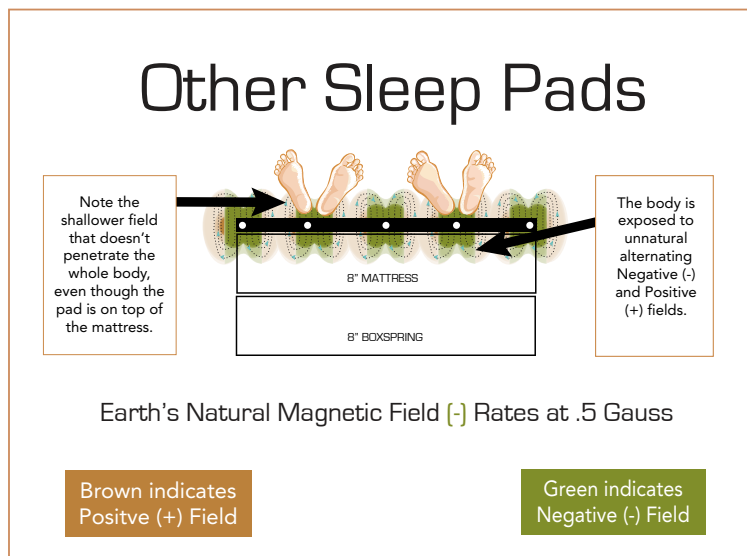
### About our magnets...

Magnetico uses high-grade, permanent ceramic alloy magnets measuring 3/8" x 7/8" x 1 7/8" each. Our magnets have a manufacturer's rating of 3,950 gauss. The engineered design requires hundreds of these magnets placed close enough so that they work together to act as one large magnet. The magnets are encased in polyurethane foam. The cover is removable and made with the highest quality, unbleached, 100% cotton material.

### Dare to compare...

Competitors have tried to imitate our sleep pad but use far fewer magnets and place the pad on top of the mattress. This design is flawed for two reasons:

1. The weaker negative magnetic field does not penetrate through your whole body.
2. The fewer and/or smaller magnets allow for larger areas of positive field exposure. Over time, this exposure will drain your body of vitality. A variety of serious and/or chronic health issues could ensue.



Other sleep pads may cost less, but they are not as effective as a Magnetico Sleep Pad. Here's why: Competitors use fewer and smaller magnets, producing a significantly weaker magnetic field than the Magnetico Sleep Pad. The best indicator of magnetic field strength is the total weight of the magnetic mattress pad. When comparing weights, you will find the Magnetico Sleep Pad is significantly heavier, proving a greater magnet density.

## Magnetico Sleep Pads are the best because they:

- contain more magnets than any other magnetic mattress.
- are made with larger magnets than any other brand - **compare the weights!**
- expose you only to the healing, negative field of the magnets; not the positive field which can drain your body of energy.
- are available in three strengths, depending on your individual needs.

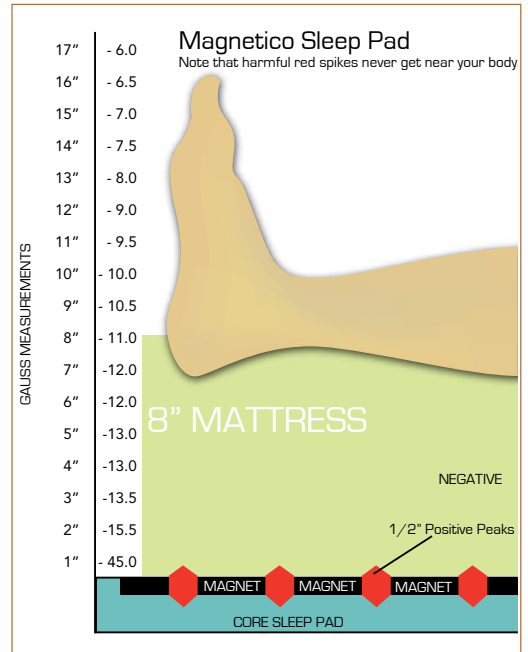
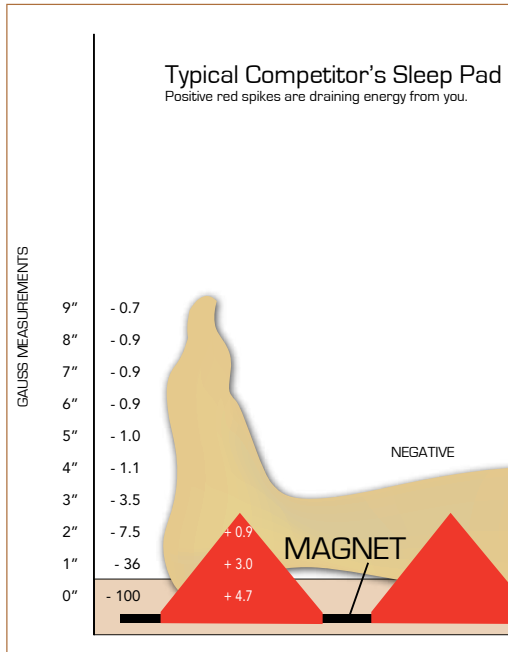


Magnetico has been a member of the Better Business Bureau since 1995.

### Our pads:

- are handcrafted and individually inspected in North America.
- come with a Six-Month Money Back Satisfaction Guarantee.
- are backed by an ongoing study and research program.
- are recommended by many doctors and health care workers.
- include personalized customer support.
- are the product of a family owned and operated business.

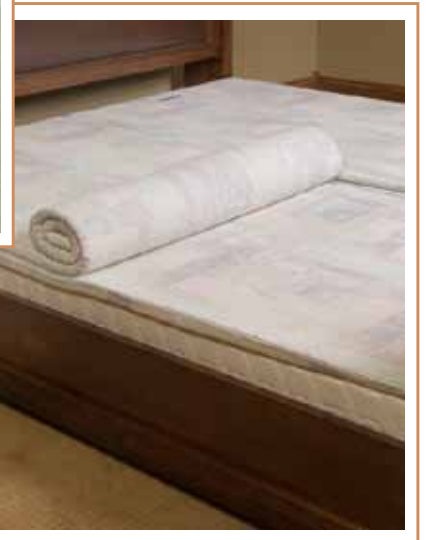
# Magnetic Field Comparisons



Competing magnetic mattress pads that are placed on top of your mattress do not generate a pure negative magnetic field.

The Magnetico pad is designed to be placed under your mattress. The number and size of our magnets, delivers a pure negative field through your body and even several feet higher.

WHY MAGNETICO



# PERSONAL SUCCESS STORIES

Join these Magnetico Sleep Pad customers who have found relief from...

## ...arthritis

"I've suffered for ten years...many sleepless nights due to pain! Hands and feet deformed...three months ago I was unable to hold a pen to write, now am writing this letter! Since sleeping on the Magnetico Sleep Pad, my joint pain is minimal...sleep restful. I would not be without it...words cannot express my satisfaction."

- *W. B., age 74*

"I have been an osteo-arthritis sufferer for the past 12 years. I experienced many sleepless nights because of pain in my back, neck and shoulders and each morning my hands were stiff and swollen shut. I was introduced to the magnetic mattress ten months ago and have experienced gradual improvement in my whole body. Thanks to the magnetic mattress I can now enjoy a good game of golf and other activities."

- *J. M., retired*

## ...migraines and headaches

"I have not had a headache since I began sleeping on my Magnetico Sleep Pad. I was gone on a 2-week vacation about a month after I got it, and I was sure glad to get back because I could feel the return of the severity of my stiffness and aches and pains. It took me several nights to get back feeling as good as I did before I left my sleep pad. I'm very satisfied."

- *E. M., age 72*

"At 8 1/2 months, I have not had a headache since I got my sleep pad. I am very satisfied. I will not give up my Magnetico sleep pad. I wouldn't take any amount of money for my pad."

- *C. R., age 76*

## ...chronic fatigue

"I had generally good health prior to the birth of our son...then it was debilitating back and leg pain, sleeplessness, fatigue, depletion of immune system, little energy... I exhausted every medical lead I could find for relief. My sleep from the first night on the pad was deep and wonderful... no more pain at night. Daytime pain took longer to disappear... I found I could lay down on my bed to recharge and get relief... We've had our Sleep Pad for nearly two years... notice the difference in energy levels if we are away from it for more than a few days... wouldn't be without it!"

- *S. C., mid-30s*

## ...fibromyalgia

"My teenage daughter was diagnosed with Chronic Fatigue and Fibromyalgia and for almost a year she spent most of her time in bed... After the first night on the sleep pad I saw the difference... After two months she was almost back to normal and remains that way... This has been the best investment we have ever made!" - *D. A.*

"Since sleeping on the Magnetico Sleep Pad my muscle soreness is reduced and when I do have a flare up, it does not last as long. My immune system is up. I sleep better and have more energy. Magnetico has definitely improved my quality of life..." - *R. B.*

"I love the magnetic mattress pad. It has almost cured my fibromyalgia of 4-5 years. Thanks!"

- *M. L.*

## ...sleep disorders

"For the first time in twenty years, I am getting a decent night's sleep! Before, I suffered bouts of insomnia all the time, and if I did manage to get to sleep, I would waken at least 3 or 4 times a night. Now I can count on sleeping straight through! Thank you, Dr. Bonlie, for this wonderful product." - *J. M., mid-30s*

*Magnetico Sleep Pads are providing pain relief, renewed energy, and a better night's sleep to thousands of people. Here are just a few of the success stories our customers have shared with us\*.*



ORDER TOLL FREE: 1.800.265.1119  
OR ONLINE: [www.magneticosleep.com](http://www.magneticosleep.com)

### ...poor circulation

"I'm a diabetic... with the resulting poor circulation to the extremities, my toenails had ceased growing for two years. Since sleeping on your Magnetico pad, the color has returned to my fingers & toes, and the nails are growing again." - *R. H.*

"I am very satisfied with the Magnetico sleep pad. One of the benefits that I have noticed since I've been using it is an improvement in my blood circulation resulting in warmer hands and feet. Another benefit is the ability once again to fully straighten the fingers on both my hands." - *K. S.*

### ...heart problems

"I was on heavy blood pressure medication. My daughter checks my blood pressure 3 times a day... we dropped off the med's as the blood pressure lowered. Today it was down in normal range of 130 over 76. It hadn't been below 80 for years! I am so thankful... it can't be easier than just going to bed at night!" - *C. D.*

### ...Multiple Sclerosis symptoms

"In 1980, I was diagnosed with MS... I have slept on the Magnetico Sleep Pad now for six months... what I have found to be the most beneficial is that it seems to allow my body to "bounce back" at a more rapid rate than previous. It has also assisted in less frequent muscle spasms and I am now waking up more refreshed with more energy. It is not a cure for me but is of great assistance to me in allowing me to live a more active lifestyle with additional energy."

- *A. S.*

"In the four months that I have been using the Sleep Pad, I have seen significant improvement in many of my MS symptoms and, most importantly, I have been able to come off all three drugs I had been taking to help alleviate many of my more severe symptoms... I am completely pain free the majority of the time... We only wish we had discovered the Sleep Pad earlier." - *J. C.*

### ...autism

"Our daughter... has high functioning autism and was not sleeping through the night for 7 years! Once we received the sleep pad she has slept all night and wakes up a much "happier" child. When she does not sleep in her bed we notice a negative difference in her behavior... We see such a significant improvement in her behavior that I wouldn't want to give up the magnetic pad!" - *A. P.*

### ...general health & fitness

"I can't say enough about my Magnetico Sleep Pad! I awake refreshed and get through a hard day's work and still have some energy left at the end of the day. I'm only sorry I didn't know of your sleep pads sooner!" - *B. R.*

"As a 'past-my-prime' athlete, I feel the Sleep Pad has helped my body return to the co-ordination and stamina of 15 - 20 years ago! I could never gain weight before and now have put on 10 - 12 lbs. of muscle in two months. Thanks again for your helpful insight into this technology, and I once again shout the praises from the rooftops about this wonderful product." - *G. R.*

*\*These testimonials are from our **real** customers and reflect their experiences with the Magnetico Sleep Pad. However, please be aware that individual experiences do vary and these comments cannot be generalized.*



## FAQ'S

### When will I feel the benefits of the Magnetico Sleep Pad?

Because every person and their situation is different, it is impossible to predict when you will feel a difference. Some people feel benefits the first night, for others it may take 6 months. The average is about 1-2 months. Some benefits such as increased immunity, increased oxygen saturation, and lowered blood pressure may be taking place even though you can't feel them. However, to ensure our customers are completely satisfied, the Magnetico Sleep Pad comes with the Six-Month Satisfaction Guarantee.

### Will I experience any side effects?

There are absolutely no harmful side effects. You may experience some temporary detoxification symptoms, however, which is good and indicates that your body is working at a more optimum level. Please read our Detoxification sheet for more information.

### Does the Magnetico Sleep Pad have to be the same size as my bed?

If two people use the bed - yes. If only one person has a pad under them, the person sleeping beside them will be exposed to the return positive magnetic field that comes off the side of the pad. They could be adversely affected by this field if they sleep there over a long period of time.

If there is only one person in the bed - no. However, the size must be large enough to accommodate all your sleeping positions. Please call customer service if you have any questions.

### Can I use single magnets or appliances during the day?

Yes, it is sometimes helpful to place magnets on injured areas of the body on a short-term basis. Do not use them while on the sleep pad as the magnet's field will conflict with the field produced by the pad. Use of the Sleep Pad will actually enhance the body's response to daytime use of an applied magnet.

### Can a person who has surgically implanted screws, hip replacements or other metal implants, use the Sleep Pad?

Yes, it is a medical requirement for all metal implants to be non-magnetic in nature.

### Can a person with an implanted electrical device, such as a pacemaker, pain pump, insulin pump or defibrillator use the Magnetico Sleep Pad?

NO. The strong magnetic field interferes with the function of these devices.

### Does the field affect other electrical items in the room (clock radios, stereos, watches, televisions, computers, etc.)?

- Clock radios, alarm clocks, stereos will not be affected.
- Watches may lose time if worn to bed.
- LCD or plasma televisions and monitors will not be affected.
- Conventional (CRT) televisions and monitors – the screen color may be altered depending on the model of Sleep Pad and distance away from your bed. Be advised that with the Super Sleep System, TVs located in a room directly below your bed area may be affected, especially if they are housed in a tall entertainment unit.
- Computers – we recommend that you keep your computers three feet away from sides and ends of the Core Model, and four to five feet away from the Super System. Some customers have used their laptops in bed with no ill effects, but do so at your own risk.

### Can I use an electric blanket with the magnetic mattress pad?

It is not recommended. The frequency produced by the electric blanket (or heating pad) may interfere with the restoring nighttime process of resonance in the body. Many people find they no longer need their electric blanket because their metabolism has increased when sleeping on the Magnetico Sleep Pad. You may wish to preheat your bed with the electric blanket, but then turn it off when you go to bed.

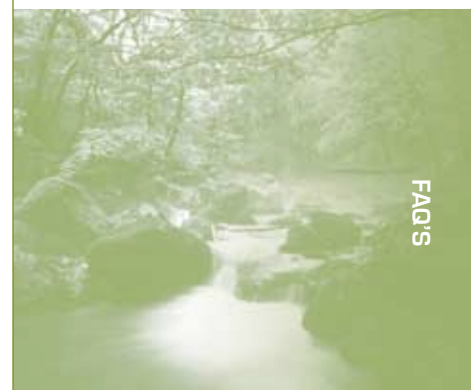
### How about pets who like to sleep beside or on the bed?

Animals are more sensitive to magnetism than humans. They will probably not stay in the positive field beside your bed for long, since it is not their natural environmental polarity. However, cats in particular may take a liking to sleeping on your bed with a Negative (-) field mattress under them. Our customers report that pets who sleep with them are benefitting as much as their owners!

Feel free to call if you have more questions.

1 (800) 265-1119

*Our Sleep Pad's steady state magnetic field is beneficial in that it buffers you from the effects of the pulsed electromagnetic fields in these and other electrical items, which can fatigue your body cells over time.*



FAQ'S

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## Disclaimer

The information contained herein should not be construed as medical advice. Readers should consult appropriate health professionals on any matter relating to their health or wellbeing. Magnetico Sleep Pad research, video or written testimonials and case studies are not intended to recommend our device as a drug or as a diagnosis for any illness or disease condition, nor as a product to eliminate disease or other medical conditions. Video or written testimonials are not intended to suggest or imply that you will achieve similar results. They are provided for reference purposes only. The information herein has not been evaluated by the US Food & Drug Administration or any other health agency.

## Warning

**Individuals with implanted medical devices such as a pacemaker or defibrillator cannot use the Magnetico Sleep Pad.**

## FOR INFORMATION OR TO PLACE AN ORDER:

- Visit our secure web site at [www.magneticosleep.com](http://www.magneticosleep.com) .
- Or call us toll-free at 1-800-265-1119.

## A MESSAGE FROM THE INVENTOR...

*I wanted to share with you my personal story of how our Magneto Sleep Pad has enabled me to recover from debilitating arthritic back pain, which I had suffered from since my teen years. I have to say that initially, it was more curiosity than knowledge that enticed me to study magnetism and its effects on the human body. I observed temporary results from smaller magnets and other incorrectly designed magnetic mattress pads. When I learned of the depletion of our environmental magnetic field, it seemed that this would be a logical place to begin to experiment. Thus began the engineering process of designing the very first magnetic mattress pad to correctly provide a pure negative field. It provided a relief for me that nothing else had achieved. I rely on it for continued health, energy, flexibility, and function. I decided to further refine the design for other family members and friends. Soon, increasing numbers of people with similar chronic complaints heard of my results and were asking for Sleep Pads to alleviate their own aches and pains!*

*Based on the results I was seeing, I patented my design and formed Magneto Inc. in 1991. I began to manufacture and market this innovative product. Magneto has been operating as a successful family business ever since.*

*We have gained a lot of experience and knowledge through the years, so if you call with any questions, we will be happy and able to assist you.*

Sincerely,



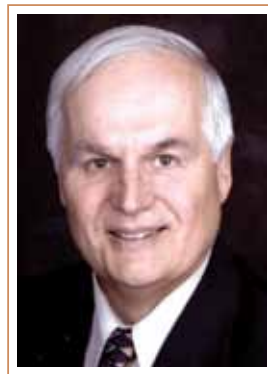
Dr. Dean Bonlie

## ABOUT DR. DEAN BONLIE

Dean Bonlie D.D.S., graduated with honors from Loma Linda University in 1962. Since then, his occupational journey has been varied and colourful. During the last twenty years he has found his real fulfillment in the study of magnetism as it relates to health. He has devoted all his energy and focus in this arena. His scientific theory on the effect of magnetism on living tissue has made him a widely accepted authority in this field. He is now recognized as an expert researcher, inventor, consultant, and lecturer on biomagnetism.

In the past, Dr. Bonlie has been the President of the North American Academy of Magnetic Therapy (NAAMT). He has taught courses in magnetic treatment for the Integrative Medicine post-doctoral degree offered by Capital University in Washington, DC. He also developed a course in magnetic therapy for the International College of Naturopathy in California. Dr. Bonlie lectures at medical conferences. He has been invited numerous times to be the featured guest on radio talk shows and appeared on television.

Taking his knowledge of magnetism to the next level, Dr. Bonlie then developed and patented a high strength, clinical treatment magnet called the Magnetic Molecular Energizer (MME). This device is now operational in several Advanced Magnetic Research Institute® clinics in the US. Phase III studies for FDA approval are currently underway. The primary types of conditions being treated are neurological and orthopedic, but pilot studies are showing potential cardiology applications as well. This high-energy treatment is safe and non-invasive while achieving results previously not thought possible. For more information, please visit the website for the Advanced Magnetic Research Institute ([www.amri-intl.com](http://www.amri-intl.com)).



DR. DEAN BONLIE

*"My desire and purpose is to help you achieve your health goals. At Magneto, we believe in our product so much that we offer a Six-Month Satisfaction Guarantee.*

*I am confident you will see noticeable improvements in your sleep and health."*

*Dr. Dean Bonlie  
Founder and President  
Magneto Sleep Pads*



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