3
COMMIT
30-DAY CHALLENGE

This month, I commit to:

....

....

....

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

My reward:

....

....

commit. plan. succeed.