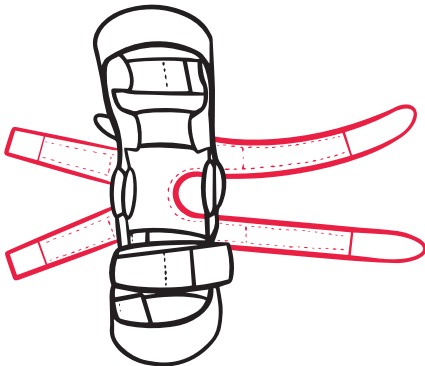


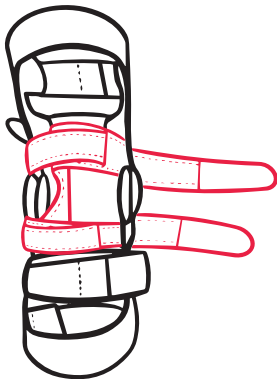
# INSTRUCTIONS FOR USE

“SPOONER” PATELLA STABILIZING SYSTEM, K199

 NewOptions

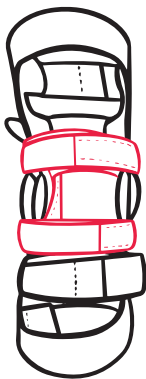


**1.** If using a brace, place it on top of the “Spoooner” with the felt side up and the short arms on the lateral side of the brace. If using the Spooner on bare skin, skip this step and proceed to step 2.



**2.** Wrap the short arms of the brace or the Spooner above and below the lateral hinge plate and attach them to the “Spoooner” using the Velcro hook squares.

If using the Spooner on bare skin, wrap the short arms around your leg, above and below the calf muscle, and attach them to the Spooner using the Velcro hook squares. Cut any excess material as needed.



**3.** Wrap the long arms of the brace or the Spooner above and below the medial hinge plate, and attach them to the “Spoooner” using the Velcro hook squares.

If using the Spooner on bare skin, wrap the long arms around your leg, above and below the knee, and attach them to the Spooner using the Velcro hook squares, overlapping the previously attached short arms. Cut any excess material as needed.

**Note:** Always consult with a healthcare professional before using the Spooner on bare skin, especially if you have any medical conditions or concerns.

Still need help?  
Scan here to watch a video tutorial!



K199