Obstacles to recognition and response to neglect in social care practice - lessons learnt from research

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### Safeguarding children research initiative



- Initiated following the death of Victoria Climbié in 2000; informed by death of Peter Connelly in 2007
- Fifteen studies commissioned. Key themes:
  - Identification and initial response to abuse and neglect
  - Effective interventions
  - Inter-agency and inter-disciplinary working
  - Focus on neglect and emotional abuse



### **Dissemination**

- Reports of individual studies: Book Series and Research Briefs
- Davies, C. and Ward, H. (2012) Safeguarding Children Across Services, London: Jessica Kingsley Publishers FREE DOWNLOAD AT http://www.education.gov.uk/researchandstatistic s/research/scri/ or Google Safeguarding Children Research Initiative
- Separate briefing papers for health professionals (children and adults), social workers, family justice workers and professionals in education (to follow)



Safeguarding Babies and Very Young
Children from Abuse and Neglect:
(Ward, Brown and Westlake 2012; Ward, Brown and Maskell Graham,



Prospective longitudinal study of 57 bables identified as suffering or likely to suffer significant

- All identified before first birthdays; almost two thirds (65%) before birth
- 43 followed until age three; 37 until age five **so far**
- Data from case papers; annual interviews with birth parents/carers; Strengths and Difficulties Questionnaires
- Illustrate findings from other studies in initiative



### **Neglect**

The persistent failure to meet a child's basic physical and/or psychological needs, likely to result in the serious impairment of the child's health or development.

### Failure to:

- •Provide adequate food, clothing or shelter
- •Protect a child from physical and emotional harm or danger
- •Ensure adequate supervision
- •Ensure access to appropriate medical care
- •Neglect of, or unresponsiveness to, a child's basic emotional needs



### Obstacles to recognition and response

- Inadequate dissemination of potential impact of risk factors
- Insufficient understanding of potential impact of neglect
- Insufficient understanding of children's timeframes
- · Reluctance to refer and high thresholds
- · Misperceptions of the outcomes of care
- · Difficulty in focussing on the child



# Inadequate dissemination of potential impact of risk factors

- Close relationships between child maltreatment and parents' substance misuse, mental ill health, and domestic violence, particularly in combination (Cleaver, Unell and Aldgate, 2011)
- Failure to meet basic needs; emotional unavailability; inability to protect; inability to focus on the child
- Learning disability associated with neglect and emotional abuse, particularly when domestic violence, substance misuse and/or mental health problems are also present
- Children with disabilities are 3.4 times as likely as their peers to experience abuse and neglect (Sullivan and Knutson 2000)
- Relationships between criminal convictions for violent offences and maltreatment



# Key aspects of early childhood development

- Babies are born with immature brains; the human brain is not fully mature until mid twenties
- As a consequence the brain adapts to its environment
- Relationships are key features of environment and process of attachment begins at least at birth
- Early childhood development mediated through relationship with the primary caregiver
- This relationship has an impact on intellectual, emotional and social development in key areas that form building blocks for subsequent growth



# Impact of maltreatment and children's timeframes

- Substance misuse, alcohol misuse and domestic violence during the pregnancy can affect the foetus
- Immature brain adapts as readily to negative as to positive experiences
- Process of attachment begins before birth (reflective functioning)
- Quality and sensitivity of mother-child interaction at 6-15 weeks correlates with attachment at 18 months
- Frightened or frightening parental behaviour associated with disorganised attachment at 12-18 months
- Up to 80% neglected/abused children develop disorganised attachments – related to later psychopathology
- Babies placed for adoption before first birthdays are more likely to become securely attached to adoptive carers



# Impact of maltreatment during infancy in later life

- Maltreatment has a cumulative effect later brain development relies on earlier development
- · Children who have been neglected may:
  - be unable to regulate emotions and respond appropriately to stress
  - fall behind in communication, language and reading skills
  - have difficulties in coping with the social and academic demands of school
  - have difficulties in maintaining supportive social networks



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### Impact of maltreatment including neglect

# Maltreated children higher risk of:

- · School failure
- Gang membership
- Unemployment
- Poverty
- Homelessness
- Violent crime
- Prison
- Parenting capacity

## Physiological disruptions

- in later life:Cardiovascular disease
- Viral hepatitis
- Liver cancer
- Asthma
- Chromic obstructive pulmonary disease
- Autoimmune disease
- · Poor dental health
- Depression



# Maltreatment and children's timeframes

- · Neglect and emotional abuse:
  - often manifest themselves early and have a corrosive impact throughout childhood
  - consequences are particularly severe in utero and in the first three years of life
  - impact on very small babies is often unappreciated
  - potential for long-term adverse consequences throughout life span
  - but crises are rare, so action often postponed



# Adolescents: evidence that needs wider dissemination

- Adolescent emotional abuse and neglect are widespread, associated with fatal outcomes – and largely ignored
- No common understanding of what constitutes supervisory neglect
- By their sixteenth birthdays approx 2% of adolescents in England have been forced to leave home for at least one night

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### What might be improved? Training

- Workforce is insufficiently trained in child development and the impact of abuse and neglect
- Workforce is insufficiently trained about known risk and protective factors for abuse and its recurrence
- Poor training leads to poor recognition
- Poor recognition means that interventions are indecisive and delayed

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### What might be improved: identification

- Persistent failure to attend routine appointments/ failure to seek help following injuries /passivity and sudden weight loss - early indicators of neglect
- School nurses are often first people to whom children signal maltreatment
- Withdrawn and unpopular children
- Delays in language and communication, behaviour problems, Sudden drop in school performance/attendance
- BUT checklists are never comprehensive or a substitute for judgement
- A new baby may divert attention from other children



Obstacles to referrals and responses

- Adult services rarely refer
- Differences in perceived thresholds for services
- Concerns about inappropriate or inadequate responses
- Poor/non-existent feedback
- Tensions between services
- Universal services (schools, health service, police) most likely to see first evidence



# Identifying who may safely remain at home

- •Assessments of impact of abuse on child's development
- •Formal assessments of parent/infant /toddler interaction leading to intervention
- Assessments of parents' capacity to change
- •Up to 40% of parents may resist or sabotage professional interventions: not all parents have capacity to change



# Identifying who can/cannot be safeguarded at home



- Identifying children most likely to suffer significant harm:
  - Based on systematic review of evidence concerning risk and protective factors and the likelihood of maltreatment or its recurrence (Hindley, Ramchandani and Jones, 2006)
  - Severe, high, medium, low risk of future harm
  - Focussed on parental capacity to change
  - 11/12 severe risk children permanently separated by age three; all by age six
  - Link to plans and written agreements with parents
  - Currently piloted by NSPCC



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### Parents who change may be:



- · Less likely to have experienced abuse themselves
- More likely to have come to terms with removal of an older child
- More likely to have a wake-up call
- More likely to have a supportive network or extended family
- May have support from intensive, evidence based programmes (FDAC, MST, PUP)
- Likely to make substantial changes within six months of a baby's birth
- ¬ need to explore motivation, capacity to sustain change, engagement with services and impact



### Misperceptions of outcomes of care

- Care is often thought to be damaging for children BUT:
  - Outcomes largely positive for adopted children
     but long term support may be required
  - Outcomes of care positive for majority of neglected children
- But care system needs to provide:
  - More specialist psychotherapeutic support
  - Better support for care leavers



# Maltreated children who remain looked after:

### Less likely to:

- · Have misused alcohol or drugs
- · Have committed offences
- Be in pupil referral units/without a school place/persistent truants

### More likely to:

- · Have close adult ties
- Have a range of special skills, interests and hobbies
- Have better mean scores for health



### Obstacles to focussing on the child

- · Preservation of the family
- · Partnership principle
- Empowerment, fairness and their limitations
- · Parents' rights
- Focus of attention shifts as children grow older



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### **Final points**

- Need to understand better the impact of maltreatment on children's development and life chances
- Early identification of neglect and decisive action
- Precise and timely assessments of family potential (pre birth and within the first six months)
- · Services to support families for as long as required
- Keep older adolescents in mind
- Potential of substitute care for many maltreated children



### References

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# THANK YOU For further information please contact: h.ward@lboro.ac.uk Loughborough University Contro for Child and Flority Research