



# Drug and Alcohol Policy

<b>POLICY NAME</b>	Drug and Alcohol Policy
<b>DATE OF ISSUE</b>	02/03/2024
<b>POLICY COVERAGE</b>	Truganina Rabbitohs Rugby League Club Inc Staff, Participants, Volunteers, Referees, Team Support Staff, Representative players and officials, Parents, Spectators, Contractors.
<b>DATE OF REVIEW</b>	One year from date of issue
<b>CONTROLLING BODY</b>	ARLC VIC Limited (NRL Victoria)
<b>CONTACT</b>	Fiona Toloa

## PURPOSE

- To ensure that we maintain a safe and positive family environment, that is free from effects of inappropriate drug and alcohol use.
- To provide volunteers, members, players, spectators and visitors with an understanding of their individual responsibility with use of Alcohol on club premises.
- An open communication policy regarding selections helps build understanding and a strong culture within the Truganina Rabbitohs Rugby League Club (TRRLC).

## SCOPE

This policy applies to all volunteers, members, players, spectators and visiting participants to the TRRLC home grounds.



## PRINCIPLES

TRRLC prides itself in its mission to “Create a positive and safe environment so people are able to learn, grow and sow”. It is with this mission that the following principles are established:

1. TRRLC has a strict NO DRUG AND ALCOHOL policy on TRRLC premises.
2. Alcohol or Drugs are prohibited to be consumed on TRRLC premises which includes TRRLC Facilities, changing rooms, Car Park, Playing fields and section in front of club room.
3. While performing your volunteer/player duties under this policy you must not drive to and from place of operation under the influence of alcohol or drugs or carry individuals from the club in your vehicle
4. While performing our volunteer/player duties you must not engage in the use or selling/distribution or offering of illegal drugs or alcohol.

## POSSESSION AND USE OF PRESCRIPTION DRUGS

Possession and responsible use of prescription drugs for the treatment and control of medical conditions is not a breach of this policy.

If you use prescription drugs which may impair or impact upon your ability to perform your duties, you must:

- inform your Team Sports trainer and Head Coach of the potential effects of the prescription drugs on your ability to perform your duties and/or
- provide a letter/medical certificate from your medical practitioner.

## STANDARDS TO BE MAINTAINED FOR OTHER FUNCTIONS

Functions include (but is not limited to):

- away games,
- after match functions hosted by away team,
- NRL Events and any other event held outside of TRRLC Premises which you as a TRRLC Volunteer, Member or Player are representing the club in.

You may consume alcohol at these events provided you do not drink excessively, and you act responsible at all times. You must also ensure you observe the hosting parties Alcohol policy to ensure you are within the correct permissions to consume.

## DISCIPLINARY ACTION

Breaches of this policy will be investigated in accordance with the provisions contained in the TRRLC Constitution and may result in disciplinary action up to and including termination.