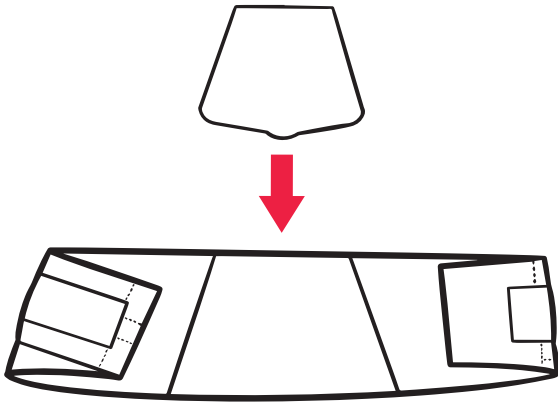


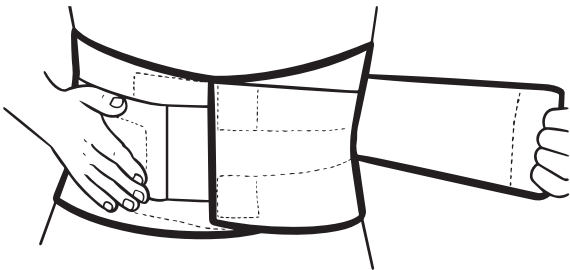
# INSTRUCTIONS FOR USE

LUMBOSACRAL SUPPORT, L1/L5N

 NewOptions



**1.** After warming in hot water for 30 seconds, place support into pocket, apply brace and shape to LS contour. It is now rigid.



**2.** Center support on lower back. Wrap support around body and close front Velcro panels. Support should be snug, but not constrict breathing. Close 4" elastic side pulls and secure.