

# 4 Rs: REVIEW, READJUST, REFOCUS, RECOMMIT

## MY MID-YEAR GOAL REVIEW TIPS

**DAY ONE** Vision and goals review.

**3**  
**COMMIT**™

**DAY TWO** Goal progress review.

**DAY THREE** Habits and routines review and adjustments.

**DAY FOUR** Get organized and caught up.

Get your life and work space in order. Set things up in a way that works for you, remove clutter, tidy up your house and workspace.

**DAY FIVE** Continue organization and check something off that's been on your to do list for more than 30 days.

**DAY SIX** Get your planner set up for next 6 months.  
(Events, appointments, budgets, monthly challenges, etc.)

**DAY SEVEN** Put your support system in place.

Get an accountability partner for the second half of the year or join our facebook goal-getters group here:

[www.facebook.com/groups/Commit30GoalGetters](https://www.facebook.com/groups/Commit30GoalGetters)