

FGF Chicken, FGF Beef, FGF Eggs, Fish, and Bacon Price List

Product	Price Per Pound
FGF Whole Pasture Raised Chicken	\$4.95
Bulk Discount: buy 6 or more whole chickens	\$4.95 (10% off)
Breasts	\$15
Leg Quarters	\$6
Wings	\$8
Feet	\$4
Livers	\$5
Necks	\$4
Hearts	\$3
FGF Pasture Raised Eggs	\$6 per dozen
FGF 100% Grass-fed & Finished Beef	
Ground Beef	\$8.50
Ground Beef, Mild Italian	\$10
Bones	\$5
Chuck Roast	\$9
Filet Mignon	\$25
Flank Steak	\$14
Flat Iron Steak	\$14
Garlic Brats	\$12

Product	Price Per Pound
Hanger Steak	\$14
London Broil	\$10
N.Y Strip	\$20
Porterhouse Steak	\$22
Rib Steak	\$20
Round Roast	\$10
Sirloin Steak	\$14
Skirt Steak	\$14
T-Bone Steak	\$18
Heart, Liver	\$6.50
Kidney	\$4
Tongue	\$6.50
Oxtail	\$6.50
Wild Alaskan Salmon	
Salmon Burgers (2 pack)	\$10.99 ea.
Coho Salmon Filet	\$27.75
Keta Salmon Filet	\$6.50 ea.
Sockeye Salmon Filet	\$9.95 ea.
VA Trout	\$21
Wild Albacore Tuna Medallions	\$32.99
Uncured Apple Smoked Bacon	\$11 ea.

**Prices are subject to change. This chart does not guarantee availability.