

K195 "The Winner"

1/8" Universal Knee Strap with moldable attachment

Indications:

- Patellar Tendonitis
- Osgood-Schlatter Disease
- Chondromalacia
- Patellar Femoral Syndrome
- Jumper's Knee
- Runner's Knee



Directions for use:

- 1. Place the long non-velcro end under the knee cap and on the outside of the leg and wrap front to back.
- 2. Continue around the back of the knee, attaching the velcro to the outside of the knee strap.
- 3. Bend the moldable insert so it conform with the front of the patellar tendon area, attach the velcro to the strap.
- 4. Hold first velcro anchor in place then pull the remaining end of strap over insert across the front of the knee with desiraable amonut of tension, then attach second velcro anchor.











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