



Please call or text (587)892-5272 to place orders. Please note, due to unforeseen circumstances availability may vary. Our representatives will inform you of any shorts or issues.

All Prices subject to change without notice.

For all inquiries regarding specialty items and prices please contact Andrew at 403-970-8920

Seasonal Produce

Stock			Special Order		
Product	Pack Size	Price	Product	Pack Size	Price
Ramps - Ontario	11lb	\$17.50	Elderflower	50ct	\$28.50
English Peas	5lb	\$17.00	Miners Lettuce	11lb	\$14.00
Fava Beans	5lb	\$13.00	White Asparagus	11lb	\$125.00
Asparagus- Washington	10lb	\$42.50			
Rhubarb - Surrey	10lb	\$28.00			
Fiddleheads - Ontario	1b	\$8.75			

Herbs and Micro Greens

Stock			Special Order		
Product	Pack Size	Price	Product	Pack Size	Price
Basil	1 LB	\$12.90	Tat Soi	1 LB	\$34.93
Parsley	1 LB	\$12.24	Fresh Bay Leaf	1 LB	\$33.75
Mint	1 LB	\$13.15	Red Veined Sorrel	4oz	\$16.50
Sage	1 LB	\$13.41	Lemon Sorrel	4oz	\$16.50
Oregano	1 LB	\$15.41	Gem Lettuce	2 LB	\$38.50
Dill	1 LB	\$11.25	Sorrel	1 LB	\$17.25
Chives	1 LB	\$19.50	Pesto Basil	1 LB	\$7.00
Rosemary	1 LB	\$11.25	Lavender	1 LB	\$25.90
Chervil	1 LB	\$16.00	Thai Basil	1 LB	\$10.75
Tarragon	1 LB	\$14.75	Lemon Thyme	1 LB	\$12.35

Thyme	1 LB	\$14.25		Opal Basil	1 LB	\$12.35	
Micro Cabbage	4oz	\$16.50		Lime Leaves	1 LB	\$9.85	
Micro Daikon	4oz	\$16.50		Edible Orchid	50ct	\$28.00	
Micro Mustard	4oz	\$16.50		French Beans	5 LB	\$56.91	
Pea Shoots	4oz	\$6.50		Dandelion Green	1 LB	\$17.50	
Edible Flower	50ct	\$31.18		Black Radish	5 LB	\$42.75	
Frisee	2 LB	\$49.30		Watermelon Radish	5 LB	\$34.58	
				Tumeric, Fresh	5 LB	\$32.75	
Fruit							
Stock				Special Order			
Product	Pack Size	Price		Product	Pack Size	Price	
Lemons	140ct	\$72.00		Dragon Fruit	9kg	\$45.46	
Limes	175ct	\$64.00		Blood Orange	138ct	\$40.50	
Pineapple	8ct	\$31.50		Fingerlime		CALL	
Apples, Gala	40 LB	\$51.00		Mango, Haden	10ct	\$17.00	
Apple, Fuji	40 LB	\$48.00		Orange, Navel	56ct	\$43.00	
Apple, Pink Lady	40lb			Strawberries Cali	81b	\$26.00	
Apples, Granny Smith	40 LB	\$60.00		Orange, Cara Cara	56ct	\$40.00	
Pear - Anjou		\$51.00		Banana	40 LB	\$40.00	
Pear - Bartlett		\$67.00					
Pear - Bosc		\$44.00					
Onions				Carrots			
Stock				Stock			
Product	Pack Size	Price		Product	Pack Size	Price	
Yellow	50 LB	\$26.00		Jumbo Carrot	50 LB	\$29.50	
Red	25 LB	\$17.00		Tri-Colour Medium	10 LB	\$23.10	
White	50 LB	\$48.00					
Whole Shallot	40 LB	\$61.00		Gull Valley Tomatoes			
Cipollini	5 LB	\$34.45		Stock			

Tri-Colour Pearl	5 LB	\$34.75		Product	Pack Size	Price	
Shallot, Peeled	5 LB	\$28.50		Beefsteak	10 LB	\$24.50	
				Red TOV	10 LB	\$24.50	
				Yellow/Orange	10 LB	\$27.50	
				Mixed Cherry	10 LB	\$32.50	
				Cocktail TOV	10 LB	\$34.50	
Potatoes			Peppers				
Stock			Stock				
Product	Pack Size	Price		Product	Pack Size	Price	
Russet	50 LB	\$26.00		Anaheim	40 LB	\$48.00	
Yukon Gold	50 LB	\$38.00		Seranno	40 LB	\$76.00	
Red	50 LB	\$35.00					
Kennebec Potato	50 LB	N/A!		Squash			
White Creamer	50 LB	\$80.00		Product	Pack Size	Price	
Red Creamer	50 LB	\$75.00		Butternut	40 LB	\$41.50	
Purple Creamer	50 LB	\$80.00		Kabocha	40 LB	\$76.00	
Yams, Jumbo	40 LB	\$31.00		Acorn	40 LB	\$47.50	
Sweet Potato, White	40 LB	\$36.50					
Greens			Roots				
Stock			Stock				
Product	Pack Size	Price		Product	Pack Size	Price	
Green Leaf	24ct	CALL		Beets, Red	25 LB	\$30.00	
Green Kale	24ct	\$39.50		Beets, Gold	25 LB	CALL	
Black Kale	24ct	\$48.00		Beets, Candycane	25 LB	CALL	
Romaine, Whole	24ct	CALL		Baby Beet, Red	12ct	\$45.25	
Romaine, Hearts	24ct	CALL		Baby Beet, Gold	12ct	\$60.75	
Spring Mix	3 LB	\$14.00		Baby Beet, Candycane	12ct	\$60.75	
Arugula	4 LB	\$33.25		Parsnip	12 LB	\$42.00	
Chard, Rainbow	24ct	\$58.50		Parsley Root	12 ct	\$58.50	
Rapini	18ct	\$84.50		Ginger	30 LB	\$38.50	

Broccoli, Crowns	20 LB	\$68.00		Garlic, Peeled	5 LB	\$18.00		
Cabbage, Green	50 LB	\$35.50		Celery Root		CALL		
Cabbage, Red	50 LB	\$54.00		Black Garlic	1 LB	\$32.00		
Cabbage, Savoy	50 LB	\$52.00						
Cabbage, Nappa	50 LB	\$75.00						
Zucchini, Green	25 LB	\$27.50		Mushrooms - Special Order				
Brussle Sprout	30 LB	CALL		Product	Pack Size	Price		
Radicchio	3 KG	\$38.00		Button	10 LB	\$30.00		
Belgium Endive	24ct	\$46.00		Crimini	10 LB	\$29.50		
Spinach, Bunched		CALL		Portabello	5 LB	\$28.25		
Green Onion	48ct	\$27.50		Shitake	5 LB	\$55.00		
Eggplant	30 LB	\$33.50		Morel - Oregon	5lb	\$180.00		
Chinese Eggplant	30 LB	\$38.50						
Daikon	30 LB	\$39.00						
Fennel/Anise	24ct	\$74.50		Eggs				
Leeks	24ct	\$43.00		Product	Pack Size	Price		
Gai Lan	30 LB	\$78.50		Sparks Dark Yolc	15doz	\$44.95		
Cauliflower	12ct	\$72.50		Hutterite Dark Yolc	15doz	\$55.00		
Cucumber - Gull Valley	12ct	\$21.00						
Baby Cucumber - Gull Valley	10lb	\$27.50						
Weekly Specials								
Product	Pack Size	Price		Product	Pack Size	Price		
Gaspor Milk Fed Porcelait Shoulder	/kg	\$23.50		Gaspor Milk Fed Belly	/kg	\$25.50		
Mortadella	/KG	\$11.00		Bellota Chorizo - Spain	/kg	\$38.50		
Aged Cheddar 6yr	/KG	\$35.00		Champagne Vinegar - Vilux 5l	5 litre	\$52.00		
Anaheim Pepper	25lb	\$65.00						
Serrano Pepper	5lb	\$11.25						