

Herb Plant Price List

2317 Evergreen Rd.
Louisa, Va 23093
(540)967-1165
(434)882-2648
www.forrestgreenfarm.com



Abutilon, Biltmore Ballgown :

3.5" Pot Retail Price: \$6.50

Sun to part sun Height 2-4 feet spread 12-24 inches
Coral flowers
Also referred to as flowering maple
has a dangling tiger stripe flower that is very showy
Can over winter this plant as a house plant.

Amaranth, Pampas Plume :

3.5" Pot Retail Price: \$5.00

Full Sun Height 33-48"
Annual
Gorgeous plants! Love the heat!
Masses of soft feather, 2-6" long plumes in scarlet, bright yellow, pink and cream.
Excellent cut flower or dry for crafting.

Ageratum, Blue Horizon F1 : *ageratum houstonianum*

3.5" Pot Retail Price: \$5.00

Full Sun Annual
Height 24-30 inches
Tight, blue flower clusters
Use to attract bees and butterflies to your garden
Classic cut flower for bouquets
Very heat tolerant

Amaranthus Love-lies-Bleeding : *Amaranthus*

3.5" Pot Retail Price: \$5.00

Annual Full Sun Height 36-60 inches
Crimson tassels up to 24" long drip from these showy plants. Can be used fresh or dried in arrangements.
The greens can be boiled or cooked in soups. The seeds can be popped (like popcorn) or ground into flour.

Agrimony : *Agrimonia eupatoria*

3.5" Pot Retail Price: \$5.00

Herbaceous perennial, full sun, average soil.
Height 3 feet tall
Tea has great reputation as a wash for healing wounds & skin eruptions. Internally, tea useful for liver, kidney, & bladder problems. Produces yellow, gold, and green dyes.
Folk lore- hang above door to keep out unwanted energy

Angelica : *Angelica archangelica*

3.5" Pot Retail Price: \$5.00

Biennial Full to Part Sun Height 3 feet tall
Best known for candied stems and having flavor similar to licorice.
Digestive aid, bitter, carminative, antispasmodic, antimicrobial, expectorant, diuretic, cholagogue, stimulant tonic
Prefers part sun in VA and moist soil.

Alfalfa : *Medicago Sativa*

Retail Price: \$5.00

Full to Part Sun 18" Height
An infusion of leaves with mint is an excellent nutritious tea, rich in easily assimilated vitamins, minerals and trace elements, including protein, calcium and iron. Young leaves and sprouts are added to sandwiches and salads

Anise : *pimpinella anisum*

3.5" Pot Retail Price: \$5.00

Annual 3ft tall. Full sun
Umbel Flowers attract butterflies.
Best known for flavoring liqueurs. Seeds used in baking and confectionary goods. Fresh leaves chopped in soups, stews, sauces, & salads. Aids digestion and eases coughs.

Aloe (various offerings) : *Aloe vera*

Retail Price:

Part Sun
Needs good drainage.
Let dry out between watering.
Bring inside in September for the winter.

Anise-Hyssop : *Agastache foeniculum*

3.5" Pot Retail Price: \$5.00

Full Sun Perennial Height 16-24 inches
Attractive plant produces abundant nectar. Great bee plant.
Leaves and flowers can be used fresh or dried for salads, teas and garnishes.
Excellent summer cooling tea with a sweet licorice minty flavor
Purple flowers that are edible.

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Argyranthemum : *Butterfly Yellow*

3.5" Pot Retail Price: \$5.00

Full to part Sun Annual
Height 12 inches
Full Sun Height 24"
Daisy-like blooms all summer long!
Blooms are the size of a half dollar
Pinch back spent blooms
A daisy that loves the heat!

Argyranthemum Angelic Pink :

3.5" Pot Retail Price: \$5.00

Full Sun
Daisy-like blooms all summer long!
Blooms are the size of a half dollar
Pinch back spent blooms
A daisy that loves the heat!

Asclepias "Monarch's Promise" : *Asclepias*

3.5" Pot Retail Price: \$6.50

Full Sun Annual
Height 28-40 inches
Prefers warm, dry conditions
Attract butterflies including Monarchs
Gorgeous variegated milkweed

Ashwagandha : *Withania somnifera*

3.5" Pot Retail Price: \$6.50

Full sun hardy to 15 degrees
Dried root is a Ginseng-like tonic
Adaptogen type herb that is good for anxiety, adrenal support, insomnia, immune support and much more!
Can be grown in a large pot and brought indoors

Aster, New England Aster : *Aster novae-angliae*

3 Qt. Pot Retail Price: \$5.00

Full to Part Sun Height 4' Perennial
Bloom Time -August thru October, rich purple flowers with orange centers. Loved by pollinators.
Medicinally, used for lungs issues such as asthma or allergies. It is antispasmodic, calmative, decongestant, diaphoretic, expectorant, and nerveine.

Astragalus : *Astragalus membranaceus*

3.5" Pot Retail Price: \$6.50

Herbaceous perennial native to -15 degrees. Prefers full sun, average soil, with good drainage. Medicinally known for immune enhancing benefits. Used for common cold to recuperation from chemotherapy. Make a decoction of root or add to soups. Can also make a tincture of root.
Chinese Medicine refers to as Huang-qi

Baptisia : *Baptisia Australis*

3 Qt. Pot Retail Price:

Perennial full to part sun
Height 3 feet
beautiful bluish purple flowers
Great for flower arrangements

Baptisia Decadence Lemon Meringue :

Retail Price:

Full Sun
Perennial
Height 36" tall
Yellow flowers on blue stems Aka False Indigo
makes an excellent cut flower

Basil, African Blue : *Ocimum canum*

3.5" Pot Retail Price: \$5.00

Full Sun Annual Height 24 inches
Rare, minty tasting African Basil.
Medicinally used as a tea for persistent headache, migraine, fever, worms, and rheumatism.
Excellent herb to infuse in honey and mead making.
Great bee plant.

Basil, Cinnamon : *Ocimum basilicum*

3.5" Pot Retail Price: \$5.00

Full Sun. Annual
Height 26-30".
Distinctive violet stems, veining, and flower bracts with lavender blooms and 2" long leaves. Beautiful in casual flower bouquets.

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Basil, Genovese "Rutgers Devotion" : *Ocimum*

3.5" Pot Retail Price: \$5.00

Annual - full sun Height: 24-30 "
Extremely Mildew resistant variety
Plant as a windowsill herb in house for fall
a favorite authentic Italian basil
dark green leaves about 3" long, this variety is slow to bolt
pinch back flowers to continue leaf production

Basil, Globette : *Ocimum basilicum* 'Globette'

3.5" Pot Retail Price: \$5.00

Full Sun
neat compact bushy habit growing only 6" high
Excellent for containers
Very aromatic

Basil, Greek Columnar :

3.5" Pot Retail Price: \$5.00

Full Sun Heirloom
Height 8-10 inches
Native to Southeast Asia. Tiny leaves on dome shaped plants.
Great for adding into salads, use in cooking or add to tomato sandwiches.
We find it to be the most disease resistant basil that has the classic basil taste.

Basil, Italian Large Leaf : *Ocimum basilicum*

3.5" Pot Retail Price: \$5.00

Full Sun Annual
24-30" tall
Large plant with medium dark green leaves up to 4' long.
taste is even sweeter than Genovese basil.
Excellent large leaves for pesto making!

Basil, Mrs. Burns Lemon : *Ocimum basilicum*

3.5" Pot Retail Price: \$5.00

Full Sun Height 20-24" Annual
Sweet, tangy lemon basil
Very bright green 2- 1/2 inch leaves, very attractive plant and intensely flavorful.

Basil, Red Rubin : *Ocimum basilicum*

3.5" Pot Retail Price: \$5.00

Full Sun, Annual
Height 18-24 inches.
warm temperatures. Vigorous purple, Italian large Leaf type.
High yields and great flavor

Basil, Thai : *ocimum*

3.5" Pot Retail Price: \$5.00

Full Sun, warm temperatures
Annual
has an anise-clove flavor
attractive purple stems and blooms
great in Thai cooking

Bay Laurel : *Laurus nobilis*

3 Qt. Pot Retail Price:

Perennial in zone 8-10 full sun
does well in pot and can be brought in during frost months
leaf best known for its flavor in cooking
leaf can also be dried and used in food storage of rice, bean, & grains to deter insects (weevils).

Bergamot, Lemon Mint : *Monarda Citriodora*

3.5" Pot Retail Price: \$5.00

Full Sun Annual
Height 30-38"
Makes an excellent cut or dried flower. Has pink-purple flower whorls on square stems.
Young foliage is strongly lemon-scented and good for teas.
Attracts butterflies and hummingbirds to the garden.

Bergamot, Wild : *Monarda fistulosa*

3.5" Pot Retail Price: \$5.00

Full to part sun in moist soil
Perennial Height 36-48"
Edible Lavender flowers with strong fragrance.
Makes a great tea. Used medicinally to aid digestion and specifically for a headache that is caused by poor digestion and constipation

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Blessed Thistle : *Cnicus benedictus*

3.5" Pot Retail Price: \$5.00

Annual Full Sun
Height 15-24"
Main value is tonic for the digestive system
Said to improve circulation and blood, thereby strengthening the brain and memory, increases energy and antidepressant

Blue Vervain : *Verbena hastata*

Retail Price: \$5.00

Perennial Full to part sun
Height up to 5 feet tall
like growing in damp areas, beautiful blue flower spikes
Native North American Wildflower
Medicinally, has a tranquilizing effect, useful for insomnia and nervous conditions. Good for neck pain!
Good for neck pain!

Boneset : *Eupatorium perfoliatum*

3.5" Pot Retail Price: \$5.00

Perennial full to part sun
likes wet areas. white flowers 1-5 ft high, very showy and long lived flowers
medicinal - remedy for colds & intermittent fever, especially for flu. dried leaf and flowering tops used in tea or tincture.
Known to take the aches away during flu. Sip tea slowly

Borage : *Borago Officinalis*

3.5" Pot Retail Price: \$5.00

Annual Full Sun/part Shade Height: 18-30"
Add young leaves & flowers to salad. Medicinally, leaves used as a tonic to restore & renew adrenal glands especially after cortisone or steroid use. Infused vinegar is mineral rich used on foods & fungicidal for ringworm & athletes foot as a soak.

Broom, Dyer's : *Genista tinctoria*

3.5" Pot Retail Price: \$5.00

Full to part sun
Height 24-35 inches
Used to dye wool a bright yellow color
Medicinally used for gout and rheumatism.

Burdock : *Arctium lappa*

3 Qt. Pot Retail Price: \$6.50

Full Sun Biennial Height 36 inches
Extraordinary nutritive and blood cleansing properties. Long roots- best for medicine. Also makes a great edible root for stir fries or added to soups or pickled.
Harvest regularly for stir fry or for medicine in fall after frost or early the next spring

Butterfly Pea, Blue Queen : *Clitoria ternatea*

3.5" Pot Retail Price: \$6.50

Full Sun Hpt weather climbing vine
Gorgeous, huge, indigo blue double blooms that are edible. They can be dried and powdered, added to drinks and used as a dye for foods.

Calendula Alpha : *Calendula officinalis*

3.5" Pot Retail Price: \$5.00

Full/part sun Height: 24-30" Spacing: 6-12" Annual Edible flower
Brilliant, long lasting, orange edible flowers
Used in making healing salves for cuts, wounds, burns, dry skin, diaper rash and more
Excellent lymph mover, use for yeast and fungal disorders, antiseptic, antibacterial, and anti-fungal.

Calendula, Erfurter Orange : *Calendula officinalis*

3.5" Pot Retail Price: \$5.00

Full to part sun Height 2 feet
Superior variety grown for its flowers and medicine.
Known for anti-inflammatory properties, wound healing, lymph mover and soothing effects on the skin.

Catnip : *Nepeta Cataria*

3.5" Pot Retail Price: \$5.00

Full Sun
Height 24-48" Spacing: 12-18"
Perennial known to be adored by cats
Medicinally the leaves and flowering tops are used as a gentle antispasmodic, mild sedative, and sleep aid.
Good windowsill house plant to supply your cats.

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Celandine : *Chelidonium majus*

3.5" Pot Retail Price: \$5.00

Perennial
Part Sun Height 2 feet tall
Latex juice mixed with vinegar is said to remove warts and corns.
Medicinally used in small doses with caution for stomach pains, gallbladder and inflammation.

Celosia, cockscomb mix : *Celosia cristata*

3.5" Pot Retail Price: \$5.00

Full Sun Height 15"
Beautiful full heads that adorns the heads of roosters.
Vibrant hues of red, pink, orange, burgundy, and yellow.
This variety is strong and sturdy and grows a bit shorter than other leggy varieties.
Makes an excellent cut and dried flower.

Celosia, Flamingo Feather :

3.5" Pot Retail Price: \$5.00

Annual full sun
moist fertile soil
great for bouquets fresh or dried burgundy bloom
pinch back at 12" tall or it can grow 9' tall

Chamomile, Common (German) : *Matricaria recutita*

3.5" Pot Retail Price: \$5.00

Height: 15-24" Spacing 8" Perennial
Sun/part shade - Annual that reseeds readily
A prolific producer of flowers.
Dried flowers make a gentle sedative tea for calming and improving digestion

Chamomile, Roman : *Chamaemelum nobile*

3.5" Pot Retail Price: \$5.00

Perennial ground cover
Height: 10-16" spacing: 8-12"
plants grow to form a wonderful smelling carpet ground cover
can be used in teas

Chervil : *Anthriscus cerefolium*

3.5" Pot Retail Price: \$5.00

Sun/part shade moist, rich soil
height: 10-24" Spacing: 6"
Part sun height 12 -20 inches
Delicate parsley and anise type flavor used with fish, poultry, eggs, and soups. Popular for salads and as a garnish
Medicinally; settles digestion, lower blood pressure, and high in vitamin C

Chia : *Salvia hispanica*

3.5" Pot Retail Price: \$5.00

Plant 1 foot apart Full Sun and needs regular watering
Each plant grows 3 to 5 feet tall
Prefers warm soils. Roasted and crushed seeds can be mixed with water or chewed to make a gel that is an excellent source of energy and used to increase endurance
Bee and butterfly plant

Chives : *Allium schoenoprasum*

3.5" Pot Retail Price: \$5.00

Perennial - Full Sun/Part Shade
Height: 18" Spacing: 4-8 "
mild onion flavor, leaves used in culinary dishes
attractive pink globe shaped edible blooms in spring
use leaves fresh, dried, or frozen
Edible flowers

Cilantro, Santo : *Coriandrum sativum*

3.5" Pot Retail Price: \$5.00

Annual - Full Sun to Part Shade Height: 12-18" Spacing: 2-4"
Fresh leaves used in culinary dishes
Medicinally said to help remove toxins, especially heavy metals, from the body.
The dried seed from this plant is used as the seasoning coriander.
Flowers attract beneficial insects.

Clary Sage : *salvia sclarea*

3.5" Pot Retail Price: \$5.00

Full to part sun Biennial Height 4 feet
Greenish gray foliage with a beautiful pink flower spike.
Likes some afternoon shade.
seeds soaked in water produce mucilaginous eye bath which removes particles - hence the name clear eye
leaves used as a fixative in potpourris

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Cleavers : *Galium aparine*

3.5" Pot Retail Price: \$5.00

Part Sun average soil
Annual- Height 12"
Ground dweller that creeps and crawls
Medicinal - a superior lymphatic tonic.
Also use as a diuretic and for treating upper respiratory illness.

Cleome, spider flower : *Cleome pink lady*

3.5" Pot Retail Price: \$5.00

Full Sun Annual Height 3 feet tall
Cleome gets its nickname "Spider Flower" from the spidery-like flowers with long, waving stamen which are held on tall, strong leafy stems. Planted in mass, They look like blooming shrubbery with 8-inch balls of blossoms.

Comfrey : *Symphytum officinale*

3.5" Pot Retail Price: \$6.50

Perennial Height 24 inches
Moist well-drained soil - full /part sun
contains healing agent allantoin
used to heal cuts, abrasions, injuries, etc.
The flowers replenish their nectar every 45 minutes so a good bee plant.

Cornflower : *Centaurea*

3.5" Pot Retail Price: \$5.00

Annual
Often nicknamed Bachelor's Button.
Height 24-30 inches. Full sun to part shade.
Tolerates poor soil. Blue & pink flowers mix make great cut flowers and are also edible and can be used for salads and desserts.

Cosmos : *Cosmos bipinnatus*

3.5" Pot Retail Price: \$5.00

Full Sun Annual Height 48-54 "
Single flowers 3-4 inches across in lavender, pink, magenta, & white.
Excellent in as a cut flower and is the cut & come again variety

Cosmos Versailles Mix :

3.5" Pot Retail Price: \$5.00

Full to Part Sun
Height 40-48"
Vigorous bloomer 2- 1/2 inch blooms
Excellent Cut Flower- cut and come again
Mix of shades: blush pink, white, carmine red, and pink with a deep pink eye

Cosmos, Bright Lights :

3.5" Pot Retail Price: \$5.00

Full Sun Annual Height 36"
Showy orange and yellow cosmos. Makes an excellent cut and come again flower for arrangements. Attracts butterflies and hummingbirds.
Great for Fall Color
Easy to save seed and may reseed

Cosmos, Xsenia : *Cosmos bipinnatus*

3.5" Pot Retail Price: \$5.00

Full Sun Height 24-28"
Multicolored rose colored at edges with terracotta orange filling in the mid-petals. Blooms color fade to warm antique rose as the blooms mature.
Grows tidy flowers good for cut flower

Cotton : *Gossypium hirsutum*

3.5" Pot Retail Price: \$8.00

Red Foliated White Cotton
Height 3-5 feet tall
A beautiful plant with dark red stems and leaves. Will be green when it first starts growing but then develops its red.
Wait for bolls to split open before harvesting.

Cuban Oregano : *Plectranthus amboinicus*

3.5" Pot Retail Price: \$5.00

Full Sun Height 12-18" tall
Needs good drainage. Does well in containers with a succulent potting mix. Makes a good house plant.
Use for culinary dishes for a bold flavor.
Medicinally, used for respiratory and throat infections, to stimulate lactation, for rheumatism, and constipation.

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Culver's Root : *Veronicastrum virginicum*

3.5" Pot Retail Price: \$6.50

Part to Full Sun Height to 4 feet tall
Perennial
Produces spikes of beautifully stunning white flowers
Medicinally used by Native Americans, the aged root is a gentle laxative and tonifying to the liver.

Cup & Saucer Vine : *Cobaea scandens*

3.5" Pot Retail Price: \$6.50

Heirloom Annual grows to 20 feet Full Sun
The development of the flowers is quite a show. They start out green, five cornered, papery buds, then open to reveal the green saucer and bell shaped flower. The pale flower then becomes striped with violet and then changes to deep purple.

Curry : *Helichrysum italicum*

3.5" Pot Retail Price: \$5.00

Full sun Good drainage
Height 12-16"
Silver leaves are used to flavor rice, vegetables and eggs
Yellow flowers

Cutting Celery : *Apium graveolens*

3.5" Pot Retail Price: \$5.00

Part to Full Sun
Height: 18" Spacing: 6"
semi-hardy perennial
Leafy herb with bold celery flavor
Use fresh in salads, cooked in soups, and in vegetable dishes

Cypress Vine Mix : *Ipomoea quamoclit*

3.5" Pot Retail Price: \$5.00

Heirloom 1806
Annual Height 15 feet vine
Blooms summer to fall with red, pink and white delicate, star shaped flowers
Do not eat- just for show

Dianthus, Chabaud Benigna :

3.5" Pot Retail Price: \$5.00

Full to Part Sun Height 24-30"
Tender perennial zones 6-8
Vintage carnation, scented French Heirloom variety
Frisly double blooms with creamy white petals with a rose colored edging.
Edible flower petals

Dianthus, Picotee Double Mix : *Dianthus*

Retail Price: \$5.00

Full to Part Sun
Height: 24- 30 " Tender Perennial
Vintage French carnations with the sweet spicy fragrance of clove. Edible Flower
Flowers are a mix of white, light pink, rose to deeper burgundy shades.

Dianthus, Volcano Mix : *Dianthus barbatus*

3.5" Pot Retail Price: \$5.00

Full to part sun Height 16-24"
Tender perennial
Edible Flower
Excellent cut flower, showy variety

Dill, Bouquet : *Anethum graveolens*

3.5" Pot Retail Price: \$5.00

Full to Part Sun
Annual
Height 38-42" Good leaf and seed yields.
Use for pickling, stews, salads, breads, and sauces.
Pollinator plant

Dill, Hera :

3.5" Pot Retail Price: \$5.00

Full to Part sun height 12-24 inches
A great dill variety for leaf production.
Cut frequently to keep it productive with new growth.

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Dill, Thalia : *Anethum graveolens*

3.5" Pot Retail Price: \$5.00

Full to Part Sun
Annual
Excellent Bunching dill with good full blue-green foliage and flavor
Slow to bolt variety with uniform growing habit for easy cutting for culinary use

Echinacea pallida : *Echinacea pallida*

3.5" Pot Retail Price: \$5.00

Full Sun Prairie like conditions Hardy to -30 degrees
Perennial Height 3 feet
Loves the heat
Medicinally one of the better varieties for medicine.
Immune boosting, anti-viral, anti-microbial.

Echinacea, Angustifolia :

3.5" Pot Retail Price: \$5.00

Narrow leaf Echinacea Full Sun Perennial
Height: 2 feet tall Spacing: 6"
Provide excellent drainage
Medicinally most active of Echinaceas

Echinacea, Purpurea :

3.5" Pot Retail Price: \$5.00

Full Sun Perennial Heat Lover! Drought resistant and deer resistant
Ht. 24-36"
Vigorous plants with large, purple-petaled flowers. Makes an excellent cut flower.
Fibrous roots are easy to harvest 3rd year growth and beyond for medicinal qualities

Elderberry : *Sambucus nigra*

3 Qt. Pot Retail Price: \$22.00

Perennial, deciduous, part sun moist soils
The most tried & true species for medicinal use, and the berries are very tasty. The syrup, tincture, or glycerite of the berries are excellent for treating the common cold and increase overall immunity.

Elderberry, Bob Gordon : *Sambucus canadensis spp.*

6 Qt. Pot Retail Price: \$22.00

Full Sun to part shade (prefers afternoon shade)
Height 6-8 feet. less bushy than other varieties
The berries of Bob Gordon are larger and juicer than other elderberry varieties so it makes an excellent jelly & syrup extract.
Produces fruit a little earlier in the season.

Elderberry, York : *Sambucus canadensis spp.*

6 Qt. Pot Retail Price: \$22.00

Full Sun to part shade (prefers afternoon shade)
6-8 feet tall and tend to be less bushy and more tree like
York variety is an early season bearer and tend to produce before the birds become a big problem.
Has a the biggest and juiciest berries of all the elderberry varieties

Elecampane : *Inula helenium*

3.5" Pot Retail Price: \$5.00

Perennial - Full Sun Height 4-5 feet
moist, fertile soil
bright yellow flower yields yellow and orange dyes
dried root preparations to quiet coughing, stimulate digestion, and tone the stomach.
Infuse root slices in honey for a cough & cold remedy

Eucalyptus, Silver Drop : *Eucalyptus spp.*

3.5" Pot Retail Price: \$6.50

Tender Perennial
Full Sun
silky round leaves often used in potpourri and flower arranging

Evening Primrose : *Oenothera biennis*

3.5" Pot Retail Price: \$5.00

Biennial Full Sun can withstand poor, dry soil conditions
Drought tolerant herb produces mucilaginous blooms in evening to morning.
High in essential fatty acids.
Outstanding bloomer 3 to 6 feet tall.

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Fennel, Bronze : *Foeniculum vulgare*

3.5" Pot Retail Price: \$5.00

Perennial zones 7-10 Full Sun
Height: 24-36" Spacing: 2-4"
feathery foliage with sweet flavor, nonbulbing type
leaves used salads, and dressings, seeds used in baking
medicinally used as a digestive aid (seeds)
This is the plant if you want to obtain food seed from fennel!

Fennel, Grosfruchtiger : *Foeniculum vulgare*

3.5" Pot Retail Price: \$5.00

Full Sun Height 12" tall
Vigorous leaf production and sweet flavor.
Nonbulbing type that is the most flavorful for dressings, salads,
edible flower, pickling spice, flavored vinegar etc.
Semi hardy plant with a lovely sweet anise flavor

Fenugreek, Common : *Trigonella foenum-graecum*

3.5" Pot Retail Price: \$5.00

Annual, full to part sun
Aromatic foliage bearing white flowers.
Seeds warming to the digestive tract, helps lower blood glucose,
absorbs toxins and can help lower blood cholesterol.
Plants roots break up heavy clay soils and adds in nitrogen and
organic matter.

Feverfew : *Tanacetum Parthenium*

3.5" Pot Retail Price: \$5.00

Perennial - Sun/Part Shade
Height: 24-36" Spacing: 8-12"
small yellow and white daisy-like blossoms
small pungent, aromatic self-seeding
Leaves used for fevers, menstrual cramps, and migraines

Forget Me Not : *Cynoglossum Seed*

3.5" Pot Retail Price: \$5.00

Full to Part Sun Height 18-24 inches
Annual
Intense Blue
VERY productive perfect for bouquets
Attracts bees

Four O'clock mix : *Mirabilis jalapa*

3.5" Pot Retail Price: \$5.00

Full to Part Sun Perennial
flowers have trumpet shaped blooms in pink, white, and yellow.
It has the habit of blooming after 4pm.
It blooms due to a drop in temperature more so than the time of
day. Hummingbirds love this plant!

Foxglove Mix : *Digitalis purpurea*

3.5" Pot Retail Price: \$5.00

Biennial Full Sun
Purple and pinkish blooms. Center spikes are large and full, and
side shoots fill out the plant. Great for bouquets and gardens!

French Marigold, durango outback mix : *Tagetes*

3.5" Pot Retail Price: \$5.00

Annual Height 8-12"
Extra large blooms 2-2.5"
Highly branching large and showy plants
Deters pests in gardens.
Good companion plant.
Quick growing! will give some fall orange blooms until heavy
frosts

Fuchsia Blue Eyes :

3.5" Pot Retail Price: \$5.00

Part sun to shade
Pink sepals with bluish purple double bloom centers
trailing plant 18-24 inches

Garlic Chives : *Allium tuberosum*

3.5" Pot Retail Price: \$5.00

sun./part shade perennial
Height: 15-18" Spacing: 6-8"
showy white flowers in midsummer
Flowers are edible
leaves have a taste of garlic and chives
Makes a nice pesto

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Gaura Steffi Dark Rose :

3.5" Pot Retail Price: \$5.00

Full to Part sun
perennial flower native to southern US zone 5-10
18-20" tall
Dark pink blooms spring to fall
Add to landscape border or to containers to create a whimsical look

Geranium, Wild : *Geranium maculatum*

3.5" Pot Retail Price: \$6.50

Part Shade Height 18-20"
Woodland perennial prefers moist woodland soil and part shade.
Hardy to -40 degrees.
Lilac flowers in the spring.
Medicinal herb- astringent for diarrhea, very astringent for heavy menstrual flow.

Germander : *Teucrium chamaedrys*

3 Qt. Pot Retail Price: \$6.50

Full Sun perennial Height 8-14"
Showy edging plant with glossy dark green leaves and rose flowers. Infusion quiets upset stomach and promotes appetite - use in small doses only.
Very sturdy plants that withstands heat, drought and blooms profusely.

Globe Amaranth, Buddy Purple : *Gomphrena globosa*

3.5" Pot Retail Price: \$5.00

Full Sun Height 10" tall
A short and stout gomphrena! Great for containers or to line a walkway or garden bed.
Drought tolerant, sun loving long lasting blooms. Also makes an excellent dried flower

Globe Amaranth, Orange : *Gomphrena haageana*

3.5" Pot Retail Price: \$5.00

Full Sun
Height 18-20 inches
Very heat tolerant plant will bloom all summer until frost.
Blooms are deep orange. Makes an excellent cut flower or can be dried for arrangements and potpourri.

Goldenrod, European : *Solidago virgaurea*

3.5" Pot Retail Price: \$5.00

Full Sun Height 30 inches
Perennial
beautiful clusters of yellow flowers in late summer.
Medicinally used for bladder disorders, diuretic, upper respiratory infections and to treat mucous congestion from cold or allergies.

Gomphrena, Audray Pink :

3.5" Pot Retail Price: \$5.00

Full Sun Height 18-28 '
Heat tolerant
Blooms profusely
Excellent lavender pink gomphrena for cut flowers and dried flowers

Gomphrena, Audray Purple-Red :

3.5" Pot Retail Price: \$5.00

Full Sun Height 18-28 '
Heat tolerant
Blooms profusely
Excellent deep purple gomphrena for cut flowers and dried flowers

Gotu Kola : *Hydrocotyle asiatica*

3.5" Pot Retail Price: \$6.50

Part Sun, like to have moisture and not dry out completely.
Energy boosting leaves are a great addition to salads
Remarkable rejuvenating properties for connective tissue
Medicinally- a rejuvenating diuretic herb that clears toxins and reduces inflammation. Used in treatment of rheumatoid arthritis
Great for connective tissue and brain function!

Gourd, Bushel Basket :

3.5" Pot Retail Price: \$5.00

Full Sun
Huge, rounds gourd up to 24" across
Can be used for all kinds of crafting
Night flowering plant attracts beneficial moths

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Gravel Root - Joe-Pye Weed : *Eupatorium*

3 Qt. Pot Retail Price: \$6.50

Perennial Full Sun to Part Sun
Gravelroot. Tall native plant that emits a vanilla scent and has rosy-purple flowers. Valuable for kidney problems. Respiratory - diaphoretic to induce sweating and then reduce fevers. Use with Marshmallow root and make a mineral rich tea. grows 5-7 feet tall. Very showy plant.

Greek Mountain Tea : *Sideritis syriaca*

3.5" Pot Retail Price: \$5.00

Woody Perennial 18" tall. Mediterranean herb hardy to 10 degrees.
Prefers well drained soil and full sun.
A great tasting tea herb. Used medicinally, the dried flowering tops made into a tea for treating colds and restless insomnia.

Gypsophila White/Baby's Breath : *Gypsophila*

3.5" Pot Retail Price: \$5.00

Full to Part Sun
Perennial zone 4-9 Height 24-36" tall
Drought tolerant
Semi-double tiny white flowers bloom spring until fall
Good cut flower or to dry for arrangements
Deer resistant and attracts butterflies and bees

Heliotrope Purple Marine :

3.5" Pot Retail Price: \$5.00

Full Sun VERY Heat tolerant
Heirloom Plant
Annual
Rich moist soil
Strong vanilla scented blooms
Combines well with lantana in the flower beds and containers.

Hibiscus, Roselle : *Hibiscus sabdariffa*

3.5" Pot Retail Price: \$6.50

Tropical plant zone 9-11. Height 4 feet tall
Can be grown in our zone and harvest the red calyces for medicinal tea with delicious taste. Fruits used to make jellies, syrups, and fruity tasting drinks. Treat as an annual here in VA. Very large showy plant in just one summer. Medicinally, used to treat high blood pressure and urinary tract infections.

Hollyhock : *Alcea rosea*

3.5" Pot Retail Price: \$5.00

Classic Cottage Garden Flower - Mixed Shades
Hollyhocks are very drought resistant, and do well in full sun locations that might be too hot or dry for other plants. They produce large, flat coin-shaped seeds (1/2" diameter) that seem to grow easily wherever they drop.

Honeywort, Kiwi Blue : *Crinthe Major Purpurascens*

3.5" Pot Retail Price: \$5.00

Part sun with afternoon shade preferred
A recently rediscovered ancient flower grown in Europe since the Middle Ages.
A relative of borage and each flower has a drop of honey that makes it irresistible to pollinators.

Hops : *Humulus Lupulus*

3.5" Pot Retail Price: \$5.00

Full Sun
Herbaceous perennial vine growing to 30 feet in a season.
Native to the temperate north and fully cold hardy.
Used in beer making and medicinally as a sedative herb

Horehound : *Marrubium Vulgare*

3.5" Pot Retail Price: \$5.00

Full Sun - Perennial
average well-drained soil on the dry side
does not like wind
used to make cough drops, for chronic catarrh and colds
companion planting - stimulates and aids fruiting in tomatoes

Horseradish : *Armoracia rusticana*

3 Qt. Pot Retail Price: \$10.00

Perennial Full to Part sun
Well-drained soil
Widely know condiment plant.
Medicinally used in Fire Cider, for gout, uti's, sluggish liver expectorant, and digestive aid.
Store trimmed and washed roots in plastic bag in refrigerator.

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Hyacinth Bean : *Dolichos lablab*

3.5" Pot Retail Price: \$6.50

Full Sun Annual
Will climb to 10 to 20 feet tall
VERY SHOWY, hummingbirds love this plant
Green and wine-colored foliage, purple stems, lilac-rose blossoms and shiny, magenta pods (2-3").

Hyssop : *Hyssopus officinalis*

3.5" Pot Retail Price: \$5.00

Perennial - Full Sun
Height: 16-24" Spacing: 6-12"
Great plant for attracting bees, has bright blue-violet flowers used as ornamental and medicinal plant
medicinal - coughs, asthma, congestion, externally for bruises & burns, antiviral against herpes

Impatiens, Sunpatiens Compact white :

3.5" Pot Retail Price: \$6.50

Full Sun to part sun
Height 14-28" Width 14-24"
Vigorous heat loving plant with dark foliage with white flowers. Long lasting flowers and makes quite a statement when planted in mass plantings in the garden or to fill a container

Impatiens, Sunpatiens Rose Glow :

3.5" Pot Retail Price: \$6.50

Full to Part Sun
Height 14 inches

A heat loving sunpatien that is compact, clean and blooms continuously.

Jewelweed, Orange : *Impatiens capensis*

3.5" Pot Retail Price: \$5.00

Self Seeding Annual
native to south east
Plant in part Sun and needs ample moisture
Medicinally, plant exudes juices that dissolve poison ivy oils on the skin. Also relieves itching and burning from poison ivy rash.

Jiao-gu-lan, Japanese : *Gynostemma pentaphyllum*

3.5" Pot Retail Price: \$6.50

Hardy to 20 degrees and does well in eastern VA in sheltered spots
Otherwise grow in pot and bring indoors, it does well as a house plant with a small support to vine. Prefers part sun.
Medicinally, make a tea of dried leaves for energy. Contains saponins like ginseng that rejuvenate and build energy

Kiss Me Over The Garden Gate : *Polygonum*

3.5" Pot Retail Price: \$6.50

Annual full to part sun 6 to 9 feet tall
Rapid grower and will put out a marvelous display of towering long rose-pink clusters of flowers that droop down. A real knock out display in the garden until frost. In China, the root is used for treating hepatitis

Lady's Mantle : *Alchemilla vulgaris*

3.5" Pot Retail Price: \$6.50

Part Sun Perennial
Hardy to -30 degrees. Rich, moist soil part sun. Deep green leaves funnel and collect dew drops that glisten in the morning light.
Medicinally known as a female herb for menstrual disorders. Tea useful for treating PMS and menopausal type mood swings.

Lamb's Ear, Woolly : *Stachys byzantina*

3.5" Pot Retail Price: \$5.00

Full sun to part shade Perennial
Height 12-18 inches
Needs good drainage.
Delightful soft foliage resembling a lamb's ears. Silvery appearance is ideal for contrasting in the garden.
Medicinally used to bandage wounds- stops the blood and soothes

Lanatana, Bright Pink :

3.5" Pot Retail Price: \$6.50

Full Sun
Height 20"
Attracts hummingbirds and pollinators
Thrives in the heat

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Lantana, Dallas Red :

3.5" Pot Retail Price: \$6.50

Full sun & well drained soil
Tall Variety 30"
Attracts hummingbirds
Loves the heat, blooms all summer long
Red, yellow and orange vibrant bold blooms!

Lantana, Elegance :

3.5" Pot Retail Price: \$6.50

Full sun & well drained soil
height to 20"
Attracts hummingbirds
Loves the heat, blooms all summer long
blooms rose and light orange shades

Lantana, Fantasy :

3.5" Pot Retail Price: \$6.50

Full Sun Height 15 inches
Dark pink and yellow blooms
Loved by hummingbirds, moths, and butterflies

Lantana, Miss Huff :

3.5" Pot Retail Price: \$6.50

grows to 30" tall
a most hardy type of lantana
hardy to zone 7
orange, yellow, and pink blooms

Lantana, New Gold :

3.5" Pot Retail Price: \$6.50

Spreading Type Full Sun
Height 16" well & drained soil
A hummingbird's delight!
Does well in ground or in containers

Lantana, Spreading Gold :

3.5" Pot Retail Price: \$6.50

Full Sun
Height 16-20"
Gold yellow blooms
Heat lover, attracts hummingbirds, blooms nonstop until frost.

Lantana, Trailing Lavender :

3.5" Pot Retail Price: \$6.50

Full Sun
Spreads 3 to 6 feet and about 12-15" tall
Very drought tolerant once established
Light purple flowers that will flow and cover a large area and even spread down a wall or out of a pot

Lavender, Goodwin Creek :

3.5" Pot Retail Price: \$6.50

Full Sun 28 " tall
Attractive silvery toothed leaves and long spikes of large deep purple-blue flowers. Withstands heat and humidity better than most lavenders. Can plant in ground or in a pot.
Hardy zones 7-9

Lavender, Grosso : *Lavandula x intermedia 'Grosso'*

3.5" Pot Retail Price: \$6.50

Full Sun
Height 24-36 inches
Good drainage
Large violet flowers atop grayish green foliage.
Very fragrant and dries nicely

Lavender, Hidcote :

3.5" Pot Retail Price: \$6.50

Full sun height of 12"
zone 4-8 prefers dry, sandy soil
Deep purple bloom, fragrant good cut flower, good to dry, relaxant medicinal properties

Lavender, Munstead : *Lavandula angustifolia*

3.5" Pot Retail Price: \$6.50

Full Sun
Height 18-24 inches
Good drainage
Low growing lavender that provides excellent blooms
Hardy zone 5-9

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Lavender, Provence : *Lavandula angustifolia*

3.5" Pot Retail Price: \$6.50

Perennial- Full Sun Height: 20"
Variety typical of the Provence region of France
One of the hardy varieties for VA
Fragrant deep blueish purple blooms
needs well drained soil

Licorice : *Glycyrrhiza glabra*

3.5" Pot Retail Price: \$5.00

Full sun, dry alkaline soils Perennial that spreads.
Demulcent and expectorant, adaptogen herb, immunostimulant,
immunomodulator. For treatment of chronic fatigue, adrenal
exhaustion, or gastric ulcer. Often added in small amounts in
herbal formulas and considered to be a synergist, making herbs
work together more effectively.

Lemon Balm : *Melissa Officinalis*

3.5" Pot Retail Price: \$5.00

Full sun - Height: 18-26" Spacing: 12"
Perennial
Moist well drained fertile soil
Easy to grow, white flowers, very distinct lemon flavor
Medicinally used for colds, flu, depression, and indigestion
a great mild antiviral

Linden Tree : *Tilia americana*

Retail Price: \$30.00

Tilia Tree or American Basswood
Height 60 to 100 feet
Flowers used as medicine to nourish the heart, for flu, sore
throat and coughs. Also a nervine for nervous tension, stress, and
panic conditions and those with high blood pressure.

Lemon Bergamot : *Monarda citriodora*

3.5" Pot Retail Price: \$5.00

Full Sun Annual
Pink purple flowers that are showy, good for arrangements and
dries nicely for dried flower arrangements

Lobelia : *Lobelia inflata*

3.5" Pot Retail Price: \$5.00

Part Sun Annual
Height 2 feet
prefers well-drained average soil.
In small doses it acts as an indispensable antispasmodic on the
respiratory system
Often referred to as Indian Tobacco.

Lemon Grass : *Cymbopogon*

3 Qt. Pot Retail Price: \$10.00

Full Sun
Height 3 to 5 feet
delightful lemon-scented grass, the tangy leaf bases are used in
Thai and Vietnamese cooking
leaves make a pleasant tea (hot or cold) used medicinally for
digestion and fever as a tea

Lobelia, great blue : *Lobelia siphilitica*

3.5" Pot Retail Price: \$5.00

part sun and moist soil
Perennial
Height 2-3 feet tall

Lemon Verbena : *Aloysia triphylla*

3.5" Pot Retail Price: \$6.50

Full Sun
Height up to 5 feet tall
Strong lemon flavored leaves. Great for culinary use.
Use leaves fresh or dried.
Medicinally, used as an uplifting, vitamin rich tea.
zone 8-10 suggested to take indoor for winter

Lobelia, Red : *Lobelia cardinalis*

3.5" Pot Retail Price: \$5.00

Cardinal Flower
Perennial
Height 4 feet tall
Prefers damp areas in part sun
Provides a brilliant red splash of color in semi-shady locations.
Used as nervine and antispasmodic

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Lovage : *Levisticum officinale*

3.5" Pot Retail Price: \$5.00

Perennial - Sun to part shade
Height: 48-78" Spacing: 18-24"
Leaves have an excellent flavor for soups, stews and casseroles
Young leaves taste like celery, medicinal use as a stimulant and warming digestive tonic.

Mallow, common : *Malva sylvestris*

3.5" Pot Retail Price: \$5.00

Full to Part sun Height 24 inches
Infusion made from pink flowers or leaves is used externally to moisturize and tone skin. Internally to soothe mucous membranes irritated and inflamed by coughs, stomach upsets, and other intestinal problems.

Marigold, Spanish Brocade :

3.5" Pot Retail Price: \$5.00

Full sun
Yellow and gold petals splashed with red flecks.
Height 24-30 inches

Marjoram, wild : *Origanum vulgare*

3.5" Pot Retail Price: \$6.50

Full Sun Perennial Height 18-40"
Light sweet flavor for teas and cooking.
Flavor resembles oregano but much milder and more versatile for cooking.
Pink flowers can be dried for wreaths.
Medicinal- antiviral and antibacterial

Marshmallow : *Althaea officinalis*

3.5" Pot Retail Price: \$5.00

Perennial Full Sun - moist to wet soil
4 feet tall 2 feet wide
flowers & leaves in salads
High mucilage content good demulcent.
Noted for soothing irritation and inflammations of the skin, throat, eyes, lungs, and urinary organs.
Used in bronchitis and coughs

Meadowsweet : *Filipendula ulmaria*

3.5" Pot Retail Price: \$6.50

Perennial
Attractive wildflower with sweet almond scent.
Anti-inflammatory and pain relieving, the plant is the source of salicylic acid. Likes rich, moist soil in part sun.

Mexican Bush Sage : *Salvia leucantha*

3 Qt. Pot Retail Price: \$14.00

Full Sun
Semi hardy perennial
Height 4 feet tall
A show stopper when it blooms in the fall.
Has green-grayish aromatic leaves and blooms a velvety purple flower spike. Makes a good cut or dried flower.

Mexican Mint Marigold : *Tagetes lucida*

3.5" Pot Retail Price: \$5.00

Full Sun Tender Perennial
Height 16-20
Aromatic leaves are a substitute for French Tarragon. Sweet licorice flavor salads and main dishes. Pretty, golden yellow flowers all summer.
Medicinal: stimulant and diuretic, improves digestion.

Mexican Sunflower, Tithonia :

3.5" Pot Retail Price: \$6.50

Annual Full Sun Very outstanding bloomer in the garden!
Ht. 60-72".
3 1/2" wide flowers on strong branching plants with velvety dark green leaves. Blooms midsummer to frost. Loves hot dry sites.
Loved by hummingbirds, butterflies, and moths

Milk Thistle : *Silybum marianum*

3.5" Pot Retail Price: \$5.00

Annual- Full Sun
Height: 40-54" Spacing: 24-36"
Large plant with shiny, spined leaves molted with white
All parts are edible, seed known for liver rebuilding properties.
The active principle silymarin is a complex that helps stabilize and regenerate liver cells.

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Milkweed : *Asclepias syriaca*

3.5" Pot Retail Price: \$5.00

Full Sun
Height 3 feet tall
Perennial
Young shoots can be eaten like asparagus.
Best known as a plant of the Monarch butterfly.

Milkweed, swamp : *Asclepias incarnata 'Carmine-*

3.5" Pot Retail Price: \$5.00

Perennial zone 3-8 HT 2-5 ft
tolerates damp soils and even heavy clay.
Deer resistant
Attract monarch butterflies
beautiful rose flowers with a vanilla scent

Mimosa : *albizia julibrissin*

6 Qt. Pot Retail Price: \$15.00

Entire plant is used as medicine. The flowers being sedative & tonic, the bark is an antidepressant, the gummy extract is used to resolve subcutaneous lesions. The wood is dense and strong. Prefers sun & moist well-drained soils but will withstand drought and is quite resilient.

Mint, Apple : *Mentha suaveolens*

3.5" Pot Retail Price: \$5.00

Full Sun Perennial
Soft gray-green leaves that have an apple-menthol scent.
Makes a refreshing summer tea.
Use in culinary dishes.
We love to make an apple mint infused sugar and use on fruit

Mint, Chocolate :

3.5" Pot Retail Price: \$5.00

Full sun in average soil
Height 18-24" Spread 3 feet
Perennial mint
Delightful taste of mint and chocolate

Mint, Corsican : *Mentha requienii 'Corsican'*

3.5" Pot Retail Price: \$5.00

Full to part sun
Perennial zone 7 to 9
Creeping ground cover
tiny bright green leaves with excellent aroma
makes a great ground cover or rock garden plant

Mint, Mojito Cocktail : *Mentha X villosa 'Mojito'*

3.5" Pot Retail Price: \$5.00

Full Sun
Height 8-18" Spread 24"
Similar to spearmint but has larger leaves
great for use in desserts or drinks like Mojitos

Mint, Mountain : *Pycnanthemum pilosum*

3.5" Pot Retail Price: \$5.00

Height 24-36 Spacing: 12" Perennial
Full Sun - Very fragrant
used in potpourri, incense, & natural insect formulas
Medicinal-in teas for indigestion, fevers, and regulate menstrual cycle

Mint, Peppermint : *Mentha X piperita*

3.5" Pot Retail Price: \$5.00

Full/Part Sun Perennial
makes a great tea
Medicinally, excellent for stomach indigestion, calming, antiseptic, antispasmodic, anti-inflammatory, anti-bacterial

Mint, Pineapple :

3.5" Pot Retail Price: \$5.00

Full to Part Sun
Mint with a hint of pineapple flavor
Leaves are green with white streaks throughout.
Excellent for use in culinary dishes with ham or fruit.
Dries nicely for potpourri.
Full Sun. This mint is not invasive like many other mints.

Mint, Strawberry :

3.5" Pot Retail Price: \$5.00

Full Sun
Height 8-18" Spread 24"
Lovely strawberry scent
Blooms light purple flowers
Excellent in drinks and cut up in fruit salads

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Monarda, Panorama Mix : *Monarda didyma*

3.5" Pot Retail Price: \$5.00

Full to Part Sun Height 36-44"
Perennial zones 4-9 Edible flower
Also known as Oswego Tea, bee balm and scarlet bee balm
Semi double blooms in shades of lavender, salmon, magenta, and pale pinks. Attracts hummingbirds and butterflies.
Leaves & Blooms contain antibiotic & antiseptic compounds

Moonflower : *Ipomoea alba*

3.5" Pot Retail Price: \$6.50

Heirloom Height climbs to 15 feet tall Full Sun
Night Bloomer that is Very fragrant!
Dark green heart shaped leaves with lush perfumy bridal white flowers.
Good pollinator flowers

Moringa : *Moringa oleifera*

3 Qt. Pot Retail Price: \$14.00

Full Sun dry, poor soil
Hardy zone 9-12 Can cut back and bring in as a potted plant
Super food! Dry the leaves and powder for use.
Medicinal: anti-inflammatory, analgesic, sexual enhancer, super nutritive vitamin c, A, calcium, iron, protein.
Harvest leaves continually.

Motherwort : *Leonurus cardiaca*

3.5" Pot Retail Price: \$5.00

Perennial - Full Sun
Height 4 feet tall
well drained soil
often used medicinally for menopausal changes, tonic for heart, as a sedative for anxiety after childbirth. Use when you need a little mothering, for both men and women a very supportive herb.

Mugwort : *Artemisia vulgaris*

3.5" Pot Retail Price: \$5.00

Perennial full sun average soil Height 3-5 feet tall
medicinally a digestive stimulant, nervine, aids normal menstrual flow. This herb is also used in Moxa, burned over acupuncture points to quicken the blood. Well known as a dream -inducer and made into sleep pillows. Often called dream weed.

Mullein, common : *Verbascum thapsus*

3.5" Pot Retail Price: \$5.00

Full sun average soil
Biennial that will re-seed
Height 4-6 feet tall
medicinally used to moisten mucous membranes, a great soothing agent for the throat, bronchi, and lungs.

Mullein, Greek : *Verbascum olympicum*

3.5" Pot Retail Price: \$5.00

Biennial native to Greece that performs well in VA heat
Full Sun Good Drainage
Height 4-6 feet tall
This variety has the best flower production. Medicinally flowers and leaves are used in teas, ear oils, and tinctures. Leaves used in teas and tinctures for respiratory issues.

Nasturtium : *Tropaeolum minus*

3.5" Pot Retail Price: \$5.00

Annual - Full Sun semi-trailing Space 8" apart
Known for its mix of single and double blooms in shades of red, pink, orange and yellow
well drained semi-poor soil - if soil is too rich it won't produce flowers
Edible flowers & leaves with a peppery taste

Nasturtium, Empress of India : *Tropaeolum minus*

3.5" Pot Retail Price: \$5.00

Full Sun. Height 16- 20 inches.
A compact Victorian heirloom.
Scarlet flowers bloom amongst the dark green foliage.
Edible flower and leaves have a peppery taste.
Well drained semi-poor soil - if soil is too rich it won't produce flowers

Nasturtium, Phoenix :

3.5" Pot Retail Price: \$5.00

Full Sun
A unique heirloom nasturtium dating to the early 1900's.
Leaves shaped like English ivy and have a flame shaped flower make like a Phoenix. Shade of bronze, mahogany, and apricot.
Trailing plant can grow in containers or the ground.

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Nasturtium, Trailing Mix : *Tropaeolum majus*

3.5" Pot Retail Price: \$5.00

Full sun to part shade
Flowers in red, rose, orange, and yellow. This trailing variety will grow 96-120"
The flowers, leaves, and seed pods are all edible. Chop leaves and add to salads, stuff flowers with goat cheese or add to salad or infuse in butter, pickle immature seed heads.

Nettle : *Urtica dioica*

3.5" Pot Retail Price: \$5.00

Stinging Nettle Perennial
Sun/Part Shade Height: 30-60"
Used medicinally to support the entire body as a tonic
Dried or cooked, nettles lose their sting and are safe to ingest
Leaves rich in iron, vitamin C and many other beneficial nutrients.

New Jersey Tea/Red Root : *Ceanothus americanus*

3.5" Pot Retail Price: \$6.50

Full Sun Perennial woody shrub native to Eastern US
Hardy to -20 degrees Tough drought tolerant and cold tolerant
Lilac scented flowers of white.
Permaculture plant -nitrogen fixer
Tasty, non caffeinated substitute for black tea
Excellent lymph mover

Nicotiana, Scentsation Mix :

3.5" Pot Retail Price: \$5.00

Full Sun Annual
Tall variety like Thomas Jefferson grew.
Produces flowers that are in the color range of pink, red, lavender, rose and white.
May need staking in high wind areas. Fragrant flowers.

Oregano, Greek : *Origanum vulgare*

3.5" Pot Retail Price: \$5.00

Height: 8-24" Spacing: 12"
Full Sun, well-drained soil
special strain of true Greek Oregano
heavy aroma, great for Italian cooking
medicinal - tea for indigestion, antiseptic, infusion in bath for relaxation of muscles

Oregano, Kiragami (ornamental) : *Origanum vulgare*

3.5" Pot Retail Price: \$5.00

Full Sun
Heat tolerant
More of an ornamental variety best known for its eucalyptus looking leaves and beautiful lavender colored flowers.
Perfect for the edge of containers as it will cascade blooming over the edges.

Pansy Mix Varieties : *fall only*

Retail Price:

Blooms fall into early winter adding beauty to the autumn garden and many will come back for a beautiful spring show. To aid them in over-wintering just add a little mulch or pine needles around them for added protection. Pinch back flowers occasionally for more robust plants.
Edible flowers

Parsley : *Petroselinum crispum*

3.5" Pot Retail Price: \$5.00

Full Sun Biennial
A small flat leaf parsley with a slight curl on the leaves.
Outstanding flavor and good culinary appeal.
Compact plants that give good production.

Parsley, Curled : *Petroselinum crispum*

3.5" Pot Retail Price: \$5.00

Full Sun Biennial
Height 12-16 inches
A traditional curly leaf parsley but has a softer texture.
Excellent flavor for soups, pestos, salads, and garnish

Parsley, Giant of Italy : *Petroselinum crispum*

3.5" Pot Retail Price: \$5.00

Full to part Sun Biennial
Height 18-20"
Preferred culinary variety. Deep green, flat leaves with strong stems.
Wonderful culinary flavor!
Excellent for production for pesto and sauces

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Passion Flower : *Passiflora incarnata*

3.5" Pot Retail Price: \$6.50

Perennial Full Sun
Vigorous climber prefers poor sandy, slightly acidic soil. Beautiful blooms with a flower that suggests the crucifixion scene. Medicinally relaxes nervous system and has sedative properties, used to treat insomnia, good for ADD and attention issues.

Patchouli : *Pogostemon patchouli*

3.5" Pot Retail Price: \$6.50

Part Sun Height 28-32"
Makes a good house plant
can be over-wintered in the house in a pot
definitive perfume of the Orient and India
Used in perfumes, soaps, sachets, and potpourri

Pennyroyal : *Mentha pulegium*

3.5" Pot Retail Price: \$5.00

Full to part sun Perennial Height 12"
Used for teas for taste and medicinally for headaches.
Also used to flavor sauces. Minty aroma.
Has insect repelling properties.
NOT TO BE USED BY PREGNANT WOMEN!

Petunia, various colors & variety :

3.5" Pot Retail Price: \$5.00

Pleurisy Root, Butterfly Weed : *Asclepias tuberosa*

3.5" Pot Retail Price: \$5.00

Full Sun Perennial
Height 1-2 feet
Magnificent bright orange flowers produce a large quantity of nectar which attracts butterflies.
Roots act specifically on the lungs as an expectorant and anti-inflammatory.

Portulaca :

3.5" Pot Retail Price: \$5.00

Full Sun Annual Height 6"
semi double blooms
Excellent performer in heat and drought
Blooms in colors of pinks, yellows, white, and orange

Portulca Double Magenta :

3.5" Pot Retail Price: \$5.00

Full Sun hot dry, conditions
Height 6 inches
Spreading or can go in hanging baskets
Blooms continuously till frost

Primrose, showy decorative : *Oenothera speciosa*

3.5" Pot Retail Price: \$5.00

Full to part sun Height 10' by 18" sprawl
Perennial
Upright to sprawling growth of four petaled flowers that are soft pink with yellow to white centers.
Easy to grow. Good for rock gardens and disturbed areas.

Purslane, Big Bloom Scarlet :

3.5" Pot Retail Price: \$5.00

Full Sun - Extra large bloom
Annual
Ever blooming plants that flourish in hot temperatures and bright sun

Purslane, Samba Hot Rose :

3.5" Pot Retail Price: \$5.00

Full Sun Annual
sprawling and spreading blooms galore
Non stop summer bloom
Ever blooming plants that flourish in hot temperatures and bright sun

Queen Anne's Lace : *Daucus carots*

3.5" Pot Retail Price: \$5.00

AKA Wild carrot Biennial
Full Sun Height 32"
Full Sun average soils. Seeds used in birth control. Ripe seed, unripe seed, leaf, & flower used as anti-lithic for kidney stones.
Seed tincture for gas pains.

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Rabbit Tobacco : *Pseudognaphalium obtusifolium*

3.5" Pot Retail Price: \$5.00

Full Sun Dryish Soils Annual that reseeds
also known as everlasting because it preserves nicely
Medicinally, well known for use in treatment of asthma. Also
used for sore throats and coughs.
Used as a smudge with eastern cedar to rid a home of ghosts or
when one dies in a home to move spirit on from this world

Red Clover : *Trifolium pratense*

3.5" Pot Retail Price: \$5.00

Perennial - Full Sun - average soil
green manure fixes 140 lbs of nitrogen per acre while roots
break up soil
makes a nice tea used medicinally for skin disorders, blood
purifier and lymphatic cleanser

Rose Campion : *Lychnis coronaria*

3.5" Pot Retail Price: \$5.00

Full Sun
Brilliant, magenta-colored flowers with thick, fuzzy gray-green
foliage.
Re-seeds easily.
height 2-4 feet tall

Rose, Rugosa : *great for rosehip production*

Retail Price: \$25.00

Full Sun
Zone 3-9
8 feet tall by 4 feet wide
sprawling and multi branched
Can handle most soil
Drought tolerant Disease resistant
Does not require spraying

Rosemary, Arp : *Rosmarinus Officinalis Arp*

3.5" Pot Retail Price: \$5.00

Perennial - Full Sun
Height: 18-60" Spacing: 8-24"
Hardest Variety, reliable to zone 7
Foliage is gray/green with good flavor and aroma
needs good drainage

Rosemary, Foresteri : *Rosemarinus officinalis*

3.5" Pot Retail Price: \$5.00

Full Sun
Height 36"
Good drainage needed
Dark green leaves with blue flowers
upright shrub type

Rosemary, Gorizia : *Rosmarinus officinalis 'Gorizia'*

3.5" Pot Retail Price: \$5.00

Full Sun Soil Should Have Good Drainage.
Growth is tall, upright, with long straight branches.
Large leaves make excellent culinary and medicinal use.
Large leaves and produces showy light blue flowers.
A very robust plant.

Rosemary, Salem : *Rosemary officinalis 'Salem'*

3.5" Pot Retail Price: \$5.00

Full Sun Perennial (Zones 7-10)
Likes good drainage
Hardy, fast growing shrub type
Excellent flavor and fragrance

Rudbeckia : *Rudbeckia hirta*

3.5" Pot Retail Price: \$5.00

Black Eyed Susan
Multiple 3-4 " double blooms brighten the garden.
Drought tolerant.
Height 16-24 inches
Makes a great cutting flower.
Finches love this flower and so do butterflies

Rudbeckia triloba : *Rudbeckia*

3.5" Pot Retail Price: \$5.00

Full Sun Perennial
Height 48-60 inches
Profuse blooms, very drought and heat tolerant
Good cut flower
Also known as brown eye Susan

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Rue : *Ruta graveolens*

3.5" Pot Retail Price: \$5.00

Perennial - full sun
Height: 24-36" Spacing: 12-24"
Blue green ornamental, pungent bitter leaves
leaves repel fleas, roots produce colored dye
medicinal- antispasmodic

Sage, Berggarten : *Salvia Officinalis 'Berggarten'*

3.5" Pot Retail Price: \$5.00

Tender perennial Full Sun Height 12-24 inches
choice culinary strain
dry well-drained soil
use fresh leaves anytime for cooking, leaves dry easy for storage

Sage, Clary : *Salvia sclarea*

3.5" Pot Retail Price: \$5.00

Biennial Height 3 feet
Dry well-drained soil, do not over fertilize
pinkish purple blooms with a wonderful scent
can be used culinary much like traditional sage
medicinally -infusion of crushed seeds as an eye wash, leaves
infused in bath water for a stimulating soak

Sage, Common : *Salvia officinalis*

3.5" Pot Retail Price: \$5.00

Full Sun Perennial
Height 16-30"
Good for culinary cooking.
Plant in pot for indoors. Great flavor for fall and winter cooking!
medicinally - astringent, antiseptic, antibacterial, sore throats

Sage, Golden : *Salvia officinalis Aurea*

3.5" Pot Retail Price: \$5.00

Full Sun
Well drained soils
Leaves are a lovely chateuse-yellow enhanced by dark green
splashes around the veins
Full sun well drained soil

Sage, Pineapple : *Salvia elegans*

3.5" Pot Retail Price: \$6.50

Tender Perennial- Full Sun grows 4-5 feet tall
pineapple scented leaves, brilliant red flowers (hummingbirds
love)
showy red flowers for fall color in the garden
use leaves in drinks, chicken, on cheese, in jellies
pinch plant to keep busy - can be over wintered indoors

Sage, Tricolor : *Salvia officinalis 'Tricolor'*

3.5" Pot Retail Price: \$5.00

Full Sun Height 18"
perennial
dry, well-drained soils
aromatic foliage with white and pink streaks

Salad Burnet : *Sanguisorba minor*

3.5" Pot Retail Price: \$5.00

Perennial - Sun to part shade
Height: 16-24" Spacing: 8-12"
Mild cucumber flavor, leaves great in salads & garnishes
Medicinally root to stop bleeding

Salvia, Amistad :

3.5" Pot Retail Price: \$6.50

Full Sun Height 3-4 feet tall
Heat Lover
Dark Purple flowers with nearly black calyx bloom
A magnet for attracting butterflies, hummingbirds, and other
pollinators

Salvia, Black & Blue : *Salvia guaranticia*

3.5" Pot Retail Price: \$6.50

Full Sun to part sun
Perennial zone 7-10
Height 24-32 " Width 12-32 "
Cobalt blue blooms that bloom spring to fall non-stop
Attract hummingbird and butterflies

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Salvia, Victoria Blue : *Salvia farinacea*

3.5" Pot Retail Price: \$5.00

Perennial Full Sun
Height 18-24"
Beautiful blue flowers. Makes a great cut flower, dried flower or showy in the landscape when planted in mass.

Santolina, Lavender cotton : *Santolina*

3.5" Pot Retail Price: \$5.00

Full Sun Good Drainage
Attractive low bushy herb with aromatic grey-green leaves.
Traditionally planted in knot herb gardens or used as low hedges.

Scaevola : *Blue Fan Flower*

3.5" Pot Retail Price: \$5.00

Full Sun Annual
Trailing Growth Habit
Blooms continuously in the heat all summer long
Attracts hummingbirds
Blueish Purple Flowers

Scarlet Runner Bean :

3.5" Pot Retail Price: \$5.00

Full to Part Sun Annual
A hummingbird favorite.
Edible Flower
Scarlet flowers against green, heart-shaped foliage. Rapid climbers. Beans are edible and delicious when young.
Keep pods picked for continuous bloom.

Scented Geranium, Attar of Roses : *Pelargonium*

3.5" Pot Retail Price: \$6.50

Full sun/part shade
Vigorous growing plant with pink blooms.
Intense rose scent. Leaves can be used for culinary purposes and in potpourris. Dried leaves and flowers make a delightful, relaxing tea to calm the nerves.
BEST SCENTED GERANIUM FOR COOKING/CULINARY USE

Scented Geranium, Citrosa : *pelargonium 'Citrosa'*

3.5" Pot Retail Price: \$6.50

Full to part sun 25" tall
Mosquito fighter geranium said to repel mosquitos and black flies.
Lovely lemon scented foliage Rose-pink flowers

Self-Heal : *Prunella vulgaris*

3.5" Pot Retail Price: \$5.00

Full to Part Sun Perennial
Does not like dry out completely
Also called allheal. As the name suggests it is effective medicine for most internal and external wounds. It also makes a great gargle for sore throats. A great herb to add to herbal formulas, especially salves.

Sensitive Plant : *mimosa pudica*

3.5" Pot Retail Price: \$6.50

Plant likes full sun to part shade. perennial
Makes a cool houseplant.
When you touch the leaves they close up and reopen within 10 minutes. Very entertaining plant.
It gets a pink bloom.

Sesame : *Sesamum indicum*

3.5" Pot Retail Price: \$5.00

Full Sun Heat loving plants
Height 6-8'
Beautiful plant and flowers but also productive
Seeds can be pressed for oil or cultivated for food.
Harvest when there are more brown pods than green.
cut off dried stalks and turn upside down to harvest seeds

Shiso, Red :

3.5" Pot Retail Price: \$5.00

Full to Part Sun Annual that reseeds
Height 3 feet tall
Distinct cinnamon/clove flavor and aroma, with the spiciness of cumin. Used in oriental cooking, sushi, salad mixes and umeboshi plums. Excellent anti-inflammatory, antioxidant, anti-viral, antibacterial

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Skullcap Baikal : *scutellaria baicalensis*

3.5" Pot Retail Price: \$5.00

Full to part Sun Height 12"
Perennial
Dried root used in TCM - diuretic, hypotensive, antibacterial, antiviral, tranquilizing and fever reducing.
Very showy blue flower, root harvestable after 2 years

Skullcap Official : *Scutellaria lateriflora*

3.5" Pot Retail Price: \$5.00

Perennial Part Shade
Height 12-28 inches
Likes well drained moist soil
Medicinally used as a nervine to treat anxiety, nervousness, and insomnia. Helps nourish the nervous system.
Great for stopping the racing mind.

Snapdragon mix : *Antirrhinum majus*

3.5" Pot Retail Price: \$5.00

Height 40-60" Full to part sun
Edible flowers
Great cut flower
This variety is heat tolerant

Soapwort : *Saponaria officinalis*

3.5" Pot Retail Price: \$5.00

Part Sun Height 12-24 inch Perennial
Use as a natural soap, the roots and leaves are soaked or heated in water to extract saponins which produce a lather.
A good non-irritating skin cleanser, shampoo, and soap for delicate fabrics

Spice bush : *Lindera benzoin*

3 Qt. Pot Retail Price: \$18.00

Height 8 to 12' tall
rounded deciduous shrub
prefers damp locations
Spring flower followed by a small red fruit maturing in late August. The leaves and branches make a spicy tea and the dried red berry can be ground as a pepper substitute

Spikenard : *Aralia racemosa*

3.5" Pot Retail Price: \$5.00

Part to full shade, moist rich soils
Medicinally the root is used to treat upper respiratory issues.
The plant is said to give great strength to weakened parts and weakened people.

St. John's Wort : *Hypericum perforatum*

3.5" Pot Retail Price: \$5.00

Perennial - Part Sun
harvest leaves and flowers fresh
medicinally antiviral, sedative, pain reducing, depression, used in salves for wound healing
yellow flowers impart a bright red color to oil

Stevia : *Stevia rebaudiana*

3.5" Pot Retail Price: \$5.00

Annual in our zone 7
Full Sun/Part Shade Height 18-30"
likes warm nights, wait until night temps above 45
Incredibly sweet leaves and herbal alternative to sugar
medicinally used as a plaque retardant and decay inhibitor.

Strawflower Mix : *helichrysum*

3.5" Pot Retail Price: \$5.00

Full to Part Sun
space 12" apart
Standard strawflower mix of yellow, bronze, crimson, whites and shades of rose.
Makes an excellent cut and dried flower.

Strawflower, Cottage Light Pink : *Bracteantha*

3.5" Pot Retail Price: \$5.00

Full Sun
Height 10"
A compact variety.
Heat lover, easy to grow and flowers last a long time.
Flowers also make an excellent dried flower.

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Strawflower, Cottage Orange : *Bracteantha*

3.5" Pot Retail Price: \$5.00

Full Sun
Height 10"
A compact variety.
Heat lover, easy to grow and flowers last a long time.
Flowers also make an excellent dried flower.

Strawflower, Cottage White : *Bracteantha*

3.5" Pot Retail Price: \$5.00

Full Sun
Height 10"
A compact variety.
Heat lover, easy to grow and flowers last a long time.
Flowers also make an excellent dried flower.

Strawflower, Cottage Yellow : *Bracteantha*

3.5" Pot Retail Price: \$5.00

Full Sun
Height 10"
A compact variety.
Heat lover, easy to grow and flowers last a long time.
Flowers also make an excellent dried flower.

Succulents :

Retail Price:

Succulents, Aloe :

Retail Price:

Needs bright light, but not full sun
Let the plant dry out between watering

Sumac, Staghorn : *Rhus typhina*

6 Qt. Pot Retail Price: \$22.00

Small tree grows up to 15 feet.
Deep red, burgundy erect, cone-like clusters of fruit
Fruit is covered in fuzz rich in malic and ascorbic acid crystals,
very high in vitamin C and iron.

Summer Savory : *Satureja hortensis*

3.5" Pot Retail Price: \$5.00

Full Sun Annual
Height 12-18"
Dark green leaves have a high essential oil content, up to 4%.
Sturdy, short plants
Flavoring for fresh & dry beans, cabbage, and sauerkraut

Sunflower, Autumn Beauty mix : *early summer*

3 Qt. Pot Retail Price: \$6.50

Full Sun Height 60"
Bold, beautiful flowers up to 8" across
Bright yellow, bronze, and burgundy shades with some bicolors
Multibranching producing many long stems
Makes an excellent cut flower

Sunflower, Maximillian : *Perennial - Helianthus*

3.5" Pot Retail Price: \$6.50

Height 72-96 "
A perennial sunflower blooms late summer into fall. Masses of 3"
yellow-gold blooms produced along stout, hairy stems. The deer
do NOT like to eat do these hairy stems.
Edible young shoots in the spring eaten raw or cooked. Oil can be
extracted from the seed. Finches LOVE the flowers and seeds.

Sunflower, Sonja :

3 Qt. Pot Retail Price: \$6.50

Full Sun Height 38-42"
Excellent cut flower. Yellow petals with Dark centers.
Sprays of 8 or more branching
Produces pollen for good bee forage

Sunflower, Soraya :

3 Qt. Pot Retail Price: \$6.50

Full Sun Height 72"
Branches average 20" and sport 4-6" blooms
Average 25 stems per plant
Beautiful yellow sunflower with brown disc centers

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Sunpatiens, Compact Classic White :

3.5" Pot Retail Price: \$6.50

Full to Part sun
Height 14-28" Width 14-24"
Heat loving giving continuous bloom from spring to fall.
Exceptional branching and fast growth.
White blooms with dark green foliage make it a stand out in the garden. Fertilize mid-summer for increased blooms.

Sweet Alyssum : *Lobularia maritima*

6 Pack Retail Price: \$5.00

Full Sun to part shade
Height 8-12 inches
Grows in rock gardens, disturbed areas and hanging baskets
Delightful smelling blooms

Sweet Annie : *Artemisia Annua*

3.5" Pot Retail Price: \$5.00

Height 3-6 feet tall
full sun Annual that reseeds
A favorite for drying and using in wreaths or to add to potpourris or a fire in the winter for scent.
Feathery green foliage
Medicinally for malaria

Sweet Gum :

Retail Price: \$20.00

Sweet Potato Vine Mix : *Ipomoea*

3.5" Pot Retail Price: \$5.00

Full Sun
Trailing decorative vine

Sweet Woodruff : *Galium odoratum*

3.5" Pot Retail Price: \$5.00

Perennial
Shade plant
Height 12 -18"
Vanilla scented leaves commonly used in Maywine.
Helpful for migraines, nervous conditions, and stomach pain.

Tansy : *Tanacetum vulgare ' Goldsticks'*

3.5" Pot Retail Price: \$5.00

Full Sun Height 24-36 " Perennial
Excellent cut flower for fresh and dried use. Improved variety has longer stem length and longer flowering time.
Used as a plant dye.
Plant has insect repellent qualities.

Tarragon, French : *artemisia dracunculus sativa*

3.5" Pot Retail Price: \$5.00

Perennial - Full Sun
Height 18-24"
likes moist well-drained soil
true culinary variety taken from cutting
very distinctive flavor used with meats, in dressings, and with vegetables, infuse in vinegar

Teasel, Fullers : *Dipsacus sativus*

3.5" Pot Retail Price: \$5.00

Full Sun Height 3-6 feet tall
Biennial
The seeds are an important winter food for the goldfinch.
Fullers Teasel is often used medicinally in treatment of Lyme Disease, joint pain, and arthritic conditions

Thyme, English : *Thymus vulgaris*

3.5" Pot Retail Price: \$5.00

Perennial
Sun/part shade Light well-drained soil
Height: 6-12 " Spacing: 6-8 "
classic culinary herb and windowsill herb
medicinally leaves used in tea for sore throats, and coughs, antifungal

Thyme, German Winter : *Thymus vulgaris*

3.5" Pot Retail Price: \$5.00

Full Sun Well drained soil Perennial
The standard winter hardy thyme. Great flavor and yields.
A favorite in our garden and spreads easily. Thyme is a warming herb that supports the lungs, spleen, kidneys, bladder & heart.
It has expectorant and anti viral properties, soothes digestion, and antioxidant.

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Thyme, Lemon : *Thymus x citriodorus*

3.5" Pot Retail Price: \$5.00

Full Sun and good drainage
Beautiful green thyme with pink flowers and a lovely hint of lemon flavor
bushy habit
Full Sun and good drainage

Thyme, Mother of : *Thymus serpyllum*

3.5" Pot Retail Price: \$5.00

Full Sun Height 1-2"
Creeping Thyme/ groundcover
Rock garden or foot traffic friendly
Pink-purple intense flowering
Attracts butterflies and bees

Thyme, Wooly : *Thymus pseudolanuginosus*

3.5" Pot Retail Price: \$5.00

Perennial - Full Sun
Needs very well drained soil
avoid night watering
low carpets of gray, wooly leaves with pink flowers
lacks scent and use is visual interest

Toothache plant : *Spilanthes acmella*

3.5" Pot Retail Price: \$5.00

Part to full sun, moist soil, Height 12 inches
Annual that may reseed some
Prefers sun, rich soil and water. Beautiful plant. Medicinally antiviral. Also used for toothaches as the leaves have a mild anesthetizing effect. Also used as an antibiotic against candida.
Fresh leaves are edible and eaten like cress.

Tulsi 'Kapoor' : *Ocimum sanctum*

3.5" Pot Retail Price: \$5.00

Full Sun - thrives in heat
Annual Height 18-36"
Has a wonderful scent that fills the air.
Medicinally known as an adaptogen herb, immune enhancer, antifungal, antibacterial, aids digestion. Good for the person that is stressed out. Wonderful infused in honey or as a tea.

Tulsi, Amrita - Holy Basil : *Ocimum tenuiflorum*

3.5" Pot Retail Price: \$5.00

Full Sun
An outstanding cultivar for producing true tropical like tulsi tea. Leaves are green with purple highlights on a densely leaved bush.
Armita tests high for the eugenol marker compound and for high rosmarinic acid. Known as the nectar of immortality!

Tulsi, Krishna, Holy Basil : *Ocimum tenuiflorum*

3.5" Pot Retail Price: \$5.00

Full Sun Annual
Seed from Horizon Herbs Tulsi Triad Collection
Tropical conditions.
Lab tests show it has the highest concentration of immune stimulating triterpenoic compounds

Tulsi, Rama, Holy Basil : *Ocimum sanctum*

3.5" Pot Retail Price: \$5.00

Full Sun - thrives in heat Annual
Annual 70 days to maturity
Seed from Horizon Herbs
Medicinally known as an adaptogen, immune enhancer, aids digestion. Wonderful infused in honey or as a tea.

Tulsi, Vana, Holy Basil : *Ocimum gratissimum*

3.5" Pot Retail Price: \$5.00

Full Sun - thrives in heat
Semihardy in our area and may over winter
Annual 70 days to maturity
Seed from Horizon Herbs
Medicinally known as an adaptogen, immune enhancer, aids digestion. Wonderful infused in honey or as a tea.

Valerian : *Valerian Officinalis*

3.5" Pot Retail Price: \$5.00

Perennial Part Shade
Height: 48-78" Spacing: 12-18"
rich moist soil beautiful white flowers
medicinally a good sedative, relaxing nervine, used for anxiety used in relief of digestive cramps and menstrual cramps.
Helps with getting a good nights sleep!

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Verbena Bonariensis :

3.5" Pot Retail Price: \$5.00

Heirloom Tender Perennial and Self-sows
Height 36-48 "
Radiant lilac flowers atop long, thin airy stems.
Heat tolerant
attracts butterflies non-stop bloomer!

White Sage : *Salvia apiana*

3.5" Pot Retail Price: \$8.00

Height: 16-36" Spacing: 12-18"
Full Sun
Overwinter inside
Native American incense herb often used to make smudge sticks
Good for clearing out bad energy
Good for attracting bees

Verbena, Homestead Purple :

3.5" Pot Retail Price: \$5.00

Full Sun
Very heat Tolerant plants that spread.
The hotter it gets the more it blooms.
Deep purple blooms as a ground cover.

Wild Lettuce : *Lactuca virosa*

3.5" Pot Retail Price: \$5.00

Full to Part Sun Biennial
Height 6 feet tall
Known as lettuce opium. Leafy plant with small bright yellow flowers.
Medicinally used for pain, insomnia and digestive help
Plant has a white sappy latex content

Verbena, Homestead white :

3.5" Pot Retail Price: \$5.00

Full Sun
Very heat Tolerant plants that spread.
The hotter it gets the more it blooms.
White blooms as a ground cover.

Wilde Dagga : *Leonotis leonurus*

3.5" Pot Retail Price: \$5.00

Full sun - regular watering aka Lion's tail Height 6 feet tall
Highly decorative and hummingbird love these plants.
Traditional African herbal used for fevers, headache, flu, dysentery, epilepsy, intestinal worms, and poisonous bites. Dried leaves and flowers have a calming effect. Tincture combine with skullcap for pain and inflammation.

Vinca, XP Mix :

3.5" Pot Retail Price: \$5.00

Full Sun Height 12" inches Spread 8 inches
A rainbow of all vinca colors of pinks, whites and reds
Very heat and drought tolerant

Wilde Dagga, Cordao : *Leonotis nepetaefolia*

3.5" Pot Retail Price: \$5.00

Flowers faster than other daggas. Height up to 5 feet tall
Full Sun and regular watering
Hummingbirds love this plant and is highly decorative in the garden.
Medicinally, leaves are brewed as a tea for coughs, fever, and malaria or smoked as an euphoric. Also used as a pain reliever when prepared as a tea or tincture.

Viola, Johnny Jumps Ups : *aka heartsease*

3.5" Pot Retail Price: \$5.00

Full Sun to Part Shade
Also known as medicinally Hearts-Ease to mend a broken heart
1-2" flowers that are edible
may spread by seed each year
Excellent fall color in the garden.

Wilde Dagga, Dwarf : *Leonotus Baby Peace*

3.5" Pot Retail Price: \$5.00

Full Sun
Height 36" Spread 24"
Dwarf variety can be grown in the ground or a container.
Bright orange blooms that the hummingbirds LOVE!

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Winter Savory : *Satureja montana*

3.5" Pot Retail Price: \$5.00

Full Sun Height 12"

Perennial

Good drainage

Strong, pungent flavor used in culinary dishes.

Witchhazel : *Hamamelis virginiana*

6 Qt. Pot Retail Price: \$25.00

Height 13 Feet Spread 13 Feet Part Sun

Blooms in February with pale yellow clusters of blooms that are slightly fragrant. Good fall yellow foliage.

The bark, leaves, & twigs are high in tannins giving the plant astringent properties. A tea can tighten and soothes varicose veins, hemorrhoids, bruises, and throat gargle.

Woad : *Isatis tinctoria*

3.5" Pot Retail Price: \$5.00

Biennial

Full to Part sun

Height 48"

Main source of blue dye in Europe.

Contains same dyestuff as indigo.

Wood Betony : *Stachys officinalis*

3.5" Pot Retail Price: \$5.00

Perennial

Height 2 feet tall

part shade moisture loving plant with outstanding purple blooms
tincture or tea of fresh leaves used as a general pain reliever and nerve tonic. One of the best herbs to treat nerves when trying to curb an addiction of any kind.

Wormwood : *Artemisia absinthium*

3.5" Pot Retail Price: \$5.00

Perennial, full sun, dry, poor soil.

Height 3 feet tall

Silvery- green foliage.

Bitter herb often used in wines.

Stimulates the digestive process.

Also known as a remedy for parasites.

Yarrow, Moonshine : *Achillea 'Moonshine'*

3.5" Pot Retail Price: \$5.00

Perennial

Full Sun Well Drained Soil

Beautiful greyish foliage and huge yellow flowers that are great for flower arrangements and drying.

Yarrow, white : *Achillea millefolium*

3.5" Pot Retail Price: \$5.00

Full to part sun in average soils.

Perennial, spreading plant. Height 2 feet tall

Most medicinal type. Contains high levels of active essential oils.

Antiseptic, anti-inflammatory, and hemostatic.

Often used in reducing/treating fever and bladder infections.

Great wound plant.

Yellowdock : *Rumex crispus*

3.5" Pot Retail Price: \$5.00

Perennial Full to part sun

Thrives in VA and clay soils. Easy to grow. The root, when dried is used as a gentle laxative, and good source of bio available iron. A good spring tonic. Seeds can be used in cooking and on home crackers. The very young leaves can be added to stir fry.

Zinnia, Benary's Giant Mix :

3.5" Pot Retail Price: \$5.00

Full sun, Annual

Traditional cutting flower with a long vase life.

Cut and come again all season.

High yield on strong stems 4-6 inch brilliant flowers.

Zinnia, Profusion Cherry Bicolor :

3.5" Pot Retail Price: \$5.00

Full Sun

Height 18" Width 20"

Busy shorter zinnia that blooms profusely all summer with cherry pink with white edged blooms

Great in a garden bed border or in container

Zinnia, Profusion Cherry Pink :

3.5" Pot Retail Price: \$5.00

Full Sun

Height 18" Width 20"

Busy shorter zinnia that blooms profusely all summer

Great in a garden bed border or in container

Herb Plant Price List

2317 Evergreen Rd.
Louisa, Va 23093
(540)967-1165
(434)882-2648
www.forrestgreenfarm.com



Zinnia, Star Orange :

3.5" Pot Retail Price: \$5.00

Full Sun
Height 14" Width 10"
2" Orange blooming zinnia
Use in garden beds as a border or in containers

Zinnia, Star White :

3.5" Pot Retail Price: \$5.00

Full Sun
Height 14" Width 10"
2" Orange blooming zinnia
Use in garden beds as a border or in containers
