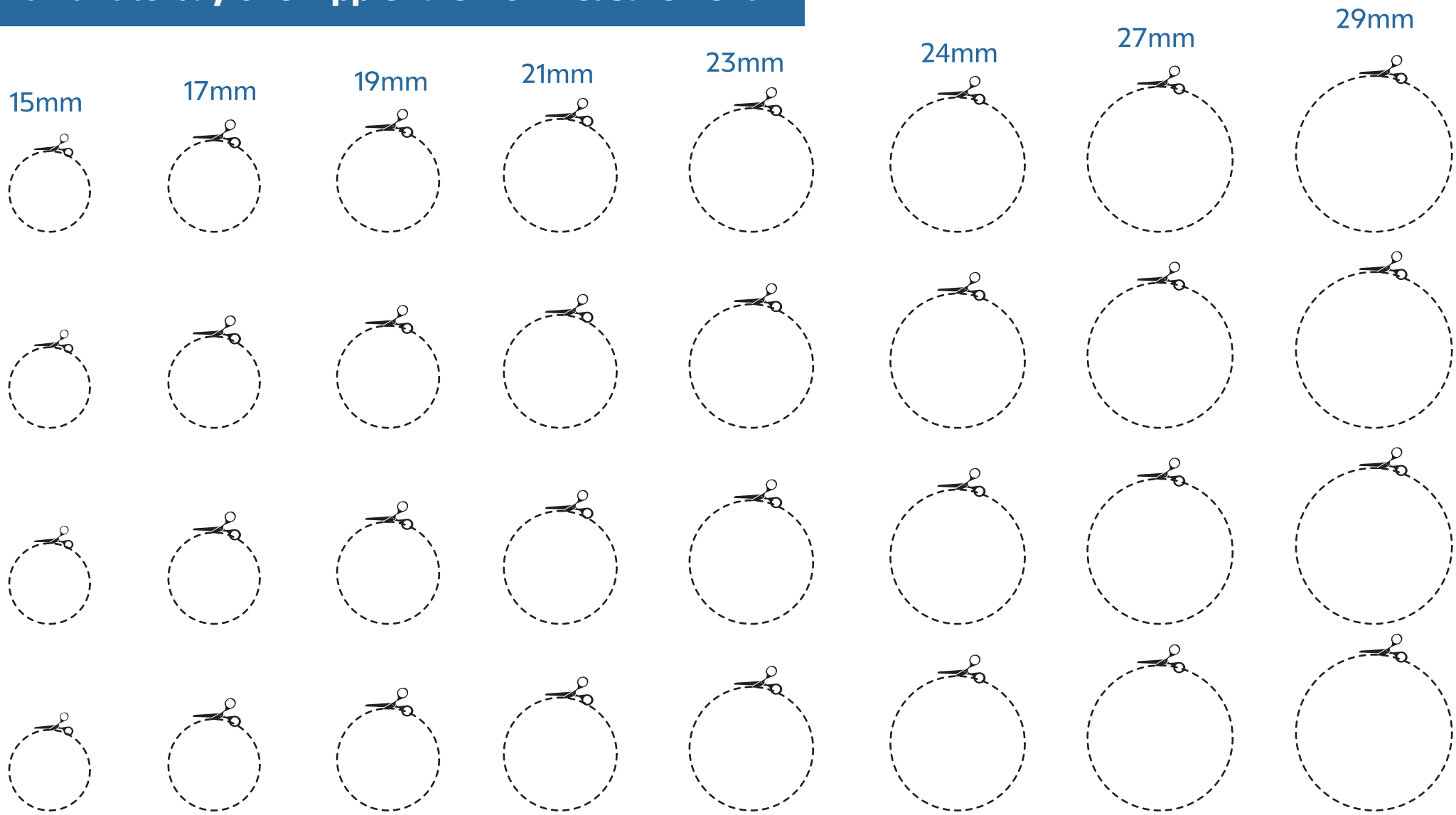
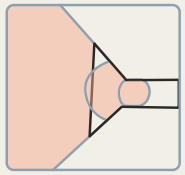
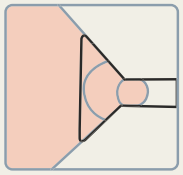
Don't want to buy one nipple ruler for measurement?





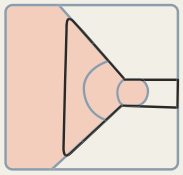
Too small

- Pain rubbing and redness of nipple
- Poor milk output



Correct Fit

- Some of areola is pulled into flange and nipple
- move freely and painlessly



Too Large

- Too much of areola is pulled into flange
- Nipple damage,pulling sensation
- Poor milk output
- Flange falls from the breast while pumping
- Nipple is pulled to the end of a flange

Important: Make sure the file is set to full size or 100% in the print dialog to ensure accurate measurements.