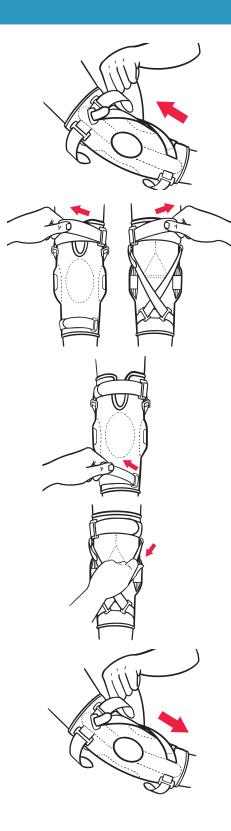
# **INSTRUCTIONS FOR USE**

HINGED ELBOW BRACE, E12-PC/E15-PC

## New Options



### **1. APPLY BRACE**

Loosen all straps. Slip brace onto the affected arm. Align the hinges with the center of the elbow joint.

#### **2. SECURING UPPER STRAPS**

Start with the strap located on the back of the brace, closest to the triceps muscle (back side of the arm). Loop the strap through the D-ring, pull back to tighten and press to close.

#### **3. SECURE LOWER STRAP**

Locate the strap at the forearm. Loop the strap through the D-ring, pull back to tighten and press to close.

#### **4. SECURE CROSS STRAPS**

Begin with the outside cross strap first, loop the strap through the D-ring, pull back to tighten and press to close. Repeat for cross strap located closest to the inside of the arm.

#### **5. REMOVE BRACE**

Loosen all straps and slide brace off the arm, over the hand.

Still need help? Scan here to watch a video tutorial!





E12-PC

E15-PC

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