

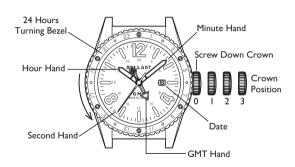
BL-3149
INSTRUCTION MANUAL

CONGRATULATIONS ON YOUR NEW BALLAST TIMEPIECE

We are inspired by the engineering and the brave individuals who inhabit and operate submarines.

To ensure correct care, please take some time to review the enclosed instruction to review how to operate your watch.

GMT WATCH

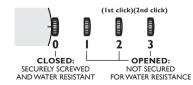


PLEASE READ THE FOLLOWING BEFORE UNSCREWING THE CROWN:

SCREW-DOWN CROWN

Screw-down crowns are used to ensure water resistance. ALWAYS be certain that your crown is securely screwed down (Position [0] is secured. Positions [1], [2] and [3] are not secured for water resistance).

Do NOT unscrew your crown while you are in any environment where moisture is present.



USING THE SCREW-DOWN CROWN

Do NOT pull the crown unless it is UNSCREWED first:



TO UNSCREW:

Turn the crown anti-clockwise until it turns freely without tension. GENTLY pull the crown out to the other desired positions for watch setting (see specific operating instructions on the following pages).



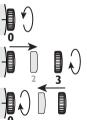
TO SCREW:

Push the crown ALL THE WAY IN (towards the watch) THEN begin to turn clockwise until it is securely screwed down.

NOTE: Failure to SECURELY screw down the crown after setting the watch may affect its water resistance.

HOW TO SET THE TIME

- I. Unscrew the crown and pull it out to position [3]-(2nd click).
- 2 Turn the crown clockwise to set the correct time
- 3. Push the crown in then screw it securely.

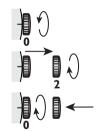


- * Take a.m./p.m. into consideration when setting the hour and minute hands to the desired time.
- * Always be certain that your crown is SECURELY SCREWED: this will prevent moisture from entering in.

HOW TO SET THE DATE

- I. Unscrew the crown and pull it out to position [2]-(1st click).
- 2. Turn the crown clockwise to set the correct date.

3. Push the crown in then screw it securely.



* Do not set the date between 9:00 P.M. and 3:00 A.M., otherwise the day may not change properly. If it is necessary to set the date during the time period, first change the time to any time outside it, set the date and then reset the correct time.

HOW TO SET SECOND TIME ZONE

- I. Unscrew the crown and pull it out to position [2]-(1st click).
- 2. Turn the crown anti-clockwise to set the correct time zone indication. (refer to the 24Hrs. marking on the bezel)

3. Push the crown in then screw it securely.

24 hour making on bezel



HOW TO READ THE SECOND TIME ZONE

The GMT function allows travellers to simultaneously read their local time and a second time zone.

The local time is indicated by the conventional hour and minute and seconds display.

The second time zone is indicated by the triangle tipped GMT hand read against markings on the $24\ \text{Hours}$ Dial ring.

Example:

You are travelling to Hong Kong from Zurich.

You will adjust the local time once in Hong Kong with the conventional hour and minute hands.

You are able to adjust the GMT hand to read off the time in Zurich by setting it 6 hours behind the time in Hong Kong.



Second

Time Zone:

Zurich: Ham

The triangle tipped GMT hand is always indicating Zurich time during your trip in Hong Kong.

GENERAL CARE

Avoid leaving your watch in locations that are subject to large temperature fluctuations or humidity, direct sunlight or strong magnetic fields.

Always rinse your watch with lukewarm water if it has been exposed to seawater. Leather is a naturally porous material, therefore you should prevent the high-quality leather straps to come into contact with oily substances, solvents, detergents or cosmetics. In this way, you will be able to prevent discolouration or premature aging of the material.

To replace the strap, please contact an authorized dealer or authorized service centre

The water resistance of the watch cannot be guaranteed indefinitely due to wear on the seals, climatic changes, shock or chemicals substances (body moisturisers, perfumes, etc.).

We therefore recommend that you regularly check the watch's water resistance and have an authorized service centre change the seals frequently.

We recommend that you have your watch inspected every 3-4 years by our authorized dealer / authorized service centre to perform routine maintenance of all mechanical parts.

For more details, visit our website: www.ballast1903.com

WATER RESISIANT CHART

Please see chart for guideline for recommended water exposure.

WATER RESISTANCE CHART	30M/ 3ATM	50M/ 5ATM	I00M/ I0ATM	I50M/ I5ATM	200M/ 20ATM	300M/ 30ATM	500M/ 50ATM	1000M/ 100ATM
SPLASH! SHOWERING	\Diamond	\oslash	\oslash	\oslash	\oslash	\oslash	\oslash	\oslash
SWIMMING/ BATHING	\otimes	\Diamond	\oslash	\Diamond	\oslash	\oslash	\oslash	\oslash
SWIMMING/ SNORKELING/ WATER SPORTS	\otimes	\otimes	\oslash	\oslash	\oslash	\oslash	\otimes	\oslash
FREE DIVING	\otimes	\otimes	\otimes	\Diamond	\otimes	\Diamond	\Diamond	\oslash
SCUBA DIVING	\otimes	\otimes	\otimes	\otimes	\otimes	\oslash	\otimes	\oslash
PROFESSIONAL DEEP SEA DIVING	\otimes	\otimes	\otimes	\otimes	\otimes	\otimes	\Diamond	\otimes

For more details on operating this timepiece please refer to the enclosed booklet or visit:

im.ballast1903.com



www.ballast1903.com