

Prostate Support Contraindications/Medication Interactions

Beta-sitosterol

Special Precautions & Warnings:

Sitosterolemia:

Avoid plant sterols such as beta-sitosterol in patients with sitosterolemia, a rare inherited plant sterol storage disease.

Interactions

Moderate Interaction - Be Cautious with this combination:

Ezetimibe (Zetia) interacts with BETA-SITOSTEROL

Taking ezetimibe (Zetia) can reduce of amount of beta-sitosterol the body absorbs. This might decrease the effectiveness of beta-sitosterol.

Minor Interaction - Be Cautious with this combination:

Pravastatin (Pravachol) interacts with BETA-SITOSTEROL

Taking pravastatin (Pravachol) might decrease how much beta-sitosterol is in the body. This might decrease the effectiveness of beta-sitosterol.



Saw Palmetto Fruit

Special Precautions & Warnings:

Surgery

Saw palmetto might slow blood clotting. There is some concern that it might cause extra bleeding during and after surgery. Stop using saw palmetto at least 2 weeks before a scheduled surgery.

Estrogens interacts with SAW PALMETTO

Saw palmetto seems to decrease estrogen levels in the body. Taking saw palmetto along with estrogen pills might decrease the effectiveness of estrogen pills.

Medications that slow blood clotting (Anticoagulant / Antiplatelet drugs) interacts with SAW PALMETTO

Saw palmetto might slow blood clotting. Taking saw palmetto along with medications that also slow clotting might increase the chances of bruising and bleeding.

Stinging Nettle Root

Special Precautions & Warnings:

Diabetes:

There is some evidence stinging nettle above ground parts can decrease blood sugar levels. It might increase the chance of low blood sugar in people being treated for diabetes. Monitor your blood sugar carefully if you have diabetes and use stinging nettle.

Lithium interacts with STINGING NETTLE:

Stinging nettle might have an effect like a water pill or "diuretic." Taking stinging nettle might decrease how well the body gets rid of lithium. This could increase how much lithium is in the body and result in serious side effects. Talk with your healthcare provider before using this product if you are taking lithium. Your lithium dose might need to be changed.



DIM

Special Precautions & Warnings:

Medications changed by the liver (Cytochrome P450 1A2 (CYP1A2) substrates) interacts with DIINDOLYLMETHANE

Diindolylmethane might increase how quickly the liver breaks down some medications. Taking diindolylmethane along with some medications that are changed by the liver can decrease the effectiveness of some medications. Before taking diindolylmethane talk to your healthcare provider if you take any medications that are changed by the liver.

Zinc

Special Precautions & Warnings:

Antibiotics (Quinolone antibiotics) interacts with ZINC

Zinc might decrease how much antibiotic the body absorbs. Taking zinc along with some antibiotics might decrease the effectiveness of some antibiotics. To avoid this interaction take zinc supplements at least 1 hour after antibiotics.

Antibiotics (Tetracycline antibiotics) interacts with ZINC

Zinc can attach to tetracyclines in the stomach. This decreases the amount of tetracyclines that can be absorbed. Taking zinc with tetracyclines might decrease the effectiveness of tetracyclines. To avoid this interaction take zinc 2 hours before or 4 hours after taking tetracyclines.

Cisplatin (Platinol-AQ) interacts with ZINC

Cisplatin (Platinol-AQ) is used to treat cancer. Taking zinc along with EDTA and cisplatin (Platinol-AQ) might increase the effects and side effects of cisplatin (Platinol-AQ).

Penicillamine interacts with ZINC

Penicillamine is used for Wilson's disease and rheumatoid arthritis. Zinc might decrease how much penicillamine your body absorbs and decrease the effectiveness of penicillamine.

Minor Interaction - Be Cautious with this combination:

Amiloride (Midamor) interacts with ZINC

Amiloride (Midamor) is used as a "water pill" to help remove excess water from the body. Another effect of amiloride (Midamor) is that it can increase the amount of zinc in the body. Taking zinc supplements with amiloride (Midamor) might cause you to have too much zinc in your body.

Lycopene

Special Precautions & Warnings:

Surgery:

Lycopene might slow blood clotting. It might increase the risk of bleeding during and after surgery. Stop using lycopene supplements at least 2 weeks before a scheduled surgery.

Boron

Special Precautions & Warnings:

Hormone-sensitive condition:

Boron might act like estrogen. If you have any condition that might be made worse by exposure to estrogen, avoid supplemental boron or high amounts of boron from foods.

Kidney disease or problems with kidney function:

Do not take boron supplements if you have kidney problems. The kidneys have to work hard to flush out boron.

