

Treatment Menu



ikalma
skin + body studio!

NAILS

Gel Polish-Natural/Colour	(light cured)	R265
Gel Polish-French	(light cured)	R295
Natural Colour Overlay	(natural, acrylic or gel)	R370
Overlay + Gel Polish	(acrylic or gel)	R410
French / Ombre Overlay	(acrylic or gel)	R415
Natural / Colour / French Tips	(acrylic or gel)	R425
Tips + Gel Polish	(with gel polish)	R490
Sculptured or Stiletto Tips	(acrylic or gel)	R510

NAIL POLISH + ART

Buff + Polish	(clear or colour)	R160
Nail Art Basic	(per nail)	R 10
Nail Art Designer	(per nail)	R 25

FILLS + MAINTENANCE

Two Week Fill	(acrylic or gel)	R295
Two Week French Back Fill	(acrylic or gel)	R360
Three Week Fill	(acrylic or gel)	R315
Three Week French Back Fill	(acrylic or gel)	R385
Two/Three Week Fill + Gel Polish	(acrylic or gel)	R370
Additional Week	(4 weeks or more)	R 35
New Nail Repair	(acrylic or gel) (per nail)	R 45
Repair with Fill	(acrylic or gel) (per nail)	R 45
Gel Polish Nail Repair	(per nail)	R 35

NAIL REMOVALS

Soak/Buff Off	(before new Gel Polish application)	R 55
Soak/Buff Off	(before new Acrylic/Gel Overlay application)	R 75
Soak/Buff Off	(nails done at a different salon)	R120
Soak/Buff Off + Shape + Polish	(clear or colour)	R180



BODY MASSAGES

Foot Massage + soak & scrub NEW	(30 min)	R230
Indian Head / Scalp Massage	(30 min)	R300
Back + Neck Massage	(30 min)	R320
Back + Neck Massage	(45 min)	R370
Back + Neck Soy Candle Wax Massage	(30 min)	R350
Back + Neck Hot Stone Massage	(30 min)	R380
Full Body Massage	(60 min)	R460
Full Body Soy Candle Wax Massage	(60 min)	R500
Full Body Hot Stone Massage	(60 min)	R560
Purifying Back Treatment	(60 min)	R410

HANDS + FEET

Manicure	(45 min)	R245
Pedicure	(60 min)	R305
Medi-Heel Treatment	(30 min)	R235

(Full Foot, Scrub + Massage)

HANDS + FEET ADD-ONS

With Manicure or Pedicure Only

Parrafin Wax	(hands or feet)	R110
Medi-Heel	(heel, ball or foot)	R120
Medi-Heel	(entire foot)	R160
Gel Polish Natural/Colour	(light cured)	R195
Gel Polish French	(light cured)	R220



BROWS + LASHES

Brow Tint	R 85
Lash Tint	R 95
Lash + Brow Tint Combo	R160

WAXING

Please let your Kalm experts know if you are taking any medication.

Brow Shape	R 85	Full Back	R310
Nose or Ear	R 85	Stomach	R170
Lip	R 75	Stomach Line	R110
Chin	R 85	Bikini <small>(Women only)</small>	R150
Sideburns	R130	Brazilian <small>(Women only)</small>	R260
Full Face <small>(Incl Brows)</small>	R260	Hollywood <small>(Women only)</small>	R310
Neck	R160	1/2 Leg Wax	R195
Chest	R285	3/4 Leg Wax	R215
Under Arms	R140	Full Leg Wax	R285
1/2 Arms	R130	Fingers or Toes	R 80
Full Arms	R185	1/2 Back Wax	R230

WE ALSO HAVE MEN'S WAXING AVAILABLE





Enjoy your kalm
journey with

kalahari™

ancient desert secrets

by
Carina Franck



TREATMENT MENU

The KALM™ Skin Journey

FACIAL TREATMENTS

Kalahari™ Honeybush Facial R270

Introductory Facial

30-minute introductory Facial, including Light Therapy, Skin Analysis, a Personalised Treatment Strategy & Product prescription.

Teen Go for the Glow Facial R350

#skincareforteens

45min teen facial treatment with Photon Light Therapy for clear & glowing skin.

Ultra Hydrating Facial R420

Dry & Dehydrated Skin

An ultra hydrating treatment that combines Light Therapy & a Hyaluron Alginate Mask to lock in moisture & restore the natural barrier of the skin.

***Pure Organic Vitamin C Facial** R420

All Skin Conditions

A naturally firming & brightening treatment rich in vitamin C & anti-oxidants.

Combined with Light Therapy, this treatment will leave your skin rejuvenated.

Phytic Deep Cleansing Clay Facial R450

Problematic Skin

A purifying treatment that combines Mandelic, Glycolic & Phytic acids together with Light Therapy & High frequency to effectively treats breakouts & blemishes, leaving the skin visibly clearer. (Includes Extractions)

*Enquire about your own Hygiene Kit

***Vitamin C Skin Renewal Facial** R560

Pigmentation & Scarring

A deeply exfoliating & brightening Vitamin C treatment combined with Microdermabrasion & Light Therapy to improve skin texture & complexion.

De-Ageing Vita-Gel Facial R610

Ageing Skin

A highly effective de-ageing treatment with a specialised Golden Shimmer mask, containing Alpha-Hydroxy acids & Peptides, combined with Radio Frequency Technology to eliminate fine lines & wrinkles.

***Ultimate Vitamin C Booster Facial** R630
Photo-aged & Pigmented Skin

An ultra-firming & brightening Vitamin C treatment combined with Microdermabrasion & Radio Frequency Technology that will leave the skin visibly brighter, smoother, revitalised & radiant.

*Purchase any Kalahari corrector or serum with any Vitamin C Facial + receive a complimentary Vitamin C Vial to create a super antioxidant homecare treatment

PROFESSIONAL PEELING SYSTEMS

Phyto Enzyme Compound Peel R510
22% Application

The PEC Treatment is an effective cleansing & exfoliating treatment with Pumpkin enzyme & Glycolic acid that unblocks pores leaving the skin visibly clear & brightened.

Glassglow™ AHA + Chemipeel R520

A powerful chemipeel complex with Beta-Hydroxy & Alpha Hydroxy acids to boost dermal rejuvenation & promote glowing skin.

*ask about the 21 day Glassglow healthy skin Challenge

TCA Chemipeel Treatment R530
8% or 12% Application

TCA Treatment will refine the appearance of fine lines, wrinkles & pores and even out skin discoloration.

D-AGE 5 Chemipeel Treatment R560
31% Application

This compound of D-AGE 5 will refine the appearance of fine line, wrinkles & pores & will visibly de-age the skin.

FACIAL ADD-ON TREATMENTS

Hydrating Collagen Eye Patch	R65
Vitamin C Eye Zone Treatment	R130
High Frequency Treatment	R110
Extractions	R110
Radio Frequency Treatment	R170
Hyaluron Alginate Mask	R130
Dermal Solution Ampoule	R150
Hydrating Facial Paraffin Mask	R110
Laser Light Therapy	R160
Photon Light Therapy Mask	R150
Collagen Face Mask	R170
De-ageing Hand/arm Treatment (with PEC)	R255
Neck + Décolleté Firming Treatment	R170
Microdermabrasion	R350
Nano Needling	R800
*Micro Needling	

*Can only be added to specific treatments

φ optiphi

FACIAL TREATMENTS

Optiphi Hydrate + Repair Facial R690

Dry & Dehydrated Skin

This indulgent treatment targets redness, irritation & dehydration and is designed to deliver actives that soothe, nourish & bring balance.

Optiphi Firming Peptides Facial R690

Ageing Skin

This indulgent treatment targets signs of ageing, sagging & lifelessness in the skin and is designed to deliver actives that boost collagen & elastin synthesis.

Optiphi Radiance Boost Facial R690

Photo-aged & Pigmented Skin

This indulgent treatment targets dullness & uneven skin tone and is designed to deliver actives that exfoliates, brightens & protects the skin from further inflammatory pigmentation.

Optiphi Clarity Facial R550

Problematic Skin

A gently exfoliating & deep cleansing treatment that focuses on balancing the skin barrier & microbiome. Ideal for oily & breakout prone skin. (Includes Extractions)

*Enquire about your own hygiene kit



ACTIVE SKIN REJUVENATION PEELS

Optiphi 25% Glycolic Acid Peel R550

Optiphi 30% Glycolic Acid Peel R600

Improve skin tone & texture, targets hyperpigmentation and premature ageing and promotes true skin rejuvenation.

Optiphi Active 30/30 Peel R690

Targets indicators of inflammation, sun damage, pigmentation, and collagen synthesis. The 30|30 Peel consisting of 30% Glycolic Acid & 30% Ascorbic Acid.

Optiphi Retinol Peel R955

Photo-ageing, acne and acne scarring, hyperpigmentation and age spots, and/or anyone wishing to improve their overall complexion. The Optiphi® Retinol Peel is an advanced double-action peeling treatment delivered by a combination retinol & bio-retinoids.

OPTIPHI FACIALS ADD-ON TREATMENTS

Optiphi Complete Eye Serum R110

Optiphi Complete Eye Mask R170

High Frequency Treatment R110

Extractions R110

Radio Frequency Treatment R170

Laser Light Therapy R160

Photon Light Therapy Mask R160

Microdermabrasion R170

Optiphi Skin Supplement R210

Optiphi Polyphenol Algae Mask R250

Nano Needling (Optiphi Supplement) R450

Micro Needling* (Optiphi Supplement) R900

(*Can only be added to specific treatments)

MICRONEEDLING TREATMENTS

Includes a specialised
skin specific mask

A minimally invasive treatment that effectively improves scars, wrinkles & photo-ageing. Micro injuries stimulates the body's natural wound healing processes, resulting in cell turnover and increased collagen and elastin production, reversing & preventing signs of ageing.

	SINGLE	3 TREATMENTS	
Full Face	R1 010	R2 500	SAVE R530
Face and Neck	R1 220	R2 810	SAVE R850
Face, Neck+Décolleté	R1 440	R3 340	SAVE R980

HAIR RESTORATION THERAPY **NEW**

Optiphi's Hair Growth Complex is designed for trans-dermal use through micro-needling and has shown promising results with minimal discomfort and recovery time. This patented supplement is an active ingredient blend, including Liposomal co-enzyme Q10 & Carnitine to activate repair mechanisms, in turn, stimulating healthy hair growth and reactivation of follicle stem cells.

	SMALL AREAS	MEDIUM AREAS	LARGE AREAS
Microneedling Hair Restoration (Single Treatments)	R800	R1 320	R1 850
PACKAGE OF 3			
Microneedling Hair Restoration	R2 200 SAVE R200	R3 650 SAVE R310	R5 080 SAVE R470
PACKAGE OF 6			
Microneedling Hair Restoration	R3 999 SAVE R801	R6 600 SAVE R1320	R8 880 SAVE R2200


KALM BODY TREATMENTS


With Radio Frequency


Single Treatment	R300	
5 Treatment Package (2 free detox sessions included)	R1275	SAVE R825
10 Treatment Package (5 free detox sessions included)	R2450	SAVE R1450


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