

# FMG HEELS

## Guide Book



**GLAM**  **FIT**  
BIKINIS



# When Should I Order?

## HOW MANY WEEKS OUT?

We recommend ordering your first pair of posing heels as early as 20 weeks out from your competition.

Take your time to practice your preferred style for a few weeks before placing an order for another pair with embellishments. This way, you'll have time to gain confidence in your chosen style before committing to purchasing embellished heels.

## TURN AROUND TIME

Our current production time is around 6-8 weeks. This allows time for your heels to be hand embellished and brought back to us for dispatch. This does not include shipping time - Please choose Express Shipping!

**REMEMBER** The estimated shipping time at checkout doesn't include bikini production time!

## SHIPPING

### AUSTRALIAN SHIPPING

The exact price of shipping will be calculated at checkout when you pay for order via our website

Express: 2-4 business days

Standard Shipping: 5-14 business days (not recommended)

### INTERNATIONAL SHIPPING

For international orders we recommend DHL express only to ensure it arrives to you quickly and safely!

Usually standard international shipping is 4-6 weeks.

EParcel express is 3-4 weeks.

DHL express is 3-7 business days.



# Popular Styles

## MOST POPULAR HEELS

Rule number 1: Wear what you're comfortable in!

There is no point in purchasing 7 inch heels with a giant platform if you're not going to be able to walk and pose in them.

One of our most common questions about FMG heels is "Do I have to wear this crazy high platforms?"

No you don't!

Our most popular heels for FMG are the Delight 609, Aspire 609.

As well as the Bejewelled, and Cocktail 501DM with added embellishments.

**FMG do not allow clear heels.**

Our supplier is in the US, so some styles of shoes will take 10 business days to arrive to us before we can ship them to you.





# Heel Embellishments

## FMG HEEL EMBELLISHMENT

Is the perfect way to create a polished and complete look on stage. It creates unity to the entire outfit. We offer custom heel embellishments that you can add to any pair of heels! We match the colours and stones used on your couture bikini.

## PERMANENT EMBELLISHMENTS

We offer full heel embellishment. This can range from AU\$500-800 plus the price of the heels.

We recommend saving your embellished heels for show day and only doing minimal posing practice in them. Its best to have a 'practice pair' in the exact same style of heel to avoid ruining the embellishments but also to get comfortable with posing in the same heels you will be wearing on show day





# Level 1

## LEVEL 1 - HEEL EMBELLISHMENT

If you are wanting to create unity but not wanting to spend too much, Level 1 is perfect for you. We will create embellishments to match your bikini perfectly and attach them to the toe strap of your heels. There will also be a scattering of rhinestones on the platform and heel to catch the light and sparkle beautifully on stage.

## ESTIMATED COST

We recommend budgeting between \$200-\$300 for this option. the cost will depend upon the platform height, style and size of the heels.





# Level 2

## LEVEL 2 - HEEL EMBELLISHMENT

If you are looking for something a little more glam than Level 2 might be more to your liking. We will create embellishments to match your bikini perfectly and attach them to the toe strap of your heels. There will also be a cascade of rhinestones on the platform and heel to dazzle the judges.

## ESTIMATED COST

We recommend budgeting between \$450-\$600 for this option. The cost will depend upon the platform height, style and size of the heels.





# Level 3

## LEVEL 3 - HEEL EMBELLISHMENT

Level 3 is the holy grail of Heel embellishment. we will fully cover your heels in rhinestone to ensure they are the most beautiful heels you have ever seen. they will complete your entire look perfectly and are sure to impress the judges and audience.

## ESTIMATED COST

We recommend budgeting between \$650-\$800 for this option. the cost will depend upon the platform height, style and size of the heels.





# Need Help?

**BOOK YOUR FREE  
BIKINI DESIGN  
CONSULTATION!**

**BOOK NOW**







IF YOU HAVE ANY QUESTIONS  
PLEASE DONT HESITATE TO ASK!

**SUPPORT@GLAMFITBIKINIS.COM**



DM US - @GLAMFITBIKINIS

