

# Performance Department Vacancy

| Job Title    | Lead Academy Sport Scientist                              |
|--------------|---|
| Department   | Performance   |
| Location     | Oriam - Scotland's Sports Performance Centre, Edinburgh,  |
|              | EH14 4AS  |
| Salary       | Competitive salary plus excellent staff benefits.         |
| Hours        | Part-time, 15 hours per week which will include evenings. |
| Reporting to | Head of Academy Performance                               |
| Closing Date | 6 May 2024 – Close of play                                |

Heart of Midlothian Football Club is a Scottish Premiership Football Club based in Edinburgh with Elite Academy Status. The Club are looking to recruit a Lead Academy Sport Scientist to join our forward-thinking and ambitious Performance Department.

The Lead Academy Sport Scientist will deliver a programme of sport science support services to our part-time boys and girl's players. We are looking for a candidate who is highly motivated and passionate about working with and developing young athletes. In addition, we are seeking someone who can develop good working relationships with a variety of groups including fellow practitioners, coaches, young players, and their parents. The successful candidate will be joining a team of forward thinking and ambitious staff who are dedicated to creating an inclusive and supportive working environment.

## **Key Responsibilities:**

- Implement our long-term athletic development framework to help prepare youth players for the physical demands of full-time professional football.
- Maintain a data management system for longitudinal player monitoring adopting a conscientious approach to data entry and judicious interpretation and dissemination of results.
- Design and deliver gym-based training sessions.
- Design and deliver speed, agility, plyometric & conditioning sessions.
- Provide occasional matchday support for the U18s squad.
- Develop and maintain positive relationships and effective communication pathways with players, coaches, and other members of the Performance Department.
- Facilitate and proactively contribute to applied research projects as directed by the Head of Performance.

## **Essential Qualifications, Experience & Requirements:**

- Undergraduate degree in sport science or related discipline.
- Demonstrable experience of providing sport science support services to athletes, preferably within a professional football club.
- UKSCA accredited or ability to apply within 6 months.
- Postgraduate degree in sport science or related discipline. (Desirable)
- BASES accredited or working towards via supervised experience pathway. (Desirable)
- ISAK level 1 accredited. (Desirable)
- Legal right to work in the UK.

#### **Essential Personal Skills:**

- Excellent communication and interpersonal skills.
- Conscientious and committed to attention to detail.
- Excellent IT skills.
- Critical thinking and analytical mindset.
- Able to operate within a high-pressure working environment and put forward their point of view.
- Honesty, openness, and an approachable demeanor.
- Committed to professional development.

# The role will have regular contact with children, and it is therefore required by law to have a Protection of Vulnerable Groups (PVG) check through Disclosure Scotland as a condition of employment.

**How to apply:** If you think you are suitable for the position and meet the criteria above, please send a covering letter and CV to <u>Recruitment@homplc.co.uk</u>.

# HEART OF MIDLOTHIAN FOOTBALL CLUB IS AN EQUAL OPPORTUNITIES EMPLOYER AND FULLY COMMITTED TO THE SAFEGUARDING AND WELFARE OF VULNERABLE GROUPS. HEART OF MIDLOTHIAN IS A LIVING WAGE ACCREDITED COMPANY.