



ALL TERRAINCYCLES ONLINE

IMPORTANT INFORMATION - PLEASE READ

All of our bikes are checked & set up prior to dispatch by our cytech trained mechanics to a very high standard, however, there will be a small amount of self-assembly required to get the bike ready to ride. We strongly recommend that all of our bikes are unpacked and finished by a cytech qualified mechanic before riding. All Terrain Cycles takes no responsibility for injury or damage caused by incorrect assembly. The instructions provided by All Terrain Cycles & the Manufacturers are intended purely as a guide.

Any damaged caused by incorrect set-up will not be covered under warranty.

A GUIDE TO ASSEMBLING YOUR NEW BICYCLE

We have produced this guide to help you unpack and assemble your new bicycle. If at any point through the assembly process you require guidance, please feel free to call us on 01274 588488 & we will be happy to guide you through the assembly procedure. Please make sure you keep the box and packaging at this point, as if there are any issues you will require these in case you need to return your bike.

TOOLS REQUIRED:

15MM PEDAL SPANNER

4,5,6MM ALLEN KEY

4,5,6MM TORQUE KEY.



NEED MORE HELP?

Please use the QR Code to view our "Building Your Mail Order Bike" video on our you tube site. alternatively, please visit:

www.youtube.com/allterraincycles

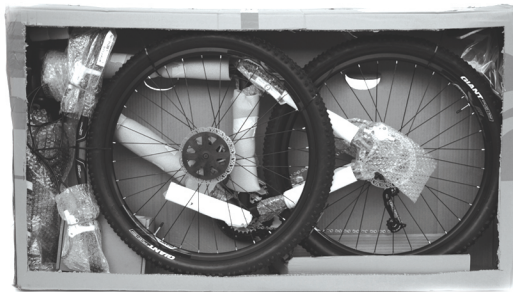
for our "How to" video and many other usefull tips and tricks in regards to setting up your new bike



1 UNPACKING YOUR BIKE

Your bike will arrive packaged as shown in the picture 1 on the right. Open the box and remove the bike, the box containing your Owner's Manual, reflectors, etc.. Please be careful when removing all packaging from your bike, use a pair of scissors to cut the packaging off. **DO NOT USE A KNIFE or BLADE** as this could damage your bike.

Pic 1.



Pic 2.



2 FIT THE HANDLEBARS

Remove the bolts from the front of the stem & remove the face plate. Fit the bars into the stem and make sure they are sat in the centre. Install the face plate and tighten the bolts to the correct torque setting (marked on the stem) Make sure there is equal spacing between the top and bottom of the stem plate. IF THE BOLTS GO IN WITH ANY RESISTANCE, REMOVE THEM & START AGAIN. BE CAREFULL NOT THE CROSSTHREAD THE BOLTS AND DAMAGE THE STEM.

Pic 1.

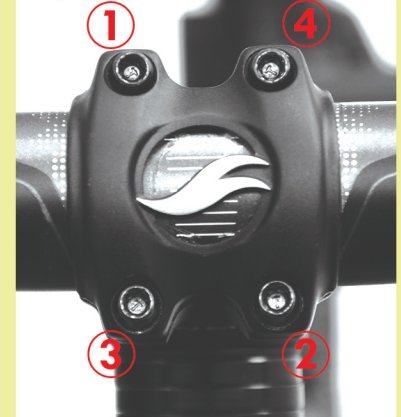
*PLEASE TORQUE UP ALL BOLTS IN LINE WITH THE MANUFACTURERS INSTRUCTIONS



Pic 2.



Pic 3.



2b Some of our bikes may come with the stem turned around for ease of packaging. To rotate the stem, loosen the 2 bolts on the side & rotate so it's facing forward. Make sure the Stem is aligned with front wheel. The top cap bolt is what tightens & preloads the headset bearings. Tighten the headset bolt quarter of a turn then tighten stem bolts & rock headset back and forth with the front brake applied. If there is still play in headset repeat above process. Check all bolts are tight before riding.

Pic 1.



Pic 2.



Pic 3.



NEED SOME HELP ASSEMBLING YOUR BIKE? OUR STAFF ARE ON HAND TO HELP!
OUR TEAM ARE AVAILABLE 9AM - 5.30PM MONDAY TO FRIDAY TO ANSWER ANY QUESTIONS YOU MAY HAVE ABOUT YOUR NEW BIKE.
PLEASE CALL US ON: 01274 588488 OR EMAIL US ON: SALES@ALLTERRAINCYCLES.CO.UK

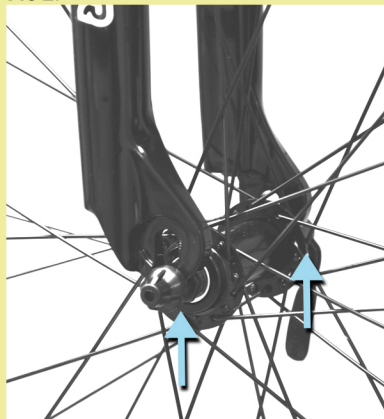
3 WHEEL FITTING

If you have V-brakes fitted, first disconnect the v brake so you can insert the wheel (see picture 1). You can then insert the wheel into the dropouts. Tighten the quick release skewer until you can feel resistance in the lever at the 2 o'clock position, you can then lock it down (see picture 2). You need to then reconnect the V-brake. do this by closing both sides of the caliper with one hand, and inserting the metal cable guide (or noodle) into the cradle on the top of the right hand caliper (see picture 3).

Pic 1.



Pic 2.



Pic 3.



3b If your bike has disc brakes fitted, line the disc rotor and the calliper up and then insert the wheel into the dropouts (picture 1). If you have a Quick release skewer, please follow the instructions in step 3 above. If you have a QR15 or 20mm axle on the bike, please insert the axle through the non-drive side of the dropout and then tighten it (picture 2). The axle will screw all the way through the dropout & when you feel a lot of resistance in the threads, flip the lever on the end up into the locked position (picture 3).

Pic 1.



Pic 2.



Pic 3.



4 FITTING PEDALS

First identify the right & Left pedals, they will have which they are stamped in the end of the axle (see picture 1). Insert the pedals into the correct sides and start to screw them in by hand. If you feel any resistance, remove them and start again. **DO NOT USE A PEDAL SPANNER AT THIS POINT**, you could end up forcing the pedals into the crank arm and damage the threads. Once you have the pedal half way in without any resistance in the threads, use a 15mm pedal spanner or a 6mm allen key to then tighten them up properly.

Pic 1.



Pic 2.



DRIVE SIDE (R/H)

Pic 3.



NON-DRIVE SIDE (L/H)

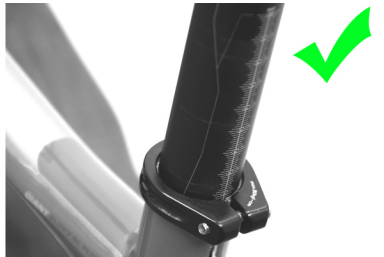
5 SADDLE FITTING

First make sure that your seat clamp Qr/Bolt is fully loose. Insert the saddle to your required height. Please take note of the minimum insertion mark on the seat post (see picture 2), **DO NOT HAVE THE SADDLE HIGHER THAN THIS MARK**, it is the absolute minimum amount the seat post can sit in the frame safely. Once you have your height set and the saddle straight, tighten your qr lever or bolt up to the torque on the seat clamp. Please note, with carbon seat posts, do not exceed the torque setting as you may damage the frame or the post due to over tightening.

Pic 1.



Pic 2.



Pic 3.



YOUR BIKE IS NOW BUILT!

Please make sure that all your bolts on the stem, cranks and seatpost are tight and safe. Check your tyre pressures are correct (you will find the pressures on the side of the tyre) & that your gears and brakes are working correctly before you take the bike out on its first ride.

All of our bikes are built & Checked to a very high standard prior to dispatch by our cytech trained mechanics, however in rare cases bikes may be out of adjustment due to shipping issues. Please contact customer services if your bike is affected by this.

IMPORTANT NOTE - PLEASE READ

We recommend all of our bikes are serviced after at least 6 Weeks of use. Cables will stretch with use & gears & brakes will need adjusting. This can happen quite quickly as although we take great care to make sure the gears & brakes are set up correctly, the bike is under a much higher load when ridden, so the bedding in process will be accelerated. We advise all of our mail order bikes be serviced at a reputable bike shop by cytech qualified mechanics.



WANT HELP SETTING UP YOUR BIKE READY FOR ITS FIRST RIDE?

PLEASE SCAN THE QR CODE TO GO DIRECTLY TO OUR YOUTUBE CHANNEL FOR AN IN DEPTH VIDEO GUIDE ON SETTING UP EVERYTHING FROM YOUR SADDLE TO MAINTAINING YOUR BIKE. ALTERNATIVELY, PLEASE USE THE LINK BELOW:

WWW.YOUTUBE.COM/TERRAINCYCLES

IF YOU HAVE ANY QUESTIONS IN REGARDS TO YOUR NEW BIKE PLEASE CALL OUR CUSTOMER SERVICE TEAM ON: 01274 588488