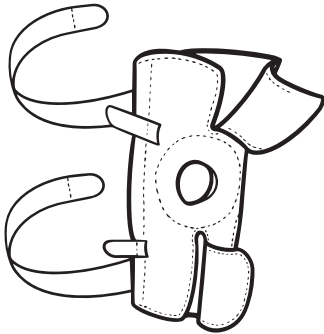


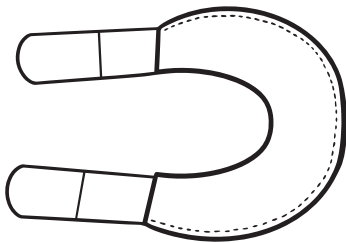
INSTRUCTIONS FOR USE

DYNAMIC KNEE BRACE, TC44-MP

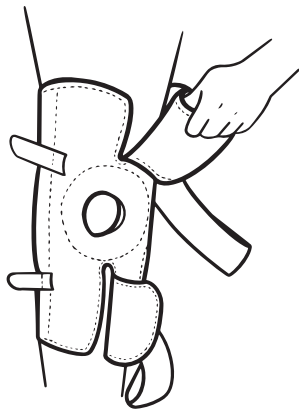
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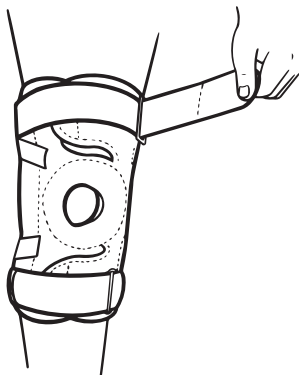
1. Detach and completely open top and bottom circumferential straps. Detach and completely open top and bottom Velcro flaps.



2. Detach the smaller straps for the patella buttress that is Velcroed around the patella opening. Detach and adjust the buttress for your best fit around the patella. (Note: most applications will place the buttress to the outside {lateral} side of the patella. If inside {medial} stabilization is required, remove the buttress and Velcro it to the inside aspect of the patella opening, pulling the small straps through the small slits in the neoprene above and below the patella opening.



3. When the patella buttress is secured into its needed position, pull the open neoprene sleeve up the leg until the patella opening is appropriately positioned around the patella. Also, make sure that the axis of rotation of the knee is aligned with the axis of rotation of the exterior hinge joint. On most knees, aligning the patella opening will also align the hinges.



4. Reattach the flaps and all straps for your most comfortable and effective fit. When possible, try to get the smaller buttress straps underneath the larger circumferential straps to hold the buttress more firmly.

INSTRUCTIONS FOR USE

DYNAMIC KNEE BRACE, TC44-MP



Hinge Removal

- 1.** Locate the small slit on the inside of the brace near the top of the hinge compartment.
- 2.** Stretching the top of the hinge compartment upward should allow the slit to fold away from the top of the hinge, exposing the upper “arm” of the hinge.
- 3.** Pull the hinge upward to slide it out of its compartment or pocket on the inside of the sleeve.
- 4.** To replace the hinge, slide it down into the inner compartment until the small slit near the top of the pocket can be folded back over the top of the arm.

CAUTION: When replacing the hinges, be sure the hinges are returned to the same side from which they were removed, and make sure that the “flat” side of the hinge (side without numbers) is facing inside to the knee.

Adjusting the flexion/extension stops in the hinge

- 1.** After the hinge has been removed from its sleeve, fold it back until the two arms are together, exposing the small pin located in one of the small holes.
- 2.** Remove the pin and position it to its desired position.
- 3.** Straighten the arms to hold the pin in its position.
- 4.** Replace the hinge into the pocket, making sure the proper hinge is on the proper side, and that the “flat” side (no numbers) is positioned next to the knee. The axis of rotation of the hinge should always align with the axis of rotation of the knee.

Note to user: The hinges in this brace have pins to adjust the amount of flexion and extension this brace will allow. If you are uncertain about your limits, please consult with your Physical Therapist or physician before changing these settings.

Still need help?
Scan here to watch a video tutorial!



TC44-MP