Working with children and young people: Addressing emotional and traumatic responses



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Verbal communication: Five steps to meeting someone new	
Verbal communication: Practice and review	
Verbal communication: Hanging topics	
Introduce non-verbal communication	
Non-verbal communication: Talking distance	
Non-verbal communication: Eye contact	
Social skills and the family/parents	
Specific social skills: Skills for home use	
Maintenance and building resilience [WR-M13]	
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Main steps	
Review progress with the child	
What do I have in my toolbox?	
Perseverance and having a Plan B	
Anticipating problems and challenges ahead	
Booster sessions	
Saying goodbye	
Materials to copy, print or download	
Getting to know me [WR-I]	
More about me [WR-2]	
Body maps [WR-3]	
Affective modulation: Ways to feel better right now [WR-4]	
Quick calming [WR-5]	
My relaxing place [WR-6]	
Quick calming practice [WR-7]	
Feelings thermometer [WR-8]	
Identifying feeling states [WR-9]	
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