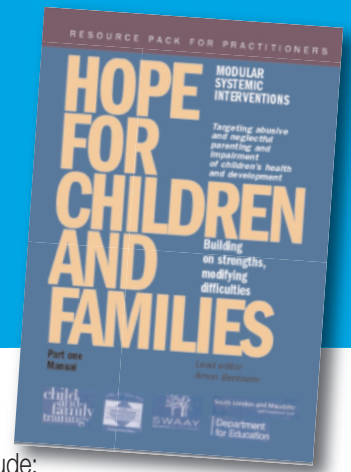


# An Intervention Resource Pack for Practitioners



## What is the Hope for Children and Families (HfCF) Intervention Resource Pack?

HfCF is a set of resources, developed by *Child and Family Training* and colleagues for staff who work with children and families to support and enhance the quality of direct work. It is designed to:

- Provide an accessible set of evidence-based approaches, resources and tools for direct work
- Empower practitioners, children, young people and families to work together – promoting strengths, addressing difficulties
- Prevent cases drifting, bringing structure to action plans and generating clear programmes of work
- Evidence successful change and improved well-being and safety of children and young people, or inform decisions and recommendations where harm or the risk of harm continues despite planned interventions.

## What type of situations can the HfCF Intervention Resources be used in?

The resources are structured around the following practice themes:

- *Initial stages of work*: engagement and hope
- *Working with children and young people*: both general and specialist (problem-specific and disruptive behaviour)
- *Working with parents and carers*: promoting children and young people's health, development and well-being: understanding development; meeting children and young people's safety and physical needs and their emotional needs; positive parenting
- *Working with parents*: targeting abusive and neglectful parenting
- *Working with children and families*: promoting communication and managing conflict
- *Working with parents and carers to support children and young people who have been sexually abused and/or those children and young people responsible for harmful sexual behaviours.*

The HfCF Intervention Resources are compatible with the requirements of *Working Together* 2013, the practice expectations set out in the Ofsted framework for the inspection of Local Authority services for children and the *Public Law Outline* (2014).

## What is in the resource?

The HfCF Intervention Resources, available in hard copy and on-line, include:

- *Practitioner briefings* (summarising theory and research, guidance and advice for intervention)
- *Modules* that can be linked together in a plan and programme of work (ideas, approaches, outline for direct work sessions, scripts, hints and tips for effective intervention)
- *Tools, instruments and direct work resources*

## Why might using the HfCF Intervention Resources be helpful?

The *HfCF Intervention Resource Pack* is underpinned by an international literature review and work with expert practitioners, managers and researchers to identify 'what works'. It promotes an approach to practice based on the *common practice elements* that cut across many distinct specialist treatment protocols and specific clinical procedures and processes; and the *common factors* (such as personal and interpersonal components: alliance, client motivation, therapist/helper/practitioner relationship) significantly responsible for effective intervention outcomes.

## How do the HfCF Resources link to other current initiatives in work with children and families?

They are being piloted as part of a two-year DfE-funded project addressing neglect and is part of *Child and Family Training's* on-going work to develop and promote evidence-based approaches to assessment, analysis and intervention with children, young people and families.

## Who developed the HfCF Intervention Resources

*Child and Family Training* and its collaborators:

- The Lucy Faithful Foundation;
- South London and Maudsley NHS Foundation Trust;
- SWAAY.

## For further information please contact:

Bill Joyce, Training Director, Child and Family Training  
Tel: +44 (0) 1829 250496  
Email: [bill.joyce@childandfamilytraining.org.uk](mailto:bill.joyce@childandfamilytraining.org.uk)  
[www.childandfamilytraining.org.uk](http://www.childandfamilytraining.org.uk)

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Child and Family Training UK Ltd.  
Directors Dr Arnon Bentovim, Stephen Pizzey.  
Company Registered in England & Wales. Company No: 7978935.  
Registered Office: 54 Bootham York YO30 7XZ