Omega Calm liquid contains fish oil in its natural triglyceride (TG) form. This product contains 725 mg of eicosapentaenoic acid (EPA) and 475 mg of docosahexaenoic acid (DHA). EPA has been shown to support a healthy brain, skin health, normal cholesterol metabolism, and promotion of a healthy inflammatory response.* DHA has been shown to support brain health, visual acuity, eye development, a healthy pregnancy, and maintenance of normal fat metabolism and blood pressure.*

Omega Calm carries the TruTG $^{\text {mw }}$ seal containing fish oil in its TG form. This product contains $90 \%$ to $100 \%$ TG-bound omega-3 oils, which is $40 \%$ to $50 \%$ higher than industry standards for TG fish oil concentrated products. It is molecularly distilled and filtered to ensure purity and to maximize the removal of metals, pesticides, PCBs, and other contaminants. DeltaGold ${ }^{\circledR}$ tocotrienols are added to enhance the stability of the product.

## Highlights

- $1,500 \mathrm{mg}$ of essential fatty acids (EFA) per 5 mL serving
- Contains 725 mg of EPA and 475 mg of DHA
- Pleasant lemon flavor
- Convenient liquid delivery
- Contains vitamin E isomers (as DeltaGold ${ }^{\circledR}$ deltaand gamma-tocotrienols) for enhanced stability
- Gluten-free, dairy-free, and soy-free
- Non-GMO


## omega calm

## Benefits of Omega Calm:

- Supports cardiovascular health
- Promotes omega-3 status
- Supports overall brain health
- Promotes a healthy response to inflammation
- Promotes healthy fat metabolism


## Recommended Use:

Take 5 mL (approximately one teaspoon) per day with a meal or as directed by your healthcare practitioner.


