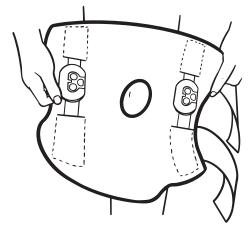
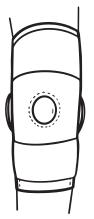
## **INSTRUCTIONS FOR USE**

COLD THERAPY KNEE WRAP, UIR-HT





**1.** Place the knee wrap around your affected knee, ensuring that the built-in ice pack or sleeve is positioned over the area that requires cold therapy.



**2.** Fasten the upper circumferential strap around your thigh to secure the knee wrap in place. Fasten the lower circumferential strap around your calf to provide additional support and stability to the knee joint. Adjust the straps as needed to achieve a snug and comfortable fit that provides support and stability to your knee.



**3.** Make sure that the range of motion (ROM) hinges are properly positioned to allow for controlled flexion and extension of the knee joint. Activate the cold therapy by placing the multi-use cold pad inside the pocket of the knee wrap, securing it in place.