


Hope for Children and Families



Working with Children: Emotional and Traumatic Responses

Presenters:

<i>Caroline Ward</i> Team	<i>Team Manager Chinnbrook Family Support</i>
<i>Helen Hodgson</i>	<i>Senior Family Support Worker</i>

© Child and Family Training 2014

Contents

- Birmingham context and summary of pilot
- Brief overview of Module
- Opportunity to explore Interventions

© Child and Family Training 2014

Context : The organisational climate in Birmingham

- Considerable scrutiny from Ofsted inspections
- Political pressures
- Restructuring into integrated Family Support and Safeguarding Teams
- Serious Case Reviews
- Birmingham is the largest local authority in Europe with a population of 1.74 million people
- The original pilot was scheduled to start in September 2013

© Child and Family Training 2014

Birmingham Pilot

- Structured Pilot Commenced January 2014
- Focussed on Chinnbrook Family Support and Safeguarding Team
- Included Training and Practice Workshops
- Additional support from Lucy Faithful Foundation

© Child and Family Training 2014

Initial concerns for Practitioners

- Have I got the time to take something new on
- How creative can I be
- Pick and mix – what if I pick the wrong tool
- Am I competent enough to do this
- What's my role, what are my boundaries
- Am I expected to be a champion – I don't know enough about it
- What if I get it wrong
- Will my practice will be under public scrutiny

We would now like to demonstrate the strengths of HOPE

© Child and Family Training 2014

Emotional and Traumatic Responses

- **Developing a Child Centred Approach**
- **Describing and Monitoring Feelings**
- **Exposure to Maltreatment**
- **Coping with Disruptive Behaviour**

© Child and Family Training 2014

Birmingham's Experience of this module

- Can be adapted to setting, context and role
- Interventions Tools are easy to use
- Importance of supervision
- Child Focussed

© Child and Family Training 2014

Module in Practice

- Overview of Family
- Engagement
- All About Me
- 24 Hour Clock
- Safety Planning

© Child and Family Training 2014

Ten Things I Can Do to Feel Good!

Five S-T-E-P-S to Problem Solving

Body Map

Identifying feeling states

© Child and Family Training 2014

Strengths of HOPE

- Provides evidence based interventions
- Enables the voice of the child to be visible and central to processes
- Ensures consistency of practice
- Clearer Focus to assessment and planning and reviews

"I have used some of the Hope Worksheets with three young children that I am working with between the ages of 6-10 years old. These are around identifying feelings, 24 hour clocks, emotions this is due to concerns around neglectful parenting.

I have found these very useful and they have helped me identify safeguarding concerns using a planned intervention which would assist us if a Child Protection plan is initiated. They are very child friendly and I will continue using the intervention in my work with this family."

Helen (Senior Family Support Worker)

© Child and Family Training 2014

Questions & Comments

Presentation by Caroline Ward & Helen Hodgson
Birmingham City Council

© Child and Family Training 2013