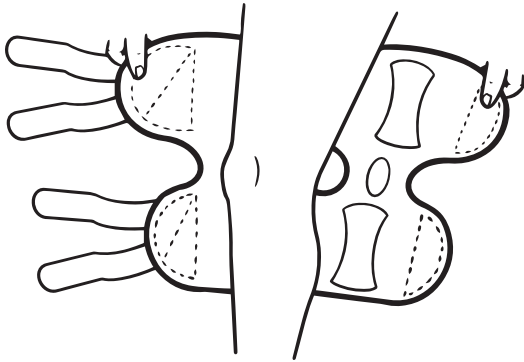


# INSTRUCTIONS FOR USE

“KNEE MATE,” KC65-DLROM

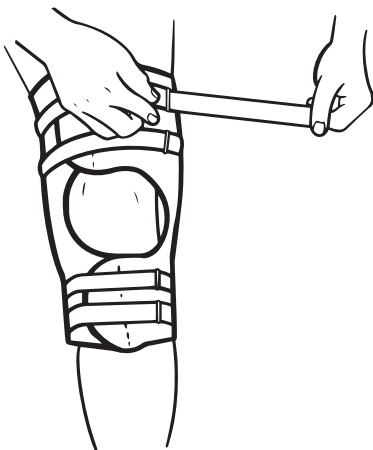
 NewOptions



**1.** Detach and completely open the two upper and two lower circumferential straps. Detach and completely open top and bottom Velcro flaps. Position the open support around the knee with the open side to the front and the oval popliteal opening behind the knee. Be sure the wider end of the support is over the thigh and smaller end is over lower leg.



**2.** Carefully but firmly reconnect the top and bottom Velcro flaps around the front of the leg, making sure that the patella is properly positioned in the patella opening. Adjust Velcro flaps as needed for your best fit. and to affix the calf closure. Re-adjust tightness as needed.



**3.** Reattach all 4 circumferential straps through their plastic D-loops for your most comfortable and effective fit. Adjust straps as needed.

# INSTRUCTIONS FOR USE

“KNEE MATE,” KC65-DLROM



## Hinge Removal

To best remove the hinges, fold the whole brace towards the larger back popliteal opening until the hinge forms a tight “V.” Pull the hinge from its “pockets” by pulling the narrow V to slide out the hinge. Reverse this process to reinsert the hinge.

## Adjusting the flexion/extension stops in the hinge

- 1.** If there is currently a flexion/extension stop in the hinge, use the included Allen wrench to completely remove the small, chrome screw from the “logo” side of the hinge. The small metallic stop should fall out of the hinge, but if not, use the Allen wrench to work it free.
- 2.** Select the appropriate stop and slide it into the slot, aligning the screw hole in the stop with the screw hole in the logo side of the hinge.
- 3.** Replace the chrome screw and tighten it in the small hole in the hinge.  
(Please note that the flexion/extension limits are etched into the small, metallic stops.)

Still need help?  
Scan here to watch a video tutorial!



KC65-DLROM