

Berry Good Immune provides immune support in a pleasant tasting liquid ideal for both children and adults. It is a comprehensive, synergistic formula that combines herbs, medicinal mushroom extracts and other natural compounds to help the body maintain a normal immune system response.* Its significant botanicals include extracts from elderberry, astragalus root, and wild cherry bark. In addition, Berry Good Immune includes a combination of shiitake and maitake mushroom extracts, as well as the soluble dietary fiber beta glucan, which have been shown to help stimulate the immune system.*

The immune system is an extraordinary, complex system comprised of specific cells, organs and other microscopic immune defense organisms. Together, they make up the defense system that protects the health and wellness of our bodies on a day to day basis. The standardized herbs in Berry Good Immune contain optimal and consistent amounts of their most active ingredients.

Berry Good Immune

Recommended Use:

Take 1 mL (approx. 35 drops) per day, or as directed by your health care practitioner

Elderberry (*Sambucus nigra*)

Elderberry, commonly referred to as European elder, is grown in most parts of Europe, Northern Africa, West Asia, and now the U.S., and nearly every part of the plant is utilized medicinally, as dietary supplements, or for culinary purposes. The flowers and berries are used most frequently for their high flavonoid content, an antioxidant compound that supports healthy inflammatory and immune responses.* Of all the fresh fruits and berries, elderberry measures as one of the highest in total antioxidant capacity (TAC). Elderberry may help support the immune system of the upper respiratory tract, which is especially important during challenging seasonal times.

Astragalus root (*Astragalus membranaceus*)

Astragalus is native to China and considered one of the most important and widely utilized herbs in Traditional Chinese Medicine (TCM) to help the body adapt to occasional stress. In TCM, astragalus is commonly found in mixtures with other herbs as a tonic to support the immune system and a healthy inflammatory response.*

Wild cherry bark (*Prunus serotina* spp.)

Traditionally, American black cherry has been used for hundreds of years as both food and medicine. It boasts a high content of polyphenolic compounds that possess a high TAC which may have a number of beneficial biological activities including supporting immune system health.*

Shiitake (*Lentinula edodes*) & Maitake mushroom (*Grifola frondosa*)

Shiitake mushrooms have been cultivated for over 1,000 years and can be traced back to the Song Dynasty (960-1127 A.D.). Shiitake is one of the most popular edible mushrooms in the world and has rapidly grown for its use in supporting and promoting the expression of certain white blood cells for a healthy immune system response.* Maitake mushrooms, and particularly their beta-glucan polysaccharide (a type of fiber) constituent, have been associated with helping balance a healthy immune system.*

Beta-1,3/1,6 glucan

Beta-glucan is a soluble fiber derived from the cell walls of algae, bacteria, fungi, yeast, and certain cereal grains such as barley and oats. It is commonly used to help healthy cholesterol and glucose metabolism to support body weight management.* Beta-glucans have also been shown to support the body's natural ability to heal wounds and a healthy immune response.*



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.