Every day the body works to defend itself from free radicals, the unstable atoms that may accelerate aging, cause cellular damage, and lead to compromised health. However, inside nearly every cell is a tripeptide known as glutathione that plays a key role in antioxidant health.

Glutathione contains the amino acids cysteine, glycine, and glutamic acid. It is involved in metabolic reactions affecting every system in the body, especially the nervous system, immune system, and gastrointestinal system.

# **How Liposomal G Works**

In addition to providing protection from toxins, studies show glutathione is critical for maintaining health as we age and that glutathione levels decrease with age.1

Supplementing with Liposomal G helps maintain proper concentrations of glutathione in the body. Glutathione depletion is a strong indicator of oxidative stress in the body and may lead to cell death and impairment.2

One functional aging study on elderly adults discovered that higher blood glutathione levels were associated with higher levels of self-rated health and well-being, fewer health issues, lower blood pressure, lower body mass index, and more physical activity.3

The liposomal technology used to formulate Liposomal G makes it easier than ever to maintain this essential antioxidant with its superior bioavailability. Liposomes are double- layered spheres containing nutrients that can withstand harsh digestive elements to deliver targeted nutrients to precise areas of the body.

# **Liposomal G Supplementation**

Fighting free radicals with antioxidants is essential for a lifetime of good health\*. Liposomal G supports antioxidant health and glutathione levels in the body. Each serving of Liposomal G is designed to help you protect your cells from oxidative damage and the daily onslaught of free radicals.\*

FORM: LIPOSOMAL LIQUID SERVING SIZE: 1 DROPPER (1 ML)

INGREDIENTS	AMOUNT	%DV
L-GLUTATHIONE (REDUCED)	100 MG	*

## Other Ingredients:

Purified water, glycerin, natural strawberry watermelon lavor, non-gmo sunflower lecithin, stevia leaf extract, potassium sorbate.

### References:

- 1. Pizzorno J. Glutathione! Integr Med (Encinitas). 2014;13(1):8-12.
- 2. Mytilineou C, Kramer BC, Yabut JA. Glutathione depletion and oxidative stress. Parkinsonism Relat Disord. 2002;8(6):385-387.
- 3. Julius M, Lang CA, Gleiberman L, et al. Glutathione and morbidity in a community-based sample of elderly. J Clin Epidemiol. 1994;47(9):1021-1026.

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# Liposomal G

# Additional Benefits of Liposomal G\*

- Supports antioxidant health\*
- Supports healthy glutathione levels\*
- Promotes healthy metabolic reactions\*
- Promotes healthy nervous system function\*
- Promotes healthy immune system function\*
- Promotes healthy gastrointestinal system function\*

# **Recommended Use:**

Shake well. Take one full dropper (1 mL) 2-4 times daily or as directed by your healthcare practitioner.

