

## Adjusting the height of the platform with an insert

1. Measure your machine freearm. 80% of the machines on the market measure 3-1/4" tall  
Picture 1 shows how to measure the freearm. We use a 5/16" socket to adjust the Arrow lift, standard Philips head screwdriver for the Kangaroo lift & ¼ hex socket for the manual.

A. For 3-1/4" tall machines:

Arrow set at 3" mark on lift

Kangaroo set at 7<sup>th</sup> from the bottom mark

Manual Mechanism left chain 7 link right chain 8 link

B. For 3-3/4" tall machines:

Arrow set at 3-1/2" mark on lift

Kangaroo set at 5<sup>th</sup> from bottom mark

Manual Mechanism left chain 8<sup>th</sup> link right chain 9 link

C. For 4-1/2" tall machines:

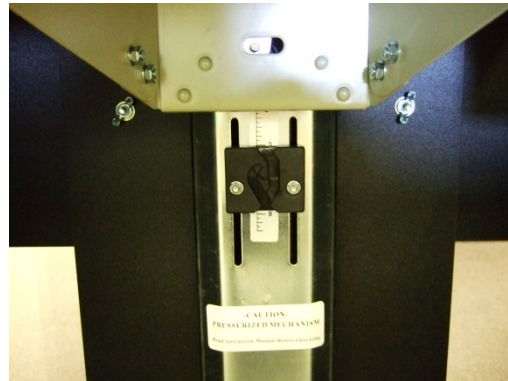
Arrow set at 4 3/8" mark on lift

Kangaroo very bottom

Manual mechanism left chain 9<sup>th</sup> link and right side 10<sup>th</sup> link



How to Measure



3-1/4" machine place at 3" mark on Arrow



3-1/4" in Kangaroo place at 7<sup>th</sup> mark from bottom



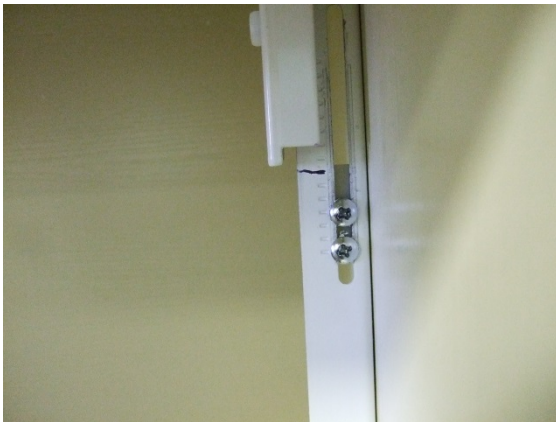
3-3/4" machine in Arrow place at 3-1/2"



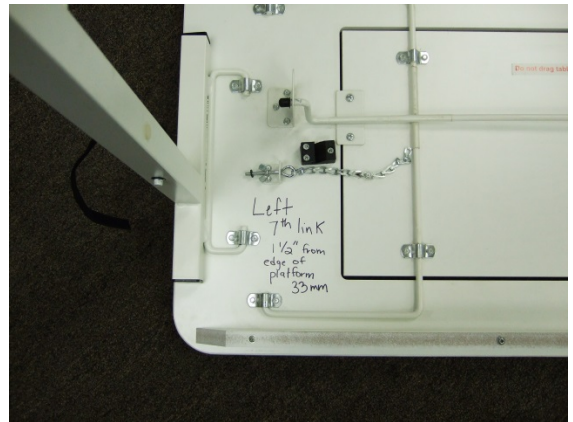
3-3/4" in Kangaroo place at 5<sup>th</sup> from bottom



4-1/2" machine in Arrow place 4-3/8" mark



4-1/2" in Kangaroo place at bottom mark



Manual Mechanism chain adjustment