



BARLEYLANDS LUNCH

The background is a solid light pink color. It is decorated with delicate line art of cherry blossoms and branches, scattered across the top, bottom, and sides of the page. The blossoms are five-petaled with visible stamens and buds.

Tiptree

LIFE IS SWEET

SANDWICHES

Freshly made on white or seeded bread, with fresh salad garnish and local farm crisps.

**Bread is made in a bakery which uses milk, sesame seeds and barley. May contain egg, nuts and sesame.

HAND CARVED HAM 8.50 (648 kcal)
Accompanied by a Tiptree English Wholegrain Mustard.

MATURE CHEDDAR 8.50 (900 kcal)
Accompanied by a Tiptree Onion Relish.

CORONATION CHICKEN 9.50 (722 kcal)
Made using Tiptree Mango Chutney.

FRENCH BRIE 8.50 (844 kcal)
Accompanied by a Tiptree Hot Gooseberry Chutney.

LINE CAUGHT TUNA 9.50 (697 kcal)
With cracked black pepper and mayonnaise.

EGG MAYONNAISE 8.50 (600 kcal)
Made with free range eggs and cracked black pepper.

PRAWN COCKTAIL 9.50 (571 kcal)
With Marie Rose Sauce and cracked black pepper.

SMOKED SALMON, CREAM CHEESE & CUCUMBER 9.95 (562 kcal)
With cracked black pepper.

VEGAN CHEESE 8.50** (710 kcal)
Accompanied by a Tiptree Onion Relish.

CORONATION CHICKPEA 8.50** (737 kcal)
Made using Tiptree Mango Chutney and vegan mayonnaise.

TOASTED SANDWICHES OR PANINIS

Served with fresh salad garnish and local farm crisps. (Kcal bread/panini)

FRENCH BRIE & BACON 9.75 (937/1007 kcal)
Accompanied by a Tiptree Hot Gooseberry Chutney.

MATURE CHEDDAR, TOMATO & ONION 9.75 (712/782 kcal)
Accompanied by a Tiptree Onion Relish.

GOATS CHEESE & TIPTREE HONEY ROASTED VEGETABLES 9.75 (759/829 kcal)
With a hint of Tiptree Chilli Chutney.

MATURE CHEDDAR & HAND CARVED HAM 9.75 (776/846 kcal)
Accompanied by a Tiptree English Wholegrain Mustard.

LINE CAUGHT TUNA MELT 9.75 (776/845 kcal)
Made using tuna, mayonnaise and mature cheddar, accompanied by a Tiptree Onion Relish.

SAUSAGE & MATURE CHEDDAR 9.75 (1047/1117 kcal)
With Tiptree Red Onion Chutney.

MOZZARELLA, BASIL & TOMATO 9.75 (665/735 kcal)
With a hint of Tiptree Chilli Chutney.

VEGAN CHEESE, TOMATO & ONION 9.75** (645/714 kcal)
Accompanied by a Tiptree Onion Relish.

JACKET POTATOES

Oven-baked and served with a fresh salad garnish and homemade coleslaw.

MATURE CHEDDAR & BACON 9.95 (1221 kcal)

LINE CAUGHT TUNA MAYONNAISE 9.95 (914 kcal)

CORONATION CHICKPEA 9.95 (961 kcal)

PRAWN COCKTAIL 10.25 (788 kcal)

MATURE CHEDDAR & BAKED BEANS 9.95 (1046 kcal)

SAUSAGE & MATURE CHEDDAR 9.95 (1134 kcal)

CORONATION CHICKEN 10.25 (1007 kcal)

All our meals are prepared fresh to order. Our food may contain or have come in contact with wheat, fish, soy, peanuts, tree nuts, eggs, shellfish, sesame or dairy products. If you have any specific allergen or dietary requirements please inform a team member who can provide further information.

We also have a selection of specials available, please ask a team member for more information.

Adults need around 2000 kcal a day

SEASONAL SALADS

Our salads are all made fresh to order and are served with fresh salad garnish, new potatoes, a butter portion and homemade coleslaw. Served with your choice of a Tiptree Mayonnaise, a Tiptree Onion Relish, a Tiptree Hot Gooseberry Chutney or French Dressing.

HAND CARVED HAM 12.50 (885 kcal)

WARMED GOATS CHEESE, TIPTREE HONEY ROASTED VEGETABLES & BALSAMIC GLAZE 12.95 (948 kcal)

PRAWN COCKTAIL 12.95 (884 kcal)

Add smoked salmon (+120 kcal) for an extra £3.

CHICKEN, BACON, AVOCADO & FRENCH DRESSING 14.95 (1037 kcal)

PLOUGHMAN'S

Our Ploughman's lunches are served with fresh salad garnish, homemade coleslaw, pickled onion, pickled gherkin apple slices, tiger roll and a Tiptree Onion Relish.

CHEESE 13.95 (1468 kcal)

French brie, stilton and mature cheddar.

HAND CARVED HAM 13.95 (866 kcal)

MIXED 14.95 (1092 kcal)

Brie, mature cheddar and hand carved ham.

QUICHE OF THE DAY 13.95

Made by our Patisserie using fresh ingredients and served with fresh salad garnish, new potatoes, a butter portion and homemade coleslaw. Please ask a member of staff for today's selection and nutritional values.

CAKES & DESSERTS FROM 3.95

A selection of freshly made cakes and desserts are also available, please ask a member of staff about today's selection and nutritional values.

SIDES

Portion of homemade coleslaw 2.00 (303 kcal)

Side salad with French Dressing 4.50 (83 kcal)

New potatoes 2.95 (79 kcal)

Bag of crisps 1.20 (shown on bag)

Tiger Roll 1.50 (147 kcal)

Extra mini Tiptree jar 64p (please ask)

Chips 3.50 (859 kcal)

Cheesy Chips 4.50 (1107 kcal)

Sausage Roll 2.35 (502 kcal)

TOASTED TEA CAKE 3.95 (504 kcal)

Toasted tea cake with butter portions and your choice of a Tiptree Preserve or a Tiptree Marmalade.

TIPTREE SIGNATURES

Our fruit scones are freshly baked every morning. Please advise your server if you would like them warmed.

TIPTREE CREAM TEA 8.95PP (1019 kcal - not including drink)

Two homemade fruit scones with Tiptree Little Scarlet Strawberry Preserve** and Rodda's classic Cornish clotted cream. Served with your choice of tea or coffee.

TIPTREE CHEESE TEA 8.95PP (1143 kcal - not including drink)

Two homemade cheese scones with Tiptree Onion Relish and cream cheese. Served with your choice of tea or coffee.

TIPTREE AFTERNOON TEA 20.00PP*

English Afternoon Tea served on a three tier cake stand with two freshly made sandwiches of your choice, homemade fruit scones, Tiptree Little Scarlet Strawberry Preserve** and Rodda's classic Cornish clotted cream. A selection of our miniature individual patisserie items to finish. With your choice of tea or filter coffee.

SPARKLING AFTERNOON TEA 25.00PP*

Our traditional Afternoon Tea for two with a fizzy twist. Served with a 100ml glass of Prosecco each. (11% Vol.)

*Please ask your server for the nutritional values for your chosen afternoon tea.

**Little Scarlet Strawberry Preserve availability dependent on the Little Scarlet strawberry harvest in the Summer.

Adults need around 2000 kcal a day