



The Happy Club

Happy Mail

I TOOK CARE OF MY EARTH



1. Picked up litter.
2. Turned the water off.
3. Watered the plants.
4. Reused materials.
5. Planted seeds.
6. Fed the birds.
7. Turned the lights off.
8. Turned off the technology.
9. Recycled.
10. Used the car less.

I TOOK CARE OF FRIENDS & TEACHERS!



1. Helped others.
2. Worked as a team.
3. Played with my friends.
4. Took turns.
5. Gave hugs.
6. Made someone smile.
7. Asked others to play.
8. Obeyed my teacher.
9. Let others learn.
10. Shared.

MY DUTIES

I TOOK CARE OF MYSELF!



1. Washed my hands.
2. Went to the bathroom.
3. Worked hard.
4. Did my best.
5. Exercised.
6. Walked a lot.
7. Followed a routine.
8. Got myself ready.
9. Ate healthy food.
10. Maintained discipline.

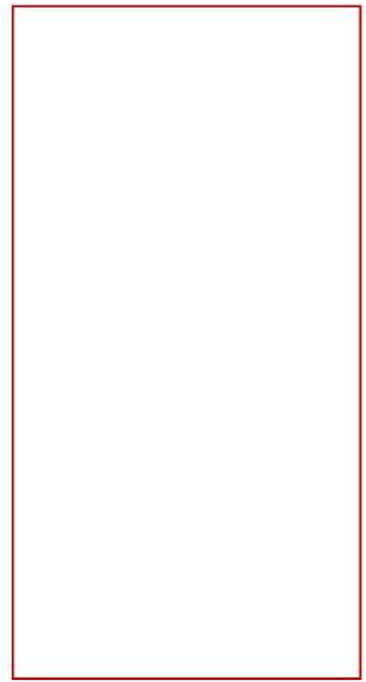
I TOOK CARE OF MY SCHOOL



1. Threw my trash away.
2. Cleaned up.
3. Used safe materials.
4. Helped my teacher.
5. Only used what I needed.
6. Turned lights off.
7. Remained calm.
8. Behaved nicely.
9. Cleaned up a spill.
10. Focused on studies.

HOW ARE YOU FEELING TODAY?

Draw a picture below that shows how you are feeling.



FIND 6 WORDS IN THE PICTURE



JUST FOR LAUGHS

Why do cows have hooves instead of feet?

They Lactose

WHAT DID THE LITTLE CORN SAY TO THE MAMA CORN?

Where's Pop Corn

WHAT DO YOU CALL A BEAR WITH NO TEETH?

A Gummy Bear

WHAT TYPE OF BEE CAN'T MAKE UP IT'S MIND?

A MAYBE

WORD SEARCH

cab pad wag happy jam man
nap rat bag ram cow cat

f g h y t r e w p l n k
r s m a n f f v a g f l
a l c p w k j h d f s o
m c a b l n m k l b d i
w l k m p o **c a t** t q r
h a p p y r e j a m w w
l o v w u a k h b g e e
a l y a o t n e n **n** b z c
r t h g y p a n a t x o
b a g l j e s o p n c w

WORD COLLECTOR

Kind
adjective

Generous, helpful, and thinking about other people's feelings:

Example: She's a very **kind** and thoughtful person.

Storytime

Once upon a time a mummy Duck lived on a farm. In her nest, she had five little eggs and one big egg. One day, the five little eggs started to crack.

Tap, tap, tap! Five pretty, yellow baby ducklings came out. Then the big egg started to crack. Bang, bang, bang! One big, ugly duckling came out.

Nobody wanted to play with him. 'Go away,' said his brothers and sisters. 'You're ugly!'

The ugly duckling was sad. So he went to find new friends to play with.

'Go away!' said the bird.

'Go away!' said the sheep.

'Go away!' said the cow.

'Go away!' said the horse.

No one wanted to be his friend.

He was sad and alone.

Winter passed and then spring came. The ugly duckling went back to the pond. He saw a beautiful, white bird!

'Wow!' he said. 'Who's that?'

'It's you,' said another beautiful, white bird.

'Me? But I'm an ugly duckling.'

'Not any more. You're a beautiful swan, like me. Do you want to be my friend?'

'Yes,' he smiled.

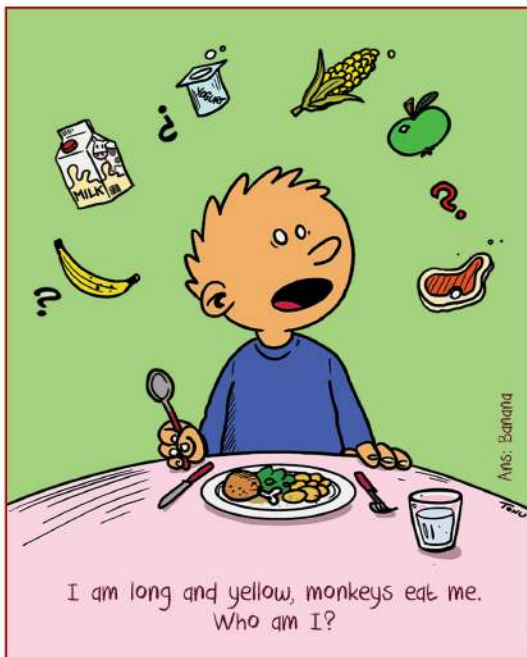
All the other animals watched as the two swans became friends forever.

THE UGLY DUCKLING



MORAL OF THE STORY:

We shouldn't be too quick to judge others based on their physical appearance. Each of us is beautiful in our own unique way.



HOW TO DEAL WITH YOUR FEELINGS

We all have feelings, They don't go away
Let's learn how to deal with our feelings

TRY TO TELL WHAT YOU ARE FEELING

DESCRIBE WHAT YOU ARE FEELING.

TELL A GROWN UP.

GET SOME EXERCISE.

TAKE A DEEP BREATH.

READ A FUNNY BOOK.

MAZE

Find your way to the center



ANSWER:

