BALLAST
TIME INSTRUMENT

SETTING THE DATE AND TIME

1. Unscrew the Canteen lock covering the setter button.

2. *To set the date* - press down the setter button half way.
The setter lock will be pulled out to position **I** automatically.

3. Rotate the bezel clockwise to adjust the date.

4. *To set the time -* press the setter button down further.
The setter lock will be pulled out to position **II** automatically.

5. Rotate the bezel anti-clockwise to adjust the hour and minute hands
to set the time.

6. Once completed, press the setter lock down completely.

7. Screw the canteen cover back on the watch.

Note: Without unscrewing the Canteen Lock, you can rotate the bezel
anti-clockwise periodically to wind up the mainspring to power your timepiece.

Canteen
Lock

Setter
Lock

Bezel

Setter
Button