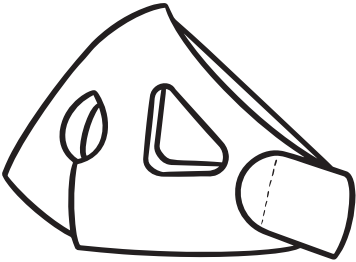


INSTRUCTIONS FOR USE

'ARM-ADILLO II' SHOULDER STABILIZER, S10

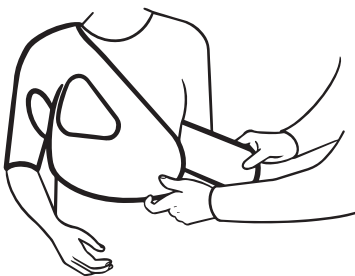
 NewOptions



1. Remove the Arm-adillo II from the bag, unfold and detach the X pad and abduction strap and place to the side but do NOT remove the color dots until you have been fitted.



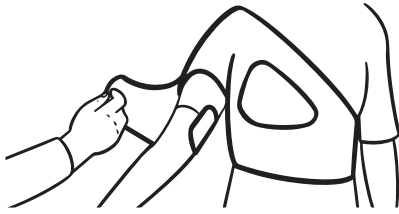
2. Have the patient stand. Stand next to the patient on the affected arm side. Open the torso area opposite the side of the affected arm. Have the patient slide their hand and arm through the biceps closure. Continue to slide the Armadillo II up the arm until it fits snugly onto the shoulder.



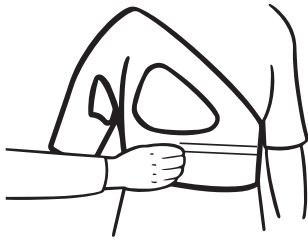
3. Secure the torso opening on the side opposite of the affected arm by attaching the extender piece to the body of the Arm-adillo II. You can also adjust the torso side of the affected arm as well. Use the finger pocket on the closure piece to adhere the torso with comfort and proper tightness.

INSTRUCTIONS FOR USE

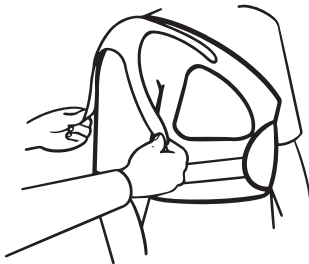
'ARM-ADILLO II' SHOULDER STABILIZER, S10



4. Now that the body of the Arm-adillo II is secure, adjust the biceps closure to comfort. You should now be able to actively move without limitations. Now to limit abduction, apply the abduction strap. The abduction strap portion that adheres to the torso has longer arms than the shorter arms that wrap around the biceps closure.



5. First adhere the longer arms of the abduction strap to the front and back section of the torso section of the Armadillo II. Now undo the shorter arms and secure around the lower end of the biceps. Remember this is where you decide to adjust the amount of ROM you wish to give the patient.



6. The application of the optional X pad comes next. The pad fits directly over the A/C joint. The shorter arms secure to the upper portion of the Arm-adillo II ; one in the front and one in the back. The longer, lower arms secure into the body and not the biceps. This strap is for extra abduction control and padded comfort.

Not seen in the instructions is an optional support strap. This can be used for additional shoulder rotational support.

Still need help?
Scan here to watch a video tutorial!



S10