

Essentials to Keep in Your Changing Bag for a Toddler and a Newborn

For the Newborn

- ☐ Nappies
- ☐ Wipes
- ☐ Nappy Rash Cream
- ☐ Baby Bottles
- ☐ Muslin Cloths and bibs
- ☐ Extra Clothes
- ☐ Dummy
- ☐ Changing Mat - the padded changing mat included with our larger bags is perfect for on-the-go

For the Toddler

- ☐ Snacks
- ☐ Reusable Water Bottle
- ☐ Extra Clothes
- ☐ Small Toys or Books
- ☐ Sunscreen and Hat
- ☐ Nappies/Pull-Ups
- ☐ Wipes
- ☐ Small First Aid Kit

For Mum

- ☐ Wallet
- ☐ Phone
- ☐ Keys
- ☐ Hand Sanitizer
- ☐ Sunglasses
- ☐ Reusable Water Bottle
- ☐ Snacks
- ☐ Hair Ties

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