

## DOCTOR FORMULATED ESSENTIAL AMINOS (POWDER)

5.61 OZ (159G) & 11.22 (318G) | 30 & 60 SERVINGS

Essential Aminos is composed of pure essential amino acids, the building blocks of protein, in a form and ratio that is up to 99% utilized, but without the caloric impact and without breaking a fast. It is further enhanced with nucleic acid building blocks, the foundations of our DNA and RNA, helping to direct the process of protein synthesis at the genetic level and support genetic health and performance.\*

Essential Aminos is 100% vegan and free of gluten, soy, dairy, sugar, toxins, and MSG. It contains no erythritol, aspartame, neotame, maltodextrin, or any other artificial sweeteners.



## WHY ESSENTIAL AMINOS WORKS

Our body doesn't directly utilize protein from dietary sources and instead it breaks these down into amino acids, then uses the essential amino acids to synthesize new proteins needed by the body.

The human body requires all essential amino acids in a precise ratio to make new protein. Excess amino acids that can't be used are converted into glucose (sugar) or body fat, contributing to caloric intake.

Essential Aminos provides the exact essential amino acids in the precise ratio needed to build new protein, without any excess.\*

## PROTEIN COMPARISON

- BCAAs: 1% utilized, with 99% converted to glucose or body fat.
- Whey, Pea, & Soy proteins: 16%-18% utilized, with 82%-84% as excess.
- Meat, Fish, & Poultry: 32% utilized, with 68% as excess.
- Eggs: 48% utilized, with 52% converted to glucose or body fat.
- Essential Aminos is utilized up to 99% by the body, meaning almost no caloric impact and it will not break a fast. Adding Nucleic Acid Building Blocks optimizes its use within cells, enhancing protein synthesis and supporting genetic health and performance.\*

Gluten & Dairy Free · Paleo & Keto-Friendly

### Supplement Facts

Serving Size: 1 Scoop (5.3g)  
Servings Per Container: 30

	Amount Per Serving	% DV
<b>PERFECT AMINO™ EAA &amp; NA Professional Blend</b>	5g	**
L-Leucine, L-Valine, L-Isoleucine, L-Lysine HCl, L-Phenylalanine, L-Threonine, L-Methionine, L-Tryptophan, L-Histidine, Uridine, Thymidine, Adenosine Triphosphate, Adenine, 2'-Deoxyadenosine, 2'-Deoxyguanosine, 2'-Deoxycytidine		

\*\*Daily Value (DV) not established

Other Ingredients: Stevia (Rebaudioside M) Extract, Monk Fruit (Luo Han Guo), Katemfe Fruit (*Thaumatococcus daniellii*) Extract.  
Manufactured in a cGMP certified facility for LifeWorks Nutritionals, LLC  
745 Main Street Dunedin, FL 34698 877-841-1999 V21.052424  
Suggested Use: Take 1 scoop, 1-3 times daily. Mix with 8-12 oz. of cold water or juice.  
For more info, visit [LifeWorksNutritionals.com](http://LifeWorksNutritionals.com)



1 scoop provides 5 grams of protein with utilization comparable to the dietary protein consumption of (on average):\*

15g meat • poultry • fish	10g eggs
29g whey • soy • dairy • nuts	

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.