

WINDING THE MAINSPRING

In the case that your watch has not been worn for the past 12 hours or so, or if the watch hands have stopped moving it is a good idea to gently wind the mainspring to restart, and put energy on the mainspring. This is also advisable before setting the time on your watch.

Automatic winding watch can be hand wound by turning the Crown clockwise in the "0" position. Wind 15-20 times and it will start to move naturally after shaking slightly.

SETTING THE TIME

1. Unscrew the Canteen lock covering the crown.
2. Pull the crown out to the 1st Position.
3. Turn the crown to set the hour and minute discs.
4. Push the crown back to the normal position.
5. Screw the Canteen cover back on the watch.

