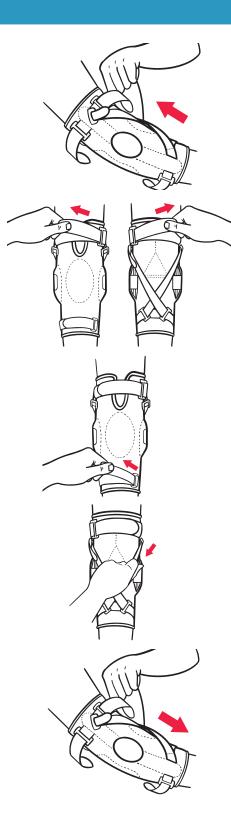
INSTRUCTIONS FOR USE

HINGED ELBOW BRACE, E12-PC/E15-PC

New Options



1. APPLY BRACE

Loosen all straps. Slip brace onto the affected arm. Align the hinges with the center of the elbow joint.

2. SECURING UPPER STRAPS

Start with the strap located on the back of the brace, closest to the triceps muscle (back side of the arm). Loop the strap through the D-ring, pull back to tighten and press to close.

3. SECURE LOWER STRAP

Locate the strap at the forearm. Loop the strap through the D-ring, pull back to tighten and press to close.

4. SECURE CROSS STRAPS

Begin with the outside cross strap first, loop the strap through the D-ring, pull back to tighten and press to close. Repeat for cross strap located closest to the inside of the arm.

5. REMOVE BRACE

Loosen all straps and slide brace off the arm, over the hand.

Still need help? Scan here to watch a video tutorial!





E12-PC

E15-PC

www.newoptionssports.com