

## FGF Chicken, FGF Beef, FGF Eggs, Fish, and Pork Price List

Product	Price Per Pound
<b>FGF Whole Pasture Raised Chicken</b>	\$4.95
Bulk Discount: buy 6 or more whole chickens	\$4.95 (10% off)
Breasts	\$15
Leg Quarters	\$6
Wings	\$8
Feet	\$4
Livers	\$5
Necks	\$4
Hearts	\$3
<b>FGF Pasture Raised Eggs</b>	\$6 per dozen
<b>FGF 100% Grass-fed &amp; Finished Beef</b>	
Ground Beef	\$8.50
Ground Beef, Mild Italian	\$10
Ground Beef, Patties (4-pack)	\$10.50
Classic Links (1oz Links)	\$12
Bones	\$5
Brats, Garlic	\$12
Brats, Mild Italian	\$12
Chuck Roast	\$9

Product	Price Per Pound
Filet Mignon	\$25
Flank Steak	\$14
Flat Iron Steak	\$14
Hanger Steak	\$14
London Broil	\$10
N.Y Strip	\$20
Porterhouse Steak	\$22
Rib Steak	\$20
Round Roast	\$10
Sirloin Steak	\$14
Skirt Steak	\$14
T-Bone Steak	\$18
Heart, Liver	\$6.50
Kidney	\$4
Tongue	\$6.50
Oxtail	\$6.50
<b>Wild Alaskan Salmon</b>	
Salmon Burgers (2 pack)	\$10.99 ea.
Coho Salmon Filet	\$11 ea.
Keta Salmon Filet	\$6.50 ea.
Sockeye Salmon Filet	\$9.95 ea.
<b>VA Trout</b>	\$21
<b>Uncured Apple Smoked Bacon</b>	\$11 ea.
<b>Dragonfly Pasture Raised Pork</b>	

Product	Price Per Pound
Boston Butt Roast	\$10.25
Loose Sausage	\$11.25
Pork Chops	\$13.50
Sausage Links/Brats	\$12.50

\*\*Prices are subject to change. This chart does not guarantee availability.