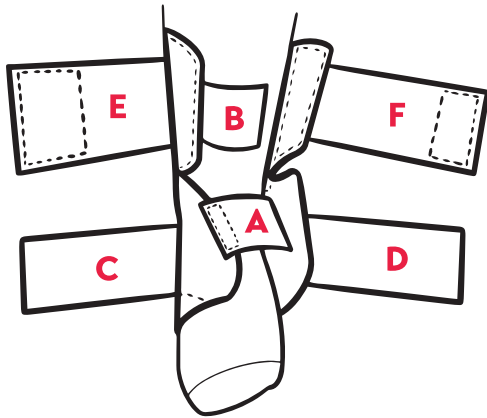
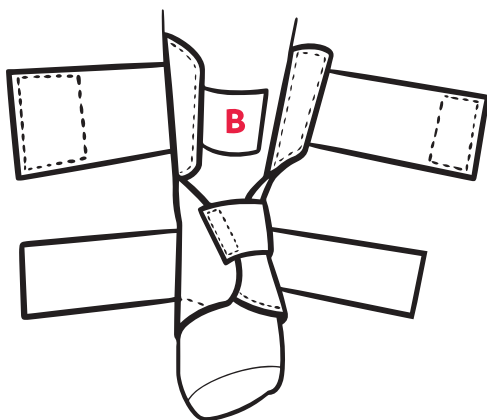


INSTRUCTIONS FOR USE

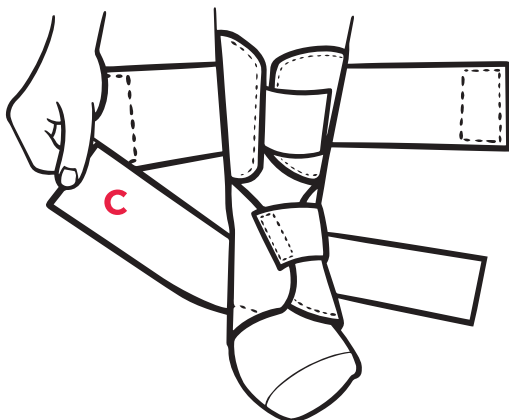
ANKLE STABILIZER, A50



1. Release the top circumferential locking straps (E&F), then unlock the stirrup straps from the underliner (C&D). Place your heel deep into the neoprene underliner. Close the Velcro tab (A) firmly across the forefoot.



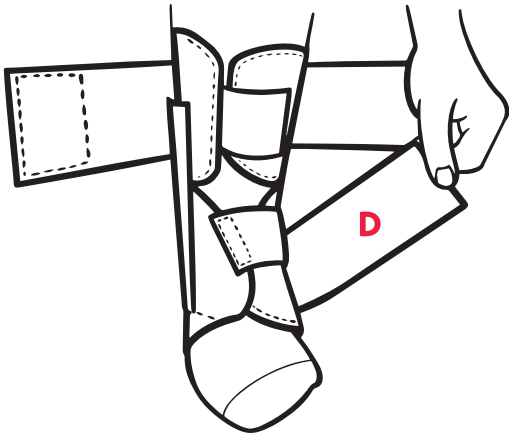
2. Close the upper shin tab (B) across the front lower leg.



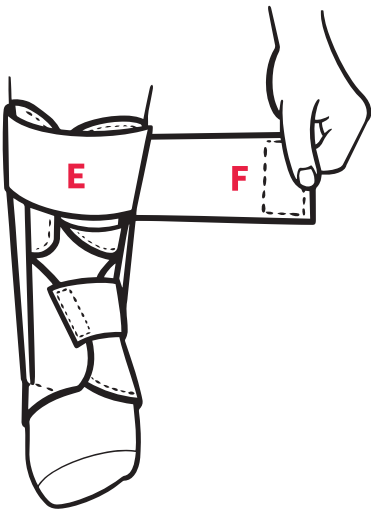
3. Raise your foot toward your knee, (dorsiflexion). Lift the inside medial stirrup (C) while applying mild tension.

INSTRUCTIONS FOR USE

ANKLE STABILIZER, A50



4. Lift the outside lateral stirrup (D), so that the outside or lateral side of the foot is elevated or everted. Adjust the tension to the desired level of support.



5. Close the two top circumferential Velcro straps (E&F). This will lock medial and lateral stirrups into place.

Still need help?
Scan here to watch a video tutorial!



A50